

REHABILITATIVE ALTERNATIVES TO INCARCERATION:

a HANDBOOK of
COMMUNITY &
GOVERNMENT
PROGRAMS in
SASKATCHEWAN

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INTRODUCTION

In the years since the amendments to the *Criminal Code*¹ that saw the inclusion of s. 718.2(e), which requires sentencing judges to consider “all available sanctions other than imprisonment that are reasonable in the circumstances...with particular attention to the circumstances of Aboriginal offenders,” the Supreme Court of Canada (SCC) has affirmed the remedial nature of the provision in *R. v. Gladue* and most recently in *R. v. Ipeelee*.² Despite juridical attempts to mitigate the overrepresentation of Indigenous people in Canadian prisons and correctional centres, the trend has continued to worsen in recent years,³ and Indigenous peoples continue to languish in correctional facilities in unprecedented numbers.

R. v. Ipeelee has provided Canadian courts with much-needed clarification of the *Gladue* principles underlying s. 718.2(e), and identified several problems that have surfaced in their application. A related problem to consideration of all available sanctions has been that there are few community and government resources available to provide alternatives to custodial sentences in the community and/or insufficient awareness about the resources that do exist. Without those options for Indigenous peoples in conflict with the law, defence counsel has had limited ability to point to viable alternatives to custody. Both of these issues are rooted in the lack of time and resources available to defence counsel to point out available alternatives for their clients when advocating for the consideration of *Gladue* principles.

THE PURPOSE OF THIS HANDBOOK

The purpose of this handbook is to increase awareness about community and government resources across Saskatchewan which provide rehabilitative alternatives to custodial sentences, particularly for Indigenous peoples. The manual includes information about addictions and mental health services, alternative measures and extrajudicial sanctions, counselling services, anger management and other programming.

CLASSIC hopes the handbook will assist defence counsel in pointing to the applicability of *Gladue* principles while identifying alternative, rehabilitative programming for their clients. The manual may also assist judges, probation officers and parole officers in the identification of government and community-based services for individuals in conflict with the law. The ultimate aim of the manual is to reduce the representation of Indigenous people in the criminal justice system by providing viable programming alternatives that address criminogenic factors and promote healing in the lives of Indigenous people, their families and communities.

¹ *Criminal Code*, RSC 1985, c. C-46 [the “Code”].

² *R. v. Gladue*, [1999] 1 S.C.R. 688; *R. v. Ipeelee*, [2012] 1 S.C.R. 433.

³ Office of the Correctional Investigator of Canada. “Annual Report of the Office of the Correctional Investigator 2011-2012,” Retrieved on August 21, 2015 from: <http://www.oci-bec.gc.ca/cnt/rpt/annrpt/annrpt20112012-eng.aspx>.

ACKNOWLEDGMENTS

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DISCLAIMER

The resources identified in this handbook endeavor to be a reflection of the programs and services available in Saskatchewan as of 2016 and are as accurate and complete as the research allowed. Given the limitations of research, the handbook is not comprehensive. Given the ever-changing nature of programs and services, and the contact information of service providers, the information in the handbook is subject to change.

If you are a service provider with relevant programming not mentioned in the handbook, or the information about your programming or contact information requires updating, please email CLASSIC at info@classiclaw.ca, noting in the subject line "Information for Rehabilitative Alternatives Handbook" so that your information may be included in a future revision. Thank you!

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CITIES

ESTEVAN

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3.⁴

Estevan Mental Health

St. Joseph's Hospital

1174 Nicholson Road

Estevan, SK S4A 2V6

Phone: (306) 637-3610

Community Supports Program: (306) 637-2757

Youth: (306) 637-2465

Adult Addiction Services: (306) 637-2422 or (306) 637-2420

Alternatives to Violence and Sex Offender Treatment: Rod Watson (306) 842-8678 or rod.watson@schr.Sk.ca

Offers: Outpatient Addiction Services

Offers: Outpatient Mental Health Services

Offers: Alternatives to Violence Programming

- Men and women who are perpetrators of intimate partner violence. Clients must be 18 years of age or over. They accept both voluntary and court-mandated clients. Referrals usually come from adult Probation Services, Social Services and Envision. The first appointment takes 2-3 months and is only scheduled every 6 weeks.

For new referrals within the health region, please contact the Intake Office at (306) 842-8665 or toll free (800) 216-7689. There is no cost with a Saskatchewan health card. The waitlist varies. For addiction services the waitlist is approximately 2-4 weeks. To meet with a mental health counsellor takes between 2-4 months for the initial appointment and to receive regular weekly or bi-weekly appointments. There is no cost for those with a Saskatchewan health card.

Community Supports Program

P.O. Box 5000

1176 Nicholson Road

Estevan, SK S4A 2V6

Phone: (306) 637-2420 or (306) 637-2757

Offers: Residential Addiction Services

They require a referral from Addiction Services following treatment. There is a waitlist but it varies. There is no cost for those with a Saskatchewan health card.

⁴ Information about AA meeting times and locations across the province are found in Appendix A.3; please note they are current to February 2016 and are subject to change.

SGI Impaired Driving Program

Toll Free: 1-844-855-2744

Offers: Driving Without Impairment Program

- Educate the individual about the serious problems related to drinking and driving
- Help the individual distinguish and separate the acts of drinking and driving

The course includes videos, group discussions, and presentations. The DWI course is a 16-hour course that runs Friday evening and all day Saturday and Sunday. It's held in an informal, friendly atmosphere, conducive to group interaction in 20 locations across the province with a \$150 fee. The \$150 fee can be payable to any motor licence issuer. The individual's DWI receipt will include the name and telephone number of a DWI coordinator that the individual must contact for enrolment.

Offers: Alcohol and Drug Education Program

A second licence suspension due to alcohol/drug-related driving offences and driving related Criminal Code convictions or roadside suspensions may require the individual to complete the ADE program.

- Educate the individual and provide activities to examine the individual's alcohol and drug use and the associated consequences, including the effects on the individual's family
- Help the individual learn about the effects of alcohol, other drugs and the signs/symptoms of addiction
- Provide information about chemical dependency progression and recovery
- Help the individual recognize the need to separate the acts of drinking, drug use and driving

The ADE course is a 28-hour course that runs 2 weekends in a row. The 1st weekend is Friday, Saturday and Sunday, and the next weekend is Saturday and Sunday. It's instructed by addiction counsellors and held in an informal, friendly atmosphere, conducive to group interaction in 3 locations across the province with a \$450 fee. The \$450 fee can be payable to any motor licence issuer. The individual's ADE receipt will include the name and telephone number of the ADE coordinator that the individual must contact to register for the course.

Offers: Addiction Assessment

If the individual's driver's licence is suspended due to a 3rd offence for a Criminal Code conviction or a roadside administrative licence suspension, addiction assessment is mandatory. Choosing to drive after drinking may be a sign of an alcohol abuse or an addiction problem. If the individual's driver's licence is suspended due to Criminal Code convictions, or roadside suspensions an addiction assessment may be mandatory. As a suspended driver, the individual cannot simply wait until the individual's suspension term is over to get the individual's licence back. If the individual does not complete addiction assessment, the individual's driver's licence will remain suspended indefinitely. The assessment is conducted by a qualified alcohol and drug services counsellor who will work with the individual to develop an individualized plan or program that the individual must complete in order to be eligible for an ignition interlock device, special restricted driver's licence or a full driver's licence.

SGL will advise the individual by mail who to contact to arrange an appointment. Or the individual can call SGL to confirm what courses the individual needs to take and where. The cost is \$150.

Smile Services Inc.

1201 2nd Street
Estevan, SK, S4A 0M1
Phone: (306) 634-6428

Offers: Mental Health Services

- Supervised Exchange Mental Health Support Living Program – 15 clients max.
- Smile Van Transportation
- Acquired Brain Injury Independent Living Program

Individuals are referred from Mental Health Services. There is no cost. There is no waitlist.

ALTERNATIVES MEASURES & EXTRAJUDICIAL SANCTIONS

Prairie Harvest Employment Program

Operations Office
33 Foster Street
Yorkton, SK S3N 3A7
Phone: (306) 786-1850
Fax: (306) 786-1900
E-mail Office Manager / Fine Option Agent: mel.phep@sasktel.net

Offers: Fine Options Program

PHEP provides opportunities for individuals to work off fines issued through the Provincial Court system. The Fine Option Program is not an alternative to sentencing but gives people the opportunity to settle fines by doing unpaid, supervised community service work rather than paying in cash. For each hour the individual work, the individual will earn a credit toward the individual's fine at the current minimum wage rate. If the individual works only a portion of the fine, the balance owing can be paid in cash to avoid further consequences. As a Fine Option Agency, they will assign suitable community service work to people who register to settle fines under the program. Take the individual's fine notice to the Fine Option Agent, Melvin Pritchard, at the Operations Office at 33 Foster St. Once registered, the individual will be placed at one of the locations across the city and Melvin will work with the individual to schedule times to work off the fine.

Smile Services Inc.

1201- 2nd Street
Estevan, SK S4A 0M1
Phone: (306) 634-6428

Offers: Alternatives

- Fine Options Program
- Community Service Orders Program

- Adult Alternative Measures Program

Individuals are referred from Crown and Police. There is no cost associated. There is no waitlist.

COUNSELLING & PROGRAMMING

Envision Counselling & Support Centre

P.O. Box 511

Estevan, SK S4A 2A5

Phone: (306) 637-4004

Offers: Counselling

- Family
- Adult
- Teen
- Children

The counselling process begins with an initial intake interview. The number of sessions clients attend depends on the nature of the problem, the clients' reception to change, type of therapy, and many other variables. There are no fees for counselling services, as this is a community-based organization funded by the Ministry of Justice, Ministry of Social Services, United Way, and private donations. No referral is necessary for retaining counselling services at Envision Counselling and Support Centre. Referrals for counselling may be given by lawyers, educators, courts, and/or healthcare professionals. Individuals may self-refer by calling the office in Estevan, Weyburn, or Carlyle during office hours. However, they cannot accept mandated clients as a result of their screening process in separation cases surrounding family violence.

Offers: Workshops

- Boundaries Workshops
- Assertiveness Workshops

Workshops are free of charge. Participants must be over the age of 18.

Offers: Groups

- Healthy Relationships Group
- Healthy Expression of Feeling Group
- Empowerment Group
- Self-Esteem Group
- Adult Survivors of Childhood Abuse Group
- Children Exposed to Violence Group

HUMBOLDT

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Humboldt Community Services

P.O. Box 1930

515 - 4th Avenue

Humboldt, SK S0K 2A0

Phone: (306) 682-5333 (Ask for Intake Worker)

Offers: Outpatient Mental Health Services

Offers: Outpatient Addiction Services

Offers: Counselling

Referrals come from a wide-range of sources including court referrals. Waitlists are depending on staffing and need at the time of intake. Addictions appointments typically vary between 1-2 weeks whereas Mental Health services range between 3-4 weeks. There is no cost for those with a Saskatchewan health card.

SGI Impaired Driving Program

Toll Free: 1-844-855-2744

Offers: Driving Without Impairment Program

- Educate the individual about the serious problems related to drinking and driving
- Help the individual distinguish and separate the acts of drinking and driving

The course includes videos, group discussions, and presentations. The DWI course is a 16-hour course that runs Friday evening and all day Saturday and Sunday. It's held in an informal, friendly atmosphere, conducive to group interaction in 20 locations across the province with a \$150 fee. The \$150 fee can be payable to any motor licence issuer. The individual's DWI receipt will include the name and telephone number of a DWI coordinator that the individual must contact for enrolment.

Offers: Alcohol and Drug Education Program

A second licence suspension due to alcohol/drug-related driving offences and driving related Criminal Code convictions or roadside suspensions may require the individual to complete the ADE program.

- Educate the individual and provide activities to examine the individual's alcohol and drug use and the associated consequences, including the effects on the individual's family
- Help the individual learn about the effects of alcohol, other drugs and the signs/symptoms of addiction
- Provide information about chemical dependency progression and recovery
- Help the individual recognize the need to separate the acts of drinking, drug use and driving

The ADE course is a 28-hour course that runs 2 weekends in a row. The 1st weekend is Friday, Saturday and Sunday, and the next weekend is Saturday and Sunday. It's instructed by addiction counsellors and held in an informal, friendly atmosphere, conducive to group interaction in 3 locations across the province with a \$450 fee. The \$450 fee can be payable to any motor licence issuer. The individual's ADE receipt will include the name and telephone number of the ADE coordinator that the individual must contact to register for the course.

Offers: Addiction Assessment

If the individual's driver's licence is suspended due to a 3rd offence for a Criminal Code conviction or a roadside administrative licence suspension, addiction assessment is mandatory. Choosing to drive after drinking may be a sign of an alcohol abuse or an addiction problem. If the individual's driver's licence is suspended due to Criminal Code convictions, or roadside suspensions an addiction assessment may be mandatory. As a suspended driver, the individual cannot simply wait until the individual's suspension term is over to get the individual's licence back. If the individual does not complete addiction assessment, the individual's driver's licence will remain suspended indefinitely. The assessment is conducted by a qualified alcohol and drug services counsellor who will work with the individual to develop an individualized plan or program that the individual must complete in order to be eligible for an ignition interlock device, special restricted driver's licence or a full driver's licence.

SGL will advise the individual by mail who to contact to arrange an appointment. Or the individual can call SGL to confirm what courses the individual needs to take and where. The cost is \$150.

Mental Health and Addiction Services: Rural Services

Humboldt Community Services - Saskatoon Health Region
515 4th Ave
Humboldt, SK S0K 2A0
Phone: (306)682-5333

Offers: Counselling

- Rural residents (children, youth, and adults) experiencing mental health, substance use/abuse and problem gambling issues.

Offers: Program

- Case management
- Mental health promotion and education services
- Family counselling
- Individual, family, and group counselling/therapy
- Community development
- Community collaboration
- Referrals to other services/agencies.

COUNSELLING & PROGRAMMING

Choices Program

Melfort Probation- Government of Saskatchewan - Justice - Corrections and Policing Division

107 Crawford Ave E

Melfort, SK S0E 1A0

Phone: (306) 752-6240

<http://www.justice.gov.sk.ca/cp-interventionprograms>

A cognitive behavioral substance abuse program that focuses on relapse, prevention and maintenance. The program consists of 10 sessions over a two to three week period, followed by weekly maintenance sessions for three months. Probationers with a substance abuse problem ranging from low to moderate. It is also for clients who have had previous programs but are at high risk for relapse and would benefit from a refresher course or specific relapse prevention skills and planning.

LLOYDMINSTER

ADDICTIONS & MENTAL HEALTH SERVICES

Lloydminster Community Health Centre

3830 - 43rd Avenue

Lloydminster, SK S9V 1Y3

Phone: (306) 820-6250

Fax: (306) 825-3666

Website: www.pnrha.ca

Offers: Outpatient Addiction Services

Offers: Outpatient Mental Health/Holistic Health Services

Hours are Monday to Friday 8:00 am – 4:30 pm. They accept a range of referrals including court referrals. The waitlist is depending on need at the time of intake varying from 24 hours to 30 business days. There is no cost associated.

SGI Impaired Driving Program

Toll Free: 1-844-855-2744

Offers: Driving Without Impairment Program

- Educate the individual about the serious problems related to drinking and driving
- Help the individual distinguish and separate the acts of drinking and driving

The course includes videos, group discussions, and presentations. The DWI course is a 16-hour course that runs Friday evening and all day Saturday and Sunday. It's held in an informal, friendly atmosphere, conducive to group interaction in 20 locations across the province with a \$150 fee. The \$150 fee can be payable to any motor licence issuer. The individual's DWI receipt will include the name and telephone number of a DWI coordinator that the individual must contact for enrolment.

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- Educate the individual and provide activities to examine the individual's alcohol and drug use and the associated consequences, including the effects on the individual's family
- Help the individual learn about the effects of alcohol, other drugs and the signs/symptoms of addiction
- Provide information about chemical dependency progression and recovery
- Help the individual recognize the need to separate the acts of drinking, drug use and driving

The ADE course is a 28-hour course that runs 2 weekends in a row. The 1st weekend is Friday, Saturday and Sunday, and the next weekend is Saturday and Sunday. It's instructed by addiction counsellors and held in an informal, friendly atmosphere, conducive to group interaction in 3 locations across the province with a \$450 fee. The \$450 fee can be payable to any motor licence issuer. The individual's ADE receipt will include the name and telephone number of the ADE coordinator that the individual must contact to register for the course.

Offers: Addiction Assessment

If the individual's driver's licence is suspended due to a 3rd offence for a Criminal Code conviction or a roadside administrative licence suspension, addiction assessment is mandatory. Choosing to drive after drinking may be a sign of an alcohol abuse or an addiction problem. If the individual's driver's licence is suspended due to Criminal Code convictions, or roadside suspensions an addiction assessment may be mandatory. As a suspended driver, the individual cannot simply wait until the individual's suspension term is over to get the individual's licence back. If the individual does not complete addiction assessment, the individual's driver's licence will remain suspended indefinitely. The assessment is conducted by a qualified alcohol and drug services counsellor who will work with the individual to develop an individualized plan or program that the individual must complete in order to be eligible for an ignition interlock device, special restricted driver's licence or a full driver's licence.

SGL will advise the individual by mail who to contact to arrange an appointment. Or the individual can call SGL to confirm what courses the individual needs to take and where. The cost is \$150.

Thorpe Recovery Centre

P.O. Box 291

R.R. 291

21060 Tranquility Way

Blackfoot, AB T0B 0LA

Phone: (780) 875-8890

Fax: (780) 875-2161

Offers: Detoxification/Inpatient Addictions Treatment

For detoxification, the individual calls in daily to see if any beds are available. It takes approximately 7-10 days to access a bed. For Saskatchewan residents the cost is free. However, the individual can opt to pay for a private bed which is \$350 per day and takes a couple of days to access services. To access an addictions services counsellor it takes between 2-3 months.

Offers: Residential treatment for Addictions**MARTENSVILLE****ADDICTIONS & MENTAL HEALTH SERVICES****Alcoholics Anonymous**

See Appendix A.3

Community Mental Health Nurse

Martensville Collective Health & Wellness

531 Centennial Drive North

Martensville, SK S0K 2T0

Phone: (306) 933-4110

Intake: (306) 655-7777

Offers: Community Mental Health Nurse

Each area has its own nurse. Patients require a Saskatchewan health card and a referral from a general practitioner.

MEADOW LAKE**ADDICTIONS & MENTAL HEALTH SERVICES****Alcoholics Anonymous**

See Appendix A.3

Flying Dust First Nation Health Center

8001 Flying Dust Reservation

Meadow Lake, SK S9X 1T8

Phone: (306) 236-8670

Fax: (306) 236-2835

Website: www.mlhc.ca

Offers: Outpatient Addiction ServicesOffers: Outpatient Mental Health/Holistic Health Services

Hours are Monday to Friday 8:30 am - 4:30 pm. There is no waitlist. There is no cost with a Saskatchewan health card.

Meadow Lake Hospital

7 - 711 Centre Street
 Meadow Lake, SK S9X 1E6
 Phone: (306) 236-1550
 Fax: (306) 236-5801
 Website: www.pnrha.ca

Offers: Outpatient Addiction Services

Offers: Outpatient Mental Health/Holistic Health Services

The individual calls and asks to speak with an intake worker who will set up an appointment. There is a waitlist but it varies. There is no cost with a Saskatchewan health card.

Narcotics Anonymous

See Appendix A.4.⁵

Robert Simard Centre

3 - 711 Centre Street
 Meadow Lake, SK S9X 1E6
 Phone: (306) 236-1580
 Detox: (306) 236-1646
 Fax: (306) 236-4409

Offers: Outpatient Addiction Services

Offers: Outpatient Mental Health Services

Offers: Detoxification/Inpatient Addictions Treatment

They accept various forms of referrals including court referrals. There is no cost associated with a Saskatchewan health card. The waitlist varies.

SGI Impaired Driving Program

Toll Free: 1-844-855-2744

Offers: Driving Without Impairment Program

- Educate the individual about the serious problems related to drinking and driving
- Help the individual distinguish and separate the acts of drinking and driving

The course includes videos, group discussions, and presentations. The DWI course is a 16-hour course that runs Friday evening and all day Saturday and Sunday. It's held in an informal, friendly atmosphere, conducive to group interaction in 20 locations across the province with a \$150 fee. The \$150 fee can be payable to any motor licence issuer. The individual's DWI receipt will include the name and telephone number of a DWI coordinator that the individual must contact for enrolment.

⁵ Information about NA meeting times and locations across the province are found in Appendix A.4; please note they are current to February 2016 and are subject to change.

Offers: Alcohol and Drug Education Program

A second licence suspension due to alcohol/drug-related driving offences and driving related Criminal Code convictions or roadside suspensions may require the individual to complete the ADE program.

- Educate the individual and provide activities to examine the individual's alcohol and drug use and the associated consequences, including the effects on the individual's family
- Help the individual learn about the effects of alcohol, other drugs and the signs/symptoms of addiction
- Provide information about chemical dependency progression and recovery
- Help the individual recognize the need to separate the acts of drinking, drug use and driving

The ADE course is a 28-hour course that runs 2 weekends in a row. The 1st weekend is Friday, Saturday and Sunday, and the next weekend is Saturday and Sunday. It's instructed by addiction counsellors and held in an informal, friendly atmosphere, conducive to group interaction in 3 locations across the province with a \$450 fee. The \$450 fee can be payable to any motor licence issuer. The individual's ADE receipt will include the name and telephone number of the ADE coordinator that the individual must contact to register for the course.

Offers: Addiction Assessment

If the individual's driver's licence is suspended due to a 3rd offence for a Criminal Code conviction or a roadside administrative licence suspension, addiction assessment is mandatory. Choosing to drive after drinking may be a sign of an alcohol abuse or an addiction problem. If the individual's driver's licence is suspended due to Criminal Code convictions, or roadside suspensions an addiction assessment may be mandatory. As a suspended driver, the individual cannot simply wait until the individual's suspension term is over to get the individual's licence back. If the individual does not complete addiction assessment, the individual's driver's licence will remain suspended indefinitely. The assessment is conducted by a qualified alcohol and drug services counsellor who will work with the individual to develop an individualized plan or program that the individual must complete in order to be eligible for an ignition interlock device, special restricted driver's licence or a full driver's licence.

SGL will advise the individual by mail who to contact to arrange an appointment. Or the individual can call SGL to confirm what courses the individual needs to take and where. The cost is \$150.

The Meadow Lake Tribal Council

8003 Flying Dust First Nation
Meadow Lake, SK S9X 1T8
Phone: (306) 236-1345

Offers: Clinical Support, Program Support, Consultation, Advice and Training

- Resolution Health Support
- Addictions Program
- Community Wellness Support

- Positive Wellness
- Case Management Coordinator
- Domestic Violence Outreach

The individual calls to set up an appointment. There is no cost. There is no waitlist.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

The Meadow Lake Tribal Council

8003 Flying Dust First Nation
Meadow Lake, SK S9X 1T8
Phone: (306) 236-1345

Offers: Justice Program

- Provides restorative and community based justice services for the 9 Meadow Lake First Nations. MLTC encompasses a holistic view of the Justice system in First Nation Governments and works towards building a healthy community and lowering recidivism rates. Each of the MLFN's houses a Justice Coordinator who provides direct services to the community in which they reside. MLTC provides advice and direction to the Justice Coordinators on the development and implementation of community justice structures, plans and services; and works to serve as a liaison with the FSIN Indian Justice Council, the Federal and Provincial Governments and Justice sector officials.

Offers: Alternative Measures/Extra Judicial Sanctions program

- Victim Advocate Training
- Victim Offender Mediations
- Serious Offence Program
- Community Justice Forums
- Diversion Programs
- Family Conferencing
- Sentencing Circles
- Community Referrals
- Re-integration Plans
- Healing Circles
- Proactive Justice initiatives
- Youth and Culture Camps
- Community Justice Support
- Facilitate Justice Awareness Initiative

The MLTC received referrals during the pre-charge stage directly from the client by their own discretion. They also receive referrals from the RCMP or Judge. They adjourn for four months to work on the file. There is no cost associated and no waitlist.

COUNSELLING & PROGRAMMING

The Meadow Lake Tribal Council

8003 Flying Dust First Nation
Meadow Lake, SK S9X 1T8
Phone: (306) 236-1345

Offers: Clinical Support, Program Support, Consultation, Advice and Training

- Resolution Health Support
- Addictions Program
- Community Wellness Support
- Positive Wellness
- Case Management Coordinator
- Domestic Violence Outreach

The current waitlist for programming is a few days. There is no cost associated.

Positively Parenting

201 - 2nd Street West
Meadow Lake, SK S9X 1Y2
Phone: (306) 236-4804
Mobile: (306) 240-8274
Fax: (306) 236-4867

Offers: Century Anger Management Classes

- Adult Anger Management – 8-week course. Wednesdays 1:00 – 3:00 pm \$50.00 registration fee (covers the cost of participant manual)
- Youth Anger Management (Ages 14-18). Mondays 4:00 – 5:30 pm (8 week course) FREE

Please call for intake and assessment. Course details will be given at this time.

MELFORT

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Melfort Hospital

510 Broadway Avenue
Melfort, SK S0E 1A0
Phone: (306) 752-8767
Fax: (306) 752-8764

Offers: Outpatient Mental Health Services

- Outpatient rehabilitation services, long term care
- Therapy for victims of abuse
- Child and youth services
- Behavior management counseling
- Therapy for stress, anxiety, depression, phobia
- Psychological assessment
- Educational information

Offers: Outpatient Addiction Services

- Outpatient counselling to individuals involved in substance abuse and others affected by their usage
- SGI screening
- Problem gambling counselling
- Education and prevention programs, presentations, workshops, etc.

Individuals are referred by clinics, hospitals, schools, self-referral, and courts. There is no waitlist for services. There is no cost with a Saskatchewan health card.

Marguerite Riel Centre

104 Burrows Avenue West
 Melfort, SK S0E 1A0
 Phone: (306) 752-4950
 E-mail: metisheritage@sasktel.net

Offers: Addiction Services

- On-going educational support services to improve the health and wellbeing of primarily Métis and First Nation people in northeast and north central Saskatchewan.
- Culturally appropriate, flexible and holistic programs.
- Outreach workers and referrals, court and justice support, Residential School Health Support Workers, cultural awareness, and one on one support.

They accept court referrals. Individual can call or drop-in to access services. There is no waitlist. There is no cost.

Narcotics Anonymous

See Appendix A.4

Sakwatamo Lodge

P.O. Box 3917
 Melfort, SK S0E 1A0
 Phone: (306) 864-3631
 Fax: (306) 864-2204
 Website: www.pagc.sk.ca

Offers: Inpatient Addiction ServicesOffers: Inpatient Concurrent

- Six-week program with continuous intake.

They accept court referrals. They only accept families. The waitlist is 4-6 weeks. The larger the family is the longer the waitlist as there are limits on how many children they can have at one time. The individual can call the intake number and will need to fill out an application. There is no cost associated with a Saskatchewan health card.

SGI Impaired Driving Program

Toll Free: 1-844-855-2744

Offers: Driving Without Impairment Program

- Educate the individual about the serious problems related to drinking and driving
- Help the individual distinguish and separate the acts of drinking and driving.

The course includes videos, group discussions, and presentations. The DWI course is a 16-hour course that runs Friday evening and all day Saturday and Sunday. It's held in an informal, friendly atmosphere, conducive to group interaction in 20 locations across the province with a \$150 fee. The \$150 fee can be payable to any motor licence issuer. The

individual's DWI receipt will include the name and telephone number of a DWI coordinator that the individual must contact for enrolment.

Offers: Alcohol and Drug Education Program

A second licence suspension due to alcohol/drug-related driving offences and driving related Criminal Code convictions or roadside suspensions may require the individual to complete the ADE program.

- Educate the individual and provide activities to examine the individual's alcohol and drug use and the associated consequences, including the effects on the individual's family
- Help the individual learn about the effects of alcohol, other drugs and the signs/symptoms of addiction
- Provide information about chemical dependency progression and recovery
- Help the individual recognize the need to separate the acts of drinking, drug use and driving

The ADE course is a 28-hour course that runs 2 weekends in a row. The 1st weekend is Friday, Saturday and Sunday, and the next weekend is Saturday and Sunday. It's instructed by addiction counsellors and held in an informal, friendly atmosphere, conducive to group interaction in 3 locations across the province with a \$450 fee. The \$450 fee can be payable to any motor licence issuer. The individual's ADE receipt will include the name and telephone number of the ADE coordinator that the individual must contact to register for the course.

Offers: Addiction Assessment

If the individual's driver's licence is suspended due to a 3rd offence for a Criminal Code conviction or a roadside administrative licence suspension, addiction assessment is mandatory. Choosing to drive after drinking may be a sign of an alcohol abuse or an addiction problem. If the individual's driver's licence is suspended due to Criminal Code convictions, or roadside suspensions an addiction assessment may be mandatory. As a suspended driver, the individual cannot simply wait until the individual's suspension term is over to get the individual's licence back. If the individual does not complete addiction assessment, the individual's driver's licence will remain suspended indefinitely. The assessment is conducted by a qualified alcohol and drug services counsellor who will work with the individual to develop an individualized plan or program that the individual must complete in order to be eligible for an ignition interlock device, special restricted driver's licence or a full driver's licence.

SGL will advise the individual by mail who to contact to arrange an appointment. Or the individual can call SGL to confirm what courses the individual needs to take and where. The cost is \$150.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

James Smith First Nation

P.O. Box 1059

Melfort, SK S0E 1A0

Phone: (306) 864-3636

Fax: (306) 864-3336

Prince Albert Grand Council Community Justice Program

Offers: Alternative Measures

- The Program receives Pre and Post-charge referrals from RCMP, schools and in some instances from the presiding Judge.
- Provide conflict resolution opportunities

The individual is referred from the courts or the community. There is no cost. They can access services immediately. They ask for a 3-month adjournment to complete the file.

Melfort Community Justice Diversion Program

Melfort & District Community Justice Committee
1006 Main Street North
Melfort, SK S0E 1A0
Phone: (306) 752-6420

Offers: Alternative Measures

- Mediation pre-charge or post-charge

They require that the individual does not have a criminal record and has not gone through this program previously.

COUNSELLING & PROGRAMMING

Aspire Too

202 Main Street, 2nd Floor
Melfort, SK S0E 1A0
Phone: (306) 382-2391

Offers: Counselling

This is a for-profit service; however, their fees may be subsidized.

North East Outreach & Support Services

103 McKendry Avenue East
Melfort, SK S0E 1A0
E-mail: admin@northeastoutreach.ca
Phone: (306) 752-9464
Crisis Line: 1-800-611-6349

Offers: Counselling

- Provides a range of free and confidential support services to enhance individual and community wellness.
- Supportive Counseling is available to individuals or families experiencing forms of violence or abuse or other crises.
- E-counseling is available for women to access the counsellors online.
- Outreach Services Counseling and other services available in Melfort, Tisdale, Nipawin and area.

Offers: Information, Resources and Referrals Offers

Offers: Crisis Assistance and Safety Planning

- 24 Hour Regional Crisis Line is available 24 hours a day, 7 days a week and is a free and confidential service. They do not subscribe to caller display and they do not require the caller to give his/her name.

They accept self-referrals and court referrals. There is no waitlist for services. There is no cost associated.

MELVILLE

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Addiction Services

Saul Cohen Centre

P.O. Box 164

200 Heritage Drive

Melville, SK S0A 2P0

Phone: (306) 728-7320

Intake: (306) 786-0558

Offers: Outpatient Mental Health Services by visiting specialists

Offers: Outpatient Addiction Services by visiting specialists

To access services, the individual calls the intake line at (306) 786-0558. There is no cost associated with a Saskatchewan health card. The waitlist varies.

MOOSE JAW

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Crescent View Clinic

131 - 1st Avenue North East

Moose Jaw, SK S6H 0Y8

Phone: (306) 691-2040

Medical Clinic Fax: (306) 694-1040

Laboratory Fax: (306) 691-2098

Offers: Methadone Screening

The individual contacts Mental Health and Addiction Services to access a referral (306) 694-6464.

Offers: Relapse and Prevention Drop-in

A group service 'booster' session for individuals who have struggles with co-dependency, substance abuse and gambling issues. The focus of the group is to assist individuals plan for continued recovery and discuss relapse prevention plans.

Groups are held Tuesdays and Fridays from 3:00 pm - 4:30 pm. Registration is not required.

Dr. F.H. Wigmore Regional Hospital

55 Diefenbaker Drive
Moose Jaw, SK S6J 0C2
Intake: (306) 691-6464
Intake Fax: (306) 691-2648

Offers: Outpatient Mental Health Services

They accept referrals from individuals, family physicians, family members, or community agency members. Program staff will briefly discuss concerns with the referring person and determine the appropriate response to the service request. Referrals may be assigned to a program area at MHAS or to one offered by another community agency. Priority for service is determined by the intensity of service required. Staff provides crisis intervention services.

Offers: Outpatient Addictions Services Offers: Child and Youth Services

- Assessment and treatment for a range of emotional, developmental and behavioral disorders.
- Individual, family and group counselling is available.
- The Child and Youth Program provide services to children and Youth up to the age of 18 and their families in the Five Hills Health Region.

Offers: Adult Clinical Services

- Assessments and a range of voluntary mental health and addictions treatment interventions to clients whose ability to function day to day is significantly impacted by their level of mental health and/or addictions issues. Requests for service may include depression, alcohol, drug use, gambling, anxiety, eating disorders, family difficulties, abuse, and grief.
- Treatment options may include individual, family or group treatment.
- Services are available to spouses and other family members who have been affected by someone else's drinking, drug use or gambling behaviour.

Offers: Group Services

- Anxiety and panic, depression treatment, grief/ unconventional loss, and making choices. Other groups are offered according to service demand.

Offers: Inpatient Psychiatry Services

Phone: (306) 691-6473
Fax: (306) 691-6461

12 bed acute psychiatric unit with 2 shared-care beds. Admission to the adult inpatient unit is arranged by a psychiatrist with admitting privileges. Average length of stay on

the unit is about 11 days. Discharge is part of a process that involves the entire treatment team and any other resources necessary. Access is by the Psychiatrist. Psychiatrists, often in consultation with other staff, decide whether or not to admit. No referral is necessary. Urgent admissions are often assessed in the emergency department by the psychiatrist or their designate.

Offers: Internet-based Cognitive Therapy

Website: www.onlinetherapyuser.ca

E-mail: Online.Therapy.User@uregina.ca

Phone: (306) 337-3331

For Saskatchewan residents over the age of 18 experiencing symptoms of anxiety or depression and not in receipt of other mental health care and who have access to a computer with Internet and writing emails. Includes free online therapy, online lessons and 'Do It: The individual's self' activities. The individual will be able to correspond with a therapist via e-mail weekly.

They accept a wide-range of referrals including court referrals. Cost is based on a sliding scale. There is a waitlist based on need at the time of intake.

Federation of Saskatchewan First Nations

Approved Mental Health Therapists

See Appendix A.1

Moose Jaw Family Services

200 Main Street South

Moose Jaw, SK S6H 5S7

Phone: (306) 694-8133

Fax: (306) 694-4193

Offers: Mental Health Therapist

They accept a wide-range of referrals including court referrals. Cost is based on a sliding scale. Services are usually available within a week.

SGL Impaired Driving Program

Toll Free: 1-844-855-2744

Offers: Driving Without Impairment Program

- Educate the individual about the serious problems related to drinking and driving
- Help the individual distinguish and separate the acts of drinking and driving

The course includes videos, group discussions, and presentations. The DWI course is a 16-hour course that runs Friday evening and all day Saturday and Sunday. It's held in an informal, friendly atmosphere, conducive to group interaction in 20 locations across the province with a \$150 fee. The \$150 fee can be payable to any motor licence issuer. The individual's DWI receipt will include the name and telephone number of a DWI coordinator that the individual must contact for enrolment.

Offers: Alcohol and Drug Education Program

A second licence suspension due to alcohol/drug-related driving offences and driving related Criminal Code convictions or roadside suspensions may require the individual to complete the ADE program.

- Educate the individual and provide activities to examine the individual's alcohol and drug use and the associated consequences, including the effects on the individual's family
- Help the individual learn about the effects of alcohol, other drugs and the signs/symptoms of addiction
- Provide information about chemical dependency progression and recovery
- Help the individual recognize the need to separate the acts of drinking, drug use and driving

The ADE course is a 28-hour course that runs 2 weekends in a row. The 1st weekend is Friday, Saturday and Sunday, and the next weekend is Saturday and Sunday. It's instructed by addiction counsellors and held in an informal, friendly atmosphere, conducive to group interaction in 3 locations across the province with a \$450 fee. The \$450 fee can be payable to any motor licence issuer. The individual's ADE receipt will include the name and telephone number of the ADE coordinator that the individual must contact to register for the course.

Offers: Addiction Assessment

If the individual's driver's licence is suspended due to a 3rd offence for a Criminal Code conviction or a roadside administrative licence suspension, addiction assessment is mandatory. Choosing to drive after drinking may be a sign of an alcohol abuse or an addiction problem. If the individual's driver's licence is suspended due to Criminal Code convictions, or roadside suspensions an addiction assessment may be mandatory. As a suspended driver, the individual cannot simply wait until the individual's suspension term is over to get the individual's licence back. If the individual does not complete addiction assessment, the individual's driver's licence will remain suspended indefinitely. The assessment is conducted by a qualified alcohol and drug services counsellor who will work with the individual to develop an individualized plan or program that the individual must complete in order to be eligible for an ignition interlock device, special restricted driver's licence or a full driver's licence.

SGL will advise the individual by mail who to contact to arrange an appointment. Or the individual can call SGL to confirm what courses the individual needs to take and where. The cost is \$150.

Wakamow Manor - Thunder Creek Social Detox

300 Iroquois Street East
Moose Jaw, SK S6H 4T3
Phone: (306) 694-4030
Fax (306) 694-4031

Offers: Detoxification

The participant will need a doctor's note that states they are fit for detox as they are not a medical detox, this is a social detox. The individual calls intake to be put on a waitlist that gets individuals in in approximately a week and a half. Wakamow Manor accepts court referrals. There is no cost. There are 20 beds. Accommodation is for periods of up to 14 days depending on the clients assessed needs.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Moose Jaw Community Operations

110 Ominica Street West
 Moose Jaw, SK S6H 6V2
 Phone: (306) 694-3649
 Fax: (306) 694-3045
 Website: www.justice.gov.sk.ca/cp

Offers: Anger Management

This is a general aggression control program and not specific to domestic violence. A 10-session educational program, participants are introduced to a cognitive - behavioral approach to emotion control. Participants are encouraged to identifying their own patterns (thought - feeling - behavior) and develop alternate thinking and behavioral responses. Participants are expected to do personal assignments.

Eligibility Criteria: Indications of problems managing anger and aggression, but whose offence patterns are not domestic violence. Length of program: 10 sessions, 2 hours each.

Offers: Domestic Violence Programs

Community Corrections deal with domestic violence clients with a range from first time offenders to offenders with extensive criminal pasts. Currently there are several programs offered, ranging from five weeks to over one year in duration. These programs are facilitated by Mental Health Services, Probation Officers or together on a co-facilitation basis.

Offers: Sexual Offender Programs

Throughout the province, there are various levels of education, treatment, and maintenance programs delivered in conjunction with Mental Health Services. In areas where Mental Health is not actively participating, Community Operations have worked independently to provide some levels of services to these clients. Often in these cases, private counsellors in the community enhance programming.

They have trained workers to facilitate these programs when there is a demand.

Moose Jaw Family Services

200 Main Street South
 Moose Jaw, SK S6H 5S7
 Phone: (306) 694-8133
 Fax: (306) 694-4193

Offers: Diversion Program

Common service topics the individual may want to learn about:

- Effective parenting strategies
- Parent-teen cooperation
- New problem solving or coping skills
- Living a healthy lifestyle
- Establish & maintain positive relationships
- Connecting to resources in the individual's community

Support is provided weekly and appointments are scheduled by the individual and the Family Support Worker. The Diversion Service may be considered short term, lasting three to six months and if the individual has achieved the individual's desired outcomes sooner the individual may withdraw from the service. Community accessible service at zero cost to participants and is provided by Moose Jaw Family Services. Self and/or Family Agency referrals are welcome.

John Howard Society

15 Hochelaga Street West
 Moose Jaw, SK S6H 2E9
 Phone: (306) 693-0777
 Fax: (306) 692-7655
 Toll Free: 1-866-485-0777
 E-mail: jboldt@SKjohnhoward.ca

Offers: Adult Alternative Measures

- The John Howard Society arranges a face to face meeting between the offender and victim. A mediated discussion takes place with the intent of resolving the conflict through a mediation agreement and hopefully deterring the offender from further criminal activity. Upon completion, the charge is withdrawn by the courts.

Offers: Extrajudicial Sanctions

- Some involve the young person and the victim, and some also include the community. With an emphasis on restoring the harm they caused, Youth meet with the victims of their offense in a mediated, practical out of court process. Agreements reached through this process could involve community service hours, restitution to the victim or service work to the victim.

Offers: Community Justice Forum for Youth and Adults (CJF)

- A CJF is a safe environment in which an offender, victim and their families along with supporters are brought together under the guidance of a trained John Howard Facilitator. Together, they discuss the offense, how they have all been affected and jointly develop a mutually beneficial plan to restore the harm that was done.

Offers: Stoplift

- Stoplift is a program offered to the young people as an extrajudicial measure under the Youth Criminal Justice Act. Stoplift is designed specifically for cases where the young person between the ages of 12 and 17 years are charged with

theft under \$5,000. The primary focus of the program is educational, using a structured group process. The Stoplift Program is a 3-part program. Participants discuss and examine the reasons why people shoplift and develop strategies to cope with peer pressure to prevent re-offending.

Offers: Fine Options

- Fine Options provides an alternative to paying out of pocket for certain fines. People are registered through one of the branches and then placed in a volunteer work arrangement with one of the community partners where they work off their fine.

Offers: Community Service Order for Adult and Youth

- A court sentence alternative to incarceration. The individual is assessed, placed at a community-based organization and monitored by the placement officer. Upon completion, the court and the probation officer are notified.

Referrals are made through the Ministry of Justice, Social Services and court referrals. There is no cost associated or a waitlist.

SGI Impaired Driving Program

Toll Free: 1-844-855-2744

Offers: Driving Without Impairment Program

- Educate the individual about the serious problems related to drinking and driving
- Help the individual distinguish and separate the acts of drinking and driving

The course includes videos, group discussions, and presentations. The DWI course is a 16-hour course that runs Friday evening and all day Saturday and Sunday. It's held in an informal, friendly atmosphere, conducive to group interaction in 20 locations across the province with a \$150 fee. The \$150 fee can be payable to any motor licence issuer. The individual's DWI receipt will include the name and telephone number of a DWI coordinator that the individual must contact for enrolment.

Offers: Alcohol and Drug Education Program

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- Educate the individual and provide activities to examine the individual's alcohol and drug use and the associated consequences, including the effects on the individual's family
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instructed by addiction counsellors and held in an informal, friendly atmosphere, conducive to group interaction in 3 locations across the province with a \$450 fee. The \$450 fee can be payable to any motor licence issuer. The individual's ADE receipt will include the name and telephone number of the ADE coordinator that the individual must contact to register for the course.

Offers: Addiction Assessment

If the individual's driver's licence is suspended due to a 3rd offence for a Criminal Code conviction or a roadside administrative licence suspension, addiction assessment is mandatory. Choosing to drive after drinking may be a sign of an alcohol abuse or an addiction problem. If the individual's driver's licence is suspended due to Criminal Code convictions, or roadside suspensions an addiction assessment may be mandatory. As a suspended driver, the individual cannot simply wait until the individual's suspension term is over to get the individual's licence back. If the individual does not complete addiction assessment, the individual's driver's licence will remain suspended indefinitely. The assessment is conducted by a qualified alcohol and drug services counsellor who will work with the individual to develop an individualized plan or program that the individual must complete in order to be eligible for an ignition interlock device, special restricted driver's licence or a full driver's licence.

SGL will advise the individual by mail who to contact to arrange an appointment. Or the individual can call SGL to confirm what courses the individual needs to take and where. The cost is \$150.

COUNSELLING & PROGRAMMING

Crescent View Clinic

131 - 1st Avenue North East
Moose Jaw, SK S6H 0Y8
Phone: (306) 691-2040
Intake: (306) 694-6464
Medical Clinic Fax: (306) 694-1040
Laboratory Fax: (306) 691-2098

Offers: Drop-in Support Services

- Walk-In Single Session Counseling Services provide information about workshops and groups as well as counseling with a therapist on a one-time-basis. Walk-In services are provided without an appointment on Wednesday evenings from 4:30 - 7:30 (last appointment at 6:30 pm) at Crescent View Clinic.

The individual contacts Mental Health and Addiction Services at (306) 694-6464 to access services. There is no cost associated with a Saskatchewan health card. Waitlist varied dependent on need assessed during intake.

Mental Health & Addictions Adult Clinical Services

55 Diefenbaker Drive
Moose Jaw, SK S6J 0C2
Phone: (306) 691-6464
Fax: (306) 691-6461

Offers: Alternatives to Violence Program

This program is offered to men who are physically, emotionally or psychologically abusive in their intimate relationships. It is a 12-week group program that focuses on taking responsibility for their behaviour and learning how they can change the beliefs that contribute to their violent behaviour. This program is offered in partnership with the Ministry of Corrections and Public Safety.

Offers: Group Services

Group services consist of anxiety and panic, depression treatment, grief/unconventional loss, and making choices. Other groups are offered according to service demand.

Referrals are made through Centralized Intake at (306) 691-6464. Clients may refer themselves or be referred by their physician or another agency. There is no cost with a Saskatchewan health card. The waitlist varies.

Moose Jaw Christian Counselling Centre Inc.

4 - 54 Stadacona Street West

Moose Jaw, SK S6H 1Z1

Phone: (306) 692-5500

Fax: (306) 692-5554

E-mail: mjccc@shaw.ca

Offers: Mental Health TherapyOffers: Counselling

- Marriage
- Parenting
- Depression
- Anxiety
- Eating disorders
- Sexual disorders
- Abuse issues
- Family Counselling

The individual can call in to set up an appointment in person or phone session. They would accept court referrals. The waitlist varies between 1-2 weeks. Cost is on a sliding scale.

Moose Jaw Family Services

200 Main Street South

Moose Jaw, SK S6H 5S7

Phone: (306) 694-8133

Fax: (306) 694-4193

Offers: Counselling

- This service is provided for individuals and people in relationships. Conflict resolution for families is offered.

Access to counselling services can be by self-referral, employers' referrals, physicians or Mental Health and Addictions referrals. Moose Jaw Family Services provides counselling fees on a sliding scale to facilitate anyone regardless of financial situation to access counselling services. The waitlist varies.

NORTH BATTLEFORD

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Battlefords Mental Health & Addiction Services

#1092 – 107th Street
 North Battleford, SK S9A 1Z1
 Phone: (306) 446-6440
 Fax (306) 446-7343

Offers: Outpatient Addictions Services

Offers: Outpatient Mental Health Services

Individuals call to speak to an intake worker. The waitlist varies. There is no cost with a Saskatchewan health card.

BTCIH Youth Outreach

Box 1658
 North Battleford, SK S9A 3W2
 Phone: (306) 937-6700
 Fax: (306) 937-2993
 E-mail: brt6hc@ brt6hc.ca

Offers: Outpatient Addiction Services

Wellness program for clients age 10-20. Both males and females accepted. Programs available include: concurrent disorders, residential schools, child counselling, and parent and child counselling. They accept clients with physical disabilities, pregnant women, court referral or Corrections clients, clients on Methadone, clients on Suboxone, and clients taking other psychoactive medications.

Canadian Mental Health Association – Justice Community Program

1202-101st Street
 North Battleford, SK, S9A 0Z8
 Phone: (306) 445-3890 (Lesley Aimoe) or (306) 525-5601 ext. 225 (David Jones, Director)
 Fax: (306) 569-3788

Offers: Mental Health Services

Justice Community Support Program (JCSP) is offered to Severe Violent Offenders. The purpose of this program is to assist the clients with practical, emotional and behavioural

problems, helping them to develop important life skills and improve their quality of life. The program focuses on supporting mental health and social reintegration during the transition from prison to community life. JCSP is involved with individuals with mental illness who are currently serving custodial sentences and providing reintegration planning from custody to community or from community sentence to post-sentence.

Federation of Saskatchewan First Nations

Approved Mental Health Therapists
See Appendix A.1

Hopeview Recovery Home

1891 – 96th Street
North Battleford, SK S9A 0J1
Phone: (306) 446-7370
Fax: (306) 445-0424

Offers: Child and Youth Outpatient Addiction Services

Offers: Child and Youth Outpatient Mental Health Services

Offers: Long-Term Residential Addictions Services

The individuals require a referral from an Addiction Worker and participation in another 28-day addiction treatment within the last 5 years to access this service. The female waitlist is approximately a month while the male waitlist is approximately three months.

The Lighthouse

962 102nd Street
North Battleford, SK S9A 1E4
Phone: (306) 445-3600
Fax: (306) 445-3606
E-mail: hello@lighthousenorthbattleford.org

Offers: Smart Recovery

- An addictions program offered in both individual and group formats, held on Monday, Wednesday and Friday.

Narcotics Anonymous

See Appendix A.4

SJI Impaired Driving Program

Toll Free: 1-844-855-2744

Offers: Driving Without Impairment Program

- Educate the individual about the serious problems related to drinking and driving
- Help the individual distinguish and separate the acts of drinking and driving

The course includes videos, group discussions, and presentations. The DWI course is a 16-hour course that runs Friday evening and all day Saturday and Sunday. It's held in an informal, friendly atmosphere, conducive to group interaction in 20 locations across the

province with a \$150 fee. The \$150 fee can be payable to any motor licence issuer. The individual's DWI receipt will include the name and telephone number of a DWI coordinator that the individual must contact for enrolment.

Offers: Alcohol and Drug Education Program

A second licence suspension due to alcohol/drug-related driving offences and driving related Criminal Code convictions or roadside suspensions may require the individual to complete the ADE program.

- Educate the individual and provide activities to examine the individual's alcohol and drug use and the associated consequences, including the effects on the individual's family
- Help the individual learn about the effects of alcohol, other drugs and the signs/symptoms of addiction
- Provide information about chemical dependency progression and recovery
- Help the individual recognize the need to separate the acts of drinking, drug use and driving

The ADE course is a 28-hour course that runs 2 weekends in a row. The 1st weekend is Friday, Saturday and Sunday, and the next weekend is Saturday and Sunday. It's instructed by addiction counsellors and held in an informal, friendly atmosphere, conducive to group interaction in 3 locations across the province with a \$450 fee. The \$450 fee can be payable to any motor licence issuer. The individual's ADE receipt will include the name and telephone number of the ADE coordinator that the individual must contact to register for the course.

Offers: Addiction Assessment

If the individual's driver's licence is suspended due to a 3rd offence for a Criminal Code conviction or a roadside administrative licence suspension, addiction assessment is mandatory. Choosing to drive after drinking may be a sign of an alcohol abuse or an addiction problem. If the individual's driver's licence is suspended due to Criminal Code convictions, or roadside suspensions an addiction assessment may be mandatory. As a suspended driver, the individual cannot simply wait until the individual's suspension term is over to get the individual's licence back. If the individual does not complete addiction assessment, the individual's driver's licence will remain suspended indefinitely. The assessment is conducted by a qualified alcohol and drug services counsellor who will work with the individual to develop an individualized plan or program that the individual must complete in order to be eligible for an ignition interlock device, special restricted driver's licence or a full driver's licence.

SGL will advise the individual by mail who to contact to arrange an appointment. Or the individual can call SGL to confirm what courses the individual needs to take and where. The cost is \$150.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Battlefords Tribal Council

1201 - 102nd Street
 North Battleford, SK S9A 3LB
 Phone: (306) 937-6864
 Fax: (306) 445-2138
 E-mail: bstone@btribalc.ca

Battlefords/Lloydminster Adult Alternative Measures Program:

Offers: Alternative Measures Program

Offers: Aboriginal Courtworker Program

Offers: Cultural Camps/Community Integration Program

Offers: First Nations Youth Restorative and Healing Project

Individual and court referrals are accepted. There is no waitlist. There is no cost associated.

COUNSELLING & PROGRAMMING

Battlefords Indian and Métis Friendship Centre

960 -103rd Street
 North Battleford, SK S9A 1K2
 Phone: (306) 445-8216
 Fax: (306) 445-6863

Offers: Referral & Advocacy Services and Support

Offers: Cultural Programming Activities

- Crafts, round dances, feast, etc.

There are no fees for programming or services.

PRINCE ALBERT

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Addiction Services - Adult Services Prince Albert

2nd Floor
 101- 15th Street East
 Prince Albert, SK S6V 1G1
 Phone: (306) 765-6550
 Fax: (306) 765-6567
 Website: www.paphr.sk.ca

Offers: Outpatient Addiction Services

Offers: Outpatient Mental Health/Holistic Health Services

Hours are Monday to Friday 8:00 am - 5:00 pm; closed at noon, weekends and holidays. They have counsellors onsite and a walk-in service for first time clients and clients returning after a period of time without service. There is a 45-minute assessment and then they are booked and connected with a counsellor. There can be a waitlist for subsequent appointments. They accept a wide-range of referrals including court referrals. There is no cost associated.

Brief and Social Detox

Victoria Hospital Site
P.O. Box 3000
1200 – 24th Street West
Prince Albert, SK S6V 5T4
Phone: (306) 765-6700
Fax: (306) 765-6701

Offers: Detoxification

Brief detox is for 24 hours for individuals currently under the influence. They call in to access services. Social detox is 5-10 days of service after the person is no longer intoxicated. There is no waitlist as services are first come first serve. They do accept court referrals. There is no cost with a Saskatchewan health card.

Cooperative Health Clinic

110 – 8th Street East
Prince Albert, SK S6V 0V7
Phone: (306) 763-6464
Fax: (306) 763-2207

Offers: Methadone Assisted Recovery Program

Offers: Outpatient Addiction Services

Methadone Assisted Recovery Program is determined by doctor availability. When there is availability they let MHAS know. The individuals apply and undergo a toxicology screen to determine eligibility suitability. Following that is an interview and if this goes well they are entered into the program. They accept self-referrals and doctor referrals. They do accept emergency cases ongoing for pregnant women and individuals with HIV.

Federation of Saskatchewan First Nations

Approved Mental Health Therapists
See Appendix A

Mental Health Services

P.O. Box 3003
2345 - 10th Avenue
Prince Albert, SK S6V 6G1
Phone: (306) 765-6055
Fax: (306) 765-6349
Website: www.pqphr.sk.ca

Offers: Outpatient Mental Health/Holistic Health Services

General operating hours are Monday to Friday 8:00 am - 5:00 pm; closed weekends and holidays. They have a walk-in service Monday-Friday from 9:00 am - 11:30 am and between 1:00 pm - 4:00 pm. If the individual is experiencing suicidal ideation, the individual can phone in and ask to set up an intake with a psychologist or social worker where they will then set up an appointment. The waitlist can be up to two months. They do accept court referrals but because of the waitlist it can take time. There is no cost with a Saskatchewan health card.

Métis Addictions Council of Saskatchewan Inc. (MACSI)

334 - 19th Street East

Prince Albert, SK S6V 1J7

Phone: (306) 953-8250

Toll Free Phone: 1-866-722-2155

Stabilization Program: (306) 953-8262 (24 hour direct line)

Fax: (306) 953-8261

E-mail: pamacsi@shaw.ca

Website: www.macsi.ca

Offers: Inpatient Treatment

- 28-day residential option for adults. Inpatient service provides an abstinence-based healing environment where individuals can focus on recovery from substance addictions. Individuals participate in holistic programming, therapeutic group workshops, one to one counselling, educational sessions, self-help meetings, cultural teachings, recreational programming and more. The supportive and structured environment of inpatient treatment fosters a return to a healthier life.
- There may be times when a longer treatment stay is needed. When available, additional support is provided to meet more complex needs. This support is short-term, recovery focused and flexible in order to meet unique needs.

The individual will need to complete a referral package located on their website by an addictions worker. A screening occurs and there is a waitlist that ranges from 3-4 weeks to access a bed. They accept court referrals. There is no cost associated.

Offers: Outpatient Services

- Outpatient counselling is a helpful approach for those in all stages of recovery as the counsellor can provide addiction screening, assessment, pre-treatment readiness counselling, relapse prevention, after care counselling and community referrals. Outpatient counselling is an effective way for community members to explore how substance addictions may influence their spiritual, mental, emotional and physical well-being. Through outpatient services they will gain the support and tools needed to guide their path to recovery.

The individual can meet with a counsellor once or on a weekly basis. There is no waitlist or costs associated.

Offers: Stabilization Program

- Stabilization is a good option for individuals with complex needs. This support helps establish physical, mental, spiritual and emotional stability in a safe setting. Some people come to stabilization prior to other treatment while others come when there is a risk of relapse or to re-establish healthy living after relapse. While in the Stabilization Program, participants attend group workshops and cultural teachings and are encouraged to establish healthy daily routines. Stabilization is a short-stay social detox service of 7-14 days. Individuals may self-refer or be referred by others but must not be under the influence of substances upon entry. If medical detox services are needed, individuals will be referred to a brief detox unit prior to attending stabilization.

This is first come first serve as the person calls in daily to see if a bed is available. The individual has to have come out of acute withdrawal and finished a medical detox program prior. The day program has programs offered in the afternoon. There are 6 co-ed beds. The typical stay is 1-14 days. The waitlist varies. There is no cost associated.

Offers: Field Services

- MACSI offers holistic, flexible support and promotes principles of harm reduction. Field Services are offered at each MACSI location. In Prince Albert, the Field Educator reaches out to adults, Youth and their families in a variety of community settings. One to one counselling and group workshops are commonly delivered in partnership with other agencies. Field Educators are available for presentations to Youth and adult audiences.

Offers: Day Program

- Day Program offers a flexible, drop-in, harm reduction approach to recovery and wellbeing. Individual counselling is offered Monday -Friday mornings while each afternoon from 1:00 pm-4:00 pm participants attend an educational and supportive group workshop. Topics covered in the six-week program are addictions basics, relapse, grief and trauma, relationships, social learning and culture, thoughts and emotions.

Anybody can drop in for programming. They require a Saskatchewan health card and fill out a brief intake form. It is based on a Harm Reduction model. There is no cost associated.

Narcotics Anonymous

See Appendix A.4

Peter Ballantyne Cree Nation Health Services Inc.

2200 7th Avenue West

P.O. Box: 339

Prince Albert, SK S6V 5R7

Phone: (306) 953-4425

Fax: (306) 922-4979

Website Address: www.peterballantyne.ca

Offers: Outpatient Addictions Services

Hours of operation are Monday to Friday 8:30am to 5:00pm. To access services, contact the regional intake line at (306) 765-6550 or toll free at 1-855-765-6550. There is no cost associated with a Saskatchewan health card. Waitlist varies.

Prince Albert Family Treatment Centre

1200 - 24th Street West
 Prince Albert, SK S6V 5T4
 Phone: (306) 765-6550

Offers: Inpatient Addictions TreatmentOffers: Family Addiction Services

Individuals can call (306) 765-6375 which is the Prince Albert Health district to go through intake/referral process. They take on a maximum of 8 mothers. There is no limit on the number of children as long as they are under the age of 12 and the mother has custody and has had custody for at least three months. They accept court referrals through an addictions worker. There is no cost associated. It is a six-week program and the waitlist varies.

Sakwatamo Lodge

P.O. Box 2350
 Price Albert, SK S6V 6Z1
 (located on James Smith First Nation)
 Phone: (306) 864-3631
 Toll-free: 1-877-864-3631
 Fax: (306) 864-2204
 E-mail: sakwatamo@sasktel.net

Offers: Family-based Inpatient Addiction Services

For clients aged 18 and over. Both men and women accepted. Programs available include: concurrent disorders, residential schools, gender-based, family treatment, parent and child counselling, and couples counselling. They accept clients with physical disabilities, pregnant women, court referral or Corrections clients, and clients on Suboxone. The waitlist is 4-6 weeks. The larger the family is the longer the waitlist as there are limits on how many children they can have at one time. The individual can call the intake number and will need to fill out an application. There is no cost associated with a Saskatchewan health card.

Saskatchewan Impaired Driver Treatment Centre

P.O. Box 1600
 61 North Industrial Drive
 Prince Albert, SK S6V 5T2
 Phone: (306) 922-8333
 Fax: (306) 922-8815

Offers: Inpatient Addictions Services

The individuals are court-ordered through probations or community corrections. There are 28 beds and the waitlist is approximately 7 months. There is no cost associated.

SGI Impaired Driving Program

Toll Free: 1-844-855-2744

Offers: Driving Without Impairment Program

- Educate the individual about the serious problems related to drinking and driving
- Help the individual distinguish and separate the acts of drinking and driving

The course includes videos, group discussions, and presentations. The DWI course is a 16-hour course that runs Friday evening and all day Saturday and Sunday. It's held in an informal, friendly atmosphere, conducive to group interaction in 20 locations across the province with a \$150 fee. The \$150 fee can be payable to any motor licence issuer. The individual's DWI receipt will include the name and telephone number of a DWI coordinator that the individual must contact for enrolment.

Offers: Alcohol and Drug Education Program

A second licence suspension due to alcohol/drug-related driving offences and driving related Criminal Code convictions or roadside suspensions may require the individual to complete the ADE program.

- Educate the individual and provide activities to examine the individual's alcohol and drug use and the associated consequences, including the effects on the individual's family
- Help the individual learn about the effects of alcohol, other drugs and the signs/symptoms of addiction
- Provide information about chemical dependency progression and recovery
- Help the individual recognize the need to separate the acts of drinking, drug use and driving

The ADE course is a 28-hour course that runs 2 weekends in a row. The 1st weekend is Friday, Saturday and Sunday, and the next weekend is Saturday and Sunday. It's instructed by addiction counsellors and held in an informal, friendly atmosphere, conducive to group interaction in 3 locations across the province with a \$450 fee. The \$450 fee can be payable to any motor licence issuer. The individual's ADE receipt will include the name and telephone number of the ADE coordinator that the individual must contact to register for the course.

Offers: Addiction Assessment

If the individual's driver's licence is suspended due to a 3rd offence for a Criminal Code conviction or a roadside administrative licence suspension, addiction assessment is mandatory. Choosing to drive after drinking may be a sign of an alcohol abuse or an addiction problem. If the individual's driver's licence is suspended due to Criminal Code convictions, or roadside suspensions an addiction assessment may be mandatory. As a suspended driver, the individual cannot simply wait until the individual's suspension term is over to get the individual's licence back. If the individual does not complete addiction assessment, the individual's driver's licence will remain suspended indefinitely. The assessment is conducted by a qualified alcohol and drug services counsellor who

will work with the individual to develop an individualized plan or program that the individual must complete in order to be eligible for an ignition interlock device, special restricted driver's licence or a full driver's licence.

SGL will advise the individual by mail who to contact to arrange an appointment. Or the individual can call SGL to confirm what courses the individual needs to take and where. The cost is \$150.

White Buffalo Youth Inhalant Treatment Centre

P.O. Box 2500
 Prince Albert, SK S6V 7G3
 Phone: (306) 764-5250
 Fax: (306) 764-5255
 E-mail: wbuffalo@sasktel.net

Offers: Inpatient Addiction Services and Outreach

For female clients between the ages of 12-17 years old. Programs available include: concurrent disorders, on-the-land, gender-based, and child counselling. They accept clients with physical disabilities, court referral or Corrections clients, clients on Suboxone, and clients taking other psychoactive medications.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Prince Albert Friendship Centre

1409 - 1st Avenue East
 Prince Albert, SK S6V 2B2
 Phone: (306) 764-3431

Offers: Aboriginal Court Worker Program

- *The Aboriginal Court worker program is mandated to assist Aboriginal Youth and adults charged with an offense and Youth alleged to have committed an offense before the criminal courts receive fair, just, equitable and culturally sensitive treatment.*

Offers: Community Service Order/ Fine Option

- *The Fine Option Program is an alternative to monetary payment of fine enabling offenders to work at minimum wage rate for non-profit organizations. This service is available to anyone in need.*

Offers: Resolution Health Support Worker

- *The individual can drop-in to access services. There is no cost and no waitlist.*

Offers: Traditional Elder – Indian Residential School

- *The individual can drop-in or call to access services. There is no cost and no waitlist.*

Offers: Family Liaison Court Worker

- *The individual can drop-in to access services or they can call. They accept court referrals. There is no cost and no waitlist.*

Prince Albert Grand Council (PAGC)

P.O. Box 2350

Prince Albert, SK S6V 6Z1

Phone: (306) 953-7254

Offers: The Prince Albert Urban Alternative Measures Program

- Provides diversion and mediation programming as an alternative to the formal court process for adult and the young offenders in the City of Prince Albert and in nearby communities and rural areas surrounding the city.
- The Program uses formal cautioning, victim-offender mediation, and family group conferencing for both pre- and post-charge referrals.
- The Program involves the Prince Albert Grand Council, the Indian and Métis Friendship Centre, the Prince Albert Métis Women's Association School Mediation Program, and the Salvation Army.

Referrals come from the courts and the community. There is no waitlist. There is no cost associated. They ask for a three-month adjournment to work on the file.

Prince Albert Grand Council

Opawakoscikan First Nation #201

P.O. Box 2350

2300 – 9th Avenue West

Prince Albert, SK S6V 6Z1

Phone: (306) 953-7200

Fax: (306) 764-6272

Website: <http://www.pagc.sk.ca/>

Prince Albert Grand Council Community Justice Program

Offers: Alternative Measures

They receive referrals Pre and Post-charge from RCMP, schools and the presiding Judge. There is no waitlist. There is no cost associated. They ask for a 3-4-month adjournment to work on the file.

Prince Albert/North East Community Operations

800 Central Avenue

Prince Albert, SK S6V 3G1

Phone: (306) 953-2835

Fax: (306) 953-2832

Website: www.justice.gov.sk.ca/CP

Location Description: McIntosh Mall

Offers: Domestic Violence Programs

Community Corrections deals with domestic violence clients with a range from first time offenders to offenders with extensive criminal pasts. Currently there are several programs offered, ranging from five weeks to over one year in duration. These programs are facilitated by Mental Health Services, Probation Officers or together on a co-facilitation basis.

Offers: Sexual Offender Programs

Throughout the province, there are various levels of education, treatment, and maintenance programs delivered in conjunction with Mental Health Services. In areas where Mental Health is not actively participating, Community Operations has worked independently to provide some levels of services to these clients. Often in these cases, private counsellors in the community enhance programming.

They have trained workers to facilitate these programs when there is a demand.

COUNSELLING & PROGRAMMING**Aspire Too**

106-1114 Central Avenue,
Prince Albert, SK S6V 4V6
Phone: (306) 491-3424

Offers: Counselling

This is a for-profit service; however, their fees may be subsidized.

Prince Albert Friendship Centre

1409 - 1st Avenue East
Prince Albert, SK S6V 2B2
Phone: (306) 764-3431

Offers: Family Service Worker

- *Provides needed support and intervention for families that are having trouble in their lives. This may include finding adequate housing, facilitating family visitations and dealing with government agencies on client's behalf.*

Offers: Family Wellness Worker

- *The individual drop-in to access services. There is no waitlist. There is no cost associated. They accept court referrals.*

Offers: Resolution Health Support Worker

- *The individual can drop-in to access services. There is no cost and no waitlist.*

Offers: Traditional Elder – Indian Residential School

- *The individual can drop-in or call to access services. There is no cost and no waitlist.*

REGINA**ADDICTIONS & MENTAL HEALTH SERVICES****Alcoholics Anonymous**

See Appendix A.3

Addiction Treatment Centre

1640 Victoria Avenue

Regina, SK S4T 1K6
 Phone: (306) 766-6600
 Fax: (306) 766-7970

Offers: Outpatient Addiction Services

- Individual counselling or group sessions for the substance-affected clients or family members. On completion of a treatment program, clients may continue with aftercare follow-up services.
- Addiction Services is a strong advocate for those wishing to include traditional cultural care into their recovery plans. First Nation and Métis Elders are available for support and guidance to all clients wishing to follow a cultural path. If the individual wishes to speak with an Elder, one can be available by request.
- Our holistic approach to treatment and recovery follows closely with the Medicine Wheel teachings that to fully heal they need to treat the body, mind, emotions and spirit together. To this end they provide the resources that the clients require, including a smudging and healing room for spiritual practices.

They offer walk-in appointment Monday through Friday between 1:00 pm-2:00 pm. Subsequent drop-in appointments are available. Waitlist varies. They accept any type of referrals, including court referrals. There is no cost.

Offers: Day Patient Program

- Four week, group-based, non-residential treatment program for chemically dependent people.
- Educational presentations and interactive group sessions.
- One-on-one counselling is available if needed.

Participants must be referred to this program by an Addiction Counsellor at Addiction Services. These programs are offered every second months with approximately 12-14 participants. The waitlist varies. There is no cost associated.

Offers: Insight Group

- A psycho-educational group for individuals who have been affected by someone's use and abuse of alcohol or other drugs.
- An eight-week program three hours per week offered twice a year.

Referral from a counsellor at Addiction Services is necessary.

Offers: Aftercare Group

- Provide information regarding the typical problems that develop during the first years of sobriety.
- Education and group support revolves around finding ways of managing the physiological and emotional issues that newly recovering people frequently experience.

Participants must be referred to this program by a counsellor at Addiction Services. It is offered on an as-needed basis to participants who are new to sobriety.

Offers: Discovery Group An educational group which allows participants to explore their chemical use and assist in personal recognition that addiction may be present.

- Assist the client in recognizing the effects that chemicals may have had on their lives and finding alternative behaviours.

Participants must be referred to this program by a counsellor at Addiction Services

Offers: Ready for Change Group

- A drop-in educational group for clients who are ready to make some changes in their lives regarding their use of substances.
- Provided over 6 sessions, the client will receive information on addiction and the recovery process

Participants must be referred to this program by a counsellor at Addiction Services.

Offers: Relapse Prevention Group

- The relapse prevention group will provide the chemically dependent person with tools and a plan to overcome the barriers that lead to relapse.
- 10 to 12-week course will run one night a week, twice a year.

Persons are required to undergo an initial assessment to participate in this group.

Offers: Community Outreach Services

- 4 Directions Community Health Centre
- AIDS Programs, South Saskatchewan, Regina
- Adult Campus
- All Nations Hope
- Community Training Resources
- Catholic Family Services
- Psychiatric and Day Patient Units, Regina General Hospital
- Kids First
- Public School Board
- Separate School Board

Offers: Brief and Social Detoxification Services

- Provides a safe, controlled environment for individuals who are under the influence of alcohol and/or drugs or are in a state of acute withdrawal.
- Individuals will stay at the 20 bed Brief or "Intox" Unit or at the 25 bed Social or "Detox" detoxification facility

The individual can call the detox line 24/7 for an intake. There is no cost. The waitlist varies.

Canadian Mental Health Association – Justice Community Program

210-1942 Hamilton Street
Regina, SK, S4P 2C5

Phone: (306) 525-2780 (Garrett MacNaull) or (306) 525-5601 ext. 225 (David Jones, Director)
 Fax: (306) 569-3788

Offers: Mental Health Services

Justice Community Support Program (JCSP) is offered to Severe Violent Offenders. The purpose of this program is to assist the clients with practical, emotional and behavioural problems, helping them to develop important life skills and improve their quality of life. The program focuses on supporting mental health and social reintegration during the transition from prison to community life. JCSP is involved with individuals with mental illness who are currently serving custodial sentences and providing reintegration planning from custody to community or from community sentence to post-sentence.

Federation of Saskatchewan First Nations

Approved Mental Health Therapists
 See Appendix A.1

Harm Reduction Methadone

1048 Albert Street
 Regina, SK S4R 2P8
 Phone: (306) 766-6350

Offers: Harm Reduction Programs for Injection Users

- Program goals include improving the social determinants of health for injection drug users and other at-risk individuals, and to reduce injection drug use, drug-related crime rates and Hepatitis C and HIV infection rates in Regina and area.

They accept walk-ins and a variety of referrals including court referrals. There is no waitlist. The only cost is that of the methadone prescription which depends on coverage and varies between people.

Oxford House Society of Regina

200 – 855 Arcola Avenue
 Regina, SK S4N 0S9
 Phone: (306) 570-5709 to reach Outreach Worker
 Fax: (866) 725-8008
 Email: OW@oxfordhousesk.ca

Offer: Outreach Program

- Individuals must either gain employment or become involved in educational upgrading. Any individual who has completed a recognized addiction treatment program within the last year can apply to become a member of Oxford House. The process is started by a counselor referral or from a medical professional. This is followed up with an application and a meeting with our Outreach Worker. If there is a vacancy, the new applicant meets the current residents. At this point, the successful resident is a Probationary Member. After a month, that individual assumes the status of Permanent Member if the majority of

the House feels the individual is a good 'fit'. All Members are supportive of each other's' quest for continued sobriety.

Oxford House Regina provides safe, affordable housing for men and women in recovery from addictions.

Métis Addictions Council of Saskatchewan Inc. (MACSI)

329 College Avenue East

Regina, SK S4N 0V9

Phone: (306) 522-3681

Toll Free Phone: 1-866-815-6515

Offer: Inpatient Treatment

- 28-day residential option for adults. Inpatient service provides an abstinence-based healing environment where individuals can focus on recovery from substance addictions. Individuals participate in holistic programming, therapeutic group workshops, one to one counselling, educational sessions, self-help meetings, cultural teachings, recreational programming and more. The supportive and structured environment of inpatient treatment fosters a return to a healthier life.
- There may be times when a longer treatment stay is needed. When available, additional support is provided to meet more complex needs. This support is short-term, recovery focused and flexible in order to meet unique needs.

The individual will need to complete a referral package located on their website by an addictions worker. A screening occurs and there is a waitlist that ranges from 2-3 weeks to access a bed. They accept court referrals. There is no cost associated.

Offer: Outpatient Services

- Addiction Screening
- Assessment
- Pre-Treatment Readiness Counselling
- Relapse Prevention
- After Care Counselling
- Community Referrals

The individual can meet with a counsellor once or on a weekly basis. The waitlist is approximately 2 weeks for an initial appointment. There is no cost associated.

Offers: Family Program

- On a case-by-case basis, family members of individuals who are accessing inpatient services are invited to participate in programming. Family members have the opportunity to attend therapeutic group workshops, individual and family counselling as well as other learning activities. It is to help families understand the dynamics of addiction and to encourage family participation in the recovery process.

Narcotics Anonymous

See Appendix A.4

SGI Impaired Driving Program

Toll Free: 1-844-855-2744

Offers: Driving Without Impairment Program

- Educate the individual about the serious problems related to drinking and driving
- Help the individual distinguish and separate the acts of drinking and driving

The course includes videos, group discussions, and presentations. The DWI course is a 16-hour course that runs Friday evening and all day Saturday and Sunday. It is held in an informal, friendly atmosphere, conducive to group interaction in 20 locations across the province with a \$150 fee. The \$150 fee can be payable to any motor licence issuer. The individual's DWI receipt will include the name and telephone number of a DWI coordinator that the individual must contact for enrolment.

Offers: Alcohol and Drug Education Program

A second licence suspension due to alcohol/drug-related driving offences and driving related Criminal Code convictions or roadside suspensions may require the individual to complete the ADE program.

- Educate the individual and provide activities to examine the individual's alcohol and drug use and the associated consequences, including the effects on the individual's family
- Help the individual learn about the effects of alcohol, other drugs and the signs/symptoms of addiction
- Provide information about chemical dependency progression and recovery
- Help the individual recognize the need to separate the acts of drinking, drug use and driving

The ADE course is a 28-hour course that runs 2 weekends in a row. The 1st weekend is Friday, Saturday and Sunday, and the next weekend is Saturday and Sunday. It's instructed by addiction counsellors and held in an informal, friendly atmosphere, conducive to group interaction in 3 locations across the province with a \$450 fee. The \$450 fee can be payable to any motor licence issuer. The individual's ADE receipt will include the name and telephone number of the ADE coordinator that the individual must contact to register for the course.

Offers: Addiction Assessment

If the individual's driver's licence is suspended due to a 3rd offence for a Criminal Code conviction or a roadside administrative licence suspension, addiction assessment is mandatory. Choosing to drive after drinking may be a sign of an alcohol abuse or an addiction problem. If the individual's driver's licence is suspended due to Criminal Code convictions, or roadside suspensions an addiction assessment may be mandatory. As a suspended driver, the individual cannot simply wait until the individual's suspension term is over to get the individual's licence back. If the individual does not complete addiction assessment, the individual's driver's licence will remain suspended indefinitely. The assessment is conducted by a qualified alcohol and drug services counsellor who

will work with the individual to develop an individualized plan or program that the individual must complete in order to be eligible for an ignition interlock device, special restricted driver's licence or a full driver's licence.

SGL will advise the individual by mail who to contact to arrange an appointment. Or the individual can call SGL to confirm what courses the individual needs to take and where. The cost is \$150.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

John Howard Society of Saskatchewan

1801 Toronto Street
Regina, SK S4P 1M7
Phone: (306) 757-6657
E-mail: jhsinfo@SKjohnhoward.ca

Offers: Youth Extrajudicial Sanctions Program

- This program focuses on the restoration of good relations between the Youth, the victim and the community. The process enables participants to explore issues of accountability, the impact of their behaviours on others, the needs of the victim and Youth, as well as their rights and responsibilities as members of the community. Agreements arising out of this process allow Youth to make amends to victims and address the issues, which may contribute to recidivism. The program is offered both in the City of Regina and surrounding rural communities.

Offers: Stop-Lift

- This program is designed specifically for the young people, between the ages of 12-17 years, who have been charged with shoplifting under the Youth Criminal Justice Act. The primary focus of the program is educational, using a structured group process.

Offers: Fine Options

- Fine Options provides an alternative to paying out of pocket for certain fines. People are registered through one of the branches and then placed in a volunteer work arrangement with one of the community partners where they go to work off their fine.

Offers: Community Service Program

- Upon conviction of an offense, a judge may order community service hours to be completed. The placement agent arranges for Youth and adults to work at a non-profit organization.

Referrals are made through the Ministry of Justice, Social Services and court referrals. There is no cost associated or a waitlist.

Regina Alternative Measures Program

2815 Dewdney Avenue
Regina, SK S4T 0X8
Phone: (306) 244-0440

E-mail: info@reginaramp.ca

Offers: Alternative Measures

The Program is a status-blind pre- and post-charge diversion program, which receives referrals from the Crown prosecutor and the Regina Police Service for Youths and adults in the City of Regina. The focus is on the rehabilitation of the offender and the healing of the victim through mediation, family group conferencing, and healing circles. The Program also delivers community education and public-awareness workshops, and works to develop appropriate processes and protocols for ongoing community involvement in and support for the program's objectives and activities.

COUNSELLING & PROGRAMMING

Ehrlo Counselling Services

1951 Francis Street
Regina, SK S4N 6V1
Phone: (306) 751-2467
Fax: (306) 751-2416

Offers: Counselling

Ehrlo Counselling provides services to assist individuals and families based on need. Rather than offer a set of pre-determined groups, training sessions or curriculums with knowing the individual need, they will respond to the request of the individual, group or training objective. Programs are tailored and therefore, more meaningful and personal to the individuals they are serving.

As individuals respond to different modalities, Ehrlo Counselling provides its clients with options such as:

- Individual counselling
- Family counselling
- Group counselling
- Couples counselling
- Consultations
- Training, workshop
- Conference events

Hours are Monday to Friday from 9:00 am – 5:00 pm. They are able to provide flexible appointment times during evenings and weekends for clients who are unable to come during the day. Please contact them to make an appointment. Counselling Services operates on an hourly fee for service basis. Payments can be negotiated on a sliding scale based on income. Workshops and seminars are available on a negotiated contractual basis.

Family Service Regina

200 - 1440 Broadway Avenue
Regina, SK S4P 1E2
Phone: (306) 757-6675
Fax: (306) 757-0133
E-mail: info@familyserviceregina.com

Offers: Anger Management Program

Building Effective Skills to Cope with Anger: Participants will be provided with basic techniques to diffuse, constructively cope with and manage their behaviour and anger more effectively.

*The cost is *\$100 per person, pre-registration required. To register call: (306) 757-6675
Some EAP plans will cover the registration cost. Subsidized spots may also be available, so please inquire if there is financial need.

Offers: Rebuilding (When Your Relationship Ends)

The course is based on the book of the same name by Dr. Bruce Fisher and is designed to benefit those people who are adjusting to life as a single person; some have lost their spouse through death, others through separation or divorce. Participants learn how to begin to rebuild their life by exploring the different stages of self-growth. This is a supportive group but is not meant to replace individual counselling. It is recommended that participants be on their own for a couple of months before beginning.

Cost: \$160.00 per person, \$25.00 for book.

Offers: Domestic Violence Support Group

A 9-week support group assisting women towards a violence free lifestyle that focuses on their own personal growth. Ask for Kelly regarding the Domestic Violence Outreach Drop-In Group. No registration required with the objective of promoting healing and personal growth.

The group meets every Wednesday from 6:30—9:00 pm on an ongoing basis. There is no group for the month of August or the last 2 weeks of December.

Prairie Spirit Connections Inc.

809 Victoria Avenue
Regina, SK S4N 0R5
Phone: (306) 525-9682
Fax: (306) 525-9685
E-mail: ddejarlais.psc@gmail.com

Offer: Elder services

Offers: Cultural Activities

- Learn cultural and traditional teachings
- Attend ceremonies
- Participate in traditional healing circles

Offers: Individual and group counselling

- Discover healthy supports

Offers: Life skills training and personal development

- Employability skills training
- Job coach, mentoring and on the job training

Offers: Workshops and seminars

They offer walk-in services. They accept a variety of referrals, including court referrals. There is no waitlist. There is no cost associated.

Regina General Hospital Native Health Services

Level 1, 1440 - 14th Avenue
Regina, SK S4P 0I5
Phone: (306) 766-4155

Offers: Counselling Services

They can call and make an appointment. If there is a crisis/intervention they will make a referral. There is a minimal waitlist for appointments. The waitlist for other referrals to other services is dependent on the capacity of other services. There are no costs associated. They do accept a variety of referrals, including court referrals on a case-by-case basis depending on the nature of the need and the time frame.

SASKATOON

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Adult Addiction Services

Sturdy Stone Building
Suite 156, 122 – 3rd Avenue North
Saskatoon, SK S7K 2H6
Phone: (306) 655-7777
Fax: (306) 655-4115

Offers: Outpatient Addiction Services

The individual calls the phone number to make an appointment. They accept a variety of referrals including self-referrals, doctor referrals and court orders. The waitlist is approximately a week and there is no cost.

Adult Mental Health Services

Sturdy Stone Building
Suite 156
122 – 3rd Avenue North
Saskatoon, SK S7K 2H6
Phone: (306) 655-7777
Fax: (306) 655-4115

Offers: Outpatient Mental Health Services

The individual calls the phone number to make an appointment. They accept a variety of referrals including self-referrals, doctor referrals and court orders. The waitlist is approximately a week and there is no cost.

Adult Family Program (Saskatoon Health Region)

2302 Arlington Avenue
Saskatoon, SK S7J 3L3
Phone: (306) 665-7777

Offers: Groups and Support

- Provides educational groups and individual support for families affected by someone else's mental illness, substance abuse/use or gambling concerns.

The individual calls the phone number to make an appointment. They accept a variety of referrals including self-referrals, doctor referrals and court orders. The waitlist is approximately a week and there is no cost.

Brief and Social Detox

201 Avenue O South
Saskatoon, SK S7M 2R6
Phone: (306) 655-4195
Fax: (306) 655-4196

Admission criteria:

- Be medically stable (conscious)
- Present no risk of harm to self or others
- Voluntarily accept services

Clients can self-refer to the Brief Detox by walk-in or phone.

Offers: Social Detox Unit (SDU)

- A recovery based inpatient unit where clients often begin or reconnect with their recovery process. Clients may self-refer to the SDU. Upon admission, clients are assessed to determine the appropriate detox services. If clients are intoxicated upon arrival they may be supported through the Brief Detox Unit for up to 24 hours prior to a SDU admission.

Offers: Brief Detox Unit (BDU)

- 12-bed unit which provides a safe place to stay for a short period of time to rest and recover from intoxication or drug abuse.
- An alternative to overnight incarceration or admission to emergency rooms for intoxicated people who do not require emergency care.
- An opportunity for brief intervention where clients are monitored (vital sign/observed) for approximately 12 hours by an Emergency Medical Technician (EMT).
- Addiction counselling support is also available.
- Following a brief stay in the BDU, clients may choose to attend the Social Detox Unit to enter a recovery focused program.

They accept a variety of referrals including court referrals. To access services, the individual can call daily to access the social detox. There is no cost associated. The waitlist is upwards of a week or longer.

Calder Rehabilitation Centre

2003 Arlington Avenue
Saskatoon, SK S7J 2H6
Phone: (306) 655-4500
Fax: (306) 655-4545

Hours are Monday to Friday 8:00 am - 4:30 pm.

Offers: Inpatient Addiction Services

Referrals to Calder Centre are made through an addictions community case manager who coordinates a continuum of care for clients before, during and after their stay. The program is based on a four-week residential stay but offers flexibility to shorten or extend the length of stay depending on the individual's needs. 32 adult beds for ages 18 and over. 12 youth beds for ages 12 to 18 years.

Offers: Counselling

- Counselling and education on substance use/abuse. It is group-based and provides competency-based treatment to match individualized treatment goals.
- Gender specific treatment is provided based on research that indicates males and females differ in onset, consequences and recovery from substance use/abuse.
- A variety of therapeutic approaches and philosophies support service delivery which include but is not limited to: Brief Solution Focused, Cognitive-Behavioral, Motivational Interviewing, Trans theoretical Model of Change.

The waitlist is 8 weeks for males and 4-5 weeks for females. They require a referral from an addictions counsellor. They do not accept client on remand, they have to be sentenced and get a referral from an addictions counsellor or be released and meet with an addictions counsellor to get a referral. There is no cost associated.

Canadian Mental Health Association – Justice Community Program

129-122 3rd Avenue North
Saskatoon, SK S7N 2H6
Phone: (306) 933-3045 (Lisa Harder) or (306) 525-5601 ext. 225 (David Jones, Director)
Fax: (306) 569-3788

Offers: Mental Health Services

Justice Community Support Program (JCSP) is offered to Severe Violent Offenders. The purpose of this program is to assist the clients with practical, emotional and behavioural problems, helping them to develop important life skills and improve their quality of life. The program focuses on supporting mental health and social reintegration during the

transition from prison to community life. JCSP is involved with individuals with mental illness who are currently serving custodial sentences and providing reintegration planning from custody to community or from community sentence to post-sentence.

Canadian Mental Health Association - Problem Gambling Community Program

3 - 804 Dufferin Avenue
Saskatoon, SK S7H 2B8
Phone: (306) 683-3669
Fax: (306) 683-2246
Website: www.cmhask.com

Offers: Education on Problem Gambling

Community Addictions Prevention Program (CAPP)

Saskatoon Tribal Council
2141 McPherson Avenue
Saskatoon, SK S7J 0S8
Phone: (306) 956-6100
Fax: (306) 956-3268
Website: www.sktc.sk.ca/corporations/stchealth-family-services.inc/

Offers: Outpatient Addiction Services

- Provides individualized holistic comprehensive addiction services related to alcohol/drug use, prescription drugs, inhalants, tobacco and gambling.

Offers: Outpatient Gambling Counselling

- STC has a Canadian Certified Problem Gambling Counsellor. They accept a variety of referrals including court referrals.

The services are walk-in and there is no waitlist. There is no cost associated. Services are for those with gambling, drugs and alcohol issues.

CUMFI Wellness Centre

315 Avenue M South
Saskatoon, SK
Phone: (306) 651-1010
Fax: (306) 975-0388
Email: e.bergstorm@sasktel.net

Offers: Mentorship Services for Older Youth and adults with FASD or other cognitive disabilities

- Provides support according to the unique needs and goals of each individual built on a relationship of trust. Mentorship may include security and health care, budgeting and shopping, dealing with justice issues and all other aspects of daily living.
- Assistance to build on strengths and interests to become involved in recreation, obtain and maintain appropriate employment, develop pro-social relationships and build self-esteem.

Eligibility: Diagnoses of a cognitive disability or characteristics consistent with a cognitive disability; no limited services through Social Services or CDS.

Federation of Saskatchewan First Nations

Approved Mental Health Therapists:
See Appendix A.1

Mental Health and Addiction Services

Main Office - Sturdy Stone Building
Suite 156, 122 - 3rd Avenue North
Saskatoon, SK S7K 2H6
Phone: (306) 655-7777

Offers: Adult Substance Use/Abuse Program

Offers: Adult Family Program

Offers: Concurrent Disorders Program

Offers: Problem Gambling Treatment Programs

Open business hours, Monday to Friday, 8:00 am - 5:00 pm. Closed at noon, weekends and holidays. The individual calls the phone number to make an appointment. They accept a variety of referrals including self-referrals, doctor referrals and court orders. The waitlist is approximately a week and there is no cost.

Mental Health and Addiction Services – Adult Outreach Services

Adult Outreach Services
315 Avenue M South
Saskatoon, SK S7M 0Y9
Phone: (306) 655-4195

Adult Outreach Services provides community support to adults 18 years and older. The role of Adult Outreach is to engage clients within the core community who may not engage in traditional recovery services.

Offer: Counselling

- Assist with food and shelter concerns
- Assist with medical transportation
- Connect clients with supportive community based organizations (e.g. AIDS Saskatoon, Friendship Inn)
- Link clients to appropriate services within Saskatoon Health Region

Offer: Home Detox Program

The individual calls the phone number to make an appointment. They accept a variety of referrals including self-referrals, doctor referrals and court orders. The waitlist is approximately a week and there is no cost.

Mental Health and Addiction Services – Community Adult Mental Health Services

Main Office
4th Floor - 715 Queen Street
Saskatoon, SK S7K 4X4
Phone: (306) 655-8877

Business hours: Monday to Friday 8:00 am - 4:30 pm. Referrals to Community Adult Mental Health programs are to be directed to Centralized Intake at (306) 655-7777.

Programs also offered at:

McKerracher Centre
2302 Arlington Avenue
Saskatoon, SK S7J 3L3
Phone: (306) 655-4590

MHAS Out-Patient
Saskatoon City Hospital
701 Queen St.
Saskatoon, SK S7K 0M7
Phone: (306) 655-8999

For individuals (including family members) 18 years or older who are experiencing significant distress, which may include:

- Anxiety
- Depression
- Eating difficulties
- Enduring health, mental health and stress-related problems
- Isolation and loneliness
- Life challenges related to experiences of oppression such as racism, sexism and poverty
- Problems associated with histories of trauma, loss, abuse and violence
- Relationship issues

The participant must call the intake line to access services. There is no cost associated.

Offers: Anxiety and Mood Program:

This program provides education and treatment groups for individuals who experience anxiety, obsessive-compulsive, bipolar and seasonal affective disorders.

Methadone Clinic - Methadone Assisted Recovery Services

1611 - 20th Street West
Saskatoon, SK S7M 0Z7
Phone: (306) 655-0480

Offers: Methadone Assisted Recovery

They accept Doctor and self-referrals. They would accept court referrals but the services are voluntary-based. The waitlist varies and is dependent upon the number of individual inquiring and doctor availability. There is no cost associated with seeing a doctor with a Saskatchewan health card. Medication costs are based on individual's financial state and medical health insurance.

Offers: Counselling

They provide counselling around methadone for clients on the methadone program. The counselling surrounds their methadone use and other intertwined issues; however, they will make referrals to other agencies if the area is not in their scope of practice.

Métis Addictions Council of Saskatchewan Inc. (MACSI)

335 Avenue G South

Saskatoon, SK S7M 1V2

Phone: (306) 652-8951

Toll Free Phone: 1-877-652-8951

Fax: (306) 665-0703

E-mail: saskatoonmacsi@sasktel.net

Offers: Inpatient Treatment

- A 28-day residential option for adults.
- Holistic programming, therapeutic group workshops, one to one counselling, educational sessions, self-help meetings, cultural teachings, recreational programming and more.
- There may be times when a longer treatment stay is needed. When available, additional support is provided to meet more complex needs. This support is short-term, recovery focused and flexible in order to meet unique needs.

The individual will need to complete a referral package located on their website by an addictions worker. A screening occurs and there is a waitlist that ranges from 3-4 weeks to access a bed. They accept court referrals. There is no cost associated.

Offers: Outpatient Services

- Addiction screening, assessment, pre-treatment readiness counselling, relapse prevention, after care counselling and community referrals.

The individual can meet with a counsellor once or on a weekly basis. There is no waitlist or costs associated.

Offers: Field Services

- One-to-one counselling and group workshops are commonly delivered in partnership with other agencies. The Field Educator will make referrals and connect Youth and families with appropriate supports. Field Educators are available for presentations to Youth and adult audiences.

Offers: Day Program

- Day Program offers a flexible, drop-in, harm reduction approach to recovery and wellbeing. Individual counselling is offered Monday -Friday mornings while each afternoon from 1:00 pm-4:00 pm participants attend an educational and supportive group workshop. Topics covered in the six-week program are addictions basics, relapse, grief and trauma, relationships, social learning and culture, thoughts and emotions.

Anyone can drop in for programming. They require a Saskatchewan health card and fill out a brief intake form. It is based on a harm reduction model. There is no cost associated.

McLeod House

4 - 101 Avenue T South
Saskatoon, SK S7M 3A7
Phone: (306) 665-0425
Fax: (306) 665-0428
E-mail: www.cumfi.org

Offers: Housing for Men Recovering from Addictions

It is a transitional home for men with addictions. Referrals come from Larson House, treatment centres and self-referrals. They accept court referral from probation/parole. Weekly case management meetings, Kanawayimik in-house programming, seminars, workshops, Alcoholics Anonymous groups, referrals and outreach are all part of the services offered. McLeod House is a partnership between Saskatoon Health Region – Mental Health & Addictions Services and Central Urban Métis Federation Inc. The individual fills out an application, goes through an intake and interview. The waitlist varies up to a few months. The length of stay can vary from 1 month to 3 years. The cost is \$660/month for either single or shared accommodations. The cost may be supplemented if the individual is not working through social assistance/rental supplement.

Narcotics Anonymous

See Appendix A.4

Primary Health Centre South East

100 - 2501 Louise Street
Saskatoon, SK S7J 3M1
Phone: (306) 655-4552
Fax: (306) 655-4555
Website: www.saskatoonhealthregion.ca

Offers: Outpatient Addiction Services

Offers: Outpatient Mental Health/Holistic Health Services

Hours Monday to Friday 8:30 am - 5:00 pm. Services are available to clients of doctors through the Primary Health Centre South East. The individual goes through an intake process and a telephone interview. The waitlist varies and is dependent on need determined during the interview.

Problem Gambling Help Line

1-800-306-6789 (24 hours - does not subscribe to call display)

Offers: Outpatient Addictions Services

- Telephone assessment, information, and referral for either the problem gambler themselves, or family and friends.
- They offer provincial wide referrals to support groups, problem gambling counsellors, and treatment alternatives.

The individual can call the help line and be connected with a counsellor. There is no waitlist. They return the individual's call within 48 hours and it takes approximately 48-72 hours to access services. They accept court referrals. Services are free for the individuals and for their family members if they want to access counselling.

Royal University Hospital

103 Hospital Drive
Saskatoon, SK S7N 0W8
Phone: (306) 655-1000
Second Phone: (306) 655-1362
Intake: (306) 655-7777

Offers: Outpatient Addiction ServicesOffers: Outpatient Mental Health ServicesOffers: Social Worker Program

They accept referrals from clinics, hospitals, schools, self-referral, and courts. The waitlist varies. There is no cost with a Saskatchewan health card.

Saskatoon City Hospital

701 Queen Street
Saskatoon, SK S7K 0M7
Phone: (306) 655-8000
Second Phone: (306) 655-1000
Intake: (306) 655-7777

Offers: Addiction ServicesOffers: Mental Health ServicesOffers: Social Worker Programs

They accept referrals from clinics, hospitals, schools, self-referral, and courts. The waitlist varies. There is no cost with a Saskatchewan health card.

Saskatoon Community Clinic

455 - 2nd Avenue North
Saskatoon, SK S7K 2C2
Phone: (306) 652-0300
Intake: (306) 655-7777
Fax: (306) 664-4120
Website: www.saskatooncommunityclinic.ca

Hours: Monday to Friday 8:30 am - 5:30 pm. Saturday 9:00 am - 1:00 pm.

Offers: Mental Health/Holistic Health Services

Services are available to clients of doctors through the Primary Health Centre South East. The individual goes through an intake process and a telephone interview. The waitlist varies and is dependent on need determined during the interview. They accept referrals from clinics, hospitals, schools, self-referral, and courts. There is no cost with a Saskatchewan health card.

SGI Impaired Driving Program

Toll Free: 1-844-855-2744

Offers: Driving Without Impairment Program

- Educate the individual about the serious problems related to drinking and driving
- Help the individual distinguish and separate the acts of drinking and driving

The course includes videos, group discussions, and presentations. The DWI course is a 16-hour course that runs Friday evening and all day Saturday and Sunday. It's held in an informal, friendly atmosphere, conducive to group interaction in 20 locations across the province with a \$150 fee. The \$150 fee can be payable to any motor licence issuer. The individual's DWI receipt will include the name and telephone number of a DWI coordinator that the individual must contact for enrolment.

Offers: Alcohol and Drug Education Program

A second licence suspension due to alcohol/drug-related driving offences and driving related Criminal Code convictions or roadside suspensions may require the individual to complete the ADE program.

- Educate the individual and provide activities to examine the individual's alcohol and drug use and the associated consequences, including the effects on the individual's family
- Help the individual learn about the effects of alcohol, other drugs and the signs/symptoms of addiction
- Provide information about chemical dependency progression and recovery
- Help the individual recognize the need to separate the acts of drinking, drug use and driving

The ADE course is a 28-hour course that runs 2 weekends in a row. The 1st weekend is Friday, Saturday and Sunday, and the next weekend is Saturday and Sunday. It's instructed by addiction counsellors and held in an informal, friendly atmosphere, conducive to group interaction in 3 locations across the province with a \$450 fee. The \$450 fee can be payable to any motor licence issuer. The individual's ADE receipt will include the name and telephone number of the ADE coordinator that the individual must contact to register for the course.

Offers: Addiction Assessment

If the individual's driver's licence is suspended due to a 3rd offence for a Criminal Code conviction or a roadside administrative licence suspension, addiction assessment is mandatory. Choosing to drive after drinking may be a sign of an alcohol abuse or an addiction problem. If the individual's driver's licence is suspended due to Criminal Code

convictions, or roadside suspensions an addiction assessment may be mandatory. As a suspended driver, the individual cannot simply wait until the individual's suspension term is over to get the individual's licence back. If the individual does not complete addiction assessment, the individual's driver's licence will remain suspended indefinitely. The assessment is conducted by a qualified alcohol and drug services counsellor who will work with the individual to develop an individualized plan or program that the individual must complete in order to be eligible for an ignition interlock device, special restricted driver's licence or a full driver's licence.

SGL will advise the individual by mail who to contact to arrange an appointment. Or the individual can call SGL to confirm what courses the individual needs to take and where. The cost is \$150.

SHARP (Saskatoon HIV/AIDS Reduction Program)

200 - 335 Packham Avenue
Saskatoon, SK S7N 4S1
Phone: (306) 956-0345
Fax: (306) 956-0339
Website: www.sktc.sk.ca

Offers: Outpatient Addiction Services

- Education
- Group Behavioural Modification

Offers: Social Worker

- Services may include Resolution Health Support Workers

Offers: Counselling

- Spiritual Counseling with Elders
- Treatment

The services provided are free. They provide clean needles for those with an on-going addiction and free testing to those that need it. They can drop-in Monday-Friday to access an addictions counsellor and then could book regular appointments. They are open every day of the year. Elder services are available every Wednesday. There is also access to sweats once a month. There is no waitlist and no cost associated.

St. Paul's Hospital - Main Switch Board

1702 - 20th Street West
Saskatoon, SK S7M 0Z9
Phone: (306) 655-5000
Intake: (306) 655-7777
Website: www.saskatoonhealthregion.ca/the_individual's_health/ch_sph_home.htm

Offers: Outpatient Addiction Services

Offers: Outpatient Mental Health Services

Offers: Social Work Program

They accept referrals from clinics, hospitals, schools, self-referral, and courts. The waitlist varies. There is no cost with a Saskatchewan health card.

Str8 Up: 10,000 Little Steps to Healing Inc.

Kinsmen Activity Place (lower level)
226 Avenue V South
Saskatoon, SK
Phone: (306) 244-1771
Email: info@str8-up.ca

Offers: Weekly Traditional Sharing Circles

- STR8 UP assists individuals to master their own destiny in liberating themselves from gangs and criminal street lifestyles. Traditional Sharing Circles are open to men and women over the age of 16 years. The circles offer a safe environment for participants to share their struggles, pains and hurts.
- Wednesdays, 6:30 to 9:00 p.m.

Westside Clinic

1528 - 20th Street West
Saskatoon, SK S7M 0Z6
Phone: (306) 664-4310
Fax: (306) 934-2506

Hours: Monday to Friday Mornings: 9:30 - 4:30 pm and closed at one. Tuesday, Thursday & Friday Afternoon: 1:00 pm - 5:00 pm, Wednesday Afternoon: 2:00 pm - 4:30 pm.

Offers: Counselling

A counsellor provides clients with counselling, advocacy, crisis intervention and matching with community and cultural resources.

Services are available to clients of doctors through the Primary Health Centre South East. The individual goes through an intake process and a telephone interview. The waitlist varies and is dependent on need determined during the interview.

West Winds Primary Health Centre

3311 Fairlight Drive
Saskatoon, SK S7M 3Y5
Phone: (306) 655-4250
Fax: (306) 655-4894
Hours: Monday to Friday 8:30 am - 5:00 pm.

Offers: Outpatient Addiction Services

Offers: Mental Health/Holistic Health Services

Offers: Social Worker

They accept referrals from clinics, hospitals, schools, self-referral, and courts. The waitlist varies. There is no cost with a Saskatchewan health card.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

John Howard Society

202-220 3rd Avenue South
 Saskatoon, SK S7K 1M1
 Phone: (306) 244-8347
 Fax: (306) 244-9923
 Toll Free: 1-877-244-8347
 E-mail: sdyer@SKjohnhoward.ca

Offers: Mediation

Offers: Fine Options

- Fine Options provides an alternative to paying out of pocket for certain fines. People are registered through one of the branches and then placed in a volunteer work arrangement with one of the community partners where they work off their fine.

Offers: Community Service Order for Adult and Youth

- A court sentence alternative to incarceration. The individual is assessed, placed at a community-based organization and monitored by the placement officer. Upon completion, the court and the probation officer are notified.

Offers: StopLift Program

- StopLift is a theft reduction education program for Youth who have committed an act of shoplifting. StopLift works in both group and individual settings depending on the circumstances.
- Referrals for StopLift come from Youth Court, Youth Probation, schools, parents, etc. A Youth does not have to be charged to complete the program, and community referrals are welcome.

Referrals are made through the Ministry of Justice, Social Services and court referrals. There is no cost associated or a waitlist.

Métis Family & Community Justice Services of Saskatchewan Inc.

1937 Ontario Avenue
 Saskatoon, SK S7K 1T5
 Phone: (306) 964-1440 or 1-866-622-2220
 E-mail: mfcjs.general@gmail.com

Offers: Aboriginal Courtworker Program

Offers: Community Justice Program

- Diversion/alternative measures hearings
- Mediations, family/group conferences
- Healing and sentencing circles; and the recording of minutes for such processes

They accept referrals from the courthouse. For diversion they require the individual to submit a 2-page essay about who they are. And they may ask them to complete community service or make a donation. For mediation, the requirements come from an agreement between the offender and the victim.

Saskatoon Community Mediation Services Diversion Program

208- 220 3rd Avenue South
Saskatoon, SK S7K 1M1
Phone: (306) 244-0440

Offers: Fee for Service Mediation

There is a fee based on a sliding scale. They call in and contact Helen Smith-McIntyre to set up an appointment.

Offers: Adult Diversion Program

They accept referrals from the Crown. There is no fee associated and no waitlists.

Offers: Parent-Teen Mediation

There is a fee based on a sliding scale. They call in and contact Helen Smith-McIntyre to set up an appointment.

Saskatoon Community Operations

122 - 3rd Avenue North
Saskatoon, SK S7K 2H6
Phone: (306) 933-6324
Fax: (306) 933-5044
Website: www.justice.gov.sk.ca/CP

Offers: Domestic Violence Programs

Community Corrections deals with domestic violence clients with a range from first time offenders to offenders with extensive criminal pasts. Currently there are several programs offered, ranging from five weeks to over one year in duration. These programs are facilitated by Mental Health Services, Probation Officers or together on a co-facilitation basis.

They have staff trained to facilitate these programs when there is a demand.

Saskatoon Tribal Council Urban Justice Program

STC Urban Justice Programs
602 - 20th Street West
Saskatoon, SK S7M 0X7
Phone: (306) 653-7676
Fax: (306) 653-7677

Offers: Extrajudicial Measures Program

- Provide mediation services to Youth 12-17 years
- Youth are referred for 1st time less serious offenses

Offers: Extrajudicial Sanctions Program

- Provide mediation services to Youth 12-17 years
- Provide intensive support services to Youth who have been charged with break and enter/related offenses.

Offers: Enhanced Extrajudicial Sanctions Program

- Provide mediation services to Youth ages 12-17 years in order to deal with 1st time less serious offense.
- Provide intensive support using a case management model based on a community safety plan.

Offers: Youth and Community Reintegration

- Provide mentoring and support to Youth and the young adults ages 12-24 years that are currently serving time in a secure or open facility and getting ready to transition into community living.

Offers: Community Justice

- Extrajudicial Sanctions (Youth)
- Alternative Measures (Adult)

Offers: Alternative Measures

- The Program operates diversion programs for Youths and adults in the criminal justice system.
- The active participation and guidance of Elders are essential to all phases of the diversion process.
- The Program also provides awareness, education and training to its member First Nations on criminal justice processes and community justice programs.
- Other program activities include providing technical advice, coordinating training, planning, developing and evaluating programs, developing committees, developing policy, and collecting data.

COUNSELLING & PROGRAMMING**Alternatives to Violence Programs**

Mental Health & Addiction Services
 Room 1540, Saskatoon City Hospital
 701 Queen Street
 Saskatoon, SK S7K 0M7
 Phone: (306) 655-8989

This program provides education and treatment groups that invite/support men and women to stop their violence to their intimate partners.

Offers: Educational Service Group

- 4-week group offering general education about violence, the impact of violence and strategies for self-regulation. A requirement for all clients and must be completed in full before moving into treatment groups.

Offers: The Compassion, Accountability, Respectful, Relationships & Strength (CARRS)

- 22-week accountable/advocacy program for men who have been violent to their partners. Inviting men to take personal responsibility for their behaviour and to practice nonviolence in their relationships. It is offered on Tuesdays or Thursdays from 5:30 pm-7:50 pm at Saskatoon City Hospital.

Offers: First Hand Group

- A 22-week group for men who have been violent to their partners. This group runs Fridays from 9:45AM-12:00 pm at Saskatoon City Hospital.

Offers: Napewak E-Acimoyahk Group

- A 22-week therapy group developed specifically for Indigenous men who have been violent to intimate partners. The group is facilitated by staff from Mental Health and Addiction Services in conjunction with the Indian and Métis Friendship Centre. Indigenous ceremonies and traditions are included as part of this group. This group is offered on Wednesday from 5:30-7:45PM in Room G24 Nurse's Alumni Wing at St. Paul's Hospital.

Offers: The Maintenance Service

- An ongoing support group for men who have successfully completed a 22-week group. This group runs the first and third Thursday of the month from 5:30 pm-7:50 pm at Saskatoon City Hospital.

Offers: Women's Alternatives to Violence Service

- 16-week program that invites women to take a stand against their violence. The group runs in conjunction with the Saskatoon Health Region, the Indian Métis Friendship Centre and the Ministry of Social Services. This group runs Tuesdays from 1:15-3:30 pm at Family Service Saskatoon.

The individuals call the intake line to access services. There is no cost for residents of Saskatchewan. The individual can be referred voluntary or through the courts. Self-referral can be made by contacting Elliott Field at (306) 655-8989. Court referral requires the individual to have a specialized probations worker who does an assessment and then contacts Elliot Field to do an intake assessment. The criteria for eligibility are that the client takes responsibility and wants to seek services.

Aspire Too

215 Avenue G North
Saskatoon, SK S7L 1Y9
Phone: (306) 382-2391

Offers: Counselling

This is a for-profit service; however, their fees may be subsidized.

Catholic Family Services

200 - 506 25th Street East
Saskatoon, SK S7K 4A7
Phone: (306) 244-7773
E-mail: staff@cfssaskatoon.sk.ca
Website: <http://www.cfssaskatoon.sk.ca>

Offers: Counselling

- Individual, couple and family counselling (children aged 6 and up) is available to assist those experiencing difficulties to identify strengths, define problems and work toward alternatives and solutions.

Fees are assessed on an ability to pay based on a sliding fee scale. CFS provides services for many Employee and Family Assistance Programs (EAP). Extended Health Benefits (i.e. Blue Cross, Manulife, etc.) may cover the costs for counselling.

Offers: Programming

Groups for Parents of Teens

- Bridging the Gap (For Parents of Out-Of-Control Teens)
- Reaching Out (When Teens Are Out-Of-Control)
- Reaching Out-Connecting with the individual's Children (For parents whose children have been apprehended or are at risk of apprehension)
- Building Healthy Families
- Peaceful Parenting
- Taming the Worry Dragon

Christian Counselling Services

617 3rd Avenue North
Saskatoon, SK S7K 2J8
Phone: (306) 244-9890
E-mail: chcounselling@sasktel.net

Offers: Counselling

- Individual, couple, family and children's counselling is available
- Telephone and on-line counselling also available

Offers: Therapy Groups

- For men and women

Christian Counselling Services is a charitable organization. Services are available to anyone in the community regardless of race, religious belief, gender, age or sexual orientation. Special needs of clients such as literacy challenges, language comprehension, hearing impairment and/or physical disability are assessed to ensure that these are not barriers to receiving services.

Fees are \$110 per hour for counsellors and \$125 per hour for registered psychologists. Counselling sessions can be paid through several different sources. They have counsellors approved by the Government of Canada to provide counselling services to First Nations people with a valid treaty number at no cost. For clients in financial distress, a subsidized rate may be offered.

Family Service Saskatoon

102 -506 25th Street East
Saskatoon, SK S7K 4A7
Phone: (306) 244-0127

Fax: (306) 244-1201
 E-mail: info@familyservice.sk.ca
 Website: www.familyservice.sk.ca

Offers: Programs

- Special program services are available for Youth, the young parents, and families living with abuse.

Offers: Counselling

- Comprehensive counselling for individuals, couples, families and groups
- Counselling may be used to address such issues as relationships, communication, parenting, separation and divorce, grief and bereavement, depression, conflict resolution, stress management, emotional, physical and social abuse, and managing change.

Court referrals are accepted. Counselling is available to all community members, regardless of ability to pay. Fees are based on a sliding fee scale according to income and family size and range from \$10 to \$75 per session. The waitlist varies.

John Howard Society

202 - 220 3rd Avenue South
 Saskatoon, SK S7K 1M1
 Phone: (306) 244-8347
 Fax: (306) 244-9923
 Toll Free: 1-877-244-8347
 E-mail: sdyer@SKjohnhoward.ca

Offers: Community Outreach Support Program

- This program provides support for difficult to serve Youth between the ages of 16-21. Services include: education, employment, addictions, crisis intervention, counseling, housing, advocacy, mentorship, transportation, and recreation. Moreover, support workers ensure that medical and mental health needs are being met.

Offers: StopLift Program

- StopLift is a theft reduction education program for Youth who have committed an act of shoplifting. StopLift works in both group and individual settings depending on the circumstances. Youth participates in discussion that examines the reasons for theft. Together with the caseworkers, Youth develops strategies to make better choices in the future and look at ways to deal with temptation and peer pressure. Videos, presenters, and workbooks are used throughout the program to enhance the learning experience. Referrals for StopLift come from Youth Court, Youth Probation, schools, parents, etc. A Youth does not have to be charged to complete the program, and community referrals are welcome.

Offers: Chill Out Program

- Chill Out is an interactive anger management course for Youth who may be experiencing problems with anger, stress, and aggression. They may face assault

charges, uttering threats, or other aggressive offenses that require Chill Out as part of their meditation.

- Other referrals to this program come from schools, parents and other concerned members of the community. Chill Out is designed to help Youth talk about their triggers, their types of anger, and techniques for controlling and venting anger in healthy ways.
- Like StopLift, Chill Out can be completed in a group setting or one-on-one, based on the Youth's needs and availability. The program can be designed to include bullying information and workbooks based charges, the needs of the client, and the request from parents and teachers.

Referrals are made through the Ministry of Justice, Social Services and court referrals. There is no cost associated or a waitlist.

Saskatoon Indian and Métis Friendship Centre

168 Wall Street
Saskatoon, SK S7K 1N4
Phone: (306) 244-0174

Offers: Family Violence Program

- The Family Violence Program provides an all-inclusive approach to eliminating the hurtful effects of family violence. The Family Violence Program offers services that are sensitive to the culture, in a holistic way, including the physical, mental spiritual and emotional aspects of human beings.

Offers: Referrals

- Advocacy
- Home/Hospital visits
- Supportive Listening
- Men's Group
- Community Networking Luncheons

Offers: Workshops

- Cycle of Violence/Breaking the Cycle
- Leaving an Abusive Relationship
- Effects of Violence on Children
- Suicide
- Child Abuse
- Self-Esteem
- Anger
- Grieving
- Drugs/Alcohol
- Holistic Perspective to Healing
- Native Adult Children of Alcoholics

Offers: Family Workers Program

- Provide services to anyone who is in need of support. They address poverty, alcoholism, drug abuse, spousal/child abuse and cross cultural issues. They provide help and encouragement to individuals and families.

Offers: Counselling

- Individual (one on one) counselling as well as family counselling is provided.

Offers: Advocacy

Offers: Referrals

- If services are not available at the Centre, they can direct clients to the appropriate agency to meet their needs.
- They accept referrals from other social agencies within or outside of the city.

Offers: Workshops

- Parenting
- Cross-cultural awareness
- Money management

Offers: Education and Training

- Jigging Workshop
- Advanced Jigging workshop
- Elders Stories
- Cultural Workshop

All services and programs are free. They accept a variety of referrals including court referrals.

Saskatoon Family Counselling Centre

603 - 3rd Avenue North
Saskatoon, SK S7K 2J8
Phone: (307) 652-3121
Fax: (306) 652-2709

Offers: Counselling Services

- Individuals, couples and families.
- Provide counselling related to: work/career, family problems, couples, separation, divorce, parenting, substance abuse, stress, anger, anxiety, depression and grief.
- Provide mediation and workshops. Several counsellors work particularly well with children, teenagers and their parents and one staff counsellor specializes in men's issues.

Appointment times are available within 1-2 weeks and immediately for emergencies.

Saskatoon Food Bank and Learning Centre

202 Avenue C North
Saskatoon, SK S7L 0A2
Phone: (306) 664-6565

Offers: No Fee Counselling

The individual can call or drop-in. They accept self-referrals. There is no cost associated. Offered on Monday, Tuesday, Thursday and Friday.

Saskatoon Sexual Assault and Information Centre

201-506 25th Street East
Saskatoon, SK S7K 4A7

Phone: (306) 244-2294

Crisis Line: (306) 244-2224 (24 hours)

Offers: Counselling Services

- Crisis and short-term sexual assault counselling to anyone and their support persons.
- Provide information, referrals and support to those dealing directly or indirectly with issues of sexual assault, child sexual abuse, and adult survivors of childhood sexual abuse, sexual harassment and domestic violence.
- Provide accompaniment to police station and hospitals, support making police reports, assistance and preparation for court, advocacy within the legal system and with other service agencies, and information regarding the legal process.

There is no cost associated.

Saskatoon Tribal Council

STC Health & Family Services

200 - 335 Packham Avenue

Saskatoon, SK S7N 4S1

Phone: (306) 956-6100

Fax (306) 956-3268

Offers: Indian Residential Schools Survivor Support Workers Program

- The survivor support program facilitates the development of a support system to empower the claimants to become prepared to appear at their court hearings. Included in the program will be seminars and services which meet the members' individual needs. The goal is primarily to provide effective holistic strength to the survivors prior to, during and after the ADR and litigation processes.
- Professional Supports with Professional Counsellors will assist individuals to find new ways of healing from Indian Residential School experiences.
- Emotional Support with a Support Worker will guide former students through all phases of the settlement agreement process.
- Cultural Support with supports including dialogue, ceremonies, prayers, or traditional healing may be provided.

Offers: Living Well Program

Programming for children, Youth and adult with wellness issues such as: family conflict, school difficulties, emotional issues, bullying, addictions, relationship issues and grief & loss issues.

- Individual and group counselling
- Critical incident debriefings
- Suicide intervention & follow up
- Workshops
- Presentation on wellness
- Facilitation of support groups
- Consultation and referrals

Offers: Counselling

The individual can walk-in to access services. They will make appointments as necessary. They will accept self-referrals and court referrals. There is no cost associated.

Student Counselling Services

University of Saskatchewan

91 Campus Drive

Saskatoon, SK S7N 5E8

Phone: (306) 966-4920

Website: www.students.usask.ca

Offers: Counselling

- Personal or group counselling
- Assessment
- Self-help tools
- Mental health education
- Referrals

Student Counselling Services offers a wide range of confidential mental health services to registered students. The majority of their services are available to students, faculty and staff at no charge.

SWITCH

Westside Community Clinic

1528 - 20th Street West

Saskatoon, SK S7M 0Z6

Phone: (306) 956-2518

Hours: Mondays and Wednesdays evenings from 5:30 pm - 8:00 pm and Saturday 12:30 pm - 3:00 pm.

Offers: Walk-in, inter-professional, holistic care with mentors and students from:

- Social Work & Counselling
- Pharmacy
- Chiropractic & Acupuncture
- Reiki, Iridology, Reflexology, & Herbology
- Naturopathic Medicine
- Pediatrics
- Gynecology
- Speech Language Pathology
- Nursing
- Physical Therapy
- Occupational Therapy
- Dietician

Offers: Traditional Elder and Healer

Offers: Referrals and Resources

Offers: Needle Exchange

There is no cost associated with their services. The appointments are walk-in. For more in depth needs, they will make a referral. They have an Elder available on every shift.

Westside Clinic

Saskatoon Community Clinic

631 - 20th Street West

Saskatoon, SK S7M 0X8

Phone: (306) 664-4310

Fax: (306) 934-2506

Website: www.saskatooncommunityclinic.ca

Offers: Counselling Services

- Group programs
- Counselling services

Their services are free. They require a doctor's referral.

SWIFT CURRENT

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Community Health Services

350 Cheadle Street West

Swift Current, SK S9H 4G3

Phone: (306) 778-5280

Fax: (306) 778-5408

Offers: Outpatient Mental Health Services

- | | |
|---|---|
| <ul style="list-style-type: none"> • Individual, couple, family, and group counselling • Psychiatric assessments and treatment • Rural clinics | <ul style="list-style-type: none"> • Public education • Consultation • Critical incident stress management |
|---|---|

Offers: Outpatient Addictions Services

Offers support and counselling to adults (18 years and older) and Youth (17 years and younger) for addictions to alcohol, drugs, and gambling

- Screening and assessment for users, abusers and addicts and affected family and friends
- Couples and parents programming
- Information sessions
- Recovery planning
- Counselling individuals and their families
- Relapse education
- Community Education and Development

- Consultation
- Safe Driving Program
- Rural clinics

Hours are Monday to Friday 8:00 am – 5:00 pm. Referrals can be made to any Community Health services by individuals, physicians, educators, lawyers, and other health professionals. There is no cost associated. The waitlist varies.

SGI Impaired Driving Program

Toll Free: 1-844-855-2744

Offers: Driving Without Impairment Program

- Educate the individual about the serious problems related to drinking and driving
- Help the individual distinguish and separate the acts of drinking and driving

The course includes videos, group discussions, and presentations. The DWI course is a 16-hour course that runs Friday evening and all day Saturday and Sunday. It's held in an informal, friendly atmosphere, conducive to group interaction in 20 locations across the province with a \$150 fee. The \$150 fee can be payable to any motor licence issuer. The individual's DWI receipt will include the name and telephone number of a DWI coordinator that the individual must contact for enrolment.

Offers: Alcohol and Drug Education Program

A second licence suspension due to alcohol/drug-related driving offences and driving related Criminal Code convictions or roadside suspensions may require the individual to complete the ADE program.

- Educate the individual and provide activities to examine the individual's alcohol and drug use and the associated consequences, including the effects on the individual's family
- Help the individual learn about the effects of alcohol, other drugs and the signs/symptoms of addiction
- Provide information about chemical dependency progression and recovery
- Help the individual recognize the need to separate the acts of drinking, drug use and driving

The ADE course is a 28-hour course that runs 2 weekends in a row. The 1st weekend is Friday, Saturday and Sunday, and the next weekend is Saturday and Sunday. It's instructed by addiction counsellors and held in an informal, friendly atmosphere, conducive to group interaction in 3 locations across the province with a \$450 fee. The \$450 fee can be payable to any motor licence issuer. The individual's ADE receipt will include the name and telephone number of the ADE coordinator that the individual must contact to register for the course.

Offers: Addiction Assessment

If the individual's driver's licence is suspended due to a 3rd offence for a Criminal Code conviction or a roadside administrative licence suspension, addiction assessment is mandatory. Choosing to drive after drinking may be a sign of an alcohol abuse or an addiction problem. If the individual's driver's licence is suspended due to Criminal Code

convictions, or roadside suspensions an addiction assessment may be mandatory. As a suspended driver, the individual cannot simply wait until the individual's suspension term is over to get the individual's licence back. If the individual does not complete addiction assessment, the individual's driver's licence will remain suspended indefinitely. The assessment is conducted by a qualified alcohol and drug services counsellor who will work with the individual to develop an individualized plan or program that the individual must complete in order to be eligible for an ignition interlock device, special restricted driver's licence or a full driver's licence.

SGL will advise the individual by mail who to contact to arrange an appointment. Or the individual can call SGL to confirm what courses the individual needs to take and where. The cost is \$150.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Swift Current Community Justice Forum

Salvation Army Food Bank
P.O. Box 2061
780 First Avenue North West
Swift Current, SK S9H 4M7
Phone: (306) 778-0886

Offers: Adult Mediation-Diversion Program

They accept referrals from the Crown, court and possible self-referral based on offence. They do not accept family files. There is no cost associated and no waitlist.

Swift Current Probation

350 Cheadle Street West
Swift Current, SK S9H 4G3
Phone: (306) 778-8244
Fax: (306) 778-8413
Website: www.justice.gov.sk.ca/CP

Offers: Alternatives to Violence Program/Domestic Violence Program

Community Corrections deals with clients with a range from first time offenders to offenders with extensive criminal pasts. Currently there are several programs offered, ranging from five weeks to over one year in duration. These programs are facilitated by Mental Health Services, Probation Officers or together on a co-facilitation basis.

This is typically offered twice a year, in the spring and in the fall.

Offers: Sexual Offender Programs

Throughout the province, there are various levels of education, treatment, and maintenance programs delivered in conjunction with Mental Health Services. In areas where Mental Health is not actively participating, Community Operations has worked independently to provide some level of service to these clients. Often in these cases, private counsellors in the community enhance programming.

They have workers trained to facilitate such programming when there is a demand. Anger Management programming may be offered in the future.

COUNSELLING & PROGRAMMING

Aspire Too

Unit 4, 600 Chaplain Street East
Elmwood Business Center
Swift Current, SK S9H 1J3
Phone: (306) 232-2042

Offers: Counselling

This is a for-profit service; however, their fees may be subsidized.

WARMAN

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Community Mental Health Nurse

Saskatoon Rural
Intake: (306) 655-7777

Offers: Community Mental Health Nurse

Each area has its own nurse. They require a Saskatchewan health card and a referral from a general practitioner. There is no cost associated.

WEYBURN

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Emergency Psychiatry Services:

24 hours, 7 days per week
Phone: (306) 842-8665

Community Health Services Building

P.O. Box 2003
900 Saskatchewan Drive
Weyburn, SK S4H 2Z9
Phone: (306) 842-8665
Toll Free: 1 800 216-7689
Intake: (306) 862-8693

Offers: Outpatient Addiction Services

Offers: Outpatient Mental Health Services

Offers: Alternatives to Violence Programming

- Men and women who are perpetrators of intimate partner violence. Clients must be 18 years of age or over. They accept both voluntary and court-mandated clients. Referrals usually come from adult Probation Services, Social Services and Envision. The first appointment takes 2-3 months and is only scheduled every 6 weeks.

They accept self-referrals through the intake line. The waitlist is determined by need and can vary from same-day service to later on. There is no cost with a Saskatchewan health card.

SGI Impaired Driving Program

Toll Free: 1-844-855-2744

Offers: Driving Without Impairment Program

- Educate the individual about the serious problems related to drinking and driving
- Help the individual distinguish and separate the acts of drinking and driving

The course includes videos, group discussions, and presentations. The DWI course is a 16-hour course that runs Friday evening and all day Saturday and Sunday. It's held in an informal, friendly atmosphere, conducive to group interaction in 20 locations across the province with a \$150 fee. The \$150 fee can be payable to any motor licence issuer. The individual's DWI receipt will include the name and telephone number of a DWI coordinator that the individual must contact for enrolment.

Offers: Alcohol and Drug Education Program

A second licence suspension due to alcohol/drug-related driving offences and driving related Criminal Code convictions or roadside suspensions may require the individual to complete the ADE program.

- Educate the individual and provide activities to examine the individual's alcohol and drug use and the associated consequences, including the effects on the individual's family
- Help the individual learn about the effects of alcohol, other drugs and the signs/symptoms of addiction
- Provide information about chemical dependency progression and recovery
- Help the individual recognize the need to separate the acts of drinking, drug use and driving

The ADE course is a 28-hour course that runs 2 weekends in a row. The 1st weekend is Friday, Saturday and Sunday, and the next weekend is Saturday and Sunday. It's instructed by addiction counsellors and held in an informal, friendly atmosphere, conducive to group interaction in 3 locations across the province with a \$450 fee. The \$450 fee can be payable to any motor licence issuer. The individual's ADE receipt will include the name and telephone number of the ADE coordinator that the individual must contact to register for the course.

Offers: Addiction Assessment

If the individual's driver's licence is suspended due to a 3rd offence for a Criminal Code conviction or a roadside administrative licence suspension, addiction assessment is mandatory. Choosing to drive after drinking may be a sign of an alcohol abuse or an addiction problem. If the individual's driver's licence is suspended due to Criminal Code convictions, or roadside suspensions an addiction assessment may be mandatory. As a suspended driver, the individual cannot simply wait until the individual's suspension term is over to get the individual's licence back. If the individual does not complete addiction assessment, the individual's driver's licence will remain suspended indefinitely. The assessment is conducted by a qualified alcohol and drug services counsellor who will work with the individual to develop an individualized plan or program that the individual must complete in order to be eligible for an ignition interlock device, special restricted driver's licence or a full driver's licence.

SGL will advise the individual by mail who to contact to arrange an appointment. Or the individual can call SGL to confirm what courses the individual needs to take and where. The cost is \$150.

COUNSELLING & PROGRAMMING**Envision Counselling & Support Centre**

120 3rd Street South
Weyburn, SK S4H 2L3
Phone: (306) 637-4004

Offers: Counselling

- Family
- Adult
- Teen
- Children

The counselling process begins with an initial intake interview. The number of sessions clients attend depends on the nature of the problem, the clients' reception to change, type of therapy, and many other variables. There are no fees for the counselling services, as they are a community-based organization funded by the Ministry of Justice, Ministry of Social Services, United Way, and private donations. No referral is necessary for retaining counselling services at Envision Counselling and Support Centre. Referrals for counselling may be given by lawyers, educators, courts, and/or healthcare professionals. Individuals may self-refer by calling the office in Estevan, Weyburn, or Carlyle during office hours. However, they cannot accept mandated clients as a result of their screening process in separation cases surrounding family violence.

Offers: Workshops

- Boundaries Workshops
- Assertiveness Workshops

Workshops are free of charge. Participants must be over the age of 18.

Offers: Groups

- Healthy Relationships Group
- Healthy Expression of Feeling Group
- Empowerment Group
- Self-Esteem Group
- Adult Survivors of Childhood Abuse Group
- Children Exposed to Violence Group

YORKTON

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Addiction Services

270 Bradbrooke Drive

Yorkton, SK S3N 2K6

Phone: (306) 786-0558 or 1-888-989-8444

Offers: Outpatient Addiction Services

Offers: Outpatient Mental Health Services

Offers: Crisis Assessment Team

They accept referrals from doctor's, caregivers, courts, etc. Waitlist for accessing services is dependent upon needs at the time of intake. There is no cost associated with a Saskatchewan health card.

SGI Impaired Driving Program

Toll Free: 1-844-855-2744

Offers: Driving Without Impairment Program

- Educate the individual about the serious problems related to drinking and driving
- Help the individual distinguish and separate the acts of drinking and driving

The course includes videos, group discussions, and presentations. The DWI course is a 16-hour course that runs Friday evening and all day Saturday and Sunday. It's held in an informal, friendly atmosphere, conducive to group interaction in 20 locations across the province with a \$150 fee. The \$150 fee can be payable to any motor licence issuer. The individual's DWI receipt will include the name and telephone number of a DWI coordinator that the individual must contact for enrolment.

Offers: Alcohol and Drug Education Program

A second licence suspension due to alcohol/drug-related driving offences and driving related Criminal Code convictions or roadside suspensions may require the individual to complete the ADE program.

- Educate the individual and provide activities to examine the individual's alcohol and drug use and the associated consequences, including the effects on the individual's family

- Help the individual learn about the effects of alcohol, other drugs and the signs/symptoms of addiction
- Provide information about chemical dependency progression and recovery
- Help the individual recognize the need to separate the acts of drinking, drug use and driving

The ADE course is a 28-hour course that runs 2 weekends in a row. The 1st weekend is Friday, Saturday and Sunday, and the next weekend is Saturday and Sunday. It's instructed by addiction counsellors and held in an informal, friendly atmosphere, conducive to group interaction in 3 locations across the province with a \$450 fee. The \$450 fee can be payable to any motor licence issuer. The individual's ADE receipt will include the name and telephone number of the ADE coordinator that the individual must contact to register for the course.

Offers: Addiction Assessment

If the individual's driver's licence is suspended due to a 3rd offence for a Criminal Code conviction or a roadside administrative licence suspension, addiction assessment is mandatory. Choosing to drive after drinking may be a sign of an alcohol abuse or an addiction problem. If the individual's driver's licence is suspended due to Criminal Code convictions, or roadside suspensions an addiction assessment may be mandatory. As a suspended driver, the individual cannot simply wait until the individual's suspension term is over to get the individual's licence back. If the individual does not complete addiction assessment, the individual's driver's licence will remain suspended indefinitely. The assessment is conducted by a qualified alcohol and drug services counsellor who will work with the individual to develop an individualized plan or program that the individual must complete in order to be eligible for an ignition interlock device, special restricted driver's licence or a full driver's licence.

SGL will advise the individual by mail who to contact to arrange an appointment. Or the individual can call SGL to confirm what courses the individual needs to take and where. The cost is \$150.

Yorkton Friendship Centre

139 Dominion Avenue
Yorkton, SK S3N 1S3
Phone: (306) 782-2822

Offers: Fine Option Program

- The Fine Option Program is an alternative to monetary payment of fine enabling offenders to work at minimum wage rate for non-profit organizations.

This service is available to anyone in need. The individual drops-in. There is no waitlist. They accept court referrals.

Yorkton Tribal Council

21 Bradbrooke Drive North
Yorkton, SK S3N 3R1
Phone: (306) 782-3644

Fax: (306) 786-6264

Website: <http://fpyktri.sasktelwebhosting.com/>

Yorkton Tribal Council Community Justice Program and Alternative Measures Program

Offers: Alternative Measures for Youths and Adults

- Crime Prevention
- Healing and Sentencing Circles
- Community-Based Victims and Correctional Services

COUNSELLING & PROGRAMMING

Yorkton Friendship Centre

139 Dominion Avenue

Yorkton, SK S3N 1S3

Phone: (306) 782-2822

Offers: Family Worker

- This program is designated to provide family counseling, money management and budgeting workshops, effective parenting workshops, family crisis services, trusteeship and referrals.

COMMUNITIES

ABERDEEN

ADDICTIONS & MENTAL HEALTH SERVICES

Community Mental Health Nurse

Saskatoon Rural
Intake: (306) 655-7777

Offers: Community Mental Health Nurse

Each area has its own nurse. They require a Saskatchewan health card and a referral from a general practitioner.

Mental Health and Addiction Services

Rural - Rosthern
Intake: (306) 232-6001

Offers: Outpatient Mental Health Services

Offers: Outpatient Addiction Services

There is a waitlist for counselling but it varies by community month-to-month. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of refers including court referrals. They ask that they will be briefed about why the individual needs services to set goals. There is no fee associated.

ABERNETHY

ADDICTIONS & MENTAL HEALTH SERVICES

Federation of Saskatchewan First Nations

Approved Mental Health Therapists
See Appendix A.1

AHTAHKAKOOP FIRST NATION

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Ahtahkakoop First Nation

P.O. Box 220
Shell Lake, SK S0J 2G0
Phone: (306) 468-2326
Fax: (306) 468-2344

Offers: Ahtahkakoop First Nation Community Justice Program

- The Program also provides alternative measures for Youths and adults through such activities as family group conferencing, mediation, community justice

forums, healing and sentencing circles, and community-based support programs for offenders.

Offers: Alternative Measures Program

Offers: Aboriginal Courtworker Program

Offers: Cultural Camps/Community Integration Program

Offers: First Nations Youth Restorative and Healing Project

ALLAN

ADDICTIONS & MENTAL HEALTH SERVICES

Mental Health and Addiction Services

Rural-Lanigan

Intake: (306) 365-3400

Offers: Outpatient Mental Health Services

Offers: Outpatient Addiction Services

There is a waitlist for counselling but it varies by community month-to-month. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of refers including court referrals. They ask that they will be briefed about why the individual needs services to set goals. There is no fee associated.

ALVENA

ADDICTIONS & MENTAL HEALTH SERVICES

Mental Health and Addiction Services

Rural - Rosthern

Intake: (306) 232-6001

Offers: Outpatient Mental Health Services

Offers: Outpatient Addiction Services

There is a waitlist for counselling but it varies by community month-to-month. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of refers including court referrals. They ask that they will be briefed about why the individual needs services to set goals. There is no fee associated.

ANNAHEIM

ADDICTIONS & MENTAL HEALTH SERVICES

Mental Health and Addiction Services

Rural-Humboldt

Intake: (306) 682-5333

Offers: Outpatient Mental Health Services

Offers: Outpatient Addiction Services

There is a waitlist for counselling but it varies by community month-to-month. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of refers including court referrals. They ask that they will be briefed about why the individual needs services to set goals. There is no fee associated.

ARCHERWILL

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Métis Family & Community Justice Services of Saskatchewan Inc.

1937 Ontario Avenue

Saskatoon, SK S7K 1T5

Phone: (306) 964-1440 or 1-866-622-2220

E-mail: mfcjs.general@gmail.com

Offers: Community Justice Program

- Diversion/alternative measures hearings
- Mediations, family/group conferences
- Healing and sentencing circles; and the recording of minutes for such processes

They accept referrals from the courthouse. For diversion they require the individual to submit a 2-page essay about who they are. And they may ask them to complete community service or make a donation. For mediation, the requirements come from an agreement between the offender and the victim.

ARCOLA

ADDICTIONS & MENTAL HEALTH SERVICES

Arcola Mental Health

Arcola Health Centre

P.O. Box 419

Arcola, SK S0C 0G0

Phone: (306) 455-2159

Intake: (306) 842-8665

Offers: Outpatient Mental Health Services

Offers: Outpatient Addiction Services

Offers: Domestic Violence Program

Offers: Sex Offender Program

Offers: Inpatient Mental Health Services

Offers: Consultation Services to other professionals

Offers: Counselling Services

For new referrals within the health region, please contact the Intake Office at (306) 842-8665 or toll free (800) 216-7689. There is no cost with a Saskatchewan health card. The waitlist varies.

ASQUITH

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Community Mental Health Nurse

Saskatoon Rural

Intake: (306) 655-7777

Offers: Community Mental Health Nurse

Each area has its own nurse. They require a Saskatchewan health card and a referral from a general practitioner.

ASSINIBOIA

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Assiniboia Union Hospital

P.O. Box 1120

501 – 6th Avenue East

Assiniboia, SK S0H 0B0

Phone: (306) 691-6464

Addictions: (306) 691-6464

Fax: (306) 642-9459

Offers: Outpatient Addiction Services

Offers: Outpatient Mental Health Services as a Satellite Clinic

The individual must contact Mental Health and Addiction Services at (306) 694-6464 to access services. There is no cost associated with a Saskatchewan health card. Waitlist varied dependent on need assessed during intake.

SGI Impaired Driving Program

Toll Free: 1-844-855-2744

Offers: Driving Without Impairment Program

- Educate the individual about the serious problems related to drinking and driving
- Help the individual distinguish and separate the acts of drinking and driving

The course includes videos, group discussions, and presentations. The DWI course is a 16-hour course that runs Friday evening and all day Saturday and Sunday. It's held in an informal, friendly atmosphere, conducive to group interaction in 20 locations across the province with a \$150 fee. The \$150 fee can be payable to any motor licence issuer. The individual's DWI receipt will include the name and telephone number of a DWI coordinator that the individual must contact for enrolment.

Offers: Alcohol and Drug Education Program

A second licence suspension due to alcohol/drug-related driving offences and driving related Criminal Code convictions or roadside suspensions may require the individual to complete the ADE program.

- Educate the individual and provide activities to examine the individual's alcohol and drug use and the associated consequences, including the effects on the individual's family
- Help the individual learn about the effects of alcohol, other drugs and the signs/symptoms of addiction
- Provide information about chemical dependency progression and recovery
- Help the individual recognize the need to separate the acts of drinking, drug use and driving

The ADE course is a 28-hour course that runs 2 weekends in a row. The 1st weekend is Friday, Saturday and Sunday, and the next weekend is Saturday and Sunday. It's instructed by addiction counsellors and held in an informal, friendly atmosphere, conducive to group interaction in 3 locations across the province with a \$450 fee. The \$450 fee can be payable to any motor licence issuer. The individual's ADE receipt will include the name and telephone number of the ADE coordinator that the individual must contact to register for the course.

Offers: Addiction Assessment

If the individual's driver's licence is suspended due to a 3rd offence for a Criminal Code conviction or a roadside administrative licence suspension, addiction assessment is mandatory. Choosing to drive after drinking may be a sign of an alcohol abuse or an addiction problem. If the individual's driver's licence is suspended due to Criminal Code convictions, or roadside suspensions an addiction assessment may be mandatory. As a suspended driver, the individual cannot simply wait until the individual's suspension term is over to get the individual's licence back. If the individual does not complete addiction assessment, the individual's driver's licence will remain suspended indefinitely. The assessment is conducted by a qualified alcohol and drug services counsellor who will work with the individual to develop an individualized plan or program that the individual must complete in order to be eligible for an ignition interlock device, special restricted driver's licence or a full driver's licence.

SGL will advise the individual by mail who to contact to arrange an appointment. Or the individual can call SGL to confirm what courses the individual needs to take and where. The cost is \$150.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Wood Mountain First Nation

P.O. Box 1792
Assiniboia, SK S0H 0B0
Phone: (306) 266-2039
Fax: (306) 266-2024

Offers: File Hills Qu'Appelle Tribal Council Community Justice Initiative

- Crime Prevention
- Early Intervention
- Healing, Talking and Sentencing Circles
- Mediation and Dispute Resolution
- Alternative Measures Programs for Adults and Youths
- Victims' Services
- Community-Based Correctional Services that focus on Offender Rehabilitation and Reintegration and on Healing of Victims and Offenders.

Offers Aboriginal Court Worker Program

Offers: Probation Services

Offers: Youth Justice Programs

BALCARRES

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Okanese First Nation

Okanese Band Office
Highway 310
Balcarres SK S0G 0C0
Phone: (306) 334-2532
Fax: (306) 334-2545

Offers: File Hills Qu'Appelle Tribal Council Community Justice Initiative

- Crime Prevention
- Early Intervention
- Healing, Talking and Sentencing Circles
- Mediation and Dispute Resolution
- Alternative Measures Programs for Adults and Youths
- Victims' Services
- Community-Based Correctional Services that focus on Offender Rehabilitation and Reintegration and on Healing of Victims and Offenders.

Offers Aboriginal Court Worker Program

Offers: Probation Services

Offers: Youth Justice Programs

Peepeekisis First Nation

P.O. Box 518
 Township 22 Road
 Balcarres, SK S0G 0C0
 Phone: (306) 334-2573
 Fax: (306) 334-2280

Offers: File Hills Qu'Appelle Tribal Council Community Justice Initiative

- Crime Prevention
- Early Intervention
- Healing, Talking and Sentencing Circles
- Mediation and Dispute Resolution
- Alternative Measures Programs for Adults and Youths
- Victims' Services
- Community-Based Correctional Services that focus on Offender Rehabilitation and Reintegration and on Healing of Victims and Offenders.

Offers Aboriginal Court Worker ProgramOffers: Probation ServicesOffers: Youth Justice Programs**Star Blanket First Nation**

P.O. Box 456
 Balcarres, SK S0G 0C0
 Phone: (306) 334-2206
 Fax: (306) 334- 2606

Offers: File Hills Qu'Appelle Tribal Council Community Justice Initiative

- Crime Prevention
- Early Intervention
- Healing, Talking and Sentencing Circles
- Mediation and Dispute Resolution
- Alternative Measures Programs for Adults and Youths
- Victims' Services
- Community-Based Correctional Services that focus on Offender Rehabilitation and Reintegration and on Healing of Victims and Offenders.

Offers Aboriginal Court Worker ProgramOffers: Probation ServicesOffers: Youth Justice Programs**BALGONIE****ADDICTIONS & MENTAL HEALTH SERVICES****Alcoholics Anonymous**

See Appendix A.3

BATTLEFORD

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

BEECHY

ADDICTIONS & MENTAL HEALTH SERVICES

Beechy Health Centre

P.O. Box 68
226 - 1st Avenue North
Beechy, SK S0L 0C0
Phone: (306) 859-2118

Offers: Outpatient Addiction Services by visiting specialists

Services are accessed through the Centralized intake system by calling the toll-free number 1-866-268-9139. There is no cost associated with a Saskatchewan health card. Waitlist varies.

BEARDY AND OKEMASIS

ADDICTIONS & MENTAL HEALTH SERVICES

Mental Health and Addiction Services

Rural – Rosthern
Intake: (306) 232-6001

Offers: Outpatient Mental Health Services

Offers: Outpatient Addiction Services

There is a waitlist for counselling but it varies by community month-to-month. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of referrals including court referrals. They ask that they will be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Beardy's & Okemasis First Nation Justice Program

P.O. Box 340
Duck Lake, SK S0K 1J0
Phone: (306) 467-4523
Fax: (306) 467-4404
Website: <http://www.sicc.sk.ca/bands/bbeard.html>

Offers: Alternative Measures

The Program focuses on alternative measures for Youths and adults, family group conferencing, and sentencing and releasing circles. The Program's objective is to provide effective, integrated, holistic community justice services that promote, strengthen and empower this community by supporting the cultural and spiritual needs of Aboriginal people.

Métis Family & Community Justice Services of Saskatchewan Inc. – Beardy's First Nations

1937 Ontario Ave

Saskatoon, SK S7K 1T5

Phone: (306) 964-1440 or 1-866-622-2220

E-mail: mfcjs.general@gmail.com

Offers: Aboriginal Courtworker Program**BEAVAL****ADDICTIONS & MENTAL HEALTH SERVICES****Alcoholics Anonymous**

See Appendix A.3

Beauval Health Centre

P.O. Box 68

Beauval, SK S0M 0G0

Phone: (306) 288-4800

Fax: (306) 288-2225

Second Phone: (866) 848-8022

Website: www.kyrha.ca

Hours: Monday to Friday 8:00 am - 5:00 pm. Closed at noon, weekends and holidays.

Offers: Outpatient Addiction ServicesOffers: Outpatient Mental Health/Holistic Health Services

To access services, contact the intake line at (306) 288-4800 or toll free at 1-866-848-8022. There is no cost with a Saskatchewan health card. Waitlist varies. They accept a variety of referrals, including self-referral and court referrals.

BIGGAR**ADDICTIONS & MENTAL HEALTH SERVICES****Alcoholics Anonymous**

See Appendix A.3

Biggar Hospital

P.O. Box 130

501 - 1st Avenue West

Biggar, SK S0K 0M0

Phone: 1-866-268-9139
 Fax: (306) 948-3881
 Centralized Intake: 1-866-268-9139

Offers: Outpatient Mental Health Services

Offers: Outpatient Addiction Services

- Addictions Counsellor
- Individual, family and group outpatient counselling and education.
- 180 Alcohol and Drug Diversion Program for Youth who are ticketed by the RCMP for minor consumption/possession of alcohol and/or possession of small amounts of controlled substances in lieu of paying the fine
- Ongoing assessment & treatment planning
- Referral to in-patient facilities

Services are accessed through the Centralized intake system by calling the toll-free number 1-866-268-9139. There is no cost associated with a Saskatchewan health card. Waitlist varies.

BIG ISLAND LAKE

ADDICTIONS & MENTAL HEALTH SERVICES

Island Lake First Nation Health Clinic

P.O. Box 240
 Big Island Lake First Nation, SK S0M 3G0
 Phone: (306) 837-2265
 Fax: (306) 837-4480
 Website: www.mlhc.ca

Offers: Mental Health/Holistic Health Services

Hours are Monday to Friday 8:30 am - 4:30 pm; closed at noon, weekends and holidays. To access services individuals in the Prairie North Health Region can contact the Healthline by dialing 811. There is no cost associated with a Saskatchewan health card. Waitlist varies.

BIG RIVER

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Big River Health Centre

P.O. Box 100
 220 - 1st Avenue North
 Big River, SK S0J 0E0
 Phone: (306) 469-2220
 Fax: (306) 469-2193

Website: www.bigriver.ca/healthcare.html

Offers: Outpatient Addiction Services

Offers: Mental Health/Holistic Health Services

Hours are Monday to Friday 9:00 am - 5:00 pm; closed on weekends and holidays. To access services, contact the regional intake line at (306) 765-6550 or toll free at 1-855-765-6550. There is no cost associated with a Saskatchewan health card. Waitlist varies.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Big River Community Justice Diversion Program

Big River First Nation

P.O. Box 519

Debden, SK S0J 0S0

Phone: (306) 724-4700

Aboriginal Courtworker: (306) 724-4499

Fax: (306) 724-2161

Offers: Aboriginal Courtworker Program

Offers: Cree Court

BIRCH HILLS

ADDICTIONS & MENTAL HEALTH SERVICES

Birch Hills Health Facility

3 Wilson Street

Birch Hills, SK S0J 0G0

Phone: (306) 749-3302

Fax: (306) 749-2440

Website: www.paphr.Sk.ca

Offers: Outpatient Addictions Services

Offers: Outpatient Mental Health Services

By appointment only, Monday to Friday 9:00 am - 4:30 pm. To access services, contact the regional intake line at (306) 765-6550 or toll free at 1-855-765-6550. There is no cost associated with a Saskatchewan health card. Waitlist varies.

BLACK LAKE

ADDICTIONS & MENTAL HEALTH SERVICES

Athabasca Health Facility

224 Chicken Indian First Nation

P.O. Box 124

Black Lake, SK S0J 0H0

Phone: (306) 439-2200

Fax: (306) 439-2211
 Second Phone: (306) 284-2020
 Youth Addiction Services Phone: (306) 439-2649
 Youth Addiction Services Fax: (306) 439-2079
 Website: www.athabascahealth.ca

Offers: Addiction Services
Offers: Community Health Developer/Rep
Offers: Mental Health/Holistic Health Services
Offers: Youth Addiction Services
Offers: Outpatient Addiction Services

Hours are Monday to Friday 9:00 am - 5:30 pm; closed at noon, weekends and holidays. For clients of all ages. Both men and women accepted. Programs available include: concurrent disorders, residential schools, child counselling, and couples counselling. They accept clients with physical disabilities, pregnant women, court referral or Corrections clients, clients on Methadone, clients on Suboxone, and clients taking other psychoactive medications.

Black Lake Health Centre

P.O. Box 162
 1 Boneleye Street
 Black Lake, SK S0J 0H0
 Phone: (306) 284-2020
 Fax: (306) 284-2036

Offers: Outpatient Addiction Services
Offers: Outpatient Mental Health Services

The individual calls the main line to access services. There is no cost associated with a Saskatchewan health card. The waitlist varies.

Black Lake Denesuline Health Centre/Nursing Station

P.O. Box 135
 1 Boneleye Street
 Black Lake, SK S0J 0H0
 Phone: (306) 284-2020
 Fax: (306) 284-2090
 Website: www.pagc.sk.ca

Offers: Addiction Services
Offers: Community Health Developer/Rep
Offers: Mental Health/Holistic Health Services

Hour are Monday to Friday 8:30 am - 5:00 pm; closed at noon, weekends and holidays. The individual must call the main line to access services. There is no cost associated with a Saskatchewan health card. The waitlist varies.

Federation of Saskatchewan First Nations

Approved Mental Health Therapists
See Appendix A.1

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS**Black Lake Denesuline Nation**

P.O. Box 27
Black Lake, SK S0J 0H0
Phone: (306) 284-2044
Fax: (306) 284-2101

Prince Albert Grand Council Community Justice Program

Offers: Aboriginal Courtworker Program

Offers: Alternative Measures

- The Program receives Pre and Post-charge referrals from RCMP, schools and in some instances from the presiding Judge.
- Provide conflict resolution opportunities

Offers: Rural Alternative Measures Program

- Victim/Offender Mediation
- Family Group Conferencing
- School Mediation
- Community Justice Forums
- Accountability Hearings

BLAINE LAKE**ADDICTIONS & MENTAL HEALTH SERVICES****Alcoholics Anonymous**

See Appendix A.3

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS**Métis Family & Community Justice Services of Saskatchewan Inc.**

1937 Ontario Ave
Saskatoon, SK S7K 1T5
Phone: (306) 964-1440 or 1-866-622-2220
E-mail: mfcjs.general@gmail.com

Offers: Aboriginal Courtworker Program

BORDEN**ADDICTIONS & MENTAL HEALTH SERVICES****Borden Primary Health Centre**

P.O. Box 90
308 Sheppard Street

Borden, SK S0K 0N0
 Phone: (306) 997-2110
 Fax: (306) 997-2114

Offers: Mental Health/Holistic Health Services

Hours: Monday to Friday 8:30 am - 4:30 pm. To access services, contact intake at: (306) 655-7777. There is no cost associated with a Saskatchewan health card. Waitlist varies.

Community Mental Health Nurse

Saskatoon Rural
 Intake: (306) 655-7777

Offers: Community Mental Health Nurse

Each area has its own nurse. They require a Saskatchewan health card and a referral from a general practitioner. The individual can specify which community they would like to access services in.

BROADVIEW

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Broadview Hospital

P.O. Box 100
 901 Nina Street
 Broadview, SK S0G 0K0
 Phone: (306) 696-2441
 Fax: (306) 696-2611

Offers: Outpatient Mental Health Services

Offers: Outpatient Addiction Services

To access services, contact the intake line at (306) 766-6600. There is no cost associated with a Saskatchewan health card. The waitlist varies.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Ochapowace Health Services

Broadview, SK S06 0K0
 Phone: (306) 696-3557
 Fax: (306) 696-3446

Offers: Mental Health Services

Offers: Community Addiction services

Offers: N.N.A.D.A.P

Offers: S.E.T.4 Gambling Addictions

Offers: Alternative Measures

- The Program operates diversion programs for Youths and adults in the criminal justice system.
- The active participation and guidance of Elders is essential to all phases of the diversion process.
- The Program also provides awareness, education and training to its member First Nations on criminal justice processes and community justice programs.
- Other program activities include providing technical advice, coordinating training, planning, developing and evaluating programs, developing committees, developing policy, and collecting data.

To access services, call the intake line at (306) 696-3557. There is no cost associated with a Saskatchewan health card. The waitlist varies.

Kahkewistahaw First Nation

P.O. Box 609

Broadview, SK S0G 0K0

Phone: (306) 696-3291

Fax: (306) 696-3201

Website: <http://www.kahkewistahaw.com/about.php>

Yorkton Tribal Council Community Justice Program and Alternative Measures Program

Offers: Alternative Measures for Youths and Adults

- Crime Prevention
- Healing and Sentencing Circles
- Community-Based Victims and Correctional Services

BROCK

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

BRUNO

ADDICTIONS & MENTAL HEALTH SERVICES

Mental Health and Addiction Services

Rural-Humboldt

Intake: (306) 682-5333

Offers: Outpatient Mental Health Services

Offers: Outpatient Addiction Services

There is a waitlist for counselling but it varies by community month-to-month. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of refers including

court referrals. They ask that they will be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services.

BUFFALO RIVER DENE NATION

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Buffalo River Dene Nation

Dillon, SK S0M 0S0

Phone: (306) 282-2033

Fax: (306) 282-2101

Meadow Lake Tribal Council Administration of Cree and Dene Justice Initiative

Offers: Alternative Measures

- Crime Prevention
- Mediation and Dispute Resolution
- Healing
- Talking and Sentencing Circles
- Alternative Measures Programs for Adults and Youths
- Victim Services
- Community-Based Correctional Services that Focus on Offender Rehabilitation and Reintegration and Healing of Victims and Offenders

BUFFALO NARROWS

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Buffalo Narrows Health Centre

P.O. Box 40

1491 Peterson Avenue

Buffalo Narrows, SK S0M 0J0

Phone: (306) 235-5800

Second Phone: 1-866-848-8011

Fax: (306) 235-4500

Website: www.kyrha.ca

Offers: Outpatient Addiction Services

Offers: Outpatient Mental Health Services

Hours are Monday to Friday 8:00 am - 5:00 pm; closed at noon, weekends and holidays. To access services, contact the intake line at (306) 235-5800 or toll free at 1-866-848-8011. There is no cost with a Saskatchewan health card. Waitlist varies. They accept a variety of referrals, including self-referral and court referrals.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Buffalo Narrows Friendship Centre

351 Buffalo Street
Buffalo Narrows, SK S0M 0J0
Phone: (306) 235-4633

Offers: Fine Option/ Community Service Order Program

A program that is available for people who receive a fine and would prefer to work off the fine. To utilize this program one would have to pre-register and then begin community service hours. One is sent to various non-profit organizations to complete these hours.

COUNSELLING & PROGRAMMING

Buffalo Narrows Friendship Centre

351 Buffalo Street
Buffalo Narrows, SK S0M 0J0
Phone: (306) 235-4633

Offers: Family Support Program

Offers: Cultural Connections for Aboriginal Youth

Offers: Phone-in-counselling

BULYEA

ADDICTIONS & MENTAL HEALTH SERVICES

Mental Health and Addiction Services

Rural-Lanigan
Intake: (306) 365-3400

Offers: Outpatient Mental Health Services

Offers: Outpatient Addiction Services

There is a waitlist for counselling but it varies by community month-to-month. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of refers including court referrals. They ask that they will be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services.

CABRI

ADDICTIONS & MENTAL HEALTH SERVICES

Prairie Health Care Centre

P.O. Box 79
517 1st Street
North Cabri, SK S0N 0J0

Phone: (306) 587-2623

Phone: (306) 778-5280

Fax: (306) 778-5048

Offers: Outpatient Mental Health Services

- Individual, couple, family, and group counselling
- Psychiatric assessments and treatment
- Rural clinics
- Public education
- Consultation
- Critical incident stress management

Offers: Outpatient Addictions Services

Offers support and counselling to adults (18 years and older) and Youth (17 years and the younger) for addictions to alcohol, drugs, and gambling

- Screening and assessment for users, abusers and addicts and affected family and friends
- Couples and parents programming
- Information sessions
- Recovery planning
- Counselling individuals and their families
- Relapse education
- Community Education and Development
- Consultation
- Safe Driving Program
- Rural clinics

Hours: Monday to Friday 8:00 am - 3:30 pm. Closed at noon, weekends and holidays. To access services, contact the intake line at 1-877-329-0005. There is no cost associated with a Saskatchewan health card. Waitlist varies.

CADILLAC

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

CANDO

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Red Pheasant First Nation

P.O. Box 70

Cando, SK S0K 0V0

Phone: (306) 937-7717

Fax: (306) 937-7487

Battlefords/Lloydminster Adult Alternative Measures Program

Offers: Alternative Measures Program

Offers: Aboriginal Courtworker Program

Offers: Cultural Camps/Community Integration Program

Offers: First Nations Youth Restorative and Healing Project

Mosquito Grizzly Bear's Head First Nation

P.O. Box 177

Cando, SK S0K 0V0

Phone: (306) 937-6120

Fax: (306) 937-3678

Battlefords/Lloydminster Adult Alternative Measures Program

Offers: Alternative Measures Program

Offers: Aboriginal Courtworker Program

Offers: Cultural Camps/Community Integration Program

Offers: First Nations Youth Restorative and Healing Project

CANOE NARROWS

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Canoe Narrows/Lake Health Centre and Nursing Station

P.O. Box 229

Canoe Narrows, SK S0M 0K0

Phone: (306) 829-2140

Fax: (306) 829-4450

Website: www.kyrha.ca

Offers: Outpatient Addiction Services

Offers: Community Health Developer/Rep

Offers: Community Support Worker

Hours: Monday to Friday 8:30 am - 4:30 pm. To access services, contact the intake line at (306) 288-4800 or toll free at 1-866-848-8022. There is no cost with a Saskatchewan health card. Waitlist varies. They accept a variety of referrals, including self-referral and court referrals.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Canoe Lake First Nation

Canoe Narrows, SK, S0M 0K0

Phone: (306) 829-2150

Fax: (306) 829-2101

Meadow Lake Tribal Council Administration of Cree and Dene Justice Initiative

Offers: Alternative Measures

- Crime Prevention
- Mediation and Dispute Resolution
- Healing
- Talking and Sentencing Circles
- Alternative Measures Programs for Adults and Youths
- Victim Services
- Community-Based Correctional Services that Focus on Offender Rehabilitation and Reintegration and Healing of Victims and Offenders

CANORA**ADDICTIONS & MENTAL HEALTH SERVICES****Alcoholics Anonymous**

See Appendix A.3

Canora Hospital

P.O. Box 749
1219 Main Street
Canora, SK S0A 0L0
Phone: (306) 563-5621
Intake: (306) 786-0558
Fax: (306) 563-5571

Offers: Part-time Mental Health Clinic

To access services, the individual calls the intake line at (306) 786-0558. There is no cost associated with a Saskatchewan health card. The waitlist varies.

Canora Community Services/Home Care Office

1219 Main Street
P.O. Box 868
Canora, SK S0A 0L0
Phone: (306) 563-1250
Intake: (306) 786-0558
Fax: (306) 563-1251

Offers: Behavioural ManagementOffers: Child and Youth WorkerOffers: Part-time Mental Health Clinic

To access services, the individual calls the intake line at (306) 786-0558. There is no cost associated with a Saskatchewan health card. The waitlist varies.

Alcohol and Drug Services

P.O. Box 868
1219 Main Street

Canora, SK S0A 0L0
 Phone: (306) 563-5656
 Fax: (306) 563-5134

Offers: Part-time Mental Health Clinic

To access services, contact the main line. There is no cost associated with a Saskatchewan health card. The waitlist varies.

CANWOOD

ADDICTIONS & MENTAL HEALTH SERVICES

Cree Nations Treatment Haven

P.O. Box 340
 Canwood, SK S0J 0K0
 Phone: (306) 468-2072
 Fax: (306) 468-2758
 E-mail: cree.nations@sasktel.net
 Website: www.creenationstreatmenthaven.ca

Offers: 35 Day Inpatient Program

The goal for the Thirty-Five (35) Day Inpatient program is to provide the best possible alcohol and drug addiction treatment services to First Nations and Non-First Nations men and women from Saskatchewan and across Canada from the ages of seventeen (17) and over, always keeping up to date with the best practices proven effective in the addictions treatment field and the latest research study outcomes.

Subjects Offered:

- Truth About Addictions
- Dynamics of the Mind
- Setting Boundaries
- Spirituality
- Relationships
- Communication
- Co-dependence
- The Grieving Process
- Abuse Issues
- Anger Management
- Shame and Guilt
- Fetal Alcohol Spectrum Disorder
- Trans generational Cycles
- Conquering the Dragons Within
- Goals for Success
- Defense Mechanisms
- Spiritual Steps to Freedom
- Meeting Our Children's Needs
- Residential School Trauma
- Group Therapy
- One on One Counseling
- Couple Counseling
- Educational Videos
- Relapse Prevention

Offers: Activities

- Sweats, Church Services, AA Meetings and Sharing Circles
- Recreation Activities
- Round Dances
- Pow Wow

- Cultural Arts & Crafts
- Gymnasium

Offers: The Matrix Model Program

The Matrix Intensive Outpatient Treatment Program [IOP] is a comprehensive evidence based eight-week treatment program with more than twenty years of research and development by the Matrix Institute on Addictions, an affiliate of the University of California at Los Angeles [UCLA] Integrated Substance Abuse Programs. The Matrix IOP program is a structured treatment experience designed to give substance abusers the knowledge, structure and support to allow them to achieve abstinence from drugs and alcohol, and initiate a long-term program of recovery. The Matrix IOP program integrates cognitive behavioral therapy, contingency management, and motivational interviewing which gives individuals seeking recovery the skills and knowledge they need to overcome addiction.

Clients can enter the program at any time. Clients may enter or leave the group on an individual schedule. The structure of the program and topics included in the various components are arranged to accommodate this open structure. Clients who have been in treatment longer serve as role models to newcomers.

Program Components:

- Individual/Conjoint Sessions
- Early Recovery Skills Group
- Relapse Prevention Group
- Family Education Group
- Social Support Group
- Drug & Alcohol Testing
- AA or Other Spiritual or Step Group

Intended for:

- Individuals 15 years of age and over
- Individuals who have completed a recent substance abuse evaluation.
- Individuals manifesting stable psychiatric and medical conditions.
- Individuals willing to make a serious commitment to complete the eight-week Matrix Program.
- Individuals who do not require long-term in-patient treatment.
- Individuals in a physician supervised Methadone, Suboxone, or Subutex maintenance program.
- Individuals ordered to attend treatment by the justice system, probation services, social services, employer, etc.
- Individuals experiencing co-occurring disorders can effectively make use of this program but may also require additional mental health services.
- Individuals requiring post-treatment aftercare services, or those who may have relapsed.
- The individual/conjoint and family education components are designed to be used with the client and his/her spouse, significant other, or family members.

Referrals:

- Referrals may be made by the courts, probation/parole services, social services, family services, mental health services, addiction programs, employers, etc. Clients can also apply in person by completing the required admission forms.

Admissions:

The following documents must be submitted to the Cree Nations Treatment Haven [CNTH] Matrix Program.

- CNTH Matrix Program treatment application form.
- Consent for release of confidential information.
- Legal conditions & probation orders must be sent where applicable.
- Application packages may be requested by mail, email or fax, by contacting Cree Nations Treatment Haven, or downloaded from our website.
- Clients participating in the CNTH Matrix Program are required to provide a urine or saliva specimen for drug or alcohol analysis one day each week, randomly selected. Drug/alcohol testing is a valuable tool that can assist in recovery.

Offers: Opioid Treatment (Methadone) Program

CARLYLE

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

White Bear First Nation

P.O. Box 700

Carlyle, SK S0C 0R0

Phone: (306) 577-2461

Fax: (306) 577-2496

Website: <http://www.whitebearfirstnation.ca/>

Offers: Community Addictions Program

- Referrals for treatment centers, outpatient programs at treatment centers, or to Alcoholics Anonymous or Narcotics Anonymous Meetings.
- Alcoholics Anonymous meetings, NA, Alternative to Violence
- Alcohol/drug use prevention

Offers: Alternatives to Violence Programming

- *Men and women who are perpetrators of intimate partner violence. Clients must be 18 years of age or over. They accept both voluntary and court-mandated clients. Referrals usually come from adult Probation Services, Social Services and Envision. The first appointment takes 2-3 months and is only scheduled every 6 weeks.*

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

White Bear First Nation

P.O. Box 700

Carlyle, SK S0C 0R0
 Phone: (306) 577-2461
 Fax: (306) 577-2496

Southeast Treaty Four Tribal Council Justice Program

Offers: Alternative Measures

- The Program operates diversion programs for Youths and adults in the criminal justice system.
- The active participation and guidance of Elders is essential to all phases of the diversion process.
- The Program also provides awareness, education and training to its member of First Nations on criminal justice processes and community justice programs.
- Other program activities include providing technical advice, coordinating training, planning, developing and evaluating programs, developing committees, developing policy, and collecting data.

COUNSELLING & PROGRAMMING

Envision Counselling & Support Centre

P.O. Box 1017
 Carlyle, SK S0C 0R0
 Phone: (306) 637-4004

Offers: Counselling

- Family
- Adult
- Teen
- Children

The counselling process begins with an initial intake interview. The number of sessions clients attend depends on the nature of the problem, the clients' reception to change, type of therapy, and many other variables. There are no fees for the counselling services, as they are a community-based organization funded by the Ministry of Justice, Ministry of Social Services, United Way, and private donations. No referral is necessary for retaining counselling services at Envision Counselling and Support Centre. Referrals for counselling may be given by lawyers, educators, courts, and/or healthcare professionals. Individuals may self-refer by calling the office in Estevan, Weyburn, or Carlyle during office hours. However, they cannot accept mandated clients as a result of their screening process in separation cases surrounding family violence.

Offers: Workshops

- Boundaries Workshops
- Assertiveness Workshops

Workshops are free of charge. Participants must be over the age of 18.

Offers: Groups

- Healthy Relationships Group
- Healthy Expression of Feeling Group

- Empowerment Group
- Self-Esteem Group
- Adult Survivors of Childhood Abuse Group
- Children Exposed to Violence Group

White Bear First Nation

P.O. Box 700

Carlyle, SK S0C 0R0

Phone: (306) 577-2461

Fax: (306) 577-2496

Website: <http://www.whitebearfirstnation.ca/>

Offers: Counselling

- Group and individual counseling
- Domestic Violence Counseling
- Mental Health Counseling
- Family Therapy
- Youth Counseling
- Sexual Abuse Counseling

Offers: Programming

- Anger Management Programs
- Impaired Driver's Program

To access services, contact the main line. There is no cost associated. The waitlist varies.

CARNDUFF

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

CARONPORT

ADDICTIONS & MENTAL HEALTH SERVICES

Federation of Saskatchewan First Nations

Approved Mental Health Therapists

See Appendix A.1

CARROT RIVER

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

CARRY THE KETTLE FIRST NATION

Carry the Kettle First Nation

P.O. Box 57
Sintaluta, SK S0G 4N0
Phone: (306) 727-2135
Fax: (306) 727- 2149

Offers: File Hills Qu'Appelle Tribal Council Community Justice Initiative

- Crime Prevention
- Early Intervention
- Healing, Talking and Sentencing Circles
- Mediation and Dispute Resolution
- Alternative Measures Programs for Adults and Youths
- Victims' Services
- Community-Based Correctional Services that focus on Offender Rehabilitation and Reintegration and on Healing of Victims and Offenders.

Offers: Aboriginal Court Worker Program

Offers: Probation Services

Offers: Youth Justice Programs

CENTRAL BUTTE

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Central Butte Regency Hospital

P.O. Box 40
601 Canada Street
Central Butte, SK S0H 0T0
Intake: (306) 694-0379 or 1-(877)-564-0543
Regency Manor: (306) 796-2190
New Horizons Clinic: (306) 796-2180

Offers: Outpatient Mental Health Services

Offers: Outpatient Addiction Services

For access to any of these services, please contact the central intake program by calling 1-877-564-0543 or (306) 694-0379. There is no cost with a Saskatchewan health card. Waitlists vary.

CHRISTOPHER LAKE**ADDICTIONS & MENTAL HEALTH SERVICES****Alcoholics Anonymous**

See Appendix A.3

Little Red Health Centre

P.O. Box 330

12 Little Red River Reserve

Christopher Lake, SK S0J 0N0

Phone: (306) 982-4294

Fax: (306) 982-3672

Website: www.pagc.Sk.ca

Offers: Mental Health/Holistic Health Services

Hours: Monday to Friday 8:00 am - 4:30 pm. Closed at noon, weekends and holidays. To access services, contact the regional intake line at (306) 765-6550 or toll free at 1-855-765-6550. There is no cost associated with a Saskatchewan health card. Waitlist varies.

CHURCHBRIDGE**ADDICTIONS & MENTAL HEALTH SERVICES****Alcoholics Anonymous**

See Appendix A.3

CIGAR LAKE MINE**ADDICTIONS & MENTAL HEALTH SERVICES****Alcoholics Anonymous**

See Appendix A.3

CLAVET**ADDICTIONS & MENTAL HEALTH SERVICES****Alcoholics Anonymous**

See Appendix A.3

Community Mental Health Nurse

Saskatoon Rural

Intake: (306) 655-7777

Offers: Community Mental Health Nurse

Each area has its own nurse. They require a Saskatchewan health card and a referral from a general practitioner. The individual can specify which community they would like to access services in.

CLEARWATER

ADDICTIONS & MENTAL HEALTH SERVICES

Armand Bekattla

Box 5010
Clearwater River, SK S0M 3H0
Phone: (306) 822-2033
Fax: (306) 822-2750
E-mail: crdntc@sasktel.net

Offers: Inpatient Addiction Services

For clients 19 and over. Both men and women accepted. Programs available include: concurrent disorders, residential schools, and on-the-land. They accept clients with physical disabilities, pregnant women, court referral or Corrections clients, clients on Suboxone, and clients taking other psychoactive medications.

Clearwater River Dene First Nation Health Centre

P.O. Box 5040
Clearwater River, SK S0M 3H0
Phone: (306) 822-2378
Fax: (306) 822-2297
Website: www.mlhc.ca

Offers: Mental Health/Holistic Health Services

To access services, contact the intake line at (306) 288-4800 or toll free at 1-866-848-8022. There is no cost with a Saskatchewan health card. Waitlist varies. They accept a variety of referrals, including self-referral and court referrals.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Clearwater River Dene Nation

P.O. Box 5050
La Loche, SK, S0M 3H0
Phone: (306) 822-2021
Fax: (306) 822-2212

Meadow Lake Tribal Council Administration of Cree and Dene Justice Initiative

Offers: Alternative Measures

- Crime Prevention
- Mediation and Dispute Resolution
- Healing
- Talking and Sentencing Circles

- Alternative Measures Programs for Adults and Youths
- Victim Services
- Community-Based Correctional Services that Focus on Offender Rehabilitation and Reintegration and Healing of Victims and Offenders

COCHIN

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

COLONSAY

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Mental Health and Addiction Services

Rural-Lanigan

Intake: (306) 365-3400

Offers: Outpatient Mental Health Services

Offers: Outpatient Addiction Services

There is a waitlist for counselling but it varies by community month-to-month. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of refers including court referrals. They ask that they will be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services.

CORONACH

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

COTE FIRST NATION

ADDICTIONS & MENTAL HEALTH SERVICES

Cote First Nation Band Office

Cote First Nation, SK

Phone: (306) 542-2694

Intake: (306) 786-0558

Fax: (306) 542-3735

Offers: Part-time Mental Health Clinic

Offers: National Native Alcohol and Drug Abuse Program Counsellor

To access services, the individual calls the intake line at (306) 786-0558. There is no cost associated with a Saskatchewan health card. The waitlist varies.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Cote First Nation

P.O. Box 1659

Kamsack, SK S0A 1S0

Phone: (306) 542-2694

Fax: (306) 542-3735

Yorkton Tribal Council Community Justice Program and Alternative Measures Program

Offers: Alternative Measures for Youths and Adults

- Crime Prevention
- Healing and Sentencing Circles
- Community-Based Victims and Correctional Services

COWESSESS

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Cowessess Community Justice Program

P.O. Box 100

Cowessess, SK S0G 5L0

Phone: (306) 696-2520

Fax: (306) 696-2767

Website: <https://sites.google.com/a/cowessessfn.com/cowessess-first-nation/>

Offers: Community Justice Program

- The Cowessess Community Justice Program is an alternative measures program to address crime, addictions and violent behaviours in the community.
- The Program's work encourages First Nations participation in a safe and healthy community.
- In addition to the alternative measures program, the Cowessess First Nation also offers a fine-option program that allows clients to work off fines in lieu of payment

CRAIK

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Craik & District Health Centre

P.O. Box 208

620 Mary Street
 Craik, SK S0G 0V0
 Phone: (306) 734-2288
 Primary Health Clinic: (306) 734-2233

Offers: Outpatient Mental Health Services

Offers: Outpatient Addiction Services

For access to any of these services, please contact the central intake program by calling 1-877-564-0543 or (306) 694-0379.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Cote First Nation

P.O. Box 1659
 Kamsack, SK S0A 1S0
 Phone: (306) 542-2694
 Fax: (306) 542-3735

Yorkton Tribal Council Community Justice Program and Alternative Measures Program

Offers: Alternative Measures for Youths and Adults

- Crime Prevention
- Healing and Sentencing Circles
- Community-Based Victims and Correctional Services

CRAVEN

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Federation of Saskatchewan First Nations

See Appendix A.1

CREIGHTON

ADDICTIONS & MENTAL HEALTH SERVICES

CADAC Outpatient Centre

P.O. Box 760
 430 Main Street
 Creighton, SK S0P 0A0
 Phone: (306) 688-8291
 Fax: (306) 688-3784

Offers: Outpatient Addictions Services

To access services contact (306) 425-2422. There is no cost associated with a Saskatchewan health card. The waitlist varies.

Creighton Health Centre - Provincial Building

298 - 1st Street East

P.O. Box 219

Creighton, SK S0P 0A0

Phone: (306) 688-8620

Fax: (306) 688-8629

Website: www.mcrrha.sk.ca/facilities/#creighton

Offers: Outpatient Addiction Services

Offers: Outpatient Mental Health/Holistic Health Services

Offers: Wellness Coordinator

Hours are Monday to Friday 8:00 am - 5:00 pm; closed noon, weekends and holidays. To access services contact (306) 425-2422. There is no cost associated with a Saskatchewan health card. The waitlist varies.

SGI Impaired Driving Program

Toll Free: 1-844-855-2744

Offers: Driving Without Impairment Program

- Educate the individual about the serious problems related to drinking and driving
- Help the individual distinguish and separate the acts of drinking and driving

The course includes videos, group discussions, and presentations. The DWI course is a 16-hour course that runs Friday evening and all day Saturday and Sunday. It's held in an informal, friendly atmosphere, conducive to group interaction in 20 locations across the province with a \$150 fee. The \$150 fee can be payable to any motor licence issuer. The individual's DWI receipt will include the name and telephone number of a DWI coordinator that the individual must contact for enrolment.

Offers: Alcohol and Drug Education Program

A second licence suspension due to alcohol/drug-related driving offences and driving related Criminal Code convictions or roadside suspensions may require the individual to complete the ADE program.

- Educate the individual and provide activities to examine the individual's alcohol and drug use and the associated consequences, including the effects on the individual's family
- Help the individual learn about the effects of alcohol, other drugs and the signs/symptoms of addiction
- Provide information about chemical dependency progression and recovery
- Help the individual recognize the need to separate the acts of drinking, drug use and driving

The ADE course is a 28-hour course that runs 2 weekends in a row. The 1st weekend is Friday, Saturday and Sunday, and the next weekend is Saturday and Sunday. It's

instructed by addiction counsellors and held in an informal, friendly atmosphere, conducive to group interaction in 3 locations across the province with a \$450 fee. The \$450 fee can be payable to any motor licence issuer. The individual's ADE receipt will include the name and telephone number of the ADE coordinator that the individual must contact to register for the course.

Offers: Addiction Assessment

If the individual's driver's licence is suspended due to a 3rd offence for a Criminal Code conviction or a roadside administrative licence suspension, addiction assessment is mandatory. Choosing to drive after drinking may be a sign of an alcohol abuse or an addiction problem. If the individual's driver's licence is suspended due to Criminal Code convictions, or roadside suspensions an addiction assessment may be mandatory. As a suspended driver, the individual cannot simply wait until the individual's suspension term is over to get the individual's licence back. If the individual does not complete addiction assessment, the individual's driver's licence will remain suspended indefinitely. The assessment is conducted by a qualified alcohol and drug services counsellor who will work with the individual to develop an individualized plan or program that the individual must complete in order to be eligible for an ignition interlock device, special restricted driver's licence or a full driver's licence.

SGL will advise the individual by mail who to contact to arrange an appointment. Or the individual can call SGL to confirm what courses the individual needs to take and where. The cost is \$150.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Creighton Probation

298 – 1st Street East
 Creighton, SK S0P 0A0
 Phone: (306) 688-8810
 Fax: (306) 688-3375
 Website: www.justice.gov.Sk.ca/CP

Offers: Anger Management/Violence Prevention Program

This is a general aggression control program and not specific to domestic violence. A 10-session educational program, participants are introduced to a cognitive - behavioral approach to emotion control. Participants are encouraged to identifying their own patterns (thought - feeling - behavior) and develop alternate thinking and behavioral responses. Participants are expected to do personal assignments.

Eligibility Criteria: Indications of problems managing anger and aggression, but whose offence patterns are not domestic violence. Length of program: 10 sessions, 2 hours each

Offers: Domestic Violence Programs

Community Corrections deals with domestic violence clients with a range from first time offenders to offenders with extensive criminal pasts. Currently there are several programs offered, ranging from five weeks to over one year in duration. These programs

are facilitated by Mental Health Services, Probation Officers or together on a co-facilitation basis.

Offers: Sexual Offender Programs

Throughout the province, there are various levels of education, treatment, and maintenance programs delivered in conjunction with Mental Health Services. In areas where Mental Health is not actively participating, Community Operations has worked independently to provide some level of service to these clients. Often in these cases, private counsellors in the community enhance programming.

They have trained staff to provide these programming on occasion, dependent upon staff availability and demand.

CUDWORTH

ADDICTIONS & MENTAL HEALTH SERVICES

Mental Health and Addiction Services

Rural-Rosthern

Intake: (306) 232-6001

Offers: Outpatient Mental Health Services

Offers: Outpatient Addiction Services

There is a waitlist for counselling but it varies by community month-to-month. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of refers including court referrals. They ask that they will be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services.

CUMBERLAND HOUSE

ADDICTIONS & MENTAL HEALTH SERVICES

Cumberland House Health Centre

P.O. Box 8

2nd Avenue

Cumberland House, SK S0E 0S0

Phone: (306) 888-2155

Fax: (306) 888-4633

Intake: (306) 862-9822

Offers: Addiction Services

Outpatient counselling to individuals involved in substance abuse and others affected by their usage

- SGI screening
- Problem gambling counselling
- Education and prevention programs, presentations, workshops, etc.

To access services, contact the central intake line at (306) 862-9822. There is no cost associated with a Saskatchewan health card. Waitlist varies.

Cumberland House Health Centre

P.O. Box 249
Cumberland House, SK S0E 0S0
Phone: (306) 888-4778
Fax: (306) 888-4422
Website: www.pagc.sk.ca

Offers: Addiction Services

Offers: Community Health Developer/Rep

Offers: Mental Health/Holistic Health Services

Hours are Monday to Friday 8:30 am - 5:00 pm; closed at noon, weekends and holidays. To access services, contact the central intake line at (306) 862-9822. There is no cost associated with a Saskatchewan health card. Waitlist varies.

Pine Island Building

P.O. Box 218
Cumberland Street
Cumberland House, SK S0E 0S0
Phone: (306) 752-8767
Fax: (306) 752-8765

Offers: Outpatient Addiction Services

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Cumberland House Cree Nation

P.O. Box 220
Cumberland House, SK S0E 0S0
Phone: (306) 888-2226
Fax: (306) 888-2084

Prince Albert Grand Council Community Justice Program

Offers: Aboriginal Courtworker Program

Offers: Alternative Measures

- The Program receives Pre and Post-charge referrals from RCMP, schools and in some instances from the presiding Judge.
- Provide conflict resolution opportunities

Offers: Rural Alternative Measures Program

- Victim/Offender Mediation
- Family Group Conferencing
- School Mediation
- Community Justice Forums
- Accountability Hearings

CUTKNIFE

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Cut Knife Health Complex

P.O. Box 220

102 Dion Avenue

Cut Knife, SK S0M 0N0

Phone: (306) 398-4718

Addictions: Kerry Robb (306) 893-2622 ext. 57868

Fax: (306) 398-2206

Offers: Addictions Services by visiting specialists

Offers: Family Counselling by visiting specialists

Addiction Services are based on need and the waitlist varies between 1-3 weeks depending on the community. They accept any kind of referrals, including court referrals.

CYPRESS

ADDICTIONS & MENTAL HEALTH SERVICES

Cypress Regional Hospital

2004 Saskatchewan Drive

Swift Current, SK S9H 5M8

Phone: (306) 778-9400

Offers: Inpatient Psychiatry

The Cypress Regional Hospital features a 10-bed acute inpatient unit offering admission for clients with severe mental health needs. It is designed for clients who have more complex service needs than can be adequately supported in the community. A psychiatrist is on call for admissions and consultation 24 hours a day.

DAFOE

ADDICTIONS & MENTAL HEALTH SERVICES

Mental Health and Addiction Services

Rural-Lanigan

Intake: (306) 365-3400

Offers: Outpatient Mental Health Services

Offers: Outpatient Addiction Services

There is a waitlist for counselling but it varies by community month-to-month. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of refers including court referrals. They ask that they will be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services.

DALMENY

ADDICTIONS & MENTAL HEALTH SERVICES

Community Mental Health Nurse

Saskatoon Rural

Intake: (306) 655-7777

Offers: Community Mental Health Nurse

Each area has its own nurse. They require a Saskatchewan health card and a referral from a general practitioner. The individual can specify which community they would like to access services in.

DAVIDSON

ADDICTIONS & MENTAL HEALTH SERVICES

Davidson Health Centre

P.O. Box 758

900 Government Road

Davidson, SK S0G 1A0

Phone: (306) 567-2801

Offers: Outpatient Addiction Services by visiting specialists

Services are accessed through the Centralized intake system by calling the toll-free number 1-866-268-9139. There is no cost associated with a Saskatchewan health card. Waitlist varies.

DAY STAR FIRST NATION

Day Star First Nation

P.O. Box 277

Punnichy, SK S0A 3C0

Phone: (306) 835-2834

Fax: (306) 835-2724

Offers: Touchwood Agency Tribal Council Community Justice Initiative

- Crime Prevention
- Early Intervention

- Healing
- Talking and Sentencing Circles
- Mediation and Dispute Resolution
- Alternative Measures Programs for Adults and Youths
- Victim Services
- Community-Based Correctional Services that Focus on Offender Rehabilitation and Reintegration, and Healing of Victims and Offenders.

DEBDEN

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Big River First Nation Health Centre

P.O. Box 160

Debden, SK S0J 0S0

Phone: (306) 724-4664

Fax: (306) 724-4555

Website: www.brfn.ca/health.htm

Offers: Outpatient Addiction Services

Offers: Community Support Worker

Offers: Mental Health/Holistic Health Services

Hours: Monday to Thursday 8:00 am - 4:30 pm. Friday 8:00 am - 4:00 pm. Closed at noon, weekends and holidays. To access services, contact the regional intake line at (306) 765-6550 or toll free at 1-855-765-6550. There is no cost associated with a Saskatchewan health card. Waitlist varies.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Big River Community Justice Diversion Program

Big River First Nation

P.O. Box 519

Debden, SK S0J 0S0

Phone: (306) 724-4700

Aboriginal Courtworker: (306) 724-4499

Fax: (306) 724-2161

Offers: Aboriginal Courtworker Program

Offers: Cree Court

DELISLE

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Community Mental Health Nurse

Saskatoon Rural

Intake: (306) 655-7777

Offers: Community Mental Health Nurse

Each area has its own nurse. They require a Saskatchewan health card and a referral from a general practitioner. The individual can specify which community they would like to access services in.

DESCHAMBEAULT LAKE

ADDICTIONS & MENTAL HEALTH SERVICES

Deschambeault Lake Health Centre

Deschambeault Lake, SK S0J 0C0

Phone: (306) 632-2106

Fax: (306) 632-4555

Website: www.peterballantyne.ca/health/deschambault.html

Offers: Outpatient Addiction Services

Offers: Community Health Developer/Rep

Offers: Mental Health/Holistic Health Services

Hours are Monday to Friday 8:30 am - 5:00 pm; closed at noon, weekends and holidays. To access services contact (306) 425-2422. There is no cost associated with a Saskatchewan health card. The waitlist varies.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Deschambault Lake Cree Nation

Phone: (306) 632-2820

Offers: Aboriginal Courtworker Program

Offers: Rural Alternative Measures Program

- Victim/Offender Mediation
- Family Group Conferencing
- School Mediation
- Community Justice Forums
- Accountability Hearings

DILLON

ADDICTIONS & MENTAL HEALTH SERVICES

Buffalo River Health Centre

P.O. Box 130

Clinic Court

Dillon, SK S0M 0S0
 Phone: (306) 282-2132
 Second Phone: (306) 282-4442
 Fax: (306) 282-2117
 Website: www.kyrha.ca

Offers: Addiction Services

Offers: Community Support Worker

Hours: Monday to Friday 9:00 am - 4:30 pm. To access services, contact the intake line at (306) 288-4800 or toll free at 1-866-848-8022. There is no cost with a Saskatchewan health card. Waitlist varies. They accept a variety of referrals, including self-referral and court referrals.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Buffalo River Dene Nation

Dillon, SK S0M 0S0
 Phone: (306) 282-2033
 Fax: (306) 282-2101

Meadow Lake Tribal Council Administration of Cree and Dene Justice Initiative

Offers: Alternative Measures

- Crime Prevention
- Mediation and Dispute Resolution
- Healing
- Talking and Sentencing Circles
- Alternative Measures Programs for Adults and Youths
- Victim Services
- Community-Based Correctional Services that Focus on Offender Rehabilitation and Reintegration and Healing of Victims and Offenders

DINSMORE

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Dinsmore Health Care Centre

P.O. Box 219
 207 – 1st Street East
 Dinsmore, SK S0L 0T0
 Phone: (306) 846-2222

Offers: Outpatient Addiction Services by visiting specialists

Services are accessed through the Centralized intake system by calling the toll-free number 1-866-268-9139. There is no cost associated with a Saskatchewan health card. Waitlist varies.

DOMREMY

ADDICTIONS & MENTAL HEALTH SERVICES

Mental Health and Addiction Services

Rural-Rosthern

Intake: (306) 232-6001

Offers: Outpatient Mental Health Services

Offers: Outpatient Addiction Services

There is a waitlist for counselling but it varies by community month-to-month. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of refers including court referrals. They ask that they will be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services.

DRAKE

ADDICTIONS & MENTAL HEALTH SERVICES

Mental Health and Addiction Services

Rural-Lanigan

Intake: (306) 365-3400

Offers: Outpatient Mental Health Services

Offers: Outpatient Addiction Services

There is a waitlist for counselling but it varies by community month-to-month. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of refers including court referrals. They ask that they will be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services.

DUCK LAKE

ADDICTIONS & MENTAL HEALTH SERVICES

Mental Health and Addiction Services

Rural-Rosthern

Intake: (306) 232-6001

Offers: Outpatient Mental Health Services

Offers: Outpatient Addiction Services

There is a waitlist for counselling but it varies by community month-to-month. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of refers including court referrals. They ask that they will be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

DUNDURN

ADDICTIONS & MENTAL HEALTH SERVICES

Community Mental Health Nurse

Saskatoon Rural

Intake: (306) 655-7777

Offers: Community Mental Health Nurse

Each area has its own nurse. They require a Saskatchewan health card and a referral from a general practitioner. The individual can specify which community they would like to access services in.

DUVAL

ADDICTIONS & MENTAL HEALTH SERVICES

Mental Health and Addiction Services

Rural-Lanigan

Intake: (306) 365-3400

Offers: Outpatient Mental Health Services

Offers: Outpatient Addiction Services

There is a waitlist for counselling but it varies by community month-to-month. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of refers including court referrals. They ask that they will be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services.

EASTEND

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Wolf Willow Health Centre

P.O. Box 490
 555 Red Coat Drive
 Eastend, SK S0N 0T0
 Phone: (306) 295-3534
 Phone: (306) 778-5280
 Fax: (306) 778-5048

Offers: Outpatient Mental Health Services

- Individual, couple, family, and group counselling
- Psychiatric assessments and treatment
- Rural clinics
- Public education
- Consultation
- Critical incident stress management

Offers: Outpatient Addictions Services

Offers support and counselling to adults (18 years and older) and Youth (17 years and the younger) for addictions to alcohol, drugs, and gambling

- Screening and assessment for users, abusers and addicts and affected family and friends
- Couples and parents programming
- Information sessions
- Recovery planning
- Counselling individuals and their families
- Relapse education
- Community Education and Development
- Consultation
- Safe Driving Program

Open 24 hours a day, 7 days a week. To access services, contact the intake line at 1-877-329-0005. There is no cost associated with a Saskatchewan health card. Waitlist varies.

EDAM**ADDICTIONS & MENTAL HEALTH SERVICES****Lady Minto Health Care Center**

1513 - 1st Avenue South
 Edam, SK S0M 0V0
 Phone: (306) 397-5560
 Addictions: Kerry Robb (306) 893-2622 ext. 57868
 Fax: (306) 397-2225

Offers: Addictions Services by visiting specialists

Offers: Family Counselling by visiting specialists

Addiction Services are based on need and the waitlist varies between 1-3 weeks depending on the community. They accept any kind of referrals, including court referrals.

ELBOW**ADDICTIONS & MENTAL HEALTH SERVICES****Alcoholics Anonymous**

See Appendix A.3

ELFROS**ADDICTIONS & MENTAL HEALTH SERVICES****Mental Health and Addiction Services**

Rural-Lanigan

Intake: (306) 365-3400

Offers: Outpatient Mental Health Services

Offers: Outpatient Addiction Services

There is a waitlist for counselling but it varies by community month-to-month. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of refers including court referrals. They ask that they will be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services.

ELROSE**ADDICTIONS & MENTAL HEALTH SERVICES****Elrose Health Centre**

P.O. Box 100

505 Main Street

Elrose, SK S0L 1Z0

Phone: (306) 378-2882

Offers: Outpatient Addiction Services by visiting specialists

Services are accessed through the Centralized intake system by calling the toll-free number 1-866-268-9139. There is no cost associated with a Saskatchewan health card. Waitlist varies.

ELSTOW**ADDICTIONS & MENTAL HEALTH SERVICES****Mental Health and Addiction Services**

Rural-Lanigan

Intake: (306) 365-3400

Offers: Outpatient Mental Health Services

Offers: Outpatient Addiction Services

There is a waitlist for counselling but it varies by community month-to-month. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of refers including court referrals. They ask that they will be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services.

ENGLEFELD**ADDICTIONS & MENTAL HEALTH SERVICES****Mental Health and Addiction Services**

Rural-Humboldt

Intake: (306) 682-5333

Offers: Outpatient Mental Health ServicesOffers: Outpatient Addiction Services

There is a waitlist for counselling but it varies by community month-to-month. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of refers including court referrals. They ask that they will be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services.

ESTERHAZY**ADDICTIONS & MENTAL HEALTH SERVICES****Alcoholics Anonymous**

See Appendix A.3

Esterhazy Town Office Provincial Building

600 Sumner Street

Esterhazy, SK S0A 0X0

Intake: (306) 786-0558

Offers: Part-time Mental Health Clinic

To access services, the individual calls the intake line at (306) 786-0558. There is no cost associated with a Saskatchewan health card. The waitlist varies.

Good Spirit School Division Building (Child and Youth)

600 Main Street

Esterhazy, SK S0A 0X0

Phone: (306) 745-6641

Intake: (306) 786-0558

Fax: (306) 745-6549

Offers: Mental Health Child and Youth services only

Offers: Part-time Mental Health Clinic

To access services, the individual calls the intake line at (306) 786-0558. There is no cost associated with a Saskatchewan health card. The waitlist varies.

ESTON

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Eston Health Centre

P.O. Box 667
800 Main Street
Eston, SK S0L 1A0
Phone: (306) 962-3667

Offers: Outpatient Addiction Services by visiting specialists

Services are accessed through the Centralized intake system by calling the toll-free number 1-866-268-9139. There is no cost associated with a Saskatchewan health card. Waitlist varies.

COUNSELLING & PROGRAMMING

West Central Crisis and Family Support Centre

116 - 1st Avenue West
Kindersley, SK S0L 1S0
Phone: (306) 463-6655
Fax: (306) 655-4931
Website: www.westcentralcrisis.ca

Offers: Counselling and Support

- Provides free counselling, information and referrals related to loss, pension, income assistance, food, financial assistance.

This is a satellite service offered on Wednesdays.

FISHING LAKE

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Mental Health and Addiction Services

Rural-Lanigan

Intake: (306) 365-3400

Offers: Outpatient Mental Health Services

Offers: Outpatient Addiction Services

There is a waitlist for counselling but it varies by community month-to-month. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of refers including court referrals. They ask that they will be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services.

FLORAL

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

FLYING DUST FIRST NATION

Flying Dust First Nation Health Center

8001 Flying Dust Reservation

Meadow Lake, SK S9X 1T8

Phone: (306) 236-8670

Fax: (306) 236-2835

Website: www.mlhc.ca

Hours: Monday to Friday 8:30 am - 4:30 pm.

Offers: Outpatient Addiction Services

Offers: Outpatient Mental Health/Holistic Health Services

There is no waitlist. There is no cost with a Saskatchewan health card.

The Meadow Lake Tribal Council

8003 Flying Dust First Nation

Meadow Lake, SK S9X 1T8

Phone: (306) 236-1345

Offers: Clinical Support, Program Support, Consultation, Advice and Training

- Resolution Health Support
- Addictions Program
- Community Wellness Support
- Positive Wellness
- Case Management Coordinator
- Domestic Violence Outreach

The individual calls to set up an appointment. There is no cost. There is no waitlist.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

The Meadow Lake Tribal Council

8003 Flying Dust First Nation
Meadow Lake, SK S9X 1T8
Phone: (306) 236-1345

Offers: Justice Program

- Provides restorative and community based justice services for the 9 Meadow Lake First Nations. MLTC encompasses a holistic view of the Justice system in First Nation Governments and works towards building a healthy community and lowering recidivism rates. Each of the MLFN's houses a Justice Coordinator who provides direct services to the community in which they reside. MLTC provides advice and direction to the Justice Coordinators on the development and implementation of community justice structures, plans and services; and works to serve as a liaison with the FSIN Indian Justice Council, the Federal and Provincial Governments and Justice sector officials.

Offers: Alternative Measures/Extra Judicial Sanctions program

- | | |
|---|---|
| <ul style="list-style-type: none"> • Victim Advocate Training • Victim offender mediations • Serious Offence Program • Community Justice Forums • Diversion programs • Family conferencing • Sentencing Circles • Community Referrals | <ul style="list-style-type: none"> • Re-integration plans • Healing Circles • Proactive Justice initiatives • Youth and Culture camps • Community Justice Support • Facilitate Justice Awareness Initiative |
|---|---|

The MLTC received referrals during the pre-charge stage directly from the client by their own discretion. They also receive referrals from the RCMP or Judge. They adjourn for four months to work on the file. There is no cost associated and no waitlist

COUNSELLING & PROGRAMMING

The Meadow Lake Tribal Council

8003 Flying Dust First Nation
Meadow Lake, SK S9X 1T8
Phone: (306) 236-1345

Offers: Clinical Support, Program Support, Consultation, Advice and Training

- | | |
|---|--|
| <ul style="list-style-type: none"> • Resolution Health Support • Addictions Program • Community Wellness Support | <ul style="list-style-type: none"> • Positive Wellness • Case Management Coordinator • Domestic Violence Outreach |
|---|--|

The current waitlist for programming is a few days. There is no cost associated.

FOAM LAKE

ADDICTIONS & MENTAL HEALTH SERVICES

Foam Lake Health Centre

715 Saskatchewan Avenue East
 Foam Lake, SK S0A 1A0
 Phone: (306) 272-3375
 Intake: (306) 786-0558
 Fax: (306) 272-4449
 Website: www.sunrisehealthregion.sk.ca

Offers: Part-time Mental Health Clinic

To access services, the individual calls the intake line at (306) 786-0558. There is no cost associated with a Saskatchewan health card. The waitlist varies.

FOND DU LAC

ADDICTIONS & MENTAL HEALTH SERVICES

Fond du Lac Denesuline Health Centre/Nursing Station

P.O. Box 213
 Fond du Lac, SK S0J 0W0
 Phone: (306) 686-2003
 Fax: (306) 686-2145
 Second Fax: (306) 686-2144
 Website: www.pagc.Sk.ca

Offers: Outpatient Addiction Services

Offers: Outpatient Mental Health/Holistic Health Services

Hours are Monday to Friday 9:00 am - 5:30 pm; closed at noon, weekends and holidays. The individual must call the main line to access services. There is no cost associated with a Saskatchewan health card. The waitlist varies.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Fond Du Lac Denesuline Nation

P.O. Box 211
 Fond Du Lac, SK S0J 0W0
 Phone: (306) 686-2102
 Fax: (306) 686-2040

Prince Albert Grand Council Community Justice Program

Offers: Aboriginal Courtworker Program

Offers: Alternative Measures

- The Program receives Pre and Post-charge referrals from RCMP, schools and in some instances from the presiding Judge

- Provides conflict resolution opportunities

Offers: Rural Alternative Measures Program

- Victim/Offender Mediation
- Family Group Conferencing
- School Mediation
- Community Justice Forums
- Accountability Hearings

FORT QU'APPELLE

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

All Nations' Healing Hospital

P.O. Box 300
450 - 8th Street
Fort Qu'Appelle, SK S0G 1S0
Phone: (306) 332-5611
Fax: (306) 332-5033

Offers: Outpatient Mental Health Services

Offers: Outpatient Addictions Services

To access services, contact the intake line at (306) 766-6600. There is no cost associated with a Saskatchewan health card. The waitlist varies.

Federation of Saskatchewan First Nations

Approved Mental Health Therapists
See Appendix A.1

Leading Thunderbird Lodge

Box 400
Fort Qu'Appelle, SK S0G 1S0
Phone: (306) 332-5659
Fax: (306) 332-1850
E-mail: kmain.tl@sasktel.net

Offers: Inpatient Addiction Services and Outreach

For male clients aged 12-17 years old. Programs available include: concurrent disorders, on-the-land, gender-based, child counselling, outreach/patient programming, and solvent abuse issues. They accept clients with physical disabilities, court referral or Corrections clients, clients on Suboxone, and clients taking other psychoactive medications.

Rural Addiction Services

P.O. Box 1819
 Fort Qu'Appelle, SK S0G 1S0
 Phone: 1-866-367-8743
 Fax: (306) 332-3322

Offers: Outpatient Addiction Services

Offers: Outpatient Mental Health Services

To access services, contact intake at: 1-866-367-8743. There is no cost associated with a Saskatchewan health card. The waitlist varies.

SGI Impaired Driving Program

Toll Free: 1-844-855-2744

Offers: Driving Without Impairment Program

- Educate the individual about the serious problems related to drinking and driving
- Help the individual distinguish and separate the acts of drinking and driving

The course includes videos, group discussions, and presentations. The DWI course is a 16-hour course that runs Friday evening and all day Saturday and Sunday. It's held in an informal, friendly atmosphere, conducive to group interaction in 20 locations across the province with a \$150 fee. The \$150 fee can be payable to any motor licence issuer. The individual's DWI receipt will include the name and telephone number of a DWI coordinator that the individual must contact for enrolment.

Offers: Alcohol and Drug Education Program

A second licence suspension due to alcohol/drug-related driving offences and driving related Criminal Code convictions or roadside suspensions may require the individual to complete the ADE program.

- Educate the individual and provide activities to examine the individual's alcohol and drug use and the associated consequences, including the effects on the individual's family
- Help the individual learn about the effects of alcohol, other drugs and the signs/symptoms of addiction
- Provide information about chemical dependency progression and recovery
- Help the individual recognize the need to separate the acts of drinking, drug use and driving

The ADE course is a 28-hour course that runs 2 weekends in a row. The 1st weekend is Friday, Saturday and Sunday, and the next weekend is Saturday and Sunday. It's instructed by addiction counsellors and held in an informal, friendly atmosphere, conducive to group interaction in 3 locations across the province with a \$450 fee. The \$450 fee can be payable to any motor licence issuer. The individual's ADE receipt will include the name and telephone number of the ADE coordinator that the individual must contact to register for the course.

Offers: Addiction Assessment

If the individual's driver's licence is suspended due to a 3rd offence for a Criminal Code conviction or a roadside administrative licence suspension, addiction assessment is mandatory. Choosing to drive after drinking may be a sign of an alcohol abuse or an addiction problem. If the individual's driver's licence is suspended due to Criminal Code convictions, or roadside suspensions an addiction assessment may be mandatory. As a suspended driver, the individual cannot simply wait until the individual's suspension term is over to get the individual's licence back. If the individual does not complete addiction assessment, the individual's driver's licence will remain suspended indefinitely. The assessment is conducted by a qualified alcohol and drug services counsellor who will work with the individual to develop an individualized plan or program that the individual must complete in order to be eligible for an ignition interlock device, special restricted driver's licence or a full driver's licence.

SGL will advise the individual by mail who to contact to arrange an appointment. Or the individual can call SGL to confirm what courses the individual needs to take and where. The cost is \$150.

White Raven Healing Centre

450 - 8th Street East
 Fort Qu'Appelle, SK S0G 1S0
 Phone: (306) 332-2608
 Fax: (306) 332-2655
 Toll Free: 1-866-748-8922
 Website: www.whiteravenhealingcentre.com

Offers: Addiction Support - Outpatient/Outreach

- Individual Counseling and Treatment Plans
- Assessments – Gambling, Alcohol and Drugs
- Individual/Group/Telephone Counseling
- Education and Awareness Workshops
- Treatment and Detox Referrals
- Gambling Mobile Treatment- four times annually
- Journey Process Work (Physical and Emotional)
- Domestic Violence Intervention Training/Therapy

Offers: In-House Services

- 5 Seat Gambling Day Treatment Program Twice Annually
- Cultural Holistic Program
- In-House Elders
- Group/Individualized Counseling
- Family and Relationship Building
- Leisure and Recreation Activities
- Gambling Counsellor Training – Accredited 30-60 hours
- A.A and G.A. (Gamblers Anonymous Self Help Groups)
- Domestic Violence Education and Therapeutic Programs

Offers: Evening Cultural Program

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Muscowpetung First Nation

P.O. Box 1310
 Fort Qu'Appelle, SK S0G 1S0
 Phone: (306) 723-4747
 Fax: (306) 723-4710

Offers: File Hills Qu'Appelle Tribal Council Community Justice Initiative

- Crime Prevention
- Early Intervention
- Healing, Talking and Sentencing Circles
- Mediation and Dispute Resolution
- Alternative Measures Programs for Adults and Youths
- Victims' Services
- Community-Based Correctional Services that focus on Offender Rehabilitation and Reintegration and on Healing of Victims and Offenders.

Offers Aboriginal Court Worker Program

Offers: Probation Services

Offers: Youth Justice Programs

Pasqua First Nation

P.O. Box 968
 Fort Qu'Appelle, SK S0G 1S0
 Phone: (306) 332-5697
 Fax: (306) 332-5199

Offers: File Hills Qu'Appelle Tribal Council Community Justice Initiative

- Crime Prevention
- Early Intervention
- Healing, Talking and Sentencing Circles
- Mediation and Dispute Resolution
- Alternative Measures Programs for Adults and Youths
- Victims' Services,
- Community-Based Correctional Services that focus on Offender Rehabilitation and Reintegration and on Healing of Victims and Offenders.

Offers Aboriginal Court Worker Program

Offers: Probation Services

Offers: Youth Justice Programs

Qu'Appelle Valley Friendship Centre

P.O. Box 240
 185 Victoria Avenue
 Fort Qu'Appelle, SK S0G 1S0
 Phone: (306) 332-5616
 Fax: (306) 332-5091
 Website: www.qvfc.ca

Offers: Extrajudicial Sanctions

Offers: Alternative Measures

Offers: Cultural Connections for Aboriginal Youth

Standing Buffalo First Nation

P.O. Box 128

Fort Qu'Appelle, SK S0G 1S0

Phone: (306) 332-4685

Fax: (306) 332- 5953

Offers: File Hills Qu'Appelle Tribal Council Community Justice Initiative

- Crime Prevention
- Early Intervention
- Healing, Talking and Sentencing Circles
- Mediation and Dispute Resolution
- Alternative Measures Programs for Adults and Youths
- Victims' Services
- Community-Based Correctional Services that focus on Offender Rehabilitation and Reintegration and on Healing of Victims and Offenders

Offers Aboriginal Court Worker Program

Offers: Probation Services

Offers: Youth Justice Programs

White Raven Healing Centre

450 - 8th Street East

Fort Qu'Appelle, SK S0G 1S0

Phone: (306) 332-2608

Fax: (306) 332-2655

Toll Free: 1-866-748-8922

Offers: Community Justice

- Restorative justice planning
- Justice committee development and training and referrals for conflict resolution.
- Court referrals for mediation
- Sentencing and healing circles
- Diversion from courts
- Crime prevention workshops
- By-law development and justice related proposal

Offers: Court Worker Program

Offers: Probation Services

- The probation services program provides clients with a holistic approach to assessments and healing. A concerted effort is made to connect the client with positive community resources insuring community ownership of the probation process.

COUNSELLING & PROGRAMMING

White Raven Healing Centre

450 - 8th Street East
 Fort Qu'Appelle, SK S0G 1S0
 Phone: (306) 332-2608
 Fax: (306) 332-2655
 Toll Free: 1-866-748-8922

Programs available are for Men, Women, Children, Youth and Elders.

Offers: Indian Residential School Resolution Health Support Workers Program

- Provide emotional support for claimants who go through the IAP hearings
- Cultural support services by Elders regarding IRS issues
- Facilitate information workshops regarding IAP, Truth Reconciliation and Commemoration events
- Referrals to White Raven Healing Centre's therapists/counsellors and programming

Offers: Counselling - Holistic Counseling/Therapy

- | | |
|--|--|
| <ul style="list-style-type: none"> • Trauma Treatment & Resolution for Residential School Survivors • Individual Counseling and Treatment Plans • Group Counseling • Family Counseling • Couples Counseling | <ul style="list-style-type: none"> • Grief Counseling and Recovery • Sexual Abuse Counseling • Inner Child Recovery • Journey Work Processes • Anger Management • Suicide Intervention |
|--|--|

Offers: Training Workshops

- | | |
|---|---|
| <ul style="list-style-type: none"> • Gang Awareness • Domestic Violence • Parenting (Traditional, Nobody's Perfect, and Positive Parenting etc.) | <ul style="list-style-type: none"> • Social Responsibility Training, Youth Life Skills |
|---|---|

Offers: Evening Cultural Program beginning at 7:00 PM

- | | |
|---|---|
| <ul style="list-style-type: none"> • Ceremonies and traditional support for First Nation in-patients and their families as well as First Nation community residents • Individual counseling by on-site Elders • Traditional teachings by on-site Elders • On-site Elders work as part of a team with the Mental Health Therapists and Addictions Workers in treatment plans | <ul style="list-style-type: none"> • Sweat Lodge Ceremony building on site • Ceremony Room • Medicine Preparation and Storage Room on site • Traditional Medicine available on request • Weekly Co-ed Sweat Lodge Ceremonies by on site and/or local ceremonialists • Weekly Women's Sweat Lodge Ceremonies by Women Elders |
|---|---|

- Weekly Pipe Ceremonies and Cleansing Ceremonies by on-site Elders
- Monthly, Night Ceremonies by local ceremonialists
- Ceremonies coordinated by on-site Elders and Elder's Helper

Offers: Youth Justice Programs

- Kekininishiwini (Lessons of Life)
- Outreach – Anti gang – helping Youth stay out of gangs
- Re-Integration – Youth in custody back into communities
- Mentorship Program – Youth in custody – stay in school programs
- Youth Peacemaker Program – Restorative Justice in School

GALLIVAN

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Sweetgrass First Nation

P.O. Box 147
Gallivan, SK S0M 0X0
Phone: (306) 937-2990
Fax: (306) 937-7010

Battlefords/Lloydminster Adult Alternative Measures Program

Offers: Alternative Measures Program

Offers: Aboriginal Courtworker Program

Offers: Cultural Camps/Community Integration Program

Offers: First Nations Youth Restorative and Healing Project

Young Chippewayan First Nation

P.O. Box 66
Gallivan, SK S0M 0X0
Phone: (306) 937-7475
Fax: (306) 937-3960

Battlefords/Lloydminster Adult Alternative Measures Program

Offers: Alternative Measures Program

Offers: Aboriginal Courtworker Program

Offers: Cultural Camps/Community Integration Program

Offers: First Nations Youth Restorative and Healing Project

GEORGE GORDON FIRST NATION

George Gordon First Nation

P.O. Box 248
Punnichy, SK S0A 3C0
Phone: (306) 835-2232

Fax: (306) 835-2036

Offers: Touchwood Agency Tribal Council Community Justice Initiative

- Crime Prevention
- Early Intervention
- Healing
- Talking and Sentencing Circles
- Mediation and Dispute Resolution
- Alternative Measures Programs for Adults and Youths
- Victim Services
- Community-Based Correctional Services that Focus on Offender Rehabilitation and Reintegration, and Healing of Victims and Offenders

GLASLYN

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

GOODEVE

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Little Black Bear First Nation

P.O. Box 238

Goodeve, SK S0A 1C0

Phone: (306) 334-2269

Fax: (306) 334-2721

Offers: File Hills Qu'Appelle Tribal Council Community Justice Initiative

- Crime Prevention
- Early Intervention
- Healing, Talking and Sentencing Circles
- Mediation and Dispute Resolution
- Alternative Measures Programs for Adults and Youths
- Victims' Services,
- Community-Based Correctional Services that focus on Offender Rehabilitation and Reintegration and on Healing of Victims and Offenders.

Offers Aboriginal Court Worker Program

Offers: Probation Services

Offers: Youth Justice Programs

GOODSOIL

ADDICTIONS & MENTAL HEALTH SERVICES

L. Gervais Memorial Health Centre

100 - 1st Avenue North
 Goodsoil, SK S0M 1A0
 Phone: (306) 238-2100
 Fax: (306) 238-4449

Offers: Addiction Services by visiting specialists

Offers: Family Counselling by visiting specialists

To access services contact (306) 238-2100. There is no cost with a Saskatchewan health card. The waitlist varies.

GOVAN**ADDICTIONS & MENTAL HEALTH SERVICES****Mental Health and Addiction Services**

Rural-Lanigan
 Intake: (306) 365-3400

Offers: Outpatient Mental Health Services

Offers: Outpatient Addiction Services

There is a waitlist for counselling but it varies by community month-to-month. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of refers including court referrals. They ask that they will be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services.

GRAVELBOURG**ADDICTIONS & MENTAL HEALTH SERVICES****Alcoholics Anonymous**

See Appendix A.3

GREEN LAKE**ADDICTIONS & MENTAL HEALTH SERVICES****Green Lake Health Centre**

P.O. Box 29
 Green Lake, SK S0M 1B0
 Phone: (306) 832-6257
 Phone: (877) 800-0002
 Website: www.kyrha.ca

Offers: Addiction Services

Offers: Community Health Developer/Rep

Hours: Monday to Friday 8:00 am - 5:00 pm. To access services, contact the intake line at (306) 288-4800 or toll free at 1-866-848-8022. There is no cost with a Saskatchewan health card. Waitlist varies. They accept a variety of referrals, including self-referral and court referrals.

GRENFELL

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Grenfell Health Centre

721 Stella Street
Grenfell, SK S0G 2B0
Phone: (306) 697-4035
Addictions Toll Free: 1-866-367-8743
Addictions Fax: (306) 332-3322
Fax: (306) 697-4023

Offers: Outpatient Addictions Services.

Offers: Outpatient Mental Health Services

Offers: Community Therapy

To access services, contact the intake line at (306) 766-6600. There is no cost associated with a Saskatchewan health card. The waitlist varies.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Sakimay First Nation

P.O. Box 339
Grenfell, SK S0G 0R0
Phone: (306) 697-2831
Fax: (306) 697-3565

Yorkton Tribal Council Community Justice Program and Alternative Measures Program

Offers: Alternative Measures for Youths and Adults

- Crime Prevention
- Healing and Sentencing Circles
- Community-Based Victims and Correctional Services

GUERNSEY

ADDICTIONS & MENTAL HEALTH SERVICES

Mental Health and Addiction Services

Rural-Lanigan

Intake: (306) 365-3400

Offers: Outpatient Mental Health Services

Offers: Outpatient Addiction Services

There is a waitlist for counselling but it varies by community month-to-month. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of refers including court referrals. They ask that they will be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services.

GULL LAKE

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Gull Lake Special Care Centre

P.O. Box 539

751 Grey Street

Gull Lake, SK S0N 1A0

Phone: (306) 672-4700 (Health Centre)

Phone: (306) 672-4701 (Care Centre)

Phone: (306) 778-5280

Fax: (306) 778-5048

Hours: Monday to Friday 10:00 am - 6:00 pm

Offers: Child & Youth Counsellor

Offers: Outpatient Addictions Services

Offers support and counselling to adults (18 years and older) and Youth (17 years and the younger) for addictions to alcohol, drugs, and gambling

- Screening and assessment for users, abusers and addicts and affected family and friends
- Couples and parents programming
- Information sessions
- Recovery planning
- Counselling individuals and their families
- Relapse education
- Community Education and Development
- Consultation
- Safe Driving Program
- Rural clinic

Offers: Outpatient Mental Health Services

- Individual, couple, family, and group counselling
- Psychiatric assessments and treatment
- Rural clinics
- Public education
- Consultation

- Critical incident stress management

To access services, contact the intake line at 1-877-329-0005. There is no cost associated with a Saskatchewan health card. Waitlist varies.

HAFFORD

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Hafford Special Care Centre

P.O. Box 130
213 South Avenue East
Hafford, SK S0J 1A0
Phone: (306) 549-2108
Fax: (306) 549-2104
Website: www.paphr.Sk.ca

Offers: Outpatient Addiction Services

Offers: Mental Health/Holistic Health Services

Hours: Monday, Thursday and Friday - 8:30 am - 5:00 pm. Tuesday - 8:30 am- 9:00 pm. Wednesday - 8:30 am -12:30 pm. To access services, contact the regional intake line at (306) 765-6550 or toll free at 1-855-765-6550. There is no cost associated with a Saskatchewan health card. Waitlist varies.

HAGUE

ADDICTIONS & MENTAL HEALTH SERVICES

Mental Health and Addiction Services

Rural-Rosthern
Intake: (306) 232-6001

Offers: Outpatient Mental Health Services

Offers: Outpatient Addiction Services

There is a waitlist for counselling but it varies by community month-to-month. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of refers including court referrals. They ask that they will be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services.

HANLEY**ADDICTIONS & MENTAL HEALTH SERVICES****Community Mental Health Nurse**

Saskatoon Rural

Intake: (306) 655-7777

Offers: Community Mental Health Nurse

Each area has its own nurse. They require a Saskatchewan health card and a referral from a general practitioner. The individual can specify which community they would like to access services in.

HATCHET LAKE**ADDICTIONS & MENTAL HEALTH SERVICES****Hatchet Lake Health Centre**

P.O. Box 169

Hatchet Lake, SK S0J 3C0

Phone: (306) 633-2167

Fax: (306) 633-2013

Offers: Outpatient Mental Health Services

To access services contact (306) 425-2422. There is no cost associated with a Saskatchewan health card. The waitlist varies.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS**Hatchet Lake Denesuline Nation**

General Delivery

Wollaston Lake, SK S0J 3C0

Phone: (306) 633-2003

Fax: (306) 633-2040

Offers: Rural Alternative Measures Program

- Victim/Offender Mediation
- Family Group Conferencing
- School Mediation
- Community Justice Forums
- Accountability Hearings

Prince Albert Grand Council Community Justice Program

Offers: Alternative Measures

- The Program receives Pre and Post-charge referrals from RCMP, schools and in some instances from the presiding Judge
- Provide conflict resolution opportunities

HEPBURN**ADDICTIONS & MENTAL HEALTH SERVICES****Community Mental Health Nurse**

Saskatoon Rural

Intake: (306) 655-7777

Offers: Community Mental Health Nurse

Each area has its own nurse. They require a Saskatchewan health card and a referral from a general practitioner. The individual can specify which community they would like to access services in.

HERBERT**ADDICTIONS & MENTAL HEALTH SERVICES****Herbert and District Integrated Health Facility**

P.O. Box 520

405 Herbert Avenue

Herbert, SK S0H 2A0

Phone: (306) 784-2466

Phone: (306) 778-5280

Fax: (306) 778-5048

Offers: Child & Youth CounsellorOffers: Outpatient Addictions Services

Offers support and counselling to adults (18 years and older) and Youth (17 years and the younger) for addictions to alcohol, drugs, and gambling

- Screening and assessment for users, abusers and addicts and affected family and friends
- Couples and parents programming
- Information sessions
- Recovery planning
- Counselling individual's families
- Relapse education
- Community Education and Development
- Consultation
- Safe Driving Program
- Rural clinics

Offers: Outpatient Mental Health Services

- Individual, couple, family, and group counselling
- Psychiatric assessments and treatment
- Rural clinics
- Public education
- Consultation
- Critical incident stress management

Hours: 24 hours a day, 7 days a week. To access services, contact the intake line at 1-877-329-0005. There is no cost associated with a Saskatchewan health card. Waitlist varies.

HODGEVILLE

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Hodgeville Health Centre

P.O. Box 232

105 Main Street

Hodgeville, SK S0H 2B0

Phone: (306) 677-2292

Phone: (306) 778-5280

Fax: (306) 778-5048

Offers: Outpatient Addictions Services

Offers support and counselling to adults (18 years and older) and Youth (17 years and the younger) for addictions to alcohol, drugs, and gambling

- Screening and assessment for users, abusers and addicts and affected family and friends
- Couples and parents programming
- Information sessions
- Recovery planning
- Counselling individuals and their families
- Relapse education
- Community Education and Development
- Consultation
- Safe Driving Program
- Rural clinics

Offers: Outpatient Mental Health Services

- Individual, couple, family, and group counselling
- Psychiatric assessments and treatment
- Rural clinics
- Public education
- Consultation
- Critical incident stress management.

Offers: Visiting Professionals

Offers: Child & Youth Counsellor

Hour of Operation: Monday & Thursday 8:00 am – 4:00 pm. To access services, contact centralized intake at: (306) 778-5280. There is no cost associated with a Saskatchewan health card. The waitlist varies.

HUDSON BAY

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Hudson Bay Health Care Facility

P.O. Box 940

614 Prince Street

Hudson Bay, SK S0E 0Y0

Phone: (306) 865-5600

Addictions Services Phone: (306) 865-4211

Fax: (306) 865-2429

Offers: Outpatient Mental Health Services

- Therapy for victims of abuse
- Child and Youth service
- Behavior management counselling
- Therapy for stress, anxiety, depression, and phobias
- Psychological assessment
- Crisis service
- Educational information provided

Offers: Outpatient Addictions Services

- Outpatient counselling to individuals involved in substance abuse and others affected by their usage
- SGI screening
- Problem gambling counselling
- Education and prevention programs, presentations, workshops, etc.

To access services, contact the central intake line at (306) 865-4211. There is no cost associated with a Saskatchewan health card. Waitlist varies.

HUMBOLDT**ADDICTIONS & MENTAL HEALTH SERVICES****Humboldt District Hospital**1210 - 9th Street North

Humboldt, SK S0K 2A0

Phone: (306) 682-2603

Fax: (306) 682-4046

Website: www.cityofhumboldt.ca/default.aspx?page=38Offers: Outpatient Addiction ServicesOffers: Outpatient Mental Health/Holistic Health Services

To access services, contact intake at (306) 682-5333. There is no cost associated with a Saskatchewan health card. The waitlist varies.

ILE A LA CROSSE

ADDICTIONS & MENTAL HEALTH SERVICES

Ile a la Crosse - St. Joseph's Hospital and Health Centre

P.O. Box 630

Ile a la Crosse, SK S0M 1C0

Phone: (306) 833-2016

Toll Free Phone: 1-866-848-8299

Fax: (306) 833-2556

Website: www.kyrha.ca

Offers: Outpatient Addiction Services

Offers: Community Health Developer/Rep

Offers: Outpatient Mental Health/Holistic Health Services

To access services, contact the intake line at (306)-833-2016 or toll free at 1-866-848-8299. There is no cost with a Saskatchewan health card. Waitlist varies. They accept a variety of referrals, including self-referral and court referrals.

Ile a La Crosse Family Healing Unit

Bag Services #630

Ile A La Crosse, SK S0M 1C0

Phone: (306) 833-2462

Intake: (306) 833-3390

Fax: (306) 833-3020

Offers: Detoxification

This is a social detox service not a medical detox service. They contact the worker at the intake line to set up a meeting at (306) 833-3390 after 1:00 pm. There are 4 beds and it is first come first serve. There is no cost associated with a Saskatchewan health card.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Ile a La Crosse Friendship Centre

Ile a la Crosse, SK S0M 1C0

Phone: (306) 833-2662

Offers: Aboriginal Court Worker program

Métis Family & Community Justice Services of Saskatchewan Inc.

1937 Ontario Avenue

Saskatoon, SK S7K 1T5

Phone: (306) 964-1440 or 1-866-622-2220

E-mail: mfcjs.general@gmail.com

Offers: Community Justice Program

- Diversion/alternative measures hearings

- Mediations, family/group conferences
- Healing and sentencing circles; and the recording of minutes for such processes

They accept referrals from the courthouse. For diversion they require the individual to submit a 2-page essay about who they are. And they may ask them to complete community service or make a donation. For mediation, the requirements come from an agreement between the offender and the victim.

IMPERIAL

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

INDIAN HEAD

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Pine Lodge

P.O. Box 457
211 Otterloo Street
Indian Head, SK S0G 2K0
Phone: (306) 695-2251
Fax (306) 695-2514

Offers: In-patient/Outpatient Addictions Services

A 28-day inpatient drug and alcohol treatment centre. They accept self-referrals through an addictions counsellor at addiction services in the prospective participant's health region. The individual must be free of all alcohol and drugs for 14 days prior to admission. There is a 7-day blackout on all phone calls, messages and visitors. No cost associated with a Saskatchewan health card. The waitlist varies.

INVERMAY

ADDICTIONS & MENTAL HEALTH SERVICES

Invermay Health Centre

303 - 4th Avenue North
Invermay, SK S0A 1M0
Phone: (306) 593-2133
Intake: (306) 786-0558
Fax: (306) 593-4566
Website: www.sunrisehealthregion.Sk.ca

Offers: Part-time Mental Health Clinic

Offers: Drug and alcohol Worker

To access services, the individual calls the intake line at (306) 786-0558. There is no cost associated with a Saskatchewan health card. The waitlist varies.

ISLAND LAKE FIRST NATION

Island Lake First Nation

P.O. Box 460

Loon Lake, SK S0M 1L0

Phone: (306) 837-2188

Fax: (306) 837-2266

Meadow Lake Tribal Council Administration of Cree and Dene Justice Initiative

Offers: Alternative Measures

- Crime Prevention
- Mediation and Dispute Resolution
- Healing
- Talking and Sentencing Circles
- Alternative Measures Programs for Adults and Youths
- Victim Services
- Community-Based Correctional Services that Focus on Offender Rehabilitation and Reintegration and Healing of Victims and Offenders

ITUNA

ADDICTIONS & MENTAL HEALTH SERVICES

Ituna Wellness Centre

P.O. Box 130

320 - 5th Avenue North East

Ituna, SK S0A 9N0

Phone: (306) 795-2622

Phone: (306) 795-2588

Intake: (306) 786-0558

Fax: (306) 795-3592

Offers: Part-time Mental Health Clinic

To access services, the individual calls the intake line at (306) 786-0558. There is no cost associated with a Saskatchewan health card. The waitlist varies.

JAMES SMITH

James Smith First Nation

P.O. Box 1059

Melfort, SK S0E 1A0
 Phone: (306) 864-3636
 Fax: (306) 864-3336

Prince Albert Grand Council Community Justice Program

Offers: Alternative Measures

- The Program receives Pre and Post-charge referrals from RCMP, schools and in some instances from the presiding Judge.
- Provide conflict resolution opportunities

The individual is referred from the courts or the community. There is no cost. They can access services immediately. They ask for a 3-month adjournment to complete the file.

ADDICTIONS & MENTAL HEALTH SERVICES

James Smith Health Centre

P.O. Box 506
 James Smith, S0J 1H0
 Phone: (306) 864-2454
 Fax: (306) 864-2536
 Website: www.pagc.Sk.ca

Offers: Mental Health/Holistic Health Services

Hours are Monday to Friday 8:30 am - 4:30 pm; closed at noon, weekends and holidays. To access services, contact the regional intake line at (306) 765-6550 or toll free at 1-855-765-6550. There is no cost associated with a Saskatchewan health card. Waitlist varies.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

James Smith Cree Nation

Phone: (306) 864-3636

Offers: Rural Alternative Measures Program

- Victim/Offender Mediation
- Family Group Conferencing
- School Mediation
- Community Justice Forums
- Accountability Hearings

JANSEN

ADDICTIONS & MENTAL HEALTH SERVICES

Mental Health and Addiction Services

Rural-Lanigan
 Intake: (306) 365-3400

Offers: Outpatient Mental Health Services

Offers: Outpatient Addiction Services

There is a waitlist for counselling but it varies by community month-to-month. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of refers including court referrals. They ask that they will be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services.

KAHKEWISTAHAW FIRST NATION

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Kahkewistahaw First Nation

P.O. Box 609

Broadview, SK S0G 0K0

Phone: (306) 696-3291

Fax: (306) 696-3201

Website: <http://www.kahkewistahaw.com/about.php>

Yorkton Tribal Council Community Justice Program and Alternative Measures Program

Offers: Alternative Measures for Youths and Adults

- Crime Prevention
- Healing and Sentencing Circles
- Community-Based Victims and Correctional Services

KAMSACK

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Cote First Nation Band Office

Cote First Nation, SK

Phone: (306) 542-2694

Intake: (306) 786-0558

Fax: (306) 542-3735

Offers: Part-time Mental Health Clinic

Offers: National Native Alcohol and Drug Abuse Program Counsellor

To access services, the individual calls the intake line at (306) 786-0558. There is no cost associated with a Saskatchewan health card. The waitlist varies.

Kamsack Hospital

341 Stewart Street

Kamsack, SK S0A 1S0

Phone: (306) 542-2635

Intake: (306) 786-0558

Fax: (306) 542-4360

Website: www.sunrisehealthregion.sk.ca/default.aspx?page=19Offers: Part-time Mental Health Clinic

To access services, the individual calls the intake line at (306) 786-0558. There is no cost associated with a Saskatchewan health card. The waitlist varies.

Kamsack Public Health Office

59 Queen Elizabeth Boulevard

Kamsack, SK S0A 1S0

Phone: (306) 542-4295 ext. 202

Intake: (306) 786-0558

Fax: (306) 542-2995

Website: www.sunrisehealthregion.sk.caOffers: Part-time Mental Health Clinic

To access services, contact centralized intake at 1-888-989-8444. There is no cost associated with a Saskatchewan health card. The waitlist varies.

Keeseekoose First Nation Band Office

P.O. Box 1120

Kamsack, SK S0A 1S0

Phone: (306) 542-2012

Intake: (306) 786-0558

Fax: (306) 542-2586

Offers: Part-time Mental Health Clinic

To access services, the individual calls the intake line at (306) 786-0558. There is no cost associated with a Saskatchewan health card. The waitlist varies.

Saulteaux Healing and Wellness Centre

Box 868

Kamsack, SK S0A 1S0

Phone: (306) 542-4110

Fax: (306) 542-3241

E-mail: shwc@sasktel.netOffers: Outpatient Addiction Services

For clients of all ages, both male and female. Programs available include: concurrent disorders, on-the-land, gender-based, methadone maintenance, and prescription drug

abuse counselling. They accept clients with physical disabilities, pregnant women, court referral or Corrections clients, clients on Methadone, clients on Suboxone, and clients taking other psychoactive medication.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Cote First Nation

P.O. Box 1659
Kamsack, SK S0A 1S0
Phone: (306) 542-2694
Fax: (306) 542-3735

Yorkton Tribal Council Community Justice Program and Alternative Measures Program

Offers: Alternative Measures for Youths and Adults

- Crime Prevention
- Healing and Sentencing Circles
- Community-Based Victims and Correctional Services

Keeseekoose First Nation

P.O. Box 1120
Kamsack, SK S0A 1S0
Phone: (306) 542-2012
Fax: (306) 542-2586

Yorkton Tribal Council Community Justice Program and Alternative Measures Program

Offers: Alternative Measures for Youths and Adults

- Crime Prevention
- Healing and Sentencing Circles
- Community-Based Victims and Correctional Services

KAWACATOOSE FIRST NATION

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Kawacatoose First Nation

P.O. Box 640
Raymore, SK S0A 3J0
Phone: (306) 835-2125
Fax: (306) 835-2178

Offers: Touchwood Agency Tribal Council Community Justice Initiative

- Crime Prevention
- Early Intervention
- Healing
- Talking and Sentencing Circles
- Mediation and Dispute Resolution
- Alternative Measures Programs for Adults and Youths

- Victim Services
- Community-Based Correctional Services that Focus on Offender Rehabilitation and Reintegration, and Healing of Victims and Offenders

KEESEKOOSE FIRST NATION

ADDICTIONS & MENTAL HEALTH SERVICES

Keeseekoose First Nation Band Office

P.O. Box 1120
 Kamsack, SK S0A 1S0
 Phone: (306) 542-2012
 Intake: (306) 786-0558
 Fax: (306) 542-2586

Offers: Part-time Mental Health Clinic

To access services, the individual calls the intake line at (306) 786-0558. There is no cost associated with a Saskatchewan health card. The waitlist varies.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Keeseekoose First Nation

P.O. Box 1120
 Kamsack, SK S0A 1S0
 Phone: (306) 542-2012
 Fax: (306) 542-2586

Yorkton Tribal Council Community Justice Program and Alternative Measures Program
Offers: Alternative Measures for Youths and Adults

- Crime Prevention
- Healing and Sentencing Circles
- Community-Based Victims and Correctional Services

KELVINGTON

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Federation of Saskatchewan First Nations

Approved Mental Health Therapists
 See Appendix A.1

Kelvington Hospital

P.O. Box 70
 512 - 1st Avenue South
 Kelvington, SK S0A 1W0

Phone: (306) 327-5500

Fax: (306) 327-5115

Offers: Outpatient Mental Health Services from visiting specialists

Offers: Outpatient Addiction Services from visiting specialists

To access services, contact the central intake line at (306) 752-8767. There is no cost associated with a Saskatchewan health card. Waitlist varies.

KENOSEE PARK

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

KERROBERT

ADDICTIONS & MENTAL HEALTH SERVICES

Kerrobert Integrated Health Centre

P.O. Box 320

115 Manitoba Avenue

Kerrobert, SK S0L 1R0

Phone: (306) 834-2646

Offers: Outpatient Addiction Services by visiting specialists

Offers: Child and Youth Counsellor by visiting specialists

Services are accessed through the Centralized intake system by calling the toll-free number 1-866-268-9139. There is no cost associated with a Saskatchewan health card. Waitlist varies.

COUNSELLING & PROGRAMMING

West Central Crisis and Family Support Centre

116 - 1st Avenue West

Kindersley, SK S0L 1S0

Phone: (306) 463-6655

Fax: (306) 655-4931

Website: www.westcentralcrisis.ca

Offers: Counselling and Support

- Provides free counselling, information and referrals related to loss, pension, income assistance, food, financial assistance.

This is a satellite service offered on Tuesdays.

KEY FIRST NATION

Key First Nation

P.O. Box 70
 Norquay, SK S0A 2V0
 Phone: (306) 594-2020
 Fax: (306) 594-2545
 Website: <http://www.keyband.com/>

Yorkton Tribal Council Community Justice Program and Alternative Measures Program
Offers: Alternative Measures for Youths and Adults

- Crime Prevention
- Healing and Sentencing Circles
- Community-Based Victims and Correctional Services

KINCAID

ADDICTIONS & MENTAL HEALTH SERVICES

Kincaid Wellness Centre

P.O. Box 179
 Kincaid, SK S0H 2J0
 Phone: (306) 264-3233
 Fax: (306) 264-3878

Offers: Outpatient Mental Health Services
Offers: Outpatient Addiction Services

For access to any of these services, please contact the central intake program by calling 1-877-564-0543 or (306) 694-0379.

KINDERSLEY

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Kindersley Health Facility

1003 - 1st Street West
 Kindersley, SK S0L 1S0
 Phone: 1-866-268-9139
 Fax: (306) 463-5520
 Centralized Intake: 1-866-268-9139

Offers: Outpatient Mental Health Services
Offers: Outpatient Addiction Services

- Addictions Counsellor

- Individual, family and group outpatient counselling and education
- 180 Alcohol and Drug Diversion Program for Youth who are ticketed by the RCMP for minor consumption/possession of alcohol and/or possession of small amounts of controlled substances in lieu of paying the fine
- Ongoing assessment & treatment planning
- Referral to in-patient facilities

Services are accessed through the Centralized intake system by calling the toll-free number 1-866-268-9139. There is no cost associated with a Saskatchewan health card. Waitlist varies.

SGI Impaired Driving Program

Toll Free: 1-844-855-2744

Offers: Driving Without Impairment Program

- Educate the individual about the serious problems related to drinking and driving
- Help the individual distinguish and separate the acts of drinking and driving

The course includes videos, group discussions, and presentations. The DWI course is a 16-hour course that runs Friday evening and all day Saturday and Sunday. It's held in an informal, friendly atmosphere, conducive to group interaction in 20 locations across the province with a \$150 fee. The \$150 fee can be payable to any motor licence issuer. The individual's DWI receipt will include the name and telephone number of a DWI coordinator that the individual must contact for enrolment.

Offers: Alcohol and Drug Education Program

A second licence suspension due to alcohol/drug-related driving offences and driving related Criminal Code convictions or roadside suspensions may require the individual to complete the ADE program.

- Educate the individual and provide activities to examine the individual's alcohol and drug use and the associated consequences, including the effects on the individual's family
- Help the individual learn about the effects of alcohol, other drugs and the signs/symptoms of addiction
- Provide information about chemical dependency progression and recovery
- Help the individual recognize the need to separate the acts of drinking, drug use and driving

The ADE course is a 28-hour course that runs 2 weekends in a row. The 1st weekend is Friday, Saturday and Sunday, and the next weekend is Saturday and Sunday. It's instructed by addiction counsellors and held in an informal, friendly atmosphere, conducive to group interaction in 3 locations across the province with a \$450 fee. The \$450 fee can be payable to any motor licence issuer. The individual's ADE receipt will include the name and telephone number of the ADE coordinator that the individual must contact to register for the course.

Offers: Addiction Assessment

If the individual's driver's licence is suspended due to a 3rd offence for a Criminal Code conviction or a roadside administrative licence suspension, addiction assessment is mandatory. Choosing to drive after drinking may be a sign of an alcohol abuse or an addiction problem. If the individual's driver's licence is suspended due to Criminal Code convictions, or roadside suspensions an addiction assessment may be mandatory. As a suspended driver, the individual cannot simply wait until the individual's suspension term is over to get the individual's licence back. If the individual does not complete addiction assessment, the individual's driver's licence will remain suspended indefinitely. The assessment is conducted by a qualified alcohol and drug services counsellor who will work with the individual to develop an individualized plan or program that the individual must complete in order to be eligible for an ignition interlock device, special restricted driver's licence or a full driver's licence.

SGL will advise the individual by mail who to contact to arrange an appointment. Or the individual can call SGL to confirm what courses the individual needs to take and where. The cost is \$150.

COUNSELLING & PROGRAMMING

West Central Crisis and Family Support Centre

116 - 1st Avenue West
 Kindersley, SK S0L 1S0
 Phone: (306) 463-6655
 Fax: (306) 655-4931
 Website: www.westcentralcrisis.ca

Offers: Counselling and Support

- Provides free counselling, information and referrals related to loss, pension, income assistance, food, financial assistance.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Kindersley Community Justice Committee

106 - 5th Avenue East
 P.O. Box 1269
 Kindersley, SK S0L 1S0
 Phone: (306) 463-2675

KINISTIN SAULTEAUX NATION

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Kinistin Saulteaux Nation

P.O. Box 2590
 Tisdale, SK S0E 1T0
 Phone: (306) 878-8188
 Fax: (306) 873-5235
 Website: <http://www.kinistin.sk.ca/>

Southeast Treaty Four Tribal Council Justice Program

Offers: Alternative Measures

- The Program operates diversion programs for Youths and adults in the criminal justice system.
- The active participation and guidance of Elders is essential to all phases of the diversion process.
- The Program also provides awareness, education and training to its member of First Nations on criminal justice processes and community justice programs.
- Other program activities include providing technical advice, coordinating training, planning, developing and evaluating programs, developing committees, developing policy, and collecting data.

KIPLING**ADDICTIONS & MENTAL HEALTH SERVICES****Alcoholics Anonymous**

See Appendix A.3

Kipling Mental Health

Kipling Memorial Health Centre

P.O. Box 420

Kipling, SK S0G 2S0

Phone: (306) 736-2638

Addiction Services: (306) 736-2363

Toll Free: 1-800-216-7689

Fax: (306) 842 8690

Offers: Outpatient Mental Health Services

For new referrals within the health region, please contact the Intake Office at (306) 842-8665 or toll free (800) 216-7689. There is no cost with a Saskatchewan health card. The waitlist varies.

KINLEY**ADDICTIONS & MENTAL HEALTH SERVICES****Federation of Saskatchewan First Nations**

Approved Mental Health Therapists

See Appendix A.1

KISBEY**ADDICTIONS & MENTAL HEALTH SERVICES****Alcoholics Anonymous**

See Appendix A.3

KUROKI**ADDICTIONS & MENTAL HEALTH SERVICES****Alcoholics Anonymous**

See Appendix A.3

KYLE**ADDICTIONS & MENTAL HEALTH SERVICES****Kyle District Health Centre**

P.O. Box 70

208 – 3rd Avenue East

Kyle, SK S0L 1T0

Phone: (306) 375-2251

Offers: Outpatient Addiction Services by visiting specialists

Services are accessed through the Centralized intake system by calling the toll-free number 1-866-268-9139. There is no cost associated with a Saskatchewan health card. Waitlist varies.

KYLEMORE**ADDICTIONS & MENTAL HEALTH SERVICES****Federation of Saskatchewan First Nations**

Approved Mental Health Therapists

See Appendix A.1

LAFLECHE**ADDICTIONS & MENTAL HEALTH SERVICES****Alcoholics Anonymous**

See Appendix A.3

Lafleche Health Centre

Lafleche, SK S0H 2K0

Phone: (306) 472-5230

Offers: Outpatient Mental Health Services as a Satellite Clinic

Offers: Outpatient Addictions Services as a Satellite Clinic

For access to any of these services, please contact the central intake program by calling 1-877-564-0543 or (306) 694-0379.

LAIRD**ADDICTIONS & MENTAL HEALTH SERVICES****Mental Health and Addiction Services**

Rural-Rosthern

Intake: (306) 232-6001

Offers: Outpatient Mental Health ServicesOffers: Outpatient Addiction Services

There is a waitlist for counselling but it varies by community month-to-month. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of refers including court referrals. They ask that they will be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services.

LAKE LENORE**ADDICTIONS & MENTAL HEALTH SERVICES****Alcoholics Anonymous**

See Appendix A.3

Mental Health and Addiction Services

Rural-Humboldt

Intake: (306) 682-5333

Offers: Outpatient Mental Health ServicesOffers: Outpatient Addiction Services

There is a waitlist for counselling but it varies by community month-to-month. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of refers including court referrals. They ask that they will be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services.

LA LOCHE**ADDICTIONS & MENTAL HEALTH SERVICES****La Loche Health Centre and Hospital**

1447 Dene Road

Bag Service 1

La Loche, SK S0M 1G0

Phone: (306) 822-3200

Fax: (306) 822-2274

Second Phone: 1 (888) 688-7087
 Website: www.kyrha.ca
 Hours: Monday to Friday 8:00 am - 5:00 pm.

Offers: Outpatient Addiction Services

Offers: Outpatient Mental Health/Holistic Health Services

To access services, contact the intake line at (306)-833-2016 or toll free at 1-866-848-8299. There is no cost with a Saskatchewan health card. Waitlist varies. They accept a variety of referrals, including self-referral and court referrals.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Clearwater River Dene Nation

P.O. Box 5050
 La Loche, SK, S0M 3H0
 Phone: (306) 822-2021
 Fax: (306) 822-2212

Meadow Lake Tribal Council Administration of Cree and Dene Justice Initiative

Offers: Alternative Measures

- Crime Prevention
- Mediation and Dispute Resolution
- Healing
- Talking and Sentencing Circles
- Alternative Measures Programs for Adults and Youths
- Victim Services
- Community-Based Correctional Services that Focus on Offender Rehabilitation and Reintegration and Healing of Victims and Offenders

La Loche Friendship Centre

1440 Fontaine Street
 La Loche, SK S0M 1G0
 Phone: (306) 822-2606
 Fax: (306) 822-2623

Offer: Alternative Measures

- Diversion
- Healing
- Sentencing and Reintegration Circles
- Family Group Conferencing
- Mediation Between Victims and Offenders
- Peer Mediation
- Community-Based Support Programming for Offenders

COUNSELLING & PROGRAMMING

La Loche Friendship Centre

1440 Fontaine Street
 La Loche, SK S0M 1G0

Phone: (306) 822-2606

Fax: (306) 822-2623

Offers: Youth Intervention Program

Offers: Family Support Program

Offers: Guns Gangs and Drugs Program

LANGENBURG

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Langenburg Health Care Complex

200 Heritage Drive

Langenburg, SK S0A 2A0

Phone: (306) 743-2661

Intake: (306) 786-0558

Fax: (306) 743-5025

Offers: Part-time Mental Health Clinic

To access services, the individual calls the intake line at (306) 786-0558. There is no cost associated with a Saskatchewan health card. The waitlist varies.

LANGHAM

ADDICTIONS & MENTAL HEALTH SERVICES

Community Mental Health Nurse

Saskatoon Rural

Intake: (306) 655-7777

Offers: Community Mental Health Nurse

Each area has its own nurse. They require a Saskatchewan health card and a referral from a general practitioner. The individual can specify which community they would like to access services in.

LANIGAN

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Lanigan Integrated Hospital

P.O. Box 1060

36 Downing Drive
 Lanigan, SK S0K 2M0
 Intake Number: (306) 365-3400

Offers: Outpatient Mental Health Services

Offers: Outpatient Addiction Services

Offers: Counselling

There is a waitlist for counselling but it varies by community month-to-month. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of refers including court referrals. They ask that they will be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services.

LA RONGE

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Federation of Saskatchewan First Nations

Approved Mental Health Therapists

See Appendix A.1

Jeannie Bird Clinic

P.O. Box 1770

334 Wilson Charles Street

La Ronge, SK S0J 1L0

Phone: (306) 425-3600

Phone: 1-877-425-3443

Fax: (306) 425-5520

Website: www.llrib.ca

Offers: Outpatient Addiction Services

Offers: Outpatient Mental Health/Holistic Health Services

Hours are Monday to Friday 8:00 am - 4:30 pm; closed on weekends and holidays. To access services contact (306) 425-2422. There is no cost associated with a Saskatchewan health card. The waitlist varies.

Kikinak Project Hope - La Ronge Health Care

P.O. Box 6000

320 Broadman Street

La Ronge, SK S0J 1L0

Phone: (305) 425-8575

Second Phone: (306) 425-8574

La Ronge Crisis Hotline: (306) 425-4090

Fax: (306) 425-8570

Website: www.mcrrha.sk.ca

Offers: Addiction Services

Offers: Mental Health/Holistic Health Services

Hours: Monday to Friday 8:00 am - 5:00 pm. To access services contact (306) 425-2422. There is no cost associated with a Saskatchewan health card. The waitlist varies.

La Ronge Health Centre

P.O. Box 6000

227 Backlund Street

La Ronge, SK S0J 1L0

Phone: (306) 425-4840

Fax: (306) 425-8514

Offers: Outpatient Addiction Services

Offers: Group Program for Addictions

Offers: Outpatient Mental Health Services

Offers: Group Program for Mental Health

Offers: Detoxification

To access services contact (306) 425-2422. There is no cost associated with a Saskatchewan health card. The waitlist varies.

SJI Impaired Driving Program

Toll Free: 1-844-855-2744

Offers: Driving Without Impairment Program

- Educate the individual about the serious problems related to drinking and driving
- Help the individual distinguish and separate the acts of drinking and driving

The course includes videos, group discussions, and presentations. The DWI course is a 16-hour course that runs Friday evening and all day Saturday and Sunday. It's held in an informal, friendly atmosphere, conducive to group interaction in 20 locations across the province with a \$150 fee. The \$150 fee can be payable to any motor licence issuer. The individual's DWI receipt will include the name and telephone number of a DWI coordinator that the individual must contact for enrolment.

Offers: Alcohol and Drug Education Program

A second licence suspension due to alcohol/drug-related driving offences and driving related Criminal Code convictions or roadside suspensions may require the individual to complete the ADE program.

- Educate the individual and provide activities to examine the individual's alcohol and drug use and the associated consequences, including the effects on the individual's family

- Help the individual learn about the effects of alcohol, other drugs and the signs/symptoms of addiction
- Provide information about chemical dependency progression and recovery
- Help the individual recognize the need to separate the acts of drinking, drug use and driving

The ADE course is a 28-hour course that runs 2 weekends in a row. The 1st weekend is Friday, Saturday and Sunday, and the next weekend is Saturday and Sunday. It's instructed by addiction counsellors and held in an informal, friendly atmosphere, conducive to group interaction in 3 locations across the province with a \$450 fee. The \$450 fee can be payable to any motor licence issuer. The individual's ADE receipt will include the name and telephone number of the ADE coordinator that the individual must contact to register for the course.

Offers: Addiction Assessment

If the individual's driver's licence is suspended due to a 3rd offence for a Criminal Code conviction or a roadside administrative licence suspension, addiction assessment is mandatory. Choosing to drive after drinking may be a sign of an alcohol abuse or an addiction problem. If the individual's driver's licence is suspended due to Criminal Code convictions, or roadside suspensions an addiction assessment may be mandatory. As a suspended driver, the individual cannot simply wait until the individual's suspension term is over to get the individual's licence back. If the individual does not complete addiction assessment, the individual's driver's licence will remain suspended indefinitely. The assessment is conducted by a qualified alcohol and drug services counsellor who will work with the individual to develop an individualized plan or program that the individual must complete in order to be eligible for an ignition interlock device, special restricted driver's licence or a full driver's licence.

SGL will advise the individual by mail who to contact to arrange an appointment. Or the individual can call SGL to confirm what courses the individual needs to take and where. The cost is \$150.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Kikinahk Friendship Centre

320 Boardman Street
La Ronge, SK S0J 1L0
Phone: (306) 425-2051

Offers: Fine Option and Community Service Orders

Offers: Crime Prevention Program

Lac La Ronge Indian Band

P.O. Box 480
Lac La Ronge, SK S0J 1L0
Phone: (306) 425-2183
Phone: (306) 425-1148
Fax: (306) 425-2590

Prince Albert Grand Council Community Justice Program

Offers: Aboriginal Courtworker Program

Offers: Alternative Measures

- The Program receives Pre and Post-charge referrals from RCMP, schools and in some instances from the presiding Judge
- Provide conflict resolution opportunities

Offers: Rural Alternative Measures Program

- Victim/Offender Mediation
- Family Group Conferencing
- School Mediation
- Community Justice Forums
- Accountability Hearings

COUNSELLING & PROGRAMMING

Kikinahk Friendship Centre

320 Boardman Street

La Ronge, SK S0J 1L0

Phone :(306) 425-2051

Offers: Youth Outreach

Offers: Crime Prevention Program

LAC LA RONGE

Lac La Ronge Indian Band

P.O. Box 480

Lac La Ronge, SK S0J 1L0

Phone: (306) 425-2183

Phone: (306) 425-1148

Fax: (306) 425-2590

Prince Albert Grand Council Community Justice Program

Offers: Aboriginal Courtworker Program

Offers: Alternative Measures

- The Program receives Pre and Post-charge referrals from RCMP, schools and in some instances from the presiding Judge
- Provide conflict resolution opportunities

Offers: Rural Alternative Measures Program

- Victim/Offender Mediation
- Family Group Conferencing
- School Mediation
- Community Justice Forums
- Accountability Hearings

LASHBURN

ADDICTIONS & MENTAL HEALTH SERVICES

Mental Health and Addiction Services

Rural-Maidstone

Addictions Intake: Kerry Robb (306) 893-2622 ext. 57868

Offers: Addiction Services

Addiction Services are based on need and the waitlist varies between 1-3 weeks depending on the community. They accept any kind of referrals, including court referrals.

LEADER

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Leader Hospital

P.O. Box 129

423 Main Street

Leader, SK S0N 1H0

Phone: (306) 628-3845

Phone: (306) 778-5280

Fax: (306) 778-5048

Offers: Outpatient Addictions Services

Offers support and counselling to adults (18 years and older) and Youth (17 years and the younger) for addictions to alcohol, drugs, and gambling

- Screening and assessment for users, abusers and addicts and affected family and friends
- Couples and parents programming
- Information sessions
- Recovery planning
- Counselling individuals and their families
- Relapse education
- Community Education and Development
- Consultation
- Safe Driving Program
- Rural clinics

Offers: Outpatient Mental Health Services

- Individual, couple, family, and group counselling
- Psychiatric assessments and treatment
- Rural clinics
- Public education
- Consultation
- Critical incident stress management

Offers: Child & Youth Counsellor

To access services, contact the intake line at 1-877-329-0005. There is no cost associated with a Saskatchewan health card. Waitlist varies.

LEASK

ADDICTIONS & MENTAL HEALTH SERVICES

Mistawasis Health Centre

P.O. Box 148
Leask, SK S0J 1M0
Phone: (306) 466-4507
Fax: (306) 466-2220
Website: www.paphr.Sk.ca

Offers: Mental Health/Holistic Health Services

Hours are Monday to Friday 8:30 am - 4:30 pm; closed at noon, weekends and holidays. To access services, contact the regional intake line at (306) 765-6550 or toll free at 1-855-765-6550. There is no cost associated with a Saskatchewan health card. Waitlist varies.

Mistawawis First Nation

P.O. Box 250
Leask, SK S0J 1M0
Phone: (306) 466-4800
E-mail: contact@mistawasis.ca

Offers: Community Addictions Prevention Program (CAPPS)

- Pre-treatment and assessment
- Counseling services
- Inter-agency collaboration
- Follow-up services
- Aftercare Program
- Prevention Programs – workshops and educational resources
- Smoking Cessation Programs & supports

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Mistawasis First Nation

P.O. Box 250
Leask, SK S0J 1M0
E-mail: contact@mistawasis.ca
Phone: (306) 466-4800

The Program staff and advisory committee continue to develop a community-based justice program that focuses on public education, crime prevention, victim services, corrections services, and alternative measures programming for Youths and adults. The Program is also working to expand after-care programs for those who have been affected by crime.

Offers: Justice Program

- Adult Justice Services & referrals
- Youth Justice Services & referrals
- Crime Prevention Initiatives
- Peacekeeping
- Community Policing
- Alternative Measures: victim/offender mediation, conflict/resolution, justice forum, sentencing circles, healing circles
- Community Support services: referrals to appropriate agencies, case planning/intensive case management for offenders
- Early release programming
- Reintegration
- Fine options
- Youth camps
- Development

Offers: Youth Justice Worker

- Assisting clients involved within the Criminal Justice System
- Training, Professional Development & Workshops
- Youth Groups
- Providing Summer Programming for the Youth
- Fine Options/Community Services
- Communication/Interagency
- Reports & Data Collection

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS**File Hills Qu'Appelle Tribal Council**

P.O. Box 178

Lebret, SK S0G 2Y0

Phone: (306) 332-1874

Fax: (306) 332-1811

Website: <http://www.fhqtc.com/>Offers: File Hills Qu'Appelle Tribal Council Community Justice Initiative

- Crime Prevention
- Early Intervention
- Healing, Talking and Sentencing Circles
- Mediation and Dispute Resolution
- Alternative Measures Programs for Adults and Youths
- Victims' Services
- Community-Based Correctional Services that focus on Offender Rehabilitation and Reintegration and on Healing of Victims and Offenders.

Offers Aboriginal Court Worker ProgramOffers: Probation ServicesOffers: Youth Justice Programs**LEIPZIG****ADDICTIONS & MENTAL HEALTH SERVICES****Alcoholics Anonymous**

See Appendix A.3

LEOVILLE**ADDICTIONS & MENTAL HEALTH SERVICES****Pelican Lake (Chitek) Health Centre**

P.O. Box 361

Leoville, SK S0J 1N0

Phone: (306) 984-4716

Fax: (306) 984-4728

Website: www.paphr.Sk.ca

Hours: Monday to Friday 8:30 - 4:30 PM

Offers: Outpatient Addiction Services

Offers: Outpatient Mental Health/Holistic Health Services

To access services contact (306) 425-2422. There is no cost associated with a Saskatchewan health card. The waitlist varies.

LEROY**ADDICTIONS & MENTAL HEALTH SERVICES****Mental Health and Addiction Services**

Rural-Humboldt

Intake: (306) 682-5333

Offers: Outpatient Mental Health Services

Offers: Outpatient Addiction Services

There is a waitlist for counselling but it varies by community month-to-month. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of refers including court referrals. They ask that they will be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

LESTOCK**ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS****Muskowekwan First Nation**

P.O. Box 249

Lestock, SK S0A 2G0

Phone: (306) 274-2061

Fax: (306) 274-2110

Offers: Touchwood Agency Tribal Council Community Justice Initiative

- Crime Prevention
- Early Intervention

- Healing
- Talking and Sentencing Circles
- Mediation and Dispute Resolution
- Alternative Measures Programs for Adults and Youths
- Victim Services
- Community-Based Correctional Services that Focus on Offender Rehabilitation and Reintegration, and Healing of Victims and Offenders

LITTLE BLACK BEAR FIRST NATION

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Little Black Bear First Nation

P.O. Box 238

Goodeve, SK S0A 1C0

Phone: (306) 334-2269

Fax: (306) 334-2721

Offers: File Hills Qu'Appelle Tribal Council Community Justice Initiative

- Crime Prevention
- Early Intervention
- Healing, Talking and Sentencing Circles
- Mediation and Dispute Resolution
- Alternative Measures Programs for Adults and Youths
- Victims' Services
- Community-Based Correctional Services that focus on Offender Rehabilitation and Reintegration and on Healing of Victims and Offenders

Offers Aboriginal Court Worker Program

Offers: Probation Services

Offers: Youth Justice Programs

LITTLE PINE

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Little Pine First Nation

P.O. Box 70

Paynton, SK S0M 2J0

Phone: (306) 398-4942

Fax: (306) 398-2377

Battlefords/Lloydminster Adult Alternative Measures Program:

Offers: Alternative Measures Program

Offers: Aboriginal Courtworker Program

Offers: Cultural Camps/Community Integration Program

Offers: First Nations Youth Restorative and Healing Project

LOON LAKE

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Makwa Sahgaiehcan First Nation Health Centre

P.O. Box 559

Loon Lake, SK S0M 1L0

Phone: (306) 837-2208

Fax: (306) 837-4469

Website: www.mlhc.ca

Offers: Outpatient Addiction Services

Offers: Mental Health/Holistic Health Services

Mistahey Musqua Treatment Centre

Box 404

Loon Lake, SK S0M 1L0

Phone: (306) 837-2184

Fax: (306) 837-4414

E-mail: mmtc@sasktel.net

Offers: Inpatient Addiction Services

For clients aged 18 and over. Both men and women accepted. Programs available include: concurrent disorders, residential schools, and couples counselling. They accept clients with physical disabilities, pregnant women, court referral or Corrections clients, and clients on Suboxone.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Island Lake First Nation

P.O. Box 460

Loon Lake, SK, S0M 1L0

Phone: (306) 837-2188

Fax: (306) 837-2266

Meadow Lake Tribal Council Administration of Cree and Dene Justice Initiative

Offers: Alternative Measures

- Crime Prevention
- Mediation and Dispute Resolution
- Healing
- Talking and Sentencing Circles
- Alternative Measures Programs for Adults and Youths
- Victim Services
- Community-Based Correctional Services that Focus on Offender Rehabilitation and Reintegration and Healing of Victims and Offenders

LUMSDEN**ADDICTIONS & MENTAL HEALTH SERVICES****Alcoholics Anonymous**

See Appendix A.3

MACKLIN**ADDICTIONS & MENTAL HEALTH SERVICES****Alcoholics Anonymous**

See Appendix A.3

MAIDSTONE**ADDICTIONS & MENTAL HEALTH SERVICES****Community/Public Health Services**

P.O. Box 629

8 – 120 – 1st Avenue West

Maidstone, SK S0M 1M0

Phone: (306) 893-4868

Fax: (306) 893-4488

Offers: Outpatient Addiction Services to Maidstone and Surrounding Area

To access services contact (306) 893-4868. There is no cost with a Saskatchewan health card. The waitlist varies.

Maidstone Health Complex

P.O. Box 629

214 – 5th Avenue East

Maidstone, SK S0M 1M0

Phone: (306) 893-2622 ext. 7868

Fax: (306) 893-4488

Offers: Mental Health Services by visiting specialists

Offers: Addiction Services by visiting specialists

To access services contact (306) 893-2622. There is no cost with a Saskatchewan health card. The waitlist varies.

MAKWA**ADDICTIONS & MENTAL HEALTH SERVICES****Alcoholics Anonymous**

See Appendix A.3

MANITOU BEACH

ADDICTIONS & MENTAL HEALTH SERVICES

Mental Health and Addiction Services

Rural-Lanigan

Intake: (306) 365-3400

Offers: Outpatient Mental Health Services

Offers: Outpatient Addiction Services

There is a waitlist for counselling but it varies by community month-to-month. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of refers including court referrals. They ask that they will be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

MANKOTA

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Prairie View Health Centre

P.O. Box 390

241 - 1st Avenue

Mankota, SK S0H 2W0

Phone: (306) 778-5280

Fax: (306) 778-5408

Offers: Outpatient Addictions Services

Offers support and counselling to adults (18 years and older) and Youth (17 years and the younger) for addictions to alcohol, drugs, and gambling

- Screening and assessment for users, abusers and addicts and affected family and friends
- Couples and parents programming
- Information sessions
- Recovery planning
- Counselling individuals and their families
- Relapse education
- Community Education and Development
- Consultation
- Safe Driving Program
- Rural clinics

Offers: Outpatient Mental Health Services

- Individual, couple, family, and group counselling
- Psychiatric assessments and treatment
- Rural clinics
- Public education

- Consultation
- Critical incident stress management

To access services, contact the intake line at 1-877-329-0005. There is no cost associated with a Saskatchewan health card. Waitlist varies.

MAPLE CREEK

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Southwest Integrated Healthcare Facility

P.O. Box 1330

102 - 5th Avenue West

Maple Creek, SK S0N 1N0

Phone: (306) 662-2611

Mental Health and Addictions: 1-866-786-2510

Offers: Outpatient Addictions Services

Offers support and counselling to adults (18 years and older) and Youth (17 years and the younger) for addictions to alcohol, drugs, and gambling

- Screening and assessment for users, abusers and addicts and affected family and friends
- Couples and parents programming
- Information sessions
- Recovery planning
- Counselling individuals and their families
- Relapse education
- Community Education and Development
- Consultation
- Safe Driving Program
- Rural clinics

Offers: Outpatient Mental Health Services

- Individual, couple, family, and group counselling
- Psychiatric assessments and treatment
- Rural clinics
- Public education
- Consultation
- Critical incident stress management

Offers: Child & Youth Counsellor

Hours: 8:00 am - 5:00 pm Monday to Friday. To access services, contact the intake line at 1-877-329-0005. There is no cost associated with a Saskatchewan health card. Waitlist varies.

Maple Creek Hospital

P.O. Box 1328

575 Highway 21 South

Maple Creek, SK S0N 1N0
 Phone: (306) 778-5280
 Fax: (306) 778-5408

Offers: Outpatient Addictions Services

Offers support and counselling to adults (18 years and older) and Youth (17 years and the younger) for addictions to alcohol, drugs, and gambling

- Screening and assessment for users, abusers and addicts and affected family and friends
- Couples and parents programming
- Information sessions
- Recovery planning
- Counselling individuals and their families
- Relapse education
- Community Education and Development
- Consultation
- Safe Driving Program
- Rural clinics

Offers: Outpatient Mental Health Services

- Individual, couple, family, and group counselling
- Psychiatric assessments and treatment
- Rural clinics
- Public education
- Consultation
- Critical incident stress management

To access services, contact the intake line at 1-877-329-0005. There is no cost associated with a Saskatchewan health card. Waitlist varies.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Nekaneet First Nation

P.O. Box 548
 Maple Creek, SK S0N 1N0
 Phone: (306) 662-3660
 Fax: (306) 662-4160

Offers: File Hills Qu'Appelle Tribal Council Community Justice Initiative

- Crime Prevention
- Early Intervention
- Healing, Talking and Sentencing Circles
- Mediation and Dispute Resolution
- Alternative Measures Programs for Adults and Youths
- Victims' Services
- Community-Based Correctional Services that focus on Offender Rehabilitation and Reintegration and on Healing of Victims and Offenders

Offers Aboriginal Court Worker Program

Offers: Probation Services

Offers: Youth Justice Programs

MARCELIN**ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS****Muskeg Lake Cree Nation**

P.O. Box 248

Marcelin, SK S0J 1R0

Phone: (306) 466-4959

Fax: (306) 466-4951

Website: <http://www.muskeglake.com/>

Southeast Treaty Four Tribal Council Justice Program

Offers: Alternative Measures

- The Program operates diversion programs for Youths and adults in the criminal justice system.
- The active participation and guidance of Elders is essential to all phases of the diversion process.
- The Program also provides awareness, education and training to its member of First Nations on criminal justice processes and community justice programs.
- Other program activities include providing technical advice, coordinating training, planning, developing and evaluating programs, developing committees, developing policy, and collecting data.

MARGO**ADDICTIONS & MENTAL HEALTH SERVICES****Mental Health and Addiction Services**

Rural-Lanigan

Intake: (306) 365-3400

Offers: Outpatient Mental Health Services

Offers: Outpatient Addiction Services

There is a waitlist for counselling but it varies by community month-to-month. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of refers including court referrals. They ask that they will be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

MEACHAM**ADDICTIONS & MENTAL HEALTH SERVICES****Community Mental Health Nurse**

Saskatoon Rural

Intake: (306) 655-7777

Offers: Community Mental Health Nurse

Each area has its own nurse. They require a Saskatchewan health card and a referral from a general practitioner. The individual can specify which community they would like to access services in.

MIDDLE LAKE

ADDICTIONS & MENTAL HEALTH SERVICES

Mental Health and Addiction Services

Rural-Humboldt

Intake: (306) 682-5333

Offers: Outpatient Mental Health Services

Offers: Outpatient Addiction Services

There is a waitlist for counselling but it varies by community month-to-month. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of refers including court referrals. They ask that they will be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

MILDEN

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

MISTAWAWIS FIRST NATION

Mistawawis First Nation

P.O. Box 250

Leask, SK S0J 1M0

Phone: (306) 466-4800

E-mail: contact@mistawasis.ca

Offers: Community Addictions Prevention Program (CAPPS)

- Pre-treatment and assessment
- Counseling services
- Inter-agency collaboration
- Follow-up services
- Aftercare Program
- Prevention Programs – workshops and educational resources
- Smoking Cessation Programs & supports

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Mistawasis First Nation

P.O. Box 250
Leask, SK S0J 1M0
E-mail: contact@mistawasis.ca
Phone: (306) 466-4800

The Program staff and advisory committee continue to develop a community-based justice program that focuses on public education, crime prevention, victim services, corrections services, and alternative measures programming for Youths and adults. The Program is also working to expand after-care programs for those who have been affected by crime.

Offers: Justice Program

- Adult Justice Services & referrals
- Youth Justice Services & referrals
- Crime Prevention Initiatives
- Peacekeeping
- Community Policing
- Alternative Measures: victim/offender mediation, conflict/resolution, justice forum, sentencing circles, healing circles
- Community Support services: referrals to appropriate agencies, case planning/intensive case management for offenders
- Early release programming
- Reintegration
- Fine options
- Youth camps
- Development

Offers: Youth Justice Worker

- Assisting clients involved within the Criminal Justice System
- Training, Professional Development & Workshops
- Youth Groups
- Providing Summer Programming for the Youth
- Fine Options/Community Services
- Communication/Interagency
- Reports & Data Collection

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

File Hills Qu'Appelle Tribal Council

P.O. Box 178
Lebret, SK S0G 2Y0
Phone: (306) 332-1874
Fax: (306) 332-1811
Website: <http://www.fhqtc.com/>

Offers: File Hills Qu'Appelle Tribal Council Community Justice Initiative

- Crime Prevention
- Early Intervention
- Healing, Talking and Sentencing Circles
- Mediation and Dispute Resolution
- Alternative Measures Programs for Adults and Youths
- Victims' Services
- Community-Based Correctional Services that focus on Offender Rehabilitation and Reintegration and on Healing of Victims and Offenders

Offers Aboriginal Court Worker Program

Offers: Probation Services

Offers: Youth Justice Programs

MONT NEBO

ADDICTIONS & MENTAL HEALTH SERVICES

Ahtahkakoop Health Centre

P.O. Box 64

Mont Nebo, SK S0J 1X0

Phone: (306) 468-2747

Fax: (306) 468-2967

Second Phone: 1 (800) 807-6072

Website: www.ahtahkakoop.ca

Offers: Outpatient Addiction Services

- *Needle Exchange available weekdays*
- *Offers Matrix Program available daily (306) 468-2072*

Offers: Community Health Developer/Rep

- *Women's Wellness Group offered every second week*
- *Healing Circle available when necessary or upon request at (306) 468-2326*

Offers: Mental Health/Holistic Health Services

Hours: Monday to Friday 8:30 am - 4:30 pm. Closed at noon, weekends and holidays.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Ahtahkakoop Health Centre

P.O. Box 64

Mont Nebo, SK S0J 1X0

Phone: (306) 468-2747

Fax: (306) 468-2967

Second Phone: 1 (800) 807-6072

Website: www.ahtahkakoop.ca

Offers: Mediation

Available weekdays in the Justice Department at (306) 468-2326.

Hours: Monday to Friday 8:30 am - 4:30 pm. Closed at noon, weekends and holidays.

COUNSELLING & PROGRAMMING

Ahtahkakoop Health Centre

P.O. Box 64

Mont Nebo, SK S0J 1X0

Phone: (306) 468-2747

Fax: (306) 468-2967

Second Phone: (800) 807-6072
 Website: www.ahtahkakoop.ca

Offers: Counselling

Counselling is available upon request by contacting the main telephone office.

Hours: Monday to Friday 8:30 am - 4:30 pm. Closed at noon, weekends and holidays.

MONTREAL LAKE

ADDICTIONS & MENTAL HEALTH SERVICES

Montreal Lake Health Centre - William Charles Health Centre

P.O. Box 240
 Montreal Lake, SK S0J 1Y0
 Phone: (306) 663-5995
 Fax: (306) 663-4644
 Second Phone: (877) 933-5995
 Website: www.mlcn.ca/health.php

Offers: Outpatient Addiction Services

Offers: Outpatient Mental Health/Holistic Health Services

*Hours: Monday to Friday 8:30 am - 5:00 pm. Closed at noon, weekends and holidays.
 To access services contact (306) 425-2422. There is no cost associated with a
 Saskatchewan health card. The waitlist varies.*

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Montreal Lake Cree Nation

P.O. Box 106
 Montreal Lake, SK S0J 1Y0
 Phone: (306) 663-5349
 Fax: (306) 663-5320

Prince Albert Grand Council Community Justice Program

Offers: Alternative Measures

- The Program receives Pre and Post-charge referrals from RCMP, schools and in some instances from the presiding Judge
- Provide conflict resolution opportunities

Offers: Rural Alternative Measures Program

- Victim/Offender Mediation
- Family Group Conferencing
- School Mediation
- Community Justice Forums
- Accountability Hearings

MONTREAL LAKE CREE NATION

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Montreal Lake Cree Nation

P.O. Box 106

Montreal Lake, SK S0J 1Y0

Phone: (306) 663-5349

Fax: (306) 663-5320

Prince Albert Grand Council Community Justice Program

Offers: Alternative Measures

- The Program receives Pre and Post-charge referrals from RCMP, schools and in some instances from the presiding Judge
- Provide conflict resolution opportunities

Offers: Rural Alternative Measures Program

- Victim/Offender Mediation
- Family Group Conferencing
- School Mediation
- Community Justice Forums
- Accountability Hearings

MOOSOMIN

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Southeast Integrated Care Centre

601 Wright Rd

Moosomin, SK S0G 3N0

Phone: (306) 435-3303

Fax: (306) 435-3211

Offers: Outpatient Mental Health Services

Offers: Outpatient Addiction Services

To access services, contact the intake line at (306) 766-6600. There is no cost associated with a Saskatchewan health card. The waitlist varies.

MUSCOWPETUNG FIRST NATION

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Muscowpetung First Nation

P.O. Box 1310

Fort Qu'Appelle, SK S0G 1S0
 Phone: (306) 723-4747
 Fax: (306) 723-4710

Offers: File Hills Qu'Appelle Tribal Council Community Justice Initiative

- Crime Prevention
- Early Intervention
- Healing, Talking and Sentencing Circles
- Mediation and Dispute Resolution
- Alternative Measures Programs for Adults and Youths
- Victims' Services
- Community-Based Correctional Services that focus on Offender Rehabilitation and Reintegration and on Healing of Victims and Offenders

Offers Aboriginal Court Worker Program

Offers: Probation Services

Offers: Youth Justice Programs

MUSKEG LAKE CREE NATION

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Muskeg Lake Cree Nation

P.O. Box 248
 Marcelin, SK S0J 1R0
 Phone: (306) 466-4959
 Fax: (306) 466-4951
 Website: <http://www.muskeglake.com/>

Southeast Treaty Four Tribal Council Justice Program

Offers: Alternative Measures

- The Program operates diversion programs for Youths and adults in the criminal justice system.
- The active participation and guidance of Elders is essential to all phases of the diversion process.
- The Program also provides awareness, education and training to its member of First Nations on criminal justice processes and community justice programs.
- Other program activities include providing technical advice, coordinating training, planning, developing and evaluating programs, developing committees, developing policy, and collecting data.

MUSKOWEKWAN FIRST NATION

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Muskowekwan First Nation

P.O. Box 249
 Lestock, SK S0A 2G0
 Phone: (306) 274-2061
 Fax: (306) 274-2110

Offers: Touchwood Agency Tribal Council Community Justice Initiative

- Crime Prevention
- Early Intervention
- Healing
- Talking and Sentencing Circles
- Mediation and Dispute Resolution
- Alternative Measures Programs for Adults and Youths
- Victim Services
- Community-Based Correctional Services that Focus on Offender Rehabilitation and Reintegration, and Healing of Victims and Offenders.

MOSQUITO GRIZZLY BEAR'S HEAD FIRST NATION

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Mosquito Grizzly Bear's Head First Nation

P.O. Box 177
 Cando, SK S0K 0V0
 Phone: (306) 937-6120
 Fax: (306) 937-3678

Battlefords/Lloydminster Adult Alternative Measures Program

Offers: Alternative Measures Program

Offers: Aboriginal Courtworker Program

Offers: Cultural Camps/Community Integration Program

Offers: First Nations Youth Restorative and Healing Project

MOSSBANK

ADDICTIONS & MENTAL HEALTH SERVICES

Mossbank Health Centre

P.O. Box 322
 Mossbank, SK S0H 3G0
 Phone: (306) 354-2300
 Fax: (306) 354-2819

Offers: Outpatient Mental Health Services

Offers: Outpatient Addiction Services

For access to any of these services, please contact the central intake program by calling 1-877-564-0543 or (306) 694-0379.

MUENSTER

ADDICTIONS & MENTAL HEALTH SERVICES

Mental Health and Addiction Services

Rural-Humboldt

Intake: (306) 682-5333

Offers: Outpatient Mental Health Services

Offers: Outpatient Addiction Services

There is a waitlist for counselling but it varies by community month-to-month. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of refers including court referrals. They ask that they will be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

MUSKODAY

ADDICTIONS & MENTAL HEALTH SERVICES

Muskoday Community Health Centre

P.O. Box 40

79 Chief Robert Bear Road

Muskoday, SK S0J 3H0

Phone: (306) 764-6737

Fax: (306) 764-4664

Website: www.muskoday.ca

Offers: Outpatient Addiction Services

The Community Awareness Addictions Program (CAPP) Worker provides client assessments, home visits, treatment referrals and one to one counseling. Support is available for the identified expanded scope of the program, including alcohol, street drugs, prescription drugs, inhalants, gambling and tobacco use.

To access services, contact the regional intake line at (306) 765-6550 or toll free at 1-855-765-6550. There is no cost associated with a Saskatchewan health card. Waitlist varies.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Muskoday First Nation

P.O. Box 99

Muskoday, SK S0J 3H0

Phone: (306) 764-1282

Fax: (306) 764-7272

Website: <http://www.muskoday.ca>

Southeast Treaty Four Tribal Council Justice Program

Offers: Alternative Measures

- The Program operates diversion programs for Youths and adults in the criminal justice system.
- The active participation and guidance of Elders is essential to all phases of the diversion process.
- The Program also provides awareness, education and training to its member of First Nations on criminal justice processes and community justice programs.
- Other program activities include providing technical advice, coordinating training, planning, developing and evaluating programs, developing committees, developing policy, and collecting data.

COUNSELLING & PROGRAMMING

Muskoday Health Centre

P.O. Box 40

Muskoday, SK S0J 3H0

Phone: (306) 764-6737

Fax: (306) 764-4664

Website: www.muskoday.ca

Offers: Family Violence Prevention Program

MUSKODAY FIRST NATION

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Muskoday First Nation

P.O. Box 99

Muskoday, SK S0J 3H0

Phone: (306) 764-1282

Fax: (306) 764-7272

Website: <http://www.muskoday.ca>

Southeast Treaty Four Tribal Council Justice Program

Offers: Alternative Measures

- The Program operates diversion programs for Youths and adults in the criminal justice system.
- The active participation and guidance of Elders is essential to all phases of the diversion process.
- The Program also provides awareness, education and training to its member of First Nations on criminal justice processes and community justice programs.
- Other program activities include providing technical advice, coordinating training, planning, developing and evaluating programs, developing committees, developing policy, and collecting data.

NAICAM

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

NEILBURG

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Manitou Health Centre

P.O. Box 190

105 – 2nd Avenue West

Neilburg, SK S0M 2C0

Phone: (306) 823-4262

Addictions: Kerry Robb (306) 893-2622 ext. 57868

Fax: (306) 823-4590

Offers: Addiction Services by visiting specialists

Offers: Family Counselling by visiting specialists

Addiction Services are based on need and the waitlist varies between 1-3 weeks depending on the community. They accept any kind of referrals, including court referrals.

NEKANEET FIRST NATION

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Nekaneet First Nation

P.O. Box 548

Maple Creek, SK S0N 1N0

Phone: (306) 662-3660

Fax: (306) 662-4160

Offers: File Hills Qu'Appelle Tribal Council Community Justice Initiative

- Crime Prevention
- Early Intervention
- Healing, Talking and Sentencing Circles
- Mediation and Dispute Resolution
- Alternative Measures Programs for Adults and Youths
- Victims' Services
- Community-Based Correctional Services that focus on Offender Rehabilitation and Reintegration and on Healing of Victims and Offenders

Offers Aboriginal Court Worker Program

Offers: Probation Services

Offers: Youth Justice Programs

NEUDORF

ADDICTIONS & MENTAL HEALTH SERVICES

Federation of Saskatchewan First Nations

Approved Mental Health Therapists

See Appendix A.1

NIPAWIN

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Nipawin Hospital

P.O. Box 389

800 – 6th Street East

Nipawin, SK S0E 1E0

Phone: (306) 862-6100

Fax: (306) 862-9310

Intake: (306) 862-9822

Community Wellness Coordinator Phone: (306) 276-7913

Offers: Outpatient Mental Health Services

- Therapy for victims of abuse
- Child and Youth service
- Behavior management counselling
- Therapy for stress, anxiety, depression, and phobias
- Psychological assessment
- Crisis service
- Educational information provided

Offers: Outpatient Addiction Services

- Outpatient counselling to individuals involved in substance abuse and others affected by their usage
- SGI screening
- Problem gambling counselling
- Education and prevention programs, presentations, workshops, etc.

To access services, contact the central intake line at (306) 752-8767. There is no cost associated with a Saskatchewan health card. Waitlist varies.

SGI Impaired Driving Program

Toll Free: 1-844-855-2744

Offers: Driving Without Impairment Program

- Educate the individual about the serious problems related to drinking and driving
- Help the individual distinguish and separate the acts of drinking and driving

The course includes videos, group discussions, and presentations. The DWI course is a 16-hour course that runs Friday evening and all day Saturday and Sunday. It's held in an informal, friendly atmosphere, conducive to group interaction in 20 locations across the province with a \$150 fee. The \$150 fee can be payable to any motor licence issuer. The individual's DWI receipt will include the name and telephone number of a DWI coordinator that the individual must contact for enrolment.

Offers: Alcohol and Drug Education Program

A second licence suspension due to alcohol/drug-related driving offences and driving related Criminal Code convictions or roadside suspensions may require the individual to complete the ADE program.

- Educate the individual and provide activities to examine the individual's alcohol and drug use and the associated consequences, including the effects on the individual's family
- Help the individual learn about the effects of alcohol, other drugs and the signs/symptoms of addiction
- Provide information about chemical dependency progression and recovery
- Help the individual recognize the need to separate the acts of drinking, drug use and driving

The ADE course is a 28-hour course that runs 2 weekends in a row. The 1st weekend is Friday, Saturday and Sunday, and the next weekend is Saturday and Sunday. It's instructed by addiction counsellors and held in an informal, friendly atmosphere, conducive to group interaction in 3 locations across the province with a \$450 fee. The \$450 fee can be payable to any motor licence issuer. The individual's ADE receipt will include the name and telephone number of the ADE coordinator that the individual must contact to register for the course.

Offers: Addiction Assessment

If the individual's driver's licence is suspended due to a 3rd offence for a Criminal Code conviction or a roadside administrative licence suspension, addiction assessment is mandatory. Choosing to drive after drinking may be a sign of an alcohol abuse or an addiction problem. If the individual's driver's licence is suspended due to Criminal Code convictions, or roadside suspensions an addiction assessment may be mandatory. As a suspended driver, the individual cannot simply wait until the individual's suspension term is over to get the individual's licence back. If the individual does not complete addiction assessment, the individual's driver's licence will remain suspended indefinitely. The assessment is conducted by a qualified alcohol and drug services counsellor who will work with the individual to develop an individualized plan or program that the individual must complete in order to be eligible for an ignition interlock device, special restricted driver's licence or a full driver's licence.

SGL will advise the individual by mail who to contact to arrange an appointment. Or the individual can call SGL to confirm what courses the individual needs to take and where. The cost is \$150.

NOKOMIS

ADDICTIONS & MENTAL HEALTH SERVICES

Mental Health and Addiction Services

Rural-Lanigan

Intake: (306) 365-3400

Offers: Outpatient Mental Health Services

Offers: Outpatient Addiction Services

There is a waitlist for counselling but it varies by community month-to-month. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of refers including court referrals. They ask that they will be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

NORQUAY

ADDICTIONS & MENTAL HEALTH SERVICES

Norquay Health Centre

Norquay, SK S0A 2V0

Phone: (306) 594-2133

Intake: (306) 786-0558

Fax: (306) 594-2488

Offers: Part-time Mental Health Clinic

To access services, the individual calls the intake line at (306) 786-0558. There is no cost associated with a Saskatchewan health card. The waitlist varies.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Key First Nation

P.O. Box 70

Norquay, SK S0A 2V0

Phone: (306) 594-2020

Fax: (306) 594-2545

Website: <http://www.keyband.com/>

Yorkton Tribal Council Community Justice Program and Alternative Measures Program

Offers: Alternative Measures for Youths and Adults

- Crime Prevention
- Healing and Sentencing Circles

- Community-Based Victims and Correctional Services

OCEAN MAN FIRST NATION

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Ocean Man First Nation

P.O. Box 157

Stoughton, SK S0G 4T0

Phone: (306) 457-2679

Fax: (306) 457-2933

Website: <http://www.oceanmanband.com>

Yorkton Tribal Council Community Justice Program and Alternative Measures Program

Offers: Alternative Measures for Youths and Adults

- Crime Prevention
- Healing and Sentencing Circles
- Community-Based Victims and Correctional Services

OCHAPOWACE FIRST NATION

Ochapowace Health Services

Broadview, SK S06 0K0

Phone: (306) 696-3557

Fax: (306) 696-3446

Offers: Mental Health Services

Offers: Community Addiction services

Offers: N.N.A.D.A.P

Offers: S.E.T.4 Gambling Addictions

Offers: Alternative Measures

- The Program operates diversion programs for Youths and adults in the criminal justice system.
- The active participation and guidance of Elders is essential to all phases of the diversion process.
- The Program also provides awareness, education and training to its member First Nations on criminal justice processes and community justice programs.
- Other program activities include providing technical advice, coordinating training, planning, developing and evaluating programs, developing committees, developing policy, and collecting data.

To access services, call the intake line at (306) 696-3557. There is no cost associated with a Saskatchewan health card. The waitlist varies.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Ochapowace First Nation

P.O. Box 550
Whitewood, SK S0J 5C0
Phone: (306) 696-2425
Fax: (306) 696-3146

Southeast Treaty Four Tribal Council Justice Program

Offers: Alternative Measures

- The Program operates diversion programs for Youths and adults in the criminal justice system.
- The active participation and guidance of Elders is essential to all phases of the diversion process.
- The Program also provides awareness, education and training to its member of First Nations on criminal justice processes and community justice programs.
- Other program activities include providing technical advice, coordinating training, planning, developing and evaluating programs, developing committees, developing policy, and collecting data.

OKANESE FIRST NATION

Okanese First Nation

P.O. Box 759
Balcarres SK S0G 0C0
Phone: (306) 334-2532
Fax: (306) 334-2545

Offers: File Hills Qu'Appelle Tribal Council Community Justice Initiative

- Crime Prevention
- Early Intervention
- Healing, Talking and Sentencing Circles
- Mediation and Dispute Resolution
- Alternative Measures Programs for Adults and Youths
- Victims' Services
- Community-Based Correctional Services that focus on Offender Rehabilitation and Reintegration and on Healing of Victims and Offenders

Offers Aboriginal Court Worker Program

Offers: Probation Services

Offers: Youth Justice Programs

ONE ARROW

ADDICTIONS & MENTAL HEALTH SERVICES

Mental Health and Addiction Services

Rural-Rosthern

Intake: (306) 232-6001

Offers: Outpatient Mental Health Services

Offers: Outpatient Addiction Services

There is a waitlist for counselling but it varies by community month-to-month. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of refers including court referrals. They ask that they will be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

One Arrow First Nation

P.O. Box 147

Bellevue, SK S0K 3Y0

Phone: (306) 423-5900

Fax: (306) 423-5904

Southeast Treaty Four Tribal Council Justice Program

Offers: Alternative Measures

- The Program operates diversion programs for Youths and adults in the criminal justice system.
- The active participation and guidance of Elders is essential to all phases of the diversion process.
- The Program also provides awareness, education and training to its member of First Nations on criminal justice processes and community justice programs.

ONION LAKE

ADDICTIONS & MENTAL HEALTH SERVICES

Ekweskeet Healing Lodge

Box 280

Onion Lake, SK S0M 2E0

Phone: (306) 344-2094

Fax: (306) 344-4805

E-mail: yvonne.howse@ekweskeet.org

Offers: Inpatient and Outpatient Addiction Services

For clients aged 18 and over. Both men and women accepted. Programs available include: concurrent disorders, residential schools, gender-based, and couples counselling. They accept clients with physical disabilities, pregnant women, court referral or Corrections clients, clients on Suboxone, and clients taking other psychoactive medications.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Native Justice

Phone: (306) 344-5283

Fax: (306) 344-5287

Offers: Justice Program

- Fire, Rescue and Peacekeeper Program (division of Justice)
- Security Surveillance Program
- Alternative Measure
- Reintegration Program
- Community Support Services
- Aboriginal Courtworker Program
- Community Mediation
- Fine Option Program
- Youth Prevention Program
- Youth Justice Committee
- Turn in Pushers Program

Onion Lake Community Justice Program

Onion Lake First Nation

P.O. Box 100

Onion Lake, SK S0M 2E0

Phone: (780) 847-2200

Fax: (780) 847-2226

Website: <http://www.onionlake.ca/>

Offers: Alternative Measures

The Program provides community-based sentencing and corrections and operates pre-release circles to support the reintegration of offenders into the community. Justice committee members are trained in alternative justice processes and in issues related to sexual abuse, suicide, and the impacts of residential schools.

OUTLOOK

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A. 3

OXBOW**ADDICTIONS & MENTAL HEALTH SERVICES****Alcoholics Anonymous**

See Appendix A.3

Envision Counselling & Support Centre

Phone: (306) 637-4004

Offers: Counselling

- Family
- Adult
- Teen
- Children

The counselling process begins with an initial intake interview. The number of sessions clients attend depends on the nature of the problem, the clients' reception to change, type of therapy, and many other variables. There are no fees for the counselling services, as they are a community-based organization funded by the Ministry of Justice, Ministry of Social Services, United Way, and private donations. No referral is necessary for retaining counselling services at Envision Counselling and Support Centre. Referrals for counselling may be given by lawyers, educators, courts, and/or healthcare professionals. Individuals may self-refer by calling the office in Estevan, Weyburn, or Carlyle during office hours. However, they cannot accept mandated clients as a result of their screening process in separation cases surrounding family violence.

Offers: Workshops

- Boundaries Workshops
- Assertiveness Workshops

Workshops are free of charge. Participants must be over the age of 18.

Offers: Groups

- Healthy Relationships Group
- Healthy Expression of Feeling Group
- Empowerment Group
- Self-Esteem Group
- Adult Survivors of Childhood Abuse Group
- Children Exposed to Violence Group

PAKWAW LAKE**ADDICTIONS & MENTAL HEALTH SERVICES****Shoal Lake Clinic**

P.O. Box 55

Pakwaw Lake, SK S0E 1G0

Phone: (306) 768-3457

Fax: (306) 768-2950

Website: www.kelseytrailhealth.ca

Hours: Summer: Monday to Friday 9:00 am - 4:00 pm. Winter: 9:00 am - 5:00 pm.

Offers: Mental Health/Holistic Health Services

To access services, contact the central intake line at (306) 752-8767. There is no cost associated with a Saskatchewan health card. Waitlist varies.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Shoal Lake Cree Nation

P.O. Box 51

Pakwaw Lake, SK S0E 1G0

Phone: (306) 768-3551

Fax: (306) 768-3486

Prince Albert Grand Council Community Justice Program

Offers: Alternative Measures

- The Program receives Pre and Post-charge referrals from RCMP, schools and in some instances from the presiding Judge
- Provide conflict resolution opportunities

PASQUA FIRST NATION

Pasqua First Nation

P.O. Box 968

Fort Qu'Appelle, SK S0G 1S0

Phone: (306) 332-5697

Fax: (306) 332-5199

Offers: File Hills Qu'Appelle Tribal Council Community Justice Initiative

- Crime Prevention
- Early Intervention
- Healing, Talking and Sentencing Circles
- Mediation and Dispute Resolution
- Alternative Measures Programs for Adults and Youths
- Victims' Services
- Community-Based Correctional Services that focus on Offender Rehabilitation and Reintegration and on Healing of Victims and Offenders

Offers Aboriginal Court Worker Program

Offers: Probation Services

Offers: Youth Justice Programs

PARADISE HILL

ADDICTIONS & MENTAL HEALTH SERVICES

Paradise Hill Health Centre

P.O. Box 179
 1st Avenue
 Paradise Hill, SK S0M 2G0
 Phone: (306) 344-2255
 Addictions: Kerry Robb (306) 893-2622 ext. 57868
 Fax: (306) 344-2277

Offers: Outpatient Addictions Services by visiting specialists

Offers: Family Counselling by visiting specialists

Addiction Services are based on need and the waitlist varies between 1-3 weeks depending on the community. They accept any kind of referrals, including court referrals.

PATUANAK

ADDICTIONS & MENTAL HEALTH SERVICES

English River Health Services

P.O. Box 60
 Patuanak, SK S0M 2H0
 Phone: (306) 396-2072
 Fax: (306) 396-2177
 Website: www.mlhc.ca
 Hours: Monday to Friday 8:30 am - 4:30 pm. Closed at noon, weekends and holidays.

Offers: Outpatient Addiction Services

Offers: Outpatient Mental Health/Holistic Health Services

To access services, contact the intake line at (306) 288-4800 or toll free at 1-866-848-8022. There is no cost with a Saskatchewan health card. Waitlist varies. They accept a variety of referrals, including self-referral and court referrals.

PAYNTON

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Little Pine

P.O. Box 70
 Paynton, SK S0M 2J0
 Phone: (306) 398-4942
 Fax: (306) 398-2377

Battlefords/Lloydminster Adult Alternative Measures Program:

Offers: Alternative Measures Program

Offers: Aboriginal Courtworker Program

Offers: Cultural Camps/Community Integration Program

Offers: First Nations Youth Restorative and Healing Project

Poundmaker First Nation

P.O. Box 220

Paynton, SK S0M 2J0

Phone: (306) 398-4971

Fax: (306) 398-2522

Battlefords/Lloydminster Adult Alternative Measures Program

Offers: Alternative Measures Program

Offers: Aboriginal Courtworker Program

Offers: Cultural Camps/Community Integration Program

Offers: First Nations Youth Restorative and Healing Project

PEEPEEKISIS

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Peepeekisis First Nation

P.O. Box 518

Township 22 Road

Balcarres, SK S0G 0C0

Phone: (306) 334-2573

Fax: (306) 334-2280

Offers: File Hills Qu'Appelle Tribal Council Community Justice Initiative

- Crime Prevention
- Early Intervention
- Healing, Talking and Sentencing Circles
- Mediation and Dispute Resolution
- Alternative Measures Programs for Adults and Youths
- Victims' Services
- Community-Based Correctional Services that focus on Offender Rehabilitation and Reintegration and on Healing of Victims and Offenders

Offers: Aboriginal Court Worker Program

Offers: Probation Services

Offers: Youth Justice Programs

PELICAN NARROWS

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Angelique Canada Health Centre

P.O. Box 380

Pelican Narrows, SK S0J 0E0

Phone: (306) 632-2046

Fax: (306) 632-4502

Website: www.peterballantyne.ca/health/pelican.htmlOffers: Outpatient Addiction ServicesOffers: Outpatient Mental Health/Holistic Health Services*Hours: Monday to Friday 8:30 am - 9:00 pm. Closed at noon, weekends and holidays.***ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS****Peter Ballantyne Cree Nation**

Pelican Narrows, SK S0P 0E0

Phone: (306) 632-2125

Fax: (306) 632-2275

Prince Albert Grand Council Community Justice Program

Offers: Alternative Measures

- The Program receives Pre and Post-charge referrals from RCMP, schools and in some instances from the presiding Judge
- Provide conflict resolution opportunities

Offers: Rural Alternative Measures Program

- Victim/Offender Mediation
- Family Group Conferencing
- School Mediation
- Community Justice Forums
- Accountability Hearings

Offers: Aboriginal Courtworker Program**PETER BALLANTYNE CREE NATION****ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS****Peter Ballantyne Cree Nation**

Pelican Narrows, SK S0P 0E0

Phone: (306) 632-2125

Fax: (306) 632-2275

Prince Albert Grand Council Community Justice Program

Offers: Alternative Measures

- The Program receives Pre and Post-charge referrals from RCMP, schools and in some instances from the presiding Judge

- Provide conflict resolution opportunities

Offers: Rural Alternative Measures Program

- Victim/Offender Mediation
- Family Group Conferencing
- School Mediation
- Community Justice Forums
- Accountability Hearings

Offers: Aboriginal Courtworker Program

PIAPOT FIRST NATION

Piapot First Nation

General Delivery

Zehner, SK S0G 5K0

Phone: (306) 781-4848

Fax: (306) 781-4853

Offers: File Hills Qu'Appelle Tribal Council Community Justice Initiative

- Crime Prevention
- Early Intervention
- Healing, Talking and Sentencing Circles
- Mediation and Dispute Resolution
- Alternative Measures Programs for Adults and Youths
- Victims' Services
- Community-Based Correctional Services that focus on Offender Rehabilitation and Reintegration and on Healing of Victims and Offenders

Offers Aboriginal Court Worker Program

Offers: Probation Services

Offers: Youth Justice Programs

PIERCELAND

ADDICTIONS & MENTAL HEALTH SERVICES

Big Island Lake Health Centre

P.O. Box 508

Pierceland, SK S0M 2K0

Phone: (306) 839-2330

Fax: (306) 839-4556

Website: www.nada.ca/wp-content/uploads/476.pdf

Offers: Outpatient Addiction Services

Offers: Community Health Developer/Rep

Offers: Mental Health/Holistic Health Services

Hours: Monday to Friday 8:30 am - 4:30 pm. Closed at noon, weekends and holidays. The individual calls and asks to speak with an intake worker who will set up an appointment. There is a waitlist but it varies. There is no cost with a Saskatchewan health card.

PIKE LAKE

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

PILGER

ADDICTIONS & MENTAL HEALTH SERVICES

Mental Health and Addiction Services

Rural-Humboldt

Intake: (306) 682-5333

Offers: Outpatient Mental Health Services

Offers: Outpatient Addiction Services

There is a waitlist for counselling but it varies by community month-to-month. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of refers including court referrals. They ask that they will be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

PILOT BUTTE

ADDICTIONS & MENTAL HEALTH SERVICES

Federation of Saskatchewan First Nations

Approved Mental Health Therapists

See Appendix A.1

PINEHOUSE

ADDICTIONS & MENTAL HEALTH SERVICES

Pinehouse Health Centre

P.O. Box 70

Pinehouse, SK S0J 2B0

Phone: (306) 884-5670

Fax: (306) 884-5699

Website: www.mcrrha.Sk.ca

Hours: Monday to Friday 8:00 am - 5:00 pm. Closed at noon, weekends and holidays.

Offers: Outpatient Addiction Services

Offers: Outpatient Mental Health/Holistic Health Services

To access services contact (306) 425-2422. There is no cost associated with a Saskatchewan health card. The waitlist varies.

PLUNKETT

ADDICTIONS & MENTAL HEALTH SERVICES

Mental Health and Addiction Services

Rural-Humboldt

Intake: (306) 682-5333

Offers: Outpatient Mental Health Services

Offers: Outpatient Addiction Services

There is a waitlist for counselling but it varies by community month-to-month. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of refers including court referrals. They ask that they will be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

PONTEIX

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Ponteix Health Centre

P.O. Box 600

428 - 2nd Avenue

Ponteix, SK S0N 1Z0

Phone: (306) 625-3382; (306) 778-5280

Fax: (306) 778-5408

Offers: Outpatient Addictions Services

Offers support and counselling to adults (18 years and older) and Youth (17 years and the younger) for addictions to alcohol, drugs, and gambling

- Screening and assessment for users, abusers and addicts and affected family and friends
- Couples and parents programming
- Information sessions
- Recovery planning
- Counselling individuals and their families
- Relapse education
- Community Education and Development
- Consultation
- Safe Driving Program
- Rural clinics

Offers: Outpatient Mental Health Services

- Individual, couple, family, and group counselling
- Psychiatric assessments and treatment
- Rural clinics
- Public education
- Consultation
- Critical incident stress management

Offers: Visiting ProfessionalsOffers: Child & Youth Counsellor

Hours: Monday to Friday 8:00 am – 4:00 pm. To access services, contact the intake line at 1-877-329-0005. There is no cost associated with a Saskatchewan health card. Waitlist varies.

PORCUPINE PLAIN

ADDICTIONS & MENTAL HEALTH SERVICES

Porcupine Carragana Hospital

P.O. Box 70

Windsor Avenue

Porcupine Plain, SK S0E 1H0

Phone: (306) 278-6262

Fax: (306) 278-3088

Offers: Outpatient Mental Health Services from visiting specialistsOffers: Outpatient Addictions Services from visiting specialists

To access services, contact the central intake line at (306) 752-8767. There is no cost associated with a Saskatchewan health card. Waitlist varies.

POUNDMAKER FIRST NATION

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Poundmaker First Nation

P.O. Box 220

Paynton, SK S0M 2J0

Phone: (306) 398-4971

Fax: (306) 398-2522

Battlefords/Lloydminster Adult Alternative Measures Program

Offers: Alternative Measures ProgramOffers: Aboriginal Courtworker ProgramOffers: Cultural Camps/Community Integration ProgramOffers: First Nations Youth Restorative and Healing Project

PREECEVILLE

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Preeceville Hospital

712 - 7th Street North East
 Preeceville, SK S0A 3B0
 Phone: (306) 547-2102
 Intake: (306) 786-0558
 Fax: (306) 547-3215
 Website: www.sunrisehealthregion.sk.ca

Offers: Part-Time Mental Health Clinic

To access services, the individual calls the intake line at (306) 786-0558. There is no cost associated with a Saskatchewan health card. The waitlist varies.

PRUD'HOMME

ADDICTIONS & MENTAL HEALTH SERVICES

Mental Health and Addiction Services

Rural-Rosthern
 Intake: (306) 232-6001

Offers: Outpatient Mental Health Services

Offers: Outpatient Addiction Services

There is a waitlist for counselling but it varies by community month-to-month. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of refers including court referrals. They ask that they will be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

PUNNICHY

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Touchwood Agency Tribal Council

P.O. Box 280
 Punnichy, SK S0A 3C0
 Phone: (306) 835-2937

Offers: Touchwood Agency Tribal Council Community Justice Initiative

- Crime Prevention

- Early Intervention
- Healing
- Talking and Sentencing Circles
- Mediation and Dispute Resolution
- Alternative Measures Programs for Adults and Youths
- Victim Services
- Community-Based Correctional Services that Focus on Offender Rehabilitation and Reintegration, and Healing of Victims and Offenders.

Day Star First Nation

P.O. Box 277

Punnichy, SK S0A 3C0

Phone: (306) 835-2834

Fax: (306) 835-2724

Offers: Touchwood Agency Tribal Council Community Justice Initiative

- Crime Prevention
- Early Intervention
- Healing
- Talking and Sentencing Circles
- Mediation and Dispute Resolution
- Alternative Measures Programs for Adults and Youths
- Victim Services
- Community-Based Correctional Services that Focus on Offender Rehabilitation and Reintegration, and Healing of Victims and Offenders.

George Gordon First Nation

P.O. Box 248

Punnichy, SK S0A 3C0

Phone: (306) 835-2232

Fax: (306) 835-2036

Offers: Touchwood Agency Tribal Council Community Justice Initiative

- Crime Prevention
- Early Intervention
- Healing
- Talking and Sentencing Circles
- Mediation and Dispute Resolution
- Alternative Measures Programs for Adults and Youths
- Victim Services
- Community-Based Correctional Services that Focus on Offender Rehabilitation and Reintegration, and Healing of Victims and Offenders.

QUILL LAKE

ADDICTIONS & MENTAL HEALTH SERVICES

Mental Health and Addiction Services

Rural-Lanigan
Intake: (306) 365-3400

Offers: Outpatient Mental Health Services
Offers: Outpatient Addiction Services

There is a waitlist for counselling but it varies by community month-to-month. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of refers including court referrals. They ask that they will be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

RABBIT LAKE

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous
See Appendix A.3

RADISSON

ADDICTIONS & MENTAL HEALTH SERVICES

Community Mental Health Nurse
Saskatoon Rural
Intake: (306) 655-7777

Offers: Community Mental Health Nurse
Each area has its own nurse. They require a Saskatchewan health card and a referral from a general practitioner. The individual can specify which community they would like to access services in.

RAYMORE

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous
See Appendix A.3

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Kawacatoose First Nation
P.O. Box 640
Raymore, SK S0A 3J0
Phone: (306) 835-2125
Fax: (306) 835-2178

Offers: Touchwood Agency Tribal Council Community Justice Initiative

- Crime Prevention

- Early Intervention
- Healing
- Talking and Sentencing Circles
- Mediation and Dispute Resolution
- Alternative Measures Programs for Adults and Youths
- Victim Services
- Community-Based Correctional Services that Focus on Offender Rehabilitation and Reintegration, and Healing of Victims and Offenders

RED EARTH

ADDICTIONS & MENTAL HEALTH SERVICES

Red Earth Health Centre

P.O. Box 106

Red Earth, SK S0J 1K0

Phone: (306) 768-3617

Fax: (306) 768-3344

Website: www.kelseytrailhealth.ca

Offers: Outpatient Addiction Services

Offers Community Health Developer/Rep

Offers: Mental Health/Holistic Health Services

Hours: Monday to Friday 9:00 am - 4:00 pm. Summer hours 8:30 am - 4:30 pm. To access services, contact the central intake line at (306) 752-8767. There is no cost associated with a Saskatchewan health card. Waitlist varies.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Red Earth First Nation

P.O. Box 109

Red Earth, SK S0E 1K0

Phone: (306) 768-3640; (306) 768-3612

Fax: (306) 768-3440

Prince Albert Grand Council Community Justice Program

Offers: Alternative Measures

- The Program receives Pre and Post-charge referrals from RCMP, schools and in some instances from the presiding Judge
- Provide conflict resolution opportunities

Offers: Rural Alternative Measures Program

- Victim/Offender Mediation
- Family Group Conferencing
- School Mediation
- Community Justice Forums
- Accountability Hearings

RED PHEASANT FIRST NATION

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Red Pheasant First Nation

P.O. Box 70
Cando, SK S0K 0V0
Phone: (306) 937-7717
Fax: (306) 937-7487

Battlefords/Lloydminster Adult Alternative Measures Program

Offers: Alternative Measures Program

Offers: Aboriginal Courtworker Program

Offers: Cultural Camps/Community Integration Program

Offers: First Nations Youth Restorative and Healing Project

REDVERS

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

REGINA BEACH

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

ROCANVILLE

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

ROCKGLEN

ADDICTIONS & MENTAL HEALTH SERVICES

Grasslands Health Centre

Rockglen, SK S0H 3R0
Phone: (306) 476-2030
Fax: (306) 476-2534

Offers: Outpatient Mental Health Services

Offers: Outpatient Addiction Services

For access to any of these services, please contact the central intake program by calling 1-877-564-0543 or (306) 694-0379.

ROSETOWN

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Rosetown Health Centre

P.O. Box 1300

Highway 4 North

Rosetown, SK S0L 2V0

Centralized Intake: 1-866-268-9139

Fax: (306) 882-6474

Offers: Outpatient Addiction Services

- Addictions Counsellor
- Individual, family and group outpatient counselling and education.
- 180 Alcohol and Drug Diversion Program for Youth who are ticketed by the RCMP for minor consumption/possession of alcohol and/or possession of small amounts of controlled substances in lieu of paying the fine
- Ongoing assessment & treatment planning
- Referral to in-patient facilities

Offers: Outpatient Mental Health Services

Services are accessed through the Centralized intake system by calling the toll-free number 1-866-268-9139. There is no cost associated with a Saskatchewan health card. Waitlist varies.

ROSTHERN

ADDICTIONS & MENTAL HEALTH SERVICES

Rosthern Community Services

P.O. Box 216

2014 - 6th Street

Rosthern, SK S0K 3R0

Phone: (306) 232-6001

Offers: Outpatient Mental Health Services

Offers: Outpatient Addiction Services

Offers: Counselling

Services are accessed through the Centralized intake system by calling the toll-free number 1-866-268-9139. There is no cost associated with a Saskatchewan health card. Waitlist varies.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS**Métis Family & Community Justice Services of Saskatchewan Inc.**

1937 Ontario Avenue
 Saskatoon, SK S7K 1T5,
 Phone: (306) 964-1440 or 1-866-622-2220
 E-mail: mfcjs.general@gmail.com

Offers: Aboriginal Courtworker Program

SAINT LOUIS**ADDICTIONS & MENTAL HEALTH SERVICES****Alcoholics Anonymous**

See Appendix A.3

SAKIMAY FIRST NATION**ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS****Sakimay First Nation**

P.O. Box 339
 Grenfell, SK S0G 0R0
 Phone: (306) 697-2831
 Fax: (306) 697-3565

Yorkton Tribal Council Community Justice Program and Alternative Measures Program

Offers: Alternative Measures for Youths and Adults

- Crime Prevention
- Healing and Sentencing Circles
- Community-Based Victims and Correctional Services

SANDY BAY**ADDICTIONS & MENTAL HEALTH SERVICES****Alcoholics Anonymous**

See Appendix A.3

Sandy Bay Health Centre

P.O. Box 210
 Hill Street
 Sandy Bay, SK S0P 0G0
 Phone: (306) 754-5400
 Fax: (306) 754-5429
 Website: www.mcrrha.Sk.ca

Offers: Outpatient Addiction Services

Offers: Outpatient Mental Health/Holistic Health Services

Hours: Monday to Friday 8:00 am - 5:00 pm. Closed at noon, weekends and holidays. To access services contact (306) 425-2422. There is no cost associated with a Saskatchewan health card. The waitlist varies.

Sandy Bay Outpatient Centre - Addiction Services

Adjacent to the Health Centre

P.O. Box 40

Sandy Bay, SK S0J 0G0

Phone: (306) 754-5424

Fax: (306) 754-2048

Second Phone: (306) 754-5400

Website: www.mcrrha.Sk.ca/facilities/#sandybay

Offers: Outpatient Addiction Services

Offers: Outpatient Mental Health/Holistic Health Services

Hours: Monday to Friday 8:00 am - 5:00 pm. Closed at noon, weekends and holidays. To access services contact (306) 425-2422. There is no cost associated with a Saskatchewan health card. The waitlist varies.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Sandy Bay Community Justice Program

Sandy Bay Community Resource Centre

Hay Meadow Avenue,

Sandy Bay, SK S0P 0G0

Phone: (306) 754-2029

Offers: Alternative Measures & Extrajudicial Sanctions

The Program will carry out adult alternative measures and Youth extrajudicial sanction referrals with mediation between victims and offenders, peer mediation, family group conferencing, healing.

SEMANS

ADDICTIONS & MENTAL HEALTH SERVICES

Mental Health and Addiction Services

Rural-Lanigan

Intake: (306) 365-3400

Offers: Outpatient Mental Health Services

Offers: Outpatient Addiction Services

There is a waitlist for counselling but it varies by community month-to-month. They do not offer group programming or specialized services anywhere other than in larger

centres. The services are voluntary and they will accept a range of refers including court referrals. They ask that they will be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

SHAUNAVON

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Shaunavon Hospital and Care Centre

P.O. Box 789

660 - 4th Street East

Shaunavon, SK S0N 2M0

Phone: (306) 297-2644

Phone: (306) 778-5280

Fax: (306) 778-5408

Offers: Outpatient Addictions Services

Offers support and counselling to adults (18 years and older) and Youth (17 years and the younger) for addictions to alcohol, drugs, and gambling.

- Screening and assessment for users, abusers and addicts and affected family and friends
- Couples and parents programming
- Information sessions
- Recovery planning
- Counselling individuals and their families
- Relapse education
- Community Education and Development
- Consultation
- Safe Driving Program
- Rural clinics

Offers: Outpatient Mental Health Services

- Individual, couple, family, and group counselling
- Psychiatric assessments and treatment
- Rural clinics
- Public education
- Consultation
- Critical incident stress management

Offers: Child & Youth Counsellor

To access services, contact the intake line at 1-877-329-0005. There is no cost associated with a Saskatchewan health card. Waitlist varies.

SHELLBROOK

ADDICTIONS & MENTAL HEALTH SERVICES

Addictions Services

Shellbrook Hospital
 P.O. Box 70
 211 – 2nd Avenue West
 Shellbrook, SK S0J 2E0
 Phone: (306) 747-4275
 Fax: (306) 747-3004

Offers: Outpatient Addictions Services

To access services, contact the regional intake line at (306) 765-6550 or toll free at 1-855-765-6550. There is no cost associated with a Saskatchewan health card. Waitlist varies.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Sturgeon Lake First Nation

P.O. Box 5, Site 12, R.R. #1
 Shellbrook, SK S0J 2E0
 Phone: (306) 764-1872
 Fax: (306) 764-1877

Prince Albert Grand Council Community Justice Program

Offers: Alternative Measures

- The Program receives Pre and Post-charge referrals from RCMP, schools and in some instances from the presiding Judge
- Provide conflict resolution opportunities

Offers: Rural Alternative Measures Program

- Victim/Offender Mediation
- Family Group Conferencing
- School Mediation
- Community Justice Forums
- Accountability Hearings

SHELL LAKE

ADDICTIONS & MENTAL HEALTH SERVICES

Ahtahkakoop Health Centre

P.O. Box 64
 Mont Nebo, SK S0J 1X0
 Phone: (306) 468-2747
 Fax: (306) 468-2967
 Second Phone: (800) 807-6072
 Website: www.ahtahkakoop.ca

Offers: Outpatient Addiction Services

- Needle Exchange available weekdays

Offers: Community Health Developer/Rep

- Women's Wellness Group offered every second week
- Healing Circle available when necessary or upon request at (306) 468-2326

Offers: Mental Health/Holistic Health Services

Hours: Monday to Friday 8:30 am - 4:30 pm. Closed at noon, weekends and holidays.

Alcoholics Anonymous

See Appendix A.3

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS**Ahtahkakoop First Nation**

P.O. Box 220

Shell Lake, SK S0J 2G0

Phone: (306) 468-2336

Fax: (306) 468-2344

Offers: Ahtahkakoop First Nation Community Justice Program

- The Program also provides alternative measures for Youths and adults through such activities as family group conferencing, mediation, community justice forums, healing and sentencing circles, and community-based support programs for offenders.

Offers: Alternative Measures ProgramOffers: Aboriginal Courtworker ProgramOffers: Cultural Camps/Community Integration ProgramOffers: First Nations Youth Restorative and Healing Project**COUNSELLING & PROGRAMMING****Ahtahkakoop Health Centre**

P.O. Box 64

Mont Nebo, SK S0J 1X0

Phone: (306) 468-2747

Fax: (306) 468-2967

Second Phone: (800) 807-6072

Website: www.ahtahkakoop.ca

Hours: Monday to Friday 8:30 am - 4:30 pm. Closed at noon, weekends and holidays.

Offers: Counselling

Counselling is available upon request by contacting the main telephone office.

SHOAL LAKE CREE NATION

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Shoal Lake Cree Nation

P.O. Box 51
 Pakwaw Lake, SK S0E 1G0
 Phone: (306) 768-3551
 Fax: (306) 768-3486

Prince Albert Grand Council Community Justice Program

Offers: Alternative Measures

- The Program receives Pre and Post-charge referrals from RCMP, schools and in some instances from the presiding Judge
- Provide conflict resolution opportunities

SINTALUTA

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Carry the Kettle First Nation

P.O. Box 57
 Sintaluta, SK S0G 4N0
 Phone: (306) 727-2135
 Fax: (306) 727- 2149

Offers: File Hills Qu'Appelle Tribal Council Community Justice Initiative

- Crime Prevention
- Early Intervention
- Healing, Talking and Sentencing Circles
- Mediation and Dispute Resolution
- Alternative Measures Programs for Adults and Youths
- Victims' Services
- Community-Based Correctional Services that focus on Offender Rehabilitation and Reintegration and on Healing of Victims and Offenders

Offers: Aboriginal Court Worker Program

Offers: Probation Services

Offers: Youth Justice Programs

SOUTHEY

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

SOUTHEND

ADDICTIONS & MENTAL HEALTH SERVICES

Arthur Morin Memorial Health Center

General Delivery

P.O. Box 40

Southend, SK S0J 2L0

Phone: (306) 758-2063

Fax: (306) 758-2052

Website: www.peterballantyne.ca/health/deschambault.html

Hours: Monday to Friday 8:30 am - 5:00 pm. Closed at noon, weekends and holidays.

Offers: Outpatient Addiction Services

Offers: Mental Health/Holistic Health Services

SPALDING

ADDICTIONS & MENTAL HEALTH SERVICES

Mental Health and Addiction Services

Rural-Humboldt

Intake: (306) 682-5333

Offers: Outpatient Mental Health Services

Offers: Outpatient Addiction Services

There is a waitlist for counselling but it varies by community month-to-month. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of refers including court referrals. They ask that they will be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

SPIRITWOOD

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Spiritwood Health Complex

400 - 1st Street East

Spiritwood, SK S0J 2M0

Phone: (306) 883-4479

Fax: (306) 883-4440

Offers: Outpatient Addictions Services

Offers: Outpatient Mental Health Services

To access services, contact the regional intake line at (306) 765-6550 or toll free at 1-855-765-6550. There is no cost associated with a Saskatchewan health card. Waitlist varies.

STANLEY MISSION

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Stanley Mission Cree Nation

Stanley Mission First Nation, SK S0J 2P0

Phone: (306) 635-2342

Fax: (306) 635-4642

Offers: Rural Alternative Measures Program

- Victim/Offender Mediation
- Family Group Conferencing
- School Mediation
- Community Justice Forums
- Accountability Hearings

Offers: Aboriginal Courtworker Program

STANDING BUFFALO FIRST NATION

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Standing Buffalo First Nation

P.O. Box 128

Fort Qu'Appelle, SK S0G 1S0

Phone: (306) 332-4685

Fax: (306) 332- 5953

Offers: File Hills Qu'Appelle Tribal Council Community Justice Initiative

- | | |
|--|--|
| <ul style="list-style-type: none"> • Crime Prevention • Early Intervention • Healing, Talking and Sentencing Circles • Mediation and Dispute Resolution • Alternative Measures Programs for Adults and Youths | <ul style="list-style-type: none"> • Victims' Services • Community-Based Correctional Services that focus on Offender Rehabilitation and Reintegration and on Healing of Victims and Offenders |
|--|--|

Offers Aboriginal Court Worker Program

Offers: Probation Services

Offers: Youth Justice Programs

STAR BLANKET FIRST NATION

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Star Blanket First Nation

P.O. Box 456
Balcarres, SK S0G 0C0
Phone: (306) 334-2206
Fax: (306) 334- 2606

Offers: File Hills Qu'Appelle Tribal Council Community Justice Initiative

- Crime Prevention
- Early Intervention
- Healing, Talking and Sentencing Circles
- Mediation and Dispute Resolution
- Alternative Measures Programs for Adults and Youths
- Victims' Services
- Community-Based Correctional Services that focus on Offender Rehabilitation and Reintegration and on Healing of Victims and Offenders

Offers Aboriginal Court Worker Program

Offers: Probation Services

Offers: Youth Justice Programs

ST. BENEDICT

ADDICTIONS & MENTAL HEALTH SERVICES

Mental Health and Addiction Services

Rural-Humboldt
Intake: (306) 682-5333

Offers: Outpatient Mental Health Services

Offers: Outpatient Addiction Services

There is a waitlist for counselling but it varies by community month-to-month. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of refers including court referrals. They ask that they will be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

ST. GREGOR

ADDICTIONS & MENTAL HEALTH SERVICES

Mental Health and Addiction Services

Rural-Humboldt
Intake: (306) 682-5333

Offers: Outpatient Mental Health Services

Offers: Outpatient Addiction Services

There is a waitlist for counselling but it varies by community month-to-month. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of refers including court referrals. They ask that they will be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

ST. ISIDOR DE BELLEVUE

ADDICTIONS & MENTAL HEALTH SERVICES

One Arrow Health Centre

P.O. Box 147

St. Isidore de Bellevue, SK S0K 3Y0

Phone: (306) 423-5493

Fax: (306) 423-5441

Website: www.sktc.sk.ca/?q=node/71

Offers: Outpatient Addiction Services

Offers: Outpatient Mental Health/Holistic Health Services

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

One Arrow First Nation

P.O. Box 147

Bellevue, SK S0K 3Y0

Phone: (306) 423-5900

Fax: (306) 423-5904

Southeast Treaty Four Tribal Council Justice Program

Offers: Alternative Measures

- The Program operates diversion programs for Youths and adults in the criminal justice system.
- The active participation and guidance of Elders is essential to all phases of the diversion process.
- The Program also provides awareness, education and training to its member of First Nations on criminal justice processes and community justice programs.

STOCKHOLM

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

STOUGHTON

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Ocean Man First Nation

P.O. Box 157

Stoughton, SK S0G 4T0

Phone: (306) 457-2679

Fax: (306) 457-2933

Website: <http://www.oceanmanband.com>

Yorkton Tribal Council Community Justice Program and Alternative Measures Program

Offers: Alternative Measures for Youths and Adults

- Crime Prevention
- Healing and Sentencing Circles
- Community-Based Victims and Correctional Services

STRASBOURG

ADDICTIONS & MENTAL HEALTH SERVICES

Strasbourg and District Health Centre

P.O. Box 217

303 Edward Street

Strasbourg, SK S0G 4V0

Phone: (306) 725-3220

Fax: (306) 725-4060

Intake: (306) 365-3400

Website: www.townofstrasbourg.ca/medical.htm

Rural-Lanigan

Offers: Outpatient Addiction Services

Offers: Outpatient Mental Health/Holistic Health Services

Hours are Monday to Friday 9:00 am - 5:00 pm; closed at noon, weekends and holidays. There is a waitlist for counselling but it varies by community month-to-month. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of refers including court referrals. They ask that they will be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

STURGEON LAKE FIRST NATION

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Sturgeon Lake First Nation

P.O. Box 5, Site 12, R.R. #1

Shellbrook, SK S0J 2E0

Phone: (306) 764-1872

Fax: (306) 764-1877

Prince Albert Grand Council Community Justice Program

Offers: Alternative Measures

- The Program receives Pre and Post-charge referrals from RCMP, schools and in some instances from the presiding Judge
- Provide conflict resolution opportunities

Offers: Rural Alternative Measures Program

- Victim/Offender Mediation
- Family Group Conferencing
- School Mediation
- Community Justice Forums
- Accountability Hearings

STURGEON LANDING

ADDICTIONS & MENTAL HEALTH SERVICES

Sturgeon Landing Health Centre

Sturgeon Landing, SK S0P 0H0

Phone: (306) 688-4510

Second Phone: (306) 688-2148

Website: www.mcrrha.sk.ca

Offers: Outpatient Addiction Services

Hours are Monday to Friday 8:30 am - 5:00 pm; closed at noon, weekends and holidays. To access services contact (306) 425-2422. There is no cost associated with a Saskatchewan health card. The waitlist varies.

ST. WALBURG

ADDICTIONS & MENTAL HEALTH SERVICES

St. Walburg Health Complex

P.O. Box 339

410 – 3rd Avenue West

St. Walburg, SK S0M 2T0

Phone: (306) 248-6719

Addictions: Kerry Robb (306) 893-2622 ext. 57868
 Fax: (306) 248-3413

Offers: Addictions Services by visiting specialists
Offers: Family Counselling by visiting specialists
Offers: Mental Health by visiting specialists

Addiction Services are based on need and the waitlist varies between 1-3 weeks depending on the community. They accept any kind of referrals, including court referrals.

SWEETGRASS FIRST NATION

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Sweetgrass First Nation

P.O. Box 147
 Gallivan, SK S0M 0X0
 Phone: (306) 937-2990
 Fax: (306) 937-7010

Battlefords/Lloydminster Adult Alternative Measures Program

Offers: Alternative Measures Program
Offers: Aboriginal Courtworker Program
Offers: Cultural Camps/Community Integration Program
Offers: First Nations Youth Restorative and Healing Project

TISDALE

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Kinistin Nation Wellness Centre

P.O. Box 2590
 Tisdale, SK S0E 1T0
 Phone: (306) 878-8181
 Second Phone: (306) 878-8188
 Fax: (306) 873-3550
 Website: www.sktc.sk.ca
 Hours: Monday to Friday 8:00 am - 4:00 pm.

Offers: Outpatient Addiction Services
Offers: Outpatient Mental Health/Holistic Health Services

To access services, contact the intake line at (306) 873-3760. There is no cost associated with a Saskatchewan health card. Waitlist varies.

SGI Impaired Driving Program

Toll Free: 1-844-855-2744

Offers: Driving Without Impairment Program

- Educate the individual about the serious problems related to drinking and driving
- Help the individual distinguish and separate the acts of drinking and driving

The course includes videos, group discussions, and presentations. The DWI course is a 16-hour course that runs Friday evening and all day Saturday and Sunday. It's held in an informal, friendly atmosphere, conducive to group interaction in 20 locations across the province with a \$150 fee. The \$150 fee can be payable to any motor licence issuer. The individual's DWI receipt will include the name and telephone number of a DWI coordinator that the individual must contact for enrolment.

Offers: Alcohol and Drug Education Program

A second licence suspension due to alcohol/drug-related driving offences and driving related Criminal Code convictions or roadside suspensions may require the individual to complete the ADE program.

- Educate the individual and provide activities to examine the individual's alcohol and drug use and the associated consequences, including the effects on the individual's family
- Help the individual learn about the effects of alcohol, other drugs and the signs/symptoms of addiction
- Provide information about chemical dependency progression and recovery
- Help the individual recognize the need to separate the acts of drinking, drug use and driving

The ADE course is a 28-hour course that runs 2 weekends in a row. The 1st weekend is Friday, Saturday and Sunday, and the next weekend is Saturday and Sunday. It's instructed by addiction counsellors and held in an informal, friendly atmosphere, conducive to group interaction in 3 locations across the province with a \$450 fee. The \$450 fee can be payable to any motor licence issuer. The individual's ADE receipt will include the name and telephone number of the ADE coordinator that the individual must contact to register for the course.

Offers: Addiction Assessment

If the individual's driver's licence is suspended due to a 3rd offence for a Criminal Code conviction or a roadside administrative licence suspension, addiction assessment is mandatory. Choosing to drive after drinking may be a sign of an alcohol abuse or an addiction problem. If the individual's driver's licence is suspended due to Criminal Code convictions, or roadside suspensions an addiction assessment may be mandatory. As a suspended driver, the individual cannot simply wait until the individual's suspension term is over to get the individual's licence back. If the individual does not complete addiction assessment, the individual's driver's licence will remain suspended indefinitely. The assessment is conducted by a qualified alcohol and drug services counsellor who

will work with the individual to develop an individualized plan or program that the individual must complete in order to be eligible for an ignition interlock device, special restricted driver's licence or a full driver's licence.

SGL will advise the individual by mail who to contact to arrange an appointment. Or the individual can call SGL to confirm what courses the individual needs to take and where. The cost is \$150.

Tisdale Hospital

P.O. Box 1630
2010 – 110th Avenue West
Tisdale, SK S0E 1T0
Phone: (306) 873-6500
Intake: (306) 873-3760
Fax: (306) 873-5994

Offers: Outpatient Mental Health Services

- Therapy for victims of abuse
- Child and Youth service
- Behavior management counselling
- Therapy for stress, anxiety, depression, and phobias
- Psychological assessment
- Crisis service
- Educational information provided

Offers: Outpatient Addiction Services

- Outpatient counselling to individuals involved in substance abuse and others affected by their usage
- SGL screening
- Problem gambling counselling
- Education and prevention programs, presentations, workshops, etc.

Tisdale Public Health Office

P.O. Box 1297
800 - 101st Street East
Tisdale, SK S0E 1T0
Phone: (306) 873-8282
Fax: (306) 873-2168
Website: www.kelseytrailhealth.ca

Offers: Community Support Worker

Offers: Outpatient Mental Health/Holistic Health Services

Hours are Monday to Friday 8:00 am to 4:30 pm; closed at noon, weekends and holidays.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Kinistin Saulteaux Nation

P.O. Box 2590
Tisdale, SK S0E 1T0

Phone: (306) 878-8188
 Fax: (306) 873-5235
 Website: <http://www.kinistin.sk.ca/>

Southeast Treaty Four Tribal Council Justice Program

Offers: Alternative Measures

- The Program operates diversion programs for Youths and adults in the criminal justice system.
- The active participation and guidance of Elders is essential to all phases of the diversion process.
- The Program also provides awareness, education and training to its member of First Nations on criminal justice processes and community justice programs.
- Other program activities include providing technical advice, coordinating training, planning, developing and evaluating programs, developing committees, developing policy, and collecting data.

COUNSELLING & PROGRAMS

North East Outreach & Support Services

103 McKendry Avenue East
 Melfort, SK
 E-mail: admin@northeastoutreach.ca
 Phone: (306) 752-9464
 Crisis Line 1-800-611-6349

Offers: Outreach Counselling

- Provides a range of free and confidential support services to enhance individual and community wellness.
- Supportive Counseling is available to individuals or families experiencing forms of violence or abuse or other crises.
- E-counseling is available for women to access the counsellors online.
- Information, Resources and Referrals Offers assistance regarding other services in the area.

Offers: Crisis Assistance and Safety Planning

- 24 Hour Regional Crisis Line the crisis line is available 24 hours a day, 7 days a week and is a free and confidential service. They do not subscribe to caller display and they do not require the caller to give us his/her name.

The individual calls to set up an appointment. The counsellor will assess their situation. There is no waitlist. One of the counsellors accepts court referrals.

THUNDERCHILD FIRST NATION

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Thunderchild First Nation Community Justice Program

Thunderchild Human Services Corporation

P.O. Box 600
Turtleford, SK S0M 2Y0
Phone: (306) 845-4300

Offers: Alternative Measures

- Public Education
- Crime Prevention
- Victim Services
- Community-Based Corrections Services,
- Alternative Measures Programs for Adults and Youths
- Family Group Conferencing
- Healing
- Sentencing Circles

TURNOR LAKE

ADDICTIONS & MENTAL HEALTH SERVICES

Birch Narrows First Nation Annie Bagg Memorial Nursing Station

P.O. Box 149
Turnor Lake, SK S0M 3E0
Phone: (306) 894-2112
Fax: (306) 894-2201
Website: www.mltc.ca

Offers: Addiction Services

Offers: Community Health Developer/Rep

Offers: Community Health Nurse

Offers: Mental Health/Holistic Health Services

Hours: Monday to Friday 8:30 am to 4:30 pm.

TURTLE LAKE

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

TURTLEFORD

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Thunderchild Health Centre

P.O. Box 744
Turtleford, SK S0M 2Y0

Phone: (306) 845-4330
 Fax: (306) 845-2978
 Website: www.pnrha.ca

Offers: Outpatient Addiction Services

Offers: Outpatient Mental Health/Holistic Health Services

Hours: Monday to Friday 8:30 am - 4:30 pm. To access services contact (306) 845-4330. There is no cost with a Saskatchewan health card. The waitlist varies.

Riverside Health Complex

P.O. Box 10
 1st Street South
 Turtleford, SK S0M 2Y0
 Phone: (306) 845-2195
 Addictions: Kerry Robb (306) 893-2622 ext. 57868
 Fax: (306) 845-2772

Offers: Addictions Services by visiting specialists

Offers: Family Counselling by visiting specialists

Service availability is based on need and the waitlist varies between 1-3 weeks depending on the community. They accept any kind of referrals, including court referrals. There is no cost associated.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Thunderchild First Nation Community Justice Program

Thunderchild Human Services Corporation
 P.O. Box 600
 Turtleford, SK S0M 2Y0
 Phone: (306) 845-4300

Offers: Alternative Measures

- Public Education
- Crime Prevention
- Victim Services
- Community-Based Corrections Services,
- Alternative Measures Programs for Adults and Youths
- Family Group Conferencing
- Healing
- Sentencing Circles

UNITY

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Unity and District Health Centre

P.O. Box 741
 Airport Access Road
 Unity, SK S0K 4L0
 Phone: 1-866-268-9139
 Fax: (306) 228-2292

Offers: Outpatient Addiction Services

- Addictions Counsellor
- Individual, family and group outpatient counselling and education
- 180 Alcohol and Drug Diversion Program for Youth who are ticketed by the RCMP for minor consumption/possession of alcohol and/or possession of small amounts of controlled substances in lieu of paying the fine
- Ongoing assessment & treatment planning
- Referral to in-patient facilities

Offers: Outpatient Mental Health Services

To access services, contact the centralized intake line at 1-866-268-9139. There is no cost associated with a Saskatchewan health card. Waitlist varies.

URANIUM CITY**ADDICTIONS & MENTAL HEALTH SERVICES****Uranium City Health Clinic**

P.O. Box 360
 Uranium City, S0J 2W0
 Phone: (306) 498-2412
 Fax: (306) 498-2577
 Website: www.athabascahealth.com

Offers: Addiction ServicesOffers: Community Support WorkerOffers: Mental Health/Holistic Health Services

Hours: Monday to Friday 9:00 am - 5:00 pm. Closed at noon, weekends and holidays. Individuals call to make an appointment. Mental Health Services are offered monthly. There are no waitlists for such services. There is no cost associated.

VIBANK**ADDICTIONS & MENTAL HEALTH SERVICES****Alcoholics Anonymous**

See Appendix A.3

VISCOUNT

ADDICTIONS & MENTAL HEALTH SERVICES

Mental Health and Addiction Services

Rural-Humboldt

Intake: (306) 682-5333

Offers: Outpatient Mental Health Services

Offers: Outpatient Addiction Services

There is a waitlist for counselling but it varies by community month-to-month. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of refers including court referrals. They ask that they will be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

VONDA

ADDICTIONS & MENTAL HEALTH SERVICES

Mental Health and Addiction Services

Rural-Rosthern

Intake: (306) 232-6001

Offers: Outpatient Mental Health Services

Offers: Outpatient Addiction Services

There is a waitlist for counselling but it varies by community month-to-month. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of refers including court referrals. They ask that they will be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

WADENA

ADDICTIONS & MENTAL HEALTH SERVICES

Wadena Integrated Hospital

P.O. Box 10

433 - 5th Street Northeast

Wadena, SK S0K 4J0

Mental Health Phone: (306) 338-9950

Addictions Intake: (306) 365-3400

Offers: Outpatient Addictions Services

Offers: Outpatient Mental Health Services

There is a waitlist for counselling but it varies by community month-to-month. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of refers including court referrals. They ask that they will be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

WAHPETON

ADDICTIONS & MENTAL HEALTH SERVICES

Wahpeton Health Centre

P.O. Box 128
 Wahpeton, S6V 5R4
 Phone: (306) 922-6772
 Fax: (306) 922-6774
 Website: www.pagc.sk.ca

Offers: Outpatient Addiction Services

Offers: Outpatient Mental Health/Holistic Health Services

Hours: Monday to Friday 8:00 am - 4:00 pm. Closed at noon, weekends and holidays. To access services, contact the regional intake line at (306) 765-6550 or toll free at 1-855-765-6550. There is no cost associated with a Saskatchewan health card. Waitlist varies.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Wahpeton Dakota First Nation

P.O. Box 128
 Prince Albert, SK S6V 5R4
 Phone: (306) 764-6649
 Fax: (306) 764-6637

Prince Albert Grand Council Community Justice Program

Offers: Alternative Measures

- The Program receives Pre and Post-charge referrals from the RCMP, schools and in some instances from the presiding Judge.
- Provide conflict resolution opportunities

Offers: Rural Alternative Measures Program

- Victim/Offender Mediation
- Family Group Conferencing
- School Mediation
- Community Justice Forums
- Accountability Hearings

WAKAW**ADDICTIONS & MENTAL HEALTH SERVICES****Wakaw Hospital**

P.O. Box 309

301 - 1st Street North

Wakaw, SK S0K 4P0

Phone: (306) 233-4611

Intake: (306) 232-6001

Fax: (306) 233-5990

Website: www.saskatoonhealthregion.ca/the_individual's_health/ch_wakaw.htmOffers: Outpatient Mental Health ServicesOffers: Outpatient Addiction Services

Office hours 7:00am to 4:00pm. There is a waitlist for counselling but it varies by community month-to-month. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of refers including court referrals. They ask that they will be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

Federation of Saskatchewan First Nations

Approved Mental Health Therapists

See Appendix A.1

WALDHEIM**ADDICTIONS & MENTAL HEALTH SERVICES****Mental Health and Addiction Services**

Rural-Rosthern

Intake: (306) 232-6001

Offers: Outpatient Mental Health ServicesOffers: Outpatient Addiction Services

There is a waitlist for counselling but it varies by community month-to-month. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of refers including court referrals. They ask that they will be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

WAPELLA

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

WARMAN

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Community Mental Health Nurse

Saskatoon Rural

Intake: (306) 655-7777

Offers: Community Mental Health Nurse

Each area has its own nurse. They require a Saskatchewan health card and a referral from a general practitioner. The individual can specify which community they would like to access services in.

WATERHEN LAKE

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Waterhen Lake First Nation Health Clinic

P.O. Box 16

Waterhen Lake, SK S0M 3B0

Phone: (306) 236-3151

Fax: (306) 236-6377

Website: www.mlhc.ca

Offers: Mental Health Services

Offers: Therapist

Offers: Outpatient Addiction Services

Hours: Monday to Friday 9:00 am - 4:00 pm. Individuals can make an appointment to see a counsellor or therapist. There does not appear to be much of a waitlist to access such services. They accept referrals including court referrals.

WATROUS

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Watrous Hospital

704 - 4th Street East

Watrous, SK S0K 4T0

Intake Number: (306) 365-3400

Offers: Outpatient Addictions Services

Offers: Outpatient Mental Health Services

There is a waitlist for counselling but it varies by community month-to-month. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of refers including court referrals. They ask that they will be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

WATSON

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Mental Health and Addiction Services

Rural-Humboldt

Intake: (306) 682-5333

Offers: Outpatient Adult Mental Health Services

Offers: Outpatient Adult Addiction Services

There is a waitlist for counselling but it varies by community month-to-month. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of refers including court referrals. They ask that they will be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

Quill Plains Centennial Lodge and Watson Community Health Centre

P.O. Box 459

433 - 5th Street North East

Watson, SK S0K 4V0

Phone: (306) 287-3232

Second Phone: (306) 287-3791

Fax: (306) 287-3386
 Website: www.saskatoonhealthregion.ca
 Hours: Monday to Friday 8:00 am - 4:30 pm.

Offers: Integrated Wellness Coordinator

- Provide services in counselling, assessments, emotional support, interventions, emergency support, training, practicum supervision, and education.

To access services, contact the intake line at (306) 682-5333. There is no cost associated with a Saskatchewan health card. The waitlist varies.

WAWOTA

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

WHITE BEAR

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

White Bear First Nation

P.O. Box 700
 Carlyle, SK S0C 0R0
 Phone: (306) 577-2461
 Fax: (306) 577-2496
 Website: <http://www.whitebearfirstnation.ca/>

Offers: Community Addictions Program

- Referrals for treatment centers, outpatient programs at treatment centers, or to Alcoholics Anonymous or Narcotics Anonymous Meetings.
- Alcoholics Anonymous meetings, NA, Alternative to Violence
- Alcohol/drug use prevention

Offers: Alternatives to Violence Programming

- *Men and women who are perpetrators of intimate partner violence. Clients must be 18 years of age or over. They accept both voluntary and court-mandated clients. Referrals usually come from adult Probation Services, Social Services and Envision. The first appointment takes 2-3 months and is only scheduled every 6 weeks.*

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

White Bear First Nation

P.O. Box 700
 Carlyle, SK S0C 0R0
 Phone: (306) 577-2461
 Fax: (306) 577-2496

Southeast Treaty Four Tribal Council Justice Program

Offers: Alternative Measures

- The Program operates diversion programs for Youths and adults in the criminal justice system.
- The active participation and guidance of Elders is essential to all phases of the diversion process.
- The Program also provides awareness, education and training to its member of First Nations on criminal justice processes and community justice programs.
- Other program activities include providing technical advice, coordinating training, planning, developing and evaluating programs, developing committees, developing policy, and collecting data.

COUNSELLING & PROGRAMMING

White Bear First Nation

P.O. Box 700
 Carlyle, SK S0C 0R0
 Phone: (306) 577-2461
 Fax: (306) 577-2496
 Website: <http://www.whitebearfirstnation.ca/>

Offers: Counselling

- Group and individual counseling
- Domestic Violence Counseling
- Mental Health Counseling
- Family Therapy
- Youth Counseling
- Sexual Abuse Counseling

Offers: Programming

- Anger Management Programs
- Impaired Driver's Program

To access services, contact the main line. There is no cost associated. The waitlist varies.

WHITECAP

ADDICTIONS & MENTAL HEALTH SERVICES

Whitecap Health Centre

Whitecap, SK S7K 2L2

Phone: (306) 373-4600

Website: www.sketc.sk.ca/?q=node/25

Hours: Monday to Friday 8:00 am - 4:30 pm. Closed holidays and weekends.

Offers: Outpatient Mental Health/Holistic Health Services

To access services, contact the intake line at (306) 682-5333. There is no cost associated with a Saskatchewan health card. The waitlist varies.

WHITEWOOD

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Whitewood Community Health Centre

P.O. Box 699

921 Gambetta Street

Whitewood, SK S0G 5C0

Phone: (306) 735-2010

Fax: (306) 735-2512

Offers: Outpatient Mental Health Services

Offers: Outpatient Addiction Services

To access services, contact the intake line at (306) 766-6600. There is no cost associated with a Saskatchewan health card. The waitlist varies.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Ochapowace First Nation

P.O. Box 550

Whitewood, SK S0J 5C0

Phone: (306) 696-2425

Fax: (306) 696-3146

Southeast Treaty Four Tribal Council Justice Program

Offers: Alternative Measures

- The Program operates diversion programs for Youths and adults in the criminal justice system.
- The active participation and guidance of Elders is essential to all phases of the diversion process.
- The Program also provides awareness, education and training to its member of First Nations on criminal justice processes and community justice programs.
- Other program activities include providing technical advice, coordinating training, planning, developing and evaluating programs, developing committees, developing policy, and collecting data.

Southeast Treaty #4 Tribal Council

P.O. Box 550
 Whitewood, SK S0G 5C0
 Phone: (306) 577-2660
 Fax: (306) 577-4363

Southeast Treaty Four Tribal Council Justice Program

Offers: Alternative Measures

- The Program operates diversion programs for Youths and adults in the criminal justice system.
- The active participation and guidance of Elders is essential to all phases of the diversion process.
- The Program also provides awareness, education and training to its member of First Nations on criminal justice processes and community justice programs.
- Other program activities include providing technical advice, coordinating training, planning, developing and evaluating programs, developing committees, developing policy, and collecting data.

WILLOW BUNCH**ADDICTIONS & MENTAL HEALTH SERVICES****Alcoholics Anonymous**

See Appendix A.3

WILKIE**ADDICTIONS & MENTAL HEALTH SERVICES****Wilkie and District Health Centre**

P.O. Box 459
 304 – 7th Avenue East
 Wilkie, SK S0K 4W0
 Phone: (306) 843-2644
 Toll-free: 1 866 268-9139

Offers: Outpatient Addiction Services by visiting specialists

The individual can call the closest health centre to them in their community or by calling the toll-free number 1-866-268-9139. The visiting specialist comes from Biggar and counselling appointments can be made any day of the week. There does not appear to be a waitlist. There is no cost associated with a Saskatchewan health card.

WOLLASTON LAKE

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Hatchet Lake Denesuline Nation

General Delivery

Wollaston Lake, SK S0J 3C0

Phone: (306) 633-2003

Fax: (306) 633-2040

Prince Albert Grand Council Community Justice Program

Offers: Alternative Measures

- The Program receives Pre and Post-charge referrals from RCMP, schools and in some instances from the presiding Judge
- Provide conflict resolution opportunities

WOOD MOUNTAIN FIRST NATION

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Wood Mountain First Nation

P.O. Box 1792

Assiniboia, SK S0H 0B0

Phone: (306) 266-2039

Fax: (306) 266-2024

Offers: File Hills Qu'Appelle Tribal Council Community Justice Initiative

- Crime Prevention
- Early Intervention
- Healing, Talking and Sentencing Circles
- Mediation and Dispute Resolution
- Alternative Measures Programs for Adults and Youths
- Victims' Services
- Community-Based Correctional Services that focus on Offender Rehabilitation and Reintegration and on Healing of Victims and Offenders

Offers Aboriginal Court Worker Program

Offers: Probation Services

Offers: Youth Justice Programs

WYNYARD

ADDICTION & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

Mental Health and Addiction Services

Rural-Lanigan
Intake: (306) 365-3400

Offers: Outpatient Mental Health Services
Offers: Outpatient Addiction Services

There is a waitlist for counselling but it varies by community month-to-month. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of refers including court referrals. They ask that they will be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

Wynyard Hospital

300 - 10th Street East
Wynyard, SK S0A 4T0
Phone: (306) 554-2586
Fax: (306) 554-2247
Website: www.saskatoonhealthregion.ca/the_individual's_health/ch_wynyard.htm

Offers: Outpatient Addiction Services
Offers: Outpatient Mental Health/Holistic Health Services

They have one counsellor. Anything more than the one counsellor leads to a referral to Lanigan. There is no cost with a Saskatchewan health card.

YELLOW QUILL

ADDICTIONS & MENTAL HEALTH SERVICES

Yellow Quill Health Centre

P.O. Box 10
Yellow Quill, SK S0A 3A0
Phone: (306) 322-2041
Fax: (306) 322-5970
Website: www.kelseytrailhealth.ca
Hours: Monday to Friday 8:30 am - 4:30 pm.

Offers: Outpatient Addiction Services
Offers: Community Health Developer/Rep
Offers: Mental Health/Holistic Health Services

To access services, contact the central intake line at (306) 752-8767. There is no cost associated with a Saskatchewan health card. Waitlist varies.

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Yellow Quill Health Centre

P.O. Box 10

Yellow Quill, SK S0A 3A0
 Phone: (306) 322-2041
 Fax: (306) 322-5970
 Website: www.kelseytrailhealth.ca

Southeast Treaty Four Tribal Council Justice Program

Offers: Alternative Measures

- The Program operates diversion programs for Youths and adults in the criminal justice system.
- The active participation and guidance of Elders is essential to all phases of the diversion process.
- The Program also provides awareness, education and training to its member of First Nations on criminal justice processes and community justice programs.
- Other program activities include providing technical advice, coordinating training, planning, developing and evaluating programs, developing committees, developing policy, and collecting data.

Hours: Monday to Friday 8:30 am - 4:30 pm.

YOUNG

ADDICTIONS & MENTAL HEALTH SERVICES

Mental Health and Addiction Services

Rural-Lanigan
 Intake: (306) 365-3400

Offers: Outpatient Mental Health Services

Offers: Outpatient Addiction Services

There is a waitlist for counselling but it varies by community month-to-month. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of refers including court referrals. They ask that they will be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

YOUNG CHIPPEWAYAN FIRST NATION

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Young Chippewyan First Nation

P.O. Box 66
 Gallivan, SK S0M 0X0
 Phone: (306) 937-7475
 Fax: (306) 937-3960

Battlefords/Lloydminster Adult Alternative Measures Program

Offers: Alternative Measures Program

Offers: Aboriginal Courtworker Program

Offers: Cultural Camps/Community Integration Program

Offers: First Nations Youth Restorative and Healing Project

ZEALANDIA

ADDICTIONS & MENTAL HEALTH SERVICES

Alcoholics Anonymous

See Appendix A.3

ZEHNER

ALTERNATIVE MEASURES & EXTRAJUDICIAL SANCTIONS

Piapot First Nation

General Delivery

Zehner, SK S0G 5K0

Phone: (306) 781-4848

Fax: (306) 781-4853

Offers: File Hills Qu'Appelle Tribal Council Community Justice Initiative

- Crime Prevention
- Early Intervention
- Healing, Talking and Sentencing Circles
- Mediation and Dispute Resolution
- Alternative Measures Programs for Adults and Youths
- Victims' Services,
- Community-Based Correctional Services that focus on Offender Rehabilitation and Reintegration and on Healing of Victims and Offenders.

Offers Aboriginal Court Worker Program

Offers: Probation Services

Offers: Youth Justice Programs

ZELMA

ADDICTIONS & MENTAL HEALTH SERVICES

Mental Health and Addiction Services

Rural-Lanigan

Intake: (306) 365-3400

Offers: Outpatient Mental Health Services

Offers: Outpatient Addiction Services

There is a waitlist for counselling but it varies by community month-to-month. They do not offer group programming or specialized services anywhere other than in larger centres. The services are voluntary and they will accept a range of refers including court referrals. They ask that they will be briefed about why the individual needs services to set goals. There is no fee associated. The individual can specify which community they would like to access services in.

APPENDIX A.1**FEDERATION OF SASKATCHEWAN FIRST NATIONS**

Approved Mental Health Therapists

Abernethy

James Regehr: (306) 335-7823

Caronport

Tony Schnare: (306) 631-0909

Craven

Richard Thatcher: (306) 731-3819

Fort Qu'Appelle

Belinda Krienke: (306) 332-8259

Ethel Starblanket: (306) 332-2608

Kelvington

Leithe Lowndes: (306) 327-5381

Kinley

Doug Harder: (306) 291-5388

Kylemore

Enola Kayseas: (306) 338-2669

La Ronge

Lloyd Robertson: (306) 425-9872

Theresa Driediger: (306) 635-4411

Moose Jaw

Janet Purdy: (306) 692-5500

Neudorf

Chris Sorenson: (306) 537-9961

North Battleford

Patricia Dupois: (306) 445-1584

Phil Canning: (306) 694-8133

Pilot Butte

Robert Popp: (306) 751-2461

Wakaw

Susan Burke (306) 423-525

Saskatoon**Prince Albert**

Nicola Sherwin-Roller: (306) 763-7243

Gary Peckham: (306) 960-6939

Wanda Seidlikoski-Yurach: (306) 961-9115

Kathie Bird: (306) 961-8703

Charlene Cameron: (306) 961-8605

Glennys Stevenson: (306) 763-4859

Carrie LaVallie: (306) 765-3333

Lorna Gilbert: (306) 922-4464

Debbie Ermine: (306) 764-8880

Ysanne Gabora: (306) 922-3202

Regina

Laurel Phillips: (306) 537-4430

Marlene McNab: (306) 527-7509

Rob Kirk: (306) 569-4911

Debbie Hooper: (306) 533-5001

Shelley Tamaki: (306) 751-2413

Wendy Turner-Larsen: (306) 789-1871

Kiran Kashyap: (306) 530-3458

Liz Brass: (306) 352-2555

Grant Severight: (306) 584-0659

Kenneth Hardy: (306) 352-0680

Dennis Arbutnott: (306) 522-1800

Don Stevenson: (306) 787-7567

Douglas Blakely: (306) 787-0509

Dorothy Martens: (306) 352-3231

Jody Payant: (306) 530-9320

Terrence Zimmerly: (306) 347-2273

John Cleland: (306) 584-2545

Jason Peeble: (306) 522-0501

Samuel Berg: (306) 347-2273

Val Harding: (306) 359-6111

Todd Sojonky: (306) 530-6875

Harold Miller: (306) 359-6111

Allyce Herle: (306) 539-3461

Sheila Brandick: (306) 757-3813

Liz Brass: (306) 352-2555

Gladys Behnsen: (306) 347-9967

Wendy Bright: (306) 522-0501

Val Harding: (306) 359-6111

Laurie Goff: (306) 665-6242

RossAnn Edwards: (306) 652-7771
Michele Crawford: (306) 664-0000
Patricia Gonzalez: (306) 652-0832
Maria Badrock: (306) 244-6637
Eunice Cachene: (306) 664-0000
Heather Brenneman: (306) 343-1502
James Arnold: (306) 664-6647
Richard Kuckartz: (306) 665-6242
Dana Case: (306) 665-6242
Catherine Maragos: (306) 373-9260
Gregory Stevens: (306) 230-6842
Glenda Risling: (306) 664-2409
Brian Chartier: (306) 664-6647
Stuart McIntosh: (306) 653-2497
Brenda McCarty: (306) 664-0000
Ed Risling: (306) 665-6242
Doug Harder: (306) 652-1613
Sharon Neufeld: (306) 664-0000
Paige Gryba: (306) 934-5898
Mary Lou Fletcher: (306) 956-7533
Dory Cook: (306) 652-0832
Darlene Kennedy: (306) 242-1010
Bonnie Ish: (306) 934-5898
Jennifer Schenn-Visentini: (306) 665-6242
Stephen Boechler: (306) 665-6242
Brenda Hearn: (306) 652-3121
Della Yaroshko: (306) 665-6242
Adrienne Clayton: (306) 343-5950
Carol Hansen: (306) 373-5027

APPENDIX A.2

SASKATCHEWAN COLLEGE OF PSYCHOLOGISTS

List of Practicing Psychologists

| | | |
|---|--|--|
| <p>Name Theresa Driediger</p> <p>Licence Full Practice</p> <p>Degree M.A. Pastoral Studies (Marital Counselling)</p> <p>APE Yes</p> <p>Title Registered Psychologist</p> | <p>Areas of Practice Self-Regulation Therapy, Individual, couple & family counselling, anxiety, depression, PTSD, cross cultural, trauma recovery, supervision of psychologists</p> <p>Contact Title Psychologist, Private Practice</p> <p>Clientele children, adolescents, adults, couples, family</p> <p>Special Services: First Nations & Inuit Health approved</p> | <p>Contact Business Theresa Driediger Counselling P.O. Box 670, 417 - 6th Avenue Rosthern, SK S0K 3R0</p> <p>Work Phone: (306) 290-9198 E-mail: theresa7@sasktel.net</p> |
| <p>Name Holly Kruger</p> <p>Licence Full Practice</p> <p>Degree M.Ed.</p> <p>APE Yes</p> <p>Title Registered Psychologist</p> | <p>Areas of Practice Educational psychology Assessment, Counselling</p> <p>Clientele School age 5-18 yrs. old</p> | <p>Contact Business Prairie Spirit School Division P.O. Box 809, 121 Klassen Street East Warman, SK S0K 4S0</p> <p>Work Phone: 306 683-2858 Fax: 306 934-8221 E-mail: holly.kruger@spiritsd.ca</p> |
| <p>Name Larry Larson</p> <p>Licence Full Practice</p> <p>Degree M.Ed.</p> <p>APE No</p> <p>Title Registered Psychologist</p> | <p>Areas of Practice Work-related conflict, family, marriage, training and development</p> <p>Contact Title Private Practice</p> | <p>Contact Business Larson Consultants 56 Cathedral Bluffs Road Corman Park, SK S7P 1A3</p> <p>Work Phone: (306) 664-0000 E-mail: l Larsonconsultants@gmail.com</p> |
| <p>Name Romeo Beatch</p> | <p>Areas of Practice Holistic approach to health</p> | <p>Contact Business Private Practice</p> |

| | | |
|---|---|--|
| <p>Licence Full Practice Degree M.C. APE Yes Title Registered Psychologist</p> | <p>issues; trauma, depression, suicide, anxiety, grief/loss, relationships, work place issues</p> <p>Clientele Adults</p> <p>Special Services Debriefing with emergency & law enforcement personnel</p> | <p>P.O. Box 781 Unity, SK S0K 4L0</p> <p>Work Phone: (306) 210-7007 E-mail: rbeatch60@gmail.com</p> |
| <p>Name Marilee Zaharia Licence Full Practice Degree Ph.D. APE Yes Title Registered Doctoral Psychologist</p> | <p>Areas of Practice Clinical, Forensic, Consultation</p> <p>Contact Title Senior Psychologist</p> <p>Clientele Youth & Adults</p> | <p>Contact Business Saskatoon Health Region, Child & Youth Rural Consultation Program Mental Health & Addiction Services 2nd Floor, 715 Queen Street Saskatoon S7K 4X4</p> <p>Work Phone: (306) 655-7802 Other Phone: (306) 655-7826 Fax: (306) 655-7811</p> |
| <p>Name Theresa Driediger Licence Full Practice Degree M.A. Pastoral Studies (Marital Counselling) APE Yes Title Registered Psychologist</p> | <p>Areas of Practice Self-Regulation Therapy, Individual, couple & family counselling, anxiety, depression, PTSD, cross cultural, trauma recovery, supervision of psychologists</p> <p>Contact Title Psychologist, Private Practice</p> <p>Clientele children, adolescents, adults, couples, family</p> <p>Special Services First Nations & Inuit Health approved</p> | <p>Contact Business Theresa Driediger Counselling #1, 616 - 10 Street East Saskatoon, SK</p> <p>Work Phone: (306) 290-9198 E-mail: theresa7@sasktel.net</p> |

| | | |
|--|---|--|
| <p>Name Karen Wright</p> <p>Licence Full Practice</p> <p>Degree Ph.D.</p> <p>APE Yes</p> <p>Title Registered Doctoral Psychologist</p> | <p>Areas of Practice Grief, loss, bereavement/ individual counselling</p> <p>Clientele Children, Adolescent, Adult</p> | <p>Contact Business University of Saskatchewan / Private Practice A101 Health Science Building, 107 Wiggins Road Saskatoon, SK S7H 5E5</p> <p>Work Phone: (306) 966-6228 Fax: (306) 966-6621 E-mail: karen.wright@usask.ca</p> |
| <p>Name J. Stephen Wormith</p> <p>Licence Full Practice</p> <p>Degree Ph.D.</p> <p>APE No</p> <p>Title Registered Doctoral Psychologist</p> | <p>Areas of Practice Assessment and treatment of offenders</p> <p>Contact Title Psychology Department</p> <p>Clientele Adults and adolescents</p> | <p>Contact Business University of Saskatchewan 9 Campus Drive Saskatoon, SK S7N 5A5</p> <p>Work Phone:(306) 966-6818 Fax: (306) 966-6630 E-mail: s.wormith@usask.ca</p> |
| <p>Name Maureen L. Walker</p> <p>Licence Full Practice</p> <p>Degree M.Ed.</p> <p>APE No</p> <p>Title Registered Psychologist</p> | <p>Area of Practice Counselling Psychology</p> <p>Clientele Children, Adolescents, Adults, Couples, Families, Elderly</p> <p>Special Services - Eye Movement Desensitization and Reprocessing (EMDR)Therapy and Eye Movement Integration (EMI) Therapy</p> | <p>Contact Business 617C Main Street East Saskatoon, SK S7H 0J8</p> <p>Work Phone: (306) 280-6425 E-mail: maureenw247@gmail.com</p> |

| | | |
|--|--|---|
| <p>Name Kathleen Walls Licence Full Practice Degree M.Ed. APE Yes Title Registered Psychologist</p> | <p>Areas of Practice Individual, couple, family and group counselling and psychotherapy Contact Title Counsellor, Student Counselling Services Clientele Child, Adolescent, Adult</p> | <p>Contact Business University of Saskatchewan 104 Qu'Appelle Hall Addition 91 Campus Drive Saskatoon, SK S7N 5E8 Work Phone: (306) 966-4920 Fax:(306) 966-7059 E-mail: kathleen.walls@usask.ca</p> |
| <p>Name Mirna Vrbancic Licence Full Practice Degree Ph.D. APE Yes Title Registered Doctoral Psychologist</p> | <p>Areas of Practice Assessment generally, competency, forensic Contact Title Neuropsychologist Clientele Adults: 16 years and up</p> | <p>Department of Clinical Health Psychology, Saskatoon Health Region 103 Hospital Drive Saskatoon, SK S7N 0W8 Work Phone: (306) 655-2347 Fax: (306) 655-2340 E-mail: mirna.vrbancic@saskatoonhealthregion. ca</p> |
| <p>Name Mary Vandergoot Licence Full Practice Degree Ph.D. APE Yes Title Registered Doctoral Psychologist</p> | <p>Areas of Practice Clinical assessment and therapy, educational psychology, Youth forensics Contact Title Psychologist Clientele Children, adolescents, adults, families</p> | <p>Vandergoot Psychology Practice Prof. Corp. Suite 201 Charter Centre 416 21st Street East Saskatoon, SK S7K 0C2 Work Phone: (306) 477-4197 Fax: (306) 955-4246 E-mail: mvdgoot2@sasktel.net</p> |
| <p>Name Elizabeth Tosney Licence Full Practice Degree M.Ed. APE No Title Registered</p> | <p>Areas of Practice Eating disorders, sexual abuse, body image, self- esteem, depression, anxiety, relationships Special Services Evening appointments available</p> | <p>ontact Business Elizabeth Tosney Counselling & Consulting Saskatoon S7W 1B6 Work Phone: (306) 651-1778 Fax: (306) 651-1778 E-mail: etosney@shaw.ca</p> |

| Psychologist | | |
|--|--|--|
| <p>Name Donna Torrens</p> <p>Licence Full Practice</p> <p>Degree Ph.D.</p> <p>APE Yes</p> <p>Title Registered Doctoral Psychologist</p> | <p>Areas of Practice Clinical psychology (assessment & treatment)</p> <p>Children & Families; Youth; Adults</p> | <p>Contact Business Saskatoon Health Region, Child & Youth Program, MHAS 715 Queen Street Saskatoon S7K 4X4</p> <p>Work Phone: (306) 655-7813 Fax: (306) 655-7811 E-mail: donna.torrens@saskatoonhealthregion.ca</p> |
| <p>Name Fern Stockdale Winder</p> <p>Licence Full Practice</p> <p>Degree Ph.D.</p> <p>APE Yes</p> <p>Title Registered Doctoral Psychologist</p> | <p>Areas of Practice Health & geriatric</p> <p>Contact Title Rehabilitation and Geriatric Services</p> | <p>7th Floor, Saskatoon City Hospital, SHR 701 Queen Street Saskatoon S7K 0M7</p> <p>Work Phone: (306) 655-8698 Fax: (306) 655-8813 Website: www.saskatoonhealthregion.ca</p> |
| <p>Name Greg Stevens</p> <p>Licence Full Practice</p> <p>Degree Ph.D.</p> <p>APE Yes</p> <p>Title Registered Doctoral Psychologist</p> | <p>Areas of Practice Custody, access, parenting assessments, neuropsychology</p> <p>Contact Title Private practice</p> | <p>P.O. Box 99H RR3 Saskatoon, SK S7K 3J6</p> <p>Work Phone: (306) 230-6842 Fax: (306) 955-1257 E-mail: greg.stevens@usask.ca</p> |

| | | |
|--|---|---|
| <p>Name Lana Shimp Licence Full Practice Degree Ph.D. APE Yes Title Registered Doctoral Psychologist</p> | <p>Areas of Practice Depression, anxiety, relationship issues, abuse, addiction, pain/disability, stress, career</p> <p>Contact Title Psychologist</p> <p>Clientele Adolescents, Adults, Couples, Families</p> | <p>Contact Business Chartier Arnold Brock & Associates 1324 College Drive Saskatoon, SK S7N 0W5</p> <p>Work Phone: (306) 664-6647 Fax: (306) 664-6555 E-mail: shimpl@sasktel.net Website: www.chartierarnoldbrock.ca</p> |
| <p>Name Larry Shepel Licence Full Practice Degree Ph.D. APE Yes Title Registered Doctoral Psychologist</p> | <p>Areas of Practice Rehabilitation, clinical, parenting assessments</p> <p>Contact Title Private Practice</p> <p>Clientele Adult</p> | <p>Contact Business Shepel Psychological Consulting Services 210 Penryn Crescent Saskatoon, SK S7H 5G6</p> <p>Work Phone: (306) 227-4747 E-mail: larry.shepel@shaw.ca</p> |
| <p>Name Marc Sheckter Licence Full Practice Degree Ph.D. APE Yes Title Registered Doctoral Psychologist</p> | <p>Areas of Practice Rehabilitation & Health Psychology</p> <p>Contact Title Psychologist</p> <p>Clientele Adult</p> | <p>FIT for Active Living & Kinetik Program, Saskatoon Health Region c/o 701 Queen Street, 8th Floor Saskatoon, SK S7K 0M7</p> <p>Work Phone: (306) 655-8972 Fax: (306) 655-8951 E-mail: marc.sheckter@saskatoonhealthregion.c a</p> |

| | | |
|--|---|---|
| <p>Name Natalie Polvi Licence Full Practice Degree Ph.D. APE Yes Title Registered Doctoral Psychologist</p> | <p>Areas of Practice Psychological assessment, Forensic psychology (therapy, assessment, clinical supervision, consultation, program development, research)</p> <p>Contact Title Psychologist</p> <p>Clientele Adults</p> | <p>Contact Business Regional Psychiatric Centre P.O. Box 9243, 2520 Central Avenue Saskatoon S7K 3X5</p> <p>Work Phone: (306) 975-5400, ext. 5216 Fax: (306) 975-5071 E-mail: polvinh@csc-scc.gc.ca</p> |
| <p>Name Jill Pawlovich Carey Licence Full Practice Degree M.Ed. APE Yes Title Registered Psychologist</p> | <p>Areas of Practice Educational psychology with children aged 4-19 (K- 12), behavioural, cognitive, achievement assessment and intervention/programming</p> <p>Contact Title School Psychologist</p> | <p>Contact Business Saskatoon Public Schools 310 - 21st Street East Saskatoon S7K 1M7</p> <p>Work Phone: (306) 683-8297 E-mail: pawlovichcareyj@spsd.sk.ca</p> |
| <p>Name Sharon Neufeld Licence Full Practice Degree M.Ed. APE No Title Registered Psychologist</p> | <p>Areas of Practice Stress, depression, R.E.T., grief, marital, family, career counselling, women's issues</p> <p>Contact Title Psychologist</p> <p>Clientele Adults, the young adults, teens, few children</p> <p>Special Services Christian, EMDR-Eye Movement Dealitization and Deprocessing, Myers Briggs Testing Training, Med Life</p> | <p>Contact Business Professional Psychologists and Counsellors 1118 College Drive Saskatoon, SK S7N 0W2</p> <p>Work Phone: (306) 664-0000 Other Phone: (306) 652-3004 Fax: (306) 664-0037 E-mail: office@peopleproblems.ca Website: www.peopleproblems.ca</p> |

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| <p>Name Lawrence McGuire Licence Full Practice Degree M.Ed. APE Yes Title Registered Psychologist</p> | <p>Areas of Practice Learning disabilities, intellectual disability, learning strategies in school settings, school psychology</p> <p>Contact Title Educational Psychologist</p> <p>Clientele School aged children and Youth, adults</p> <p>Special Services Visual impairment (assessment and instruction)</p> | <p>Contact Business Greater Saskatoon Catholic Schools 420 - 22nd Street East Saskatoon, SK S7K 1X3</p> <p>Work Phone:(306) 659-7065 Other Phone: (306) 244-5125 E-mail: lmcguire11@sasktel.net</p> |
| <p>Name Brian McDonald Licence Full Practice Degree M.Ed. APE Yes Title Registered Psychologist</p> | <p>Areas of Practice Forensic, educational and therapy</p> <p>Contact Title Psychologist</p> <p>Clientele Child, Youth, adult</p> | <p>Contact Business Child & Youth Services, Saskatoon Health Region 715 Queen Street Saskatoon S7K 4X4</p> <p>Work Phone: (306) 655-7812 Fax: (306) 655-7811 E-mail: brian.mcdonald@sasktel.net</p> |
| <p>Name Terry Levitt Licence Full Practice Degree Ph.D. APE Yes Title Registered Doctoral Psychologist</p> | <p>Areas of Practice Neuropsychology (assessment & rehabilitation), Clinical</p> <p>Clientele Adolescents, Adults</p> | <p>Contact Business 203 - 1630 Quebec Avenue Saskatoon, SK S7K 1V7</p> <p>Work Phone: (306) 652-3179 Fax: (306) 652-3279 E-mail: tlevitt@sasktel.net</p> |

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| <p>Name Ellen Legault</p> <p>Licence Full Practice</p> <p>Degree Ph.D.</p> <p>APE Yes</p> <p>Title Registered Doctoral Psychologist</p> | <p>Areas of Practice General Clinical (assessment, therapy, forensic)</p> <p>Contact Title Psychologist</p> <p>Clientele Adults, Youth</p> <p>Special Services French</p> | <p>Contact Business Child and Youth Services 2nd Floor, 715 Queen Street Saskatoon, SK S7K 4X4</p> <p>Work Phone: (306) 655-7955 Other Phone: (306) 381-9412 Fax: (306) 655-7811 E-mail: ellen.legault@saskatoonhealthregion.ca</p> |
| <p>Name A. Ross Keele</p> <p>Licence Full Practice</p> <p>Degree M.Ed.</p> <p>APE Yes</p> <p>Title Registered Psychologist</p> | <p>Areas of Practice Offender treatment, risk assessment, criminal forensic</p> <p>Contact Title Director, Clinical Services</p> <p>Clientele Adolescent and Adult criminal offenders</p> | <p>Contact Business Saskatchewan Corrections, Public Safety & Policing 910 - 60th Street East Saskatoon, SK S7K 2H6</p> <p>Work Phone: (306) 956-8806 Fax: (306) 931-0811 E-mail: ross.keele@gov.sk.ca</p> |
| <p>Name Jacqueline Hounjet</p> <p>Licence Full Practice</p> <p>Degree M.Ed.</p> <p>APE No</p> <p>Title Registered Psychologist</p> | <p>Areas of Practice Counselling, training, educational psychology</p> <p>Special Services Services offered in French and English</p> | <p>Contact Business Simple Reality Counselling & Consulting 433 Waterloo Crescent Saskatoon, SK S7H 4H9</p> <p>Work Phone: (306) 955-4452 E-mail: jhounjet@sasktel.net</p> |

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| <p>Name Sarah Hillis Licence Full Practice Degree Ph.D. APE Yes Title Registered Doctoral Psychologist</p> | <p>Areas of Practice Health psychology, clinical psychology and neuropsychology</p> <p>Contact Title Staff Psychologist</p> <p>Clientele Adult, some children served through the Department of Clinical Health Psychology</p> | <p>Contact Business Department of Clinical Health Psychology Room 233, Ellis Hall, 103 Hospital Drive Saskatoon, SK S7N 0W8</p> <p>Work Phone: (306) 655-2352</p> |
| <p>Name Deborah Hay Licence Full Practice Degree Ph.D. APE Yes Title Registered Doctoral Psychologist</p> | <p>Areas of Practice Child & Youth mental health</p> <p>Contact Title Private Practice</p> <p>Clientele Children, Youth and families</p> | <p>Contact Business Deborah Hay Ph.D. Registered Doctoral Psychologist 312 - 318 21st Street E. Saskatoon, SK S7K 6C8</p> <p>Work Phone: (306) 249-4472 Fax: (306) 249-4471 E-mail: drdhay@sasktel.net</p> |
| <p>Name Paige Gryba Licence Full Practice Degree M.Ed. APE No Title Registered Psychologist</p> | <p>Areas of Practice Children, families, individual adults - depression, anxiety, trauma, life/family transitions</p> <p>Contact Title Registered Psychologist</p> <p>Clientele Children 3-18; Adults; Families</p> <p>Special Services FNIB Certified for First Nations</p> | <p>Contact Business Gryba Phillips Professional Counselling Associates 206 - 912 Idylwyld Drive N Saskatoon, SK S7L 0Z6</p> <p>Work Phone: (306) 934-5898 Fax: (306) 934-5812 E-mail: pcm@sasktel.net Website: grybaphillipsassociates.com</p> |

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| <p>Name Tim Greenough</p> <p>Licence Full Practice</p> <p>Degree Ph.D.</p> <p>APE Yes</p> <p>Title Registered Doctoral Psychologist</p> | <p>Areas of Practice Custody and access evaluations, parenting capacity assessments</p> <p>Contact Title Dr. Tim Greenough</p> <p>Clientele Children & families</p> | <p>Contact Business Greenough Psychological Services Professional Corporation 310 Sturgeon Drive Saskatoon, SK S7K 4C4</p> <p>Work Phone: (306) 249-2595 Other Phone: (306) 260-4643 Fax: (306) 249-1726 E-mail: t.greenough@sasktel.net</p> |
| <p>Name Rhonda Gough</p> <p>Licence Full Practice</p> <p>Degree M.Ed.</p> <p>APE No</p> <p>Title Registered Psychologist</p> | | <p>Contact Business 601-402 21st Street East Saskatoon, SK S7K 0C3</p> <p>Work Phone: (306) 281-7538 E-mail: rbgough@sasktel.net</p> |
| <p>Name Audrey Gordon</p> <p>Licence Full Practice</p> <p>Degree M.Ed. Psych. (Counselling)</p> <p>APE Yes</p> <p>Title Registered Psychologist</p> | <p>Areas of Practice Forensic, Clinical/Counselling Psychology</p> <p>Contact Title Regional Psychiatric Centre and Human Solutions Contractor</p> <p>Clientele Adults</p> | <p>Contact Business Wilson Banwell Human Solutions Suite 1000, 201 - 21 Street East Saskatoon, SK S7J 3N1</p> <p>Work Phone: (306) 241-6725 E-mail: thegordons98@hotmail.com</p> |

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| <p>Name John Elias</p> <p>Licence Full Practice</p> <p>Degree Ph.D.</p> <p>APE No</p> <p>Title Registered Doctoral Psychologist</p> | <p>Areas of Practice Strategic planning, program evaluation, organizational development</p> <p>Clientele Human Service Organizations</p> <p>Special Services Spanish, German</p> | <p>Contact Business Elias & Associates Consulting Inc. 3615 Saskatchewan Crescent South Saskatoon, SK S7T 1B7</p> <p>Work Phone: (306) 931-8506 E-mail: elias@shaw.ca</p> |
| <p>Name Margaret Crossley</p> <p>Licence Full Practice</p> <p>Degree Ph.D.</p> <p>APE Yes</p> <p>Title Registered Doctoral Psychologist</p> | <p>Contact Title Associate Professor</p> | <p>Contact Business Department of Psychology University of Saskatchewan Saskatoon, SK S7N 5A5</p> <p>Work Phone: (306) 966-5925 Fax: (306) 966-6630 E-mail: crossley@usask.ca Website: www.usask.ca/psychology</p> |
| <p>Name Lynn Corbett</p> <p>Licence Full Practice</p> <p>Degree Ph.D.</p> <p>APE Yes</p> <p>Title Registered Doctoral Psychologist</p> | <p>Areas of Practice Women's Issues, Family & Relationship Issues, Life Transitions, Trauma, Eating Disorders, Depression, Anxiety, work-life balance, LGBTQ Friendly, Professional Consultation and Supervision</p> <p>Contact Title Psychologist</p> <p>Clientele Adults, Couples, Families</p> | <p>Contact Business Corbett Mills Counselling & Consulting Services Varsity View Saskatoon, SK S7N 0S5</p> <p>Work Phone: (306) 220-1613 E-mail: lynn@corbettmills.ca Website: www.corbettmills.ca</p> |

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| <p>Name Dennis Coates</p> <p>Licence Full Practice</p> <p>Degree M.Ed.</p> <p>APE No</p> <p>Title Registered Psychologist</p> | <p>Areas of Practice Addictions, Career Planning, Adult Children of Alcoholics, Trauma, Financial, Anxiety, Christian Counselling, Fears, Marital Enrichment, Critical Incident Stress Debriefing, Obsession/Compulsion, Insomnia, Workplace Conflict</p> <p>Contact Title President</p> | <p>Contact Business PPC-Professional Psychologists & Counsellors (Prof. Corp.) 1118 College Drive Saskatoon, SK S7N 0W2</p> <p>Work Phone: (306) 664-0000 Fax: (306) 664-0037 E-mail: office@peopleproblems.ca Website: www.peopleproblems.ca</p> |
| <p>Name Gail Clark</p> <p>Licence Full Practice</p> <p>Degree M.Ed.</p> <p>APE Yes</p> <p>Title Registered Psychologist</p> | <p>Areas of Practice Learning Disabilities; ADHD; Intellectual Disabilities; Psychoeducational Assessment; Program Planning</p> <p>Contact Title Registered Psychologist</p> <p>Clientele Children, Youth, Adults</p> | <p>Contact Business Clark Educational Consulting 259 Carr Lane Saskatoon, SK S7S 1M1</p> <p>Work Phone: (306) 931-7502 Fax: (306) 931-7503 E-mail: gail@clarkeducation.com</p> |
| <p>Name Brian Chartier</p> <p>Licence Full Practice</p> <p>Degree Ph.D.</p> <p>APE Yes</p> <p>Title Registered Doctoral Psychologist</p> | <p>Areas of Practice Adult therapy & assessment, parenting capacity, assessment, grief therapy</p> <p>Clientele Adolescents, Adults, Couples, Families</p> | <p>Contact Business Chartier Arnold Brock 1324 College Drive Saskatoon, SK S7N 0W5</p> <p>Work Phone: (306) 664-6647 Fax: (306) 664-6555 E-mail: brian.chartier@usask.ca</p> |

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| <p>Name Phil Carverhill</p> <p>Licence Full Practice</p> <p>Degree Ph.D.</p> <p>APE Yes</p> <p>Title Registered Doctoral Psychologist</p> | <p>Areas of Practice Grief, health/rehabilitation, stress, anxiety, depression, career counselling, psychological assessment</p> <p>Clientele Adults, couples, adolescents, groups, older adults</p> | <p>Contact Business Carverhill Counselling & Consulting 912 Idylwyld Drive North Saskatoon, SK S7L 0Z6</p> <p>Work Phone: (306) 651-7445 Fax: (306) 651-7444 E-mail: dr.phil.carverhill@shaw.ca</p> |
| <p>Name Susan Brock</p> <p>Licence Full Practice</p> <p>Degree Ph.D.</p> <p>APE Yes</p> <p>Title Registered Doctoral Psychologist</p> | <p>Contact Title Psychologist/Partner</p> | <p>Contact Business Chartier Arnold Brock & Associates 1324 College Drive Saskatoon, SK S7N 0W5</p> <p>Work Phone: (306) 664-6647 Fax: (306) 664-6555 Website: www.chartierarnoldbrock.ca</p> |
| <p>Name Heather Brenneman</p> <p>Licence Full Practice</p> <p>Degree Ph.D.</p> <p>APE Yes</p> <p>Title Registered Doctoral Psychologist</p> | <p>Areas of Practice Stress, anxiety, depression, trauma, relationship issues, parenting, gay/lesbian issues, abuse</p> <p>Clientele Adults</p> | <p>Contact Business 2206 Munroe Avenue South Saskatoon, SK S7J 1S3</p> <p>Work Phone: (306) 343-1502 Fax: (306) 665-6288 E-mail: habrenneman@sasktel.net</p> |

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| <p>Name Jennifer Braden</p> <p>Licence Full Practice</p> <p>Degree M.Ed.</p> <p>APE Yes</p> <p>Title Registered Psychologist</p> | <p>Areas of Practice School Psychology and Counselling</p> <p>Contact Title Saskatoon Public Schools/Registered Psychologist</p> <p>Clientele Children, Adolescents, Adults</p> | <p>Contact Business Saskatoon Public Schools 310 - 21st Street East Saskatoon, SK S7K 1M7</p> <p>Work Phone: (306) 683-8120 Fax: (306) 657-3965 E-mail: bradenj@spsd.sk.ca</p> |
| <p>Name Stephen Boechler</p> <p>Licence Full Practice</p> <p>Degree Ph.D.</p> <p>APE Yes</p> <p>Title Registered Doctoral Psychologist</p> | <p>Areas of Practice Individual and couple therapy, forensics and consultation</p> <p>Clientele Adults, Couples, Older Adolescents</p> | <p>Contact Business Crossroads Therapeutic Solutions 617 C Main Street Saskatoon, SK S7H 0J8</p> <p>Work Phone: (306) 665-6661 Other Phone: (306) 343-1636 Fax: (306) 664-8589 E-mail: steveboechler@sasktel.net Website: www.crossroadstherapy.ca</p> |
| <p>Name W.J. Arnold</p> <p>Licence Full Practice</p> <p>Degree Ph.D.</p> <p>APE Yes</p> <p>Title Registered Doctoral Psychologist</p> | <p>Areas of Practice Individuals, family, marital; health and disability; violence including criminal issues; court testimony; child-centered services in divorce and separation</p> <p>Contact Title Chartier Arnold Brock/Partner/Dr.</p> <p>Clientele Adults, couples, family, adolescents, child within family</p> <p>Special Services Multidisciplinary assessment - medical specialists and psychology. Quality</p> | <p>Contact Business W.J. Arnold Ph.D. Psychological Services PC Ltd. 1324 College Drive Saskatoon, SK S7N 0W5</p> <p>Work Phone: (306) 664-6647 Fax: (306) 664-6555 E-mail: wja@chartierarnoldbrock.ca Website: www.chartierarnoldbrock.ca</p> |

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| | Assurance and insurance file reviews | |
| <p>Name Jeannette Ambrose</p> <p>Licence Full Practice</p> <p>Degree M.Ed.</p> <p>APE Yes</p> <p>Title Registered Psychologist</p> | <p>Areas of Practice Clinical, Teaching, Counselling, Industrial Organizational</p> <p>Contact Title Self Employed</p> <p>Clientele Adolescents, Couples, Adolescents & Family</p> | <p>Contact Business Connections Counselling Consulting & Training 1018 - 3rd Street East Saskatoon, SK S7H 1M9</p> <p>Work Phone: (306) 249-4244 Fax: (306) 668-3956 E-mail: jeannette.ambrose@gmail.com Website: www.restoringconnections.ca</p> |
| <p>Name Bryan Acton</p> <p>Licence Full Practice</p> <p>Degree Ph.D.</p> <p>APE Yes</p> <p>Title Registered Doctoral Psychologist</p> | <p>Areas of Practice Consultation, cognitive learning assessment, brain injury, developmental disability</p> <p>Contact Title Saskatoon Health Region Psychologist</p> <p>Clientele Children, Adolescents with developmental disabilities and health problems</p> | <p>Contact Business Kinsmen Children's Centre 1319 Colony Street Saskatoon, SK S7N 2Z1</p> <p>Work Phone: (306) 655-1076 Fax: (306) 655-1446 E-mail: bryan.acton@saskatoonhealthregion.ca</p> |
| <p>Name Laurene Wilson</p> <p>Licence Full Practice</p> <p>Degree Ph.D.</p> <p>APE Yes</p> <p>Title Registered Doctoral Psychologist</p> | <p>Areas of Practice Health, clinical</p> <p>Contact Title Staff Psychologist</p> <p>Clientele Adult</p> | <p>Contact Business Saskatoon Health Region Dept. of Clinical Health, Psychology Residency Program, Room 223, Ellis Hall, 103 Hospital Drive Saskatoon, SK S7N 0W8</p> <p>Work Phone: (306) 655-2344 Other Phone: (306) 655-2341 Fax: (306) 655-2340 E-mail: laurene.wilson@saskatoonhealthregion.ca</p> |

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| <p>Name Dawn Phillips Licence Full Practice Degree Ph.D. APE Yes Title Registered Doctoral Psychologist</p> | <p>Areas of Practice Psychotherapy and psychological assessment, anxiety, depression, pain management, health issues</p> <p>Contact Title Psychologist</p> <p>Clientele Children, Adolescents, Adults</p> | <p>Contact Business Saskatoon Health Region Dept. of Clinical Health Psychology 103 Hospital Drive Saskatoon, SK S7N 0W8</p> <p>Work Phone: (306) 655-2358 Other Phone: (306) 717-2527 Fax: (306) 655-2340 E-mail: dawn.phillips@saskatoonhealthregion.ca</p> |
| <p>Name D'Arcy Helmer Licence Full Practice Degree Ph.D. APE Yes Title Registered Doctoral Psychologist</p> | <p>Areas of Practice Clinical, Neuropsychology, Forensics</p> <p>Special Services: Other languages with translator</p> | <p>Contact Business Saskatoon District Health Saskatoon, SK S7K 3J6</p> <p>Work Phone: (306) 244-2353 Fax: (306) 244-2537 E-mail: helmer787@gmail.com</p> |
| <p>Name Rupal Bonli Licence Full Practice Degree Ph.D. APE Yes Title Registered Doctoral Psychologist</p> | <p>Areas of Practice Psychological Assessment, psychotherapy, rehabilitation</p> <p>Contact Title Psychologist</p> <p>Clientele Children, Adults, Couples</p> | <p>Contact Business Saskatoon Health Region Adult Mental Health 715 Queen Street Saskatoon, SK S7N 0W5</p> <p>Work Phone: (306) 655-2348 Other Phone: (306) 655-8859 Fax: (306) 655-8875 E-mail: rupal.bonli@saskatoonhealthregion.ca</p> |
| <p>Name Ruthanne Bell Licence Full Practice Degree Ph.D. APE Yes Title Registered</p> | <p>Contact Title Senior Psychologist</p> | <p>Contact Business Child and Youth Program, Saskatoon Health Region 715 Queen Street Saskatoon, SK S7K 4X4</p> <p>Work Phone: (306) 655-7807</p> |

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| <p>Doctoral Psychologist</p> | | |
| <p>Name Darcia Evans Licence Full Practice Degree M.Ed. APE Yes Title Registered Psychologist</p> | <p>Areas of Practice Education psychology assessments, cognitive behavior therapy, child & Youth mental health</p> <p>Contact Title Education Psychologist</p> <p>Clientele Youth, 12-18 years</p> | <p>Contact Business Saskatoon Health Region, Mental Health & Addiction Services 715 Queen Street, Second Floor Saskatoon, SK S7K 4X4</p> <p>Work Phone: (306) 655-7802 Fax: (306) 655-7811 E-mail: darcia.evans@saskatoonhealthregion.ca</p> |
| <p>Name Frederick Farthing Licence Full Practice Degree M.Ed. APE No Title Registered Psychologist</p> | <p>Areas of Practice Counselling for individuals, couples, families with various presenting concerns</p> <p>Contact Title Psychologist</p> <p>Clientele Adults, adolescents, families</p> | <p>Contact Business CFS Building Healthy Families 200 - 504 - 25th Street East Saskatoon, SK S7K 4A7</p> <p>Work Phone: (306) 659-7729 Fax: (306) 659-2164 E-mail: ffarthing@scs.sk.ca Website: www.scs.sk.ca</p> |
| <p>Name Gerald R. Farthing Licence Full Practice Degree Ph.D. APE Yes Title Registered Doctoral Psychologist</p> | <p>Areas of Practice Child, adolescent, adult therapy and assessment, parenting and custody/access assessment</p> <p>Contact Title Psychologist</p> <p>Clientele Children, adolescent, adult, couples, family</p> | <p>Contact Business G.R. Farthing Ph.D. 1324 College Drive Saskatoon, SK S7N 0W5</p> <p>Work Phone: (306) 244-3821 Fax: (306) 664-6555 E-mail: grfarthingphd@sasktel.net</p> |

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| <p>Name Vicki Herman</p> <p>Licence Full Practice</p> <p>Degree M.Ed.</p> <p>APE Yes</p> <p>Title Registered Psychologist</p> | <p>Areas of Practice</p> <p>Contact Title Psychologist, Outreach Coordinator</p> <p>Clientele Adults</p> | <p>Contact Business University of Saskatchewan, Student Counselling Services 91 Campus Drive Saskatoon, SK S7M 5E8</p> <p>Work Phone: (306) 966-4920 Fax: (306) 966-7059</p> |
| <p>Name Franci Holtlander</p> <p>Licence Full Practice</p> <p>Degree M.A.</p> <p>APE Yes</p> <p>Title Registered Psychologist</p> | <p>Contact Title Psychologist</p> | <p>Contact Business Mental Health & Addiction Services, Child & Youth Program 715 Queen Street Saskatoon, SK S7K 4X4</p> <p>Work Phone: (306) 655-7833 Other Phone: (306) 655-7800 Fax: (306) 766-7811 E-mail: franci.holtlander@saskatoonhealthregio n.ca</p> |
| <p>Name Marilyn Macdonald</p> <p>Licence Full Practice</p> <p>Degree M.Ed.</p> <p>APE Yes</p> <p>Title Registered Psychologist</p> | <p>Areas of Practice Cognitive, intellectual and behavioral and academic assessments, diagnosis of learning disabilities, F.A.S.D. specialist</p> <p>Contact Title</p> <p>Clientele School age 5 to 17, adults</p> | <p>Contact Business Saskatoon Public Schools 310 - 21st Street East, Saskatoon, SK S7K 1M7</p> <p>Work Phone: (306) 683-8412 Fax: (306) 683-8207 E-mail: macdonaldmar@spsd.sk.ca</p> |
| <p>Name Terry Nicholaichuk</p> <p>Licence Full Practice</p> <p>Degree Ph.D.</p> <p>APE Yes</p> <p>Title</p> | <p>Areas of Practice Clinical and forensic assessment, criminal risk assessment, learning disability assessment</p> <p>Clientele Adults and Adolescents</p> | <p>Contact Business 505 4 Ave N, Saskatoon, SK S7K 2M5</p> <p>Work Phone: (306) 374-2557 Fax: (306) 665-6887 E-mail: nicholaichuk@sasktel.net</p> |

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| Registered Doctoral Psychologist | | |
| <p>Name Glenn Pancyr</p> <p>Licence Full Practice</p> <p>Degree Ph.D.</p> <p>APE Yes</p> <p>Title Registered Doctoral Psychologist</p> | <p>Areas of Practice Disability management, cognitive behavioral therapy, health psychology, individual psychology, consultation</p> <p>Contact Title Consultant Psychologist</p> <p>Clientele Late adolescent, adult, elderly</p> | <p>Contact Business 108 - 2100, 8th Street East Saskatoon, SK S7H 0V1</p> <p>Work Phone: (306) 955-3736 Other Phone: (306) 664-3604</p> |
| <p>Name Judy Pope</p> <p>Licence Full Practice</p> <p>Degree M.Ed.</p> <p>APE Yes</p> <p>Title Registered Psychologist</p> | <p>Areas of Practice Self-regulation therapy; trauma, chronic stress, anxiety depression, Autistic Spectrum disorders; workplace stress and concerns</p> <p>Contact Title Psychologist</p> <p>Clientele Children, families, couples, individuals</p> | <p>Contact Business Hope in the Midst Counselling 235 Tennant Crescent Saskatoon, SK S7H 5A9</p> <p>Work Phone: (306) 934-6454 Fax: (306) 934-6486</p> |
| <p>Name Coralee Pringle Nelson</p> <p>Licence Full Practice</p> <p>Degree M.Ed.</p> <p>APE Yes</p> <p>Title Registered Psychologist</p> | <p>Areas of Practice Forensic, Educational, Addictions, Program Development and Research</p> <p>Contact Title Psychologist</p> <p>Clientele Children, Adolescents, Adults</p> | <p>Contact Business Saskatoon Public Schools 310 - 21st Street East Saskatoon, SK S7K 1M7</p> <p>Fax: (306) 657-3965 E-mail: pringle-nelson@spsd.sk.ca Website: www.spsd.Sk.ca</p> |

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| <p>Name Colin Schwartz</p> <p>Licence Full Practice</p> <p>Degree M.Ed.</p> <p>APE Yes</p> <p>Title Registered Psychologist</p> | <p>Areas of Practice Educational psychology, forensic psychology</p> <p>Contact Title Psychologist</p> <p>Clientele Federally Sentenced Persons in Federal Corrections</p> | <p>Contact Business Correctional Service of Canada 3427 Faithfull Ave, Saskatoon, SK S7K 3X5 E-mail: schwartzcw@csc-scc.gc.ca</p> |
| <p>Name Lynn Wawryk- Epp</p> <p>Licence Full Practice</p> <p>Degree M.Ed.</p> <p>APE Yes</p> <p>Title Registered Psychologist</p> | <p>Areas of Practice School psychology - learning & behavioural problems</p> <p>Contact Title Self Employed</p> <p>Clientele K - The young Adult</p> <p>Special Services Signed English</p> | <p>Contact Business 101077500 Saskatchewan Ltd. 1122 Colony Street Saskatoon, SK S7N 0S5</p> <p>Work Phone: (306) 370-4425 Other Phone: (306) 933-4445 E-mail: lwe@sasktel.net</p> |
| <p>Name Janet Williams</p> <p>Licence Full Practice</p> <p>Degree M.Ed.</p> <p>APE Yes</p> <p>Title Registered Psychologist</p> | <p>Areas of Practice School psychology</p> <p>Contact Title Psychologist</p> <p>Clientele School aged population (K-12)</p> | <p>Contact Business Saskatoon Public Schools 310 - 21st Street Saskatoon, SK S7K 1M7</p> <p>Work Phone: (306) 683-8201 Fax: (306) 657-3970 E-mail: williamsjan@spsd.sk.ca</p> |
| <p>Name Deanne McKenney</p> <p>Licence Full Practice</p> <p>Degree M.Ed.</p> <p>APE No</p> <p>Title</p> | <p>Contact Title Psychologist</p> | <p>Contact Business Kinsmen Children's Centre 1319 Colony Street Saskatoon, SK S7N 2Z1</p> <p>Work Phone: (306) 655-1074 Fax: (306) 655-1449</p> |

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| Registered Psychologist | | |
| <p>Name Nayyar Javed</p> <p>Licence Full Practice</p> <p>Degree M.Ed.</p> <p>APE No</p> <p>Title Registered Psychologist</p> | <p>Areas of Practice PTSD, depression, anxiety and anti-oppression work with racialized immigrants and refugees</p> <p>Contact Title Head of Counselling Department</p> <p>Clientele Adult</p> <p>Special Services: Urdu, Pantabi, Persian</p> | <p>Contact Business Saskatoon Community Clinic 455 2 Ave N, Saskatoon, SK S7K 2C2</p> <p>Work Phone: (306) 664-4239 E-mail: csecretary@communityservice.sk.ca</p> |
| <p>Name Bruce McMurtry</p> <p>Licence Full Practice</p> <p>Degree Ph.D.</p> <p>APE Yes</p> <p>Title Registered Doctoral Psychologist</p> | <p>Areas of Practice Clinical, Health, Rehabilitation</p> <p>Contact Title Psychologist</p> <p>Clientele Adults</p> | <p>Contact Business Chronic Pain Centre, Saskatoon Health Region 204, 75-24th Street East Saskatoon, SK S7K 0K3</p> <p>Work Phone: (306) 655-7934 Fax: (306) 655-4001 E-mail: bruce.mcmurtry@saskatoonhealthregion.ca Website: www.saskatoonhealthregion.ca</p> |
| <p>Name Susan Nadon</p> <p>Licence Full Practice</p> <p>Degree Ph.D.</p> <p>APE Yes</p> <p>Title Registered Doctoral Psychologist</p> | <p>Areas of Practice Clinical psychology - child, adult and family assessment and intervention</p> <p>Contact Title Psychologist</p> <p>Clientele Child, adult, family</p> | <p>Contact Business Mental Health & Addiction Services, Children's Services 715 Queen Street Saskatoon, SK S7K 4X4</p> <p>Work Phone: (306) 655-7861 Fax: (306) 655-7811 E-mail: susan.nadon@saskatoonhealthregion.ca</p> |

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| <p>Name Mary Lou Fletcher</p> <p>Licence Full Practice</p> <p>Degree M.Ed.</p> <p>APE No</p> <p>Title Registered Psychologist</p> | <p>Areas of Practice Counselling: depression, anxiety, stress, women's issues, grief & loss, anger management, relationship.</p> <p>Contact Title Registered Psychologist</p> <p>Clientele Couples, Families, Individuals</p> | <p>Contact Business The Family Counselling Centre 603 Third Avenue North Saskatoon, SK S7K 2J8</p> <p>Work Phone: (306) 652-3121 Other Phone: (306) 956-7533 voice mail Fax: (306) 652-2709 E-mail: marylouf@shaw.ca</p> |
| <p>Name Janine Fotheringham</p> <p>Licence Full Practice</p> <p>Degree M.Ed.</p> <p>APE Yes</p> <p>Title Registered Psychologist</p> | <p>Areas of Practice Psycho-educational assessments (cognitive, achievement, behavioral) to address diverse learning needs</p> <p>Contact Title Psychologist</p> <p>Clientele School age children and adolescents</p> | <p>Contact Business Greater Saskatoon Catholic Schools 420 - 22nd Street East Saskatoon, SK S7K 1X3</p> <p>Work Phone: (306) 659-7141 E-mail: jfotheringham@gscs.Sk.ca</p> |
| <p>Name Rosalynde Hill</p> <p>Licence Full Practice</p> <p>Degree M.Sc.</p> <p>APE Yes</p> <p>Title Registered Psychologist</p> | <p>Areas of Practice Psychoeducational Assessment - Child & Adult, consultation for learning disabilities, ADHD, parenting</p> <p>Contact Title Psychologist</p> <p>Clientele Children, adolescents, adults</p> | <p>Contact Business Learning Disabilities Association of Saskatchewan 3-701, 2nd Ave North Saskatoon, SK S7K 2C9</p> <p>Work Phone: (306) 652-4114 Fax: (306) 652-3220 E-mail: lynde.h@ldas.org Website: www.ldas.org</p> |

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| <p>Name Audrey Kinzel</p> <p>Licence Full Practice</p> <p>Degree Ph.D.</p> <p>APE Yes</p> <p>Title Registered Doctoral Psychologist</p> | <p>Areas of Practice Counselling, Assessment, Chronic Pain</p> <p>Contact Title Associate Professor</p> <p>Clientele Children, Teen, Adults, Couples, Family</p> | <p>Contact Business University of Saskatchewan 28 Campus Drive Saskatoon, SK S7N 0X1</p> <p>Work Phone: (306) 966-8861 Other Phone: (306) 281-3424 Fax: (306) 966-7719 E-mail: audrey.kinzel@usask.ca</p> |
| <p>Name Gail May-Melin</p> <p>Licence Full Practice</p> <p>Degree M.Ed.</p> <p>APE No</p> <p>Title Registered Psychologist</p> | <p>Areas of Practice Individual, Family Counselling</p> <p>Contact Title Staff Clinician</p> <p>Clientele Employees</p> <p>Special Services French speaking</p> | <p>Contact Business Homewood Human Solutions U of S EAP Office 105 Maintenance Road, University of Saskatchewan Saskatoon, SK S7N 5L5</p> <p>Work Phone: (306) 966-4300 Fax: (306) 966-2766 E-mail: gailmaymelin@sasktel.net</p> |
| <p>Name Danielle Rozon</p> <p>Licence Full Practice</p> <p>Degree M.Ed.</p> <p>APE Yes</p> <p>Title Registered Psychologist</p> | <p>Areas of Practice Assessment of intellectual and learning disabilities, early childhood development and behaviour problems in the young children</p> <p>Contact Title Early Childhood Psychologist</p> <p>Clientele 0 to 5 years</p> | <p>Contact Business Public Health Services 100 - 227 Primrose Drive Saskatoon, SK S7K 5E4</p> <p>Work Phone: (306) 655-4139 Fax: (306) 655-4721 E-mail: www.Saskatoonhealthregion.ca</p> |

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| <p>Name Therese Daniels</p> <p>Licence Full Practice</p> <p>Degree M.A.</p> <p>APE Yes</p> <p>Title Registered Psychologist</p> | <p>Contact Title Psychologist</p> | <p>Contact Business Correctional Service of Canada, Clearwater Unit Central Avenue Saskatoon, SK</p> <p>Work Phone: (306) 975-5400 (5439) Fax: (306) 975-6868 E-mail: danielsta@sasktel.net</p> |
| <p>Name Wanetta Laird</p> <p>Licence Full Practice</p> <p>Degree M.Ed.</p> <p>APE Yes</p> <p>Title Registered Psychologist</p> | <p>Areas of Practice Counselling psychology, educational/school, developmental</p> <p>Contact Title Educational Counsellor</p> <p>Clientele Adults</p> | <p>Contact Business SIAS T Kelsey Campus 1130 Idylwyld Drive North, P.O. Box 1520 Saskatoon, SK S7K 3R5</p> <p>Work Phone: (306) 659-5724 Fax: (306) 659-5705 E-mail: waneta.laird@siast.sk.ca Website: www.gosias t.com</p> |
| <p>Name Shamus James</p> <p>Licence Full Practice</p> <p>Degree</p> <p>APE No</p> <p>Title Registered Psychologist</p> | <p>Areas of Practice Counselling psychology, consulting (child behaviours)</p> <p>Contact Title</p> <p>Clientele Children, adults, families</p> | <p>Contact Business Saskatoon Health Region, Child & Youth Program, Children's Services 715 Queen Street Saskatoon, SK S7K 4X4</p> <p>Work Phone: (306) 655-7819 Fax: (306) 655-7437</p> |
| <p>Name Donna Darbellay</p> <p>Licence Full Practice</p> <p>Degree Psy.D.</p> <p>APE Yes</p> <p>Title Registered Psychologist</p> | <p>Areas of Practice Therapy & assessment, parenting custody/access assessment</p> <p>Contact Title Psychologist</p> <p>Clientele Child, adolescent, adult, couples</p> | <p>Contact Business 1324 College Drive Saskatoon, SK</p> <p>Work Phone: (306) 341-9444 Other Phone: (306) 244-3821 E-mail: donnadarbellay@hotmail.com</p> |

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| <p>Name Megan E. O'Connell Licence Full Practice Degree Ph.D. APE Yes Title Registered Doctoral Psychologist</p> | <p>Areas of Practice Clinical psychology, neuropsychology, cognitive rehabilitation</p> <p>Contact Title Assistant Professor</p> <p>Clientele Adults</p> | <p>Contact Business University of Saskatchewan, Department of Psychology 9 Campus Drive Saskatoon, SK S7N 5A5</p> <p>Work Phone: (306) 966-2496 Fax: (306) 966-6630 E-mail: megan.oconnell@usask.ca</p> |
| <p>Name Beatrice St. Amand-Doepker Licence Full Practice Degree M.Ed. APE Yes Title Registered Psychologist</p> | <p>Areas of Practice Career assessment and planning, counselling</p> <p>Contact Title Counsellor</p> <p>Clientele Adults</p> | <p>Contact Business SIAST, Kelsey Campus P.O. Box 1520 Saskatoon, SK S7K 3R5</p> <p>Work Phone: (306) 659-4435 Fax: (306) 933-6432 E-mail: doepker@siast.sk.ca</p> |
| <p>Name Deborah Parker- Loewen Licence Full Practice Degree Ph.D. APE Yes Title Registered Doctoral Psychologist</p> | | <p>Contact Business 312-318 21st Street E Saskatoon, SK S7K 6C8</p> <p>Work Phone: (306) 249-4472 Fax: (306) 249-4471 E-mail: drdparloe@sasktel.net</p> |

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| <p>Name Tim Claypool Licence Full Practice Degree Ph.D. APE Yes Title Registered Doctoral Psychologist</p> | <p>Areas of Practice Psychological Assessment, individual counselling</p> <p>Contact Title Assistant Professor, University of Saskatchewan</p> <p>Clientele Children, Youth, adults</p> | <p>Contact Business College of Education, Dep't of Ed. Psych & Special Ed. 28 Campus Drive Saskatoon, SK S7N 0X1</p> <p>Work Phone: (306) 966-6931 Other Phone: (306) 665-1423 Fax: (306) 966-7719 E-mail: tim.claypool@usaSk.ca Website: www.usask.ca/education/epse</p> |
| <p>Name Heather Tomes Licence Full Practice Degree M.Ed. APE Yes Title Registered Psychologist</p> | <p>Areas of Practice Counselling: depression, anxiety, stress, grief, relationships, women's issues</p> <p>Contact Title Director</p> <p>Clientele Children, Youth, Adults</p> | <p>Contact Business Christian Counselling Services 617 3rd Avenue North Saskatoon, SK S7K 2J8</p> <p>Work Phone: (306) 244-9890 Fax: (306) 244-9987 Website: www.Saskatoonccs.com</p> |
| <p>Name Sarah Friesen Licence Full Practice Degree M.Ed. APE Yes Title Registered Psychologist</p> | <p>Areas of Practice Children and adolescents, assessment, diagnosis, and treatment of developmental disabilities</p> <p>Contact Title Psychologist</p> <p>Clientele Children 0-18 with developmental disabilities</p> | <p>Contact Business Saskatoon Health Region, Alvin Buckwold Child Development Program 1310 Colony Street Saskatoon, SK S7N 2Z1</p> <p>Work Phone: (306) 655-1073 Fax: (306) 655-1419 E-mail: sarah.friesen@saskatoonhealthregion.ca</p> |
| <p>Name Myrna Willick Licence Full Practice Degree Ph.D. APE Yes Title Registered</p> | <p>Areas of Practice Individual assessment & therapy with children & adults, interpersonal psychotherapy & cognitive behavioural principles, general clinical psychology, loss & grief.</p> <p>Contact Title</p> | <p>Contact Business Affiliated with St. Mary's Pediatric Clinic Saskatoon, SK</p> <p>Work Phone: (306) 612-2083 Fax: (306) 659-2022 E-mail: myrnawillick@sasktel.net</p> |

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| Psychologist | Private Practice Clientele Children and adults | |
| Name Stephanie Martin Licence Full Practice Degree Ph.D. APE Yes Title Registered Psychologist | Areas of Practice Counselling & psychotherapy, women's issues including trauma, violence, abuse, eating disorders, professional stress & coping Contact Title Associate Professor Clientele Adolescent girls & women | Contact Business University of Saskatoon 28 Campus Drive Saskatoon, SK S7N 0X1 Work Phone: (306) 966-5259 Fax: (306) 966-7719 |
| Name Bette Brazier Licence Full Practice Degree Ph.D. APE Yes Title Registered Doctoral Psychologist | Areas of Practice Health Psychology, Clinical Psychology Contact Title Clinical Psychologist Clientele Adults Special Services Private practice: Assessment, psychotherapy, consultation | Contact Business Saskatoon Health Region 110 Gropper Crescent Saskatoon, SK S7M 5N9 Work Phone: (306) 655-3894 |
| Name Bernell Anstey Licence Full Practice Degree M.Ed. APE Yes Title Registered Psychologist | Areas of Practice School psychology, Psychoeducational assessments, Consultation Clientele School age children and adolescents | Contact Business Greater Saskatoon Catholic Schools 420 - 22nd Street East Saskatoon, SK S7K 1X3 Work Phone: (306) 659-7055 E-mail: banstey@gscs.sk.ca |

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| <p>Name Sally Greenough</p> <p>Licence Full Practice</p> <p>Degree M.Ed.</p> <p>APE Yes</p> <p>Title Registered Psychologist</p> | <p>Areas of Practice Psycho-educational Assessments, Learning Disabilities, Counsellors</p> <p>Contact Title Disability Counsellor</p> <p>Clientele Adults 16+</p> | <p>Contact Business Student Development, SIAST Kelsey P.O. Box 1520 Saskatoon, SK S7K 3R5</p> <p>Work Phone: (306) 659-4927 Other Phone: (306) 244-4973 E-mail: sallygreenough@sasktel.net</p> |
| <p>Name Debra Kemp-Koo</p> <p>Licence Full Practice</p> <p>Degree M.Ed.</p> <p>APE Yes</p> <p>Title Registered Psychologist</p> | <p>Contact Title Counsellor/Psychologist</p> | <p>Contact Business SIAST Kelsey Campus P.O. Box 1520 Saskatoon, SK S7K 3R5</p> <p>Other Phone: (306) 290-7912</p> |
| <p>Name Gisele Lalonde</p> <p>Licence Provisional Practice</p> <p>Degree M.Ed.</p> <p>APE No</p> <p>Title Registered Psychologist (Provisional)</p> | <p>Areas of Practice School Counselling and Psychology</p> <p>Contact Title Educational Psychologist</p> <p>Clientele Children and Adolescents</p> <p>Special Services French (counselling and assessments in French)</p> | <p>Contact Business Conseil des ecoles fransaskoises 2320 Louise Avenue Saskatoon, SK S7J 3M7</p> <p>Work Phone: (306) 653-8490 Fax: (306) 653-8495 E-mail: glalonde@atrium.ca Website: www.cefsk.ca</p> |

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| <p>Name Mark Olver Licence Full Practice Degree Ph.D. APE Yes Title Registered Psychologist</p> | <p>Areas of Practice Clinical psychology (assessment and intervention), forensic psychology</p> <p>Clientele Children, Adolescents, Adults</p> | <p>Contact Business Dept. of Psychology, University of Saskatchewan 9 Campus Drive, Arts Building, Rm 154 Saskatoon, SK S7N 5A5</p> <p>Work Phone: (306) 966-4743 Fax: (306) 966-6630 E-mail: mark.olver@usaSk.ca</p> |
| <p>Name Jacqueline Rhinas-Helberg Licence Full Practice Degree M.Ed. APE No Title Registered Psychologist</p> | <p>Areas of Practice Counselling and Educational Psychology</p> <p>Contact Title Behavioural Consultant</p> <p>Clientele Children and Families</p> | <p>Contact Business Mental Health & Addiction Services Saskatoon Health Region 715 Queen Street Saskatoon, SK S7K 4X4</p> <p>Work Phone: (306) 655-7837 E-mail: jacqueline.helberg@saskatoonhealthegi on.ca</p> |
| <p>Name Mary Scissons Licence Full Practice Degree M.Ed. APE Yes Title Registered Psychologist</p> | <p>Areas of Practice Learning Disabilities, intellectual disabilities, educational psychology</p> <p>Contact Title Private practice</p> <p>Clientele Children, adolescents, adults</p> | <p>Contact Business Mary Scissons, Registered Psychologist 1721 Madden Avenue Saskatoon, SK S7H 3M7</p> <p>Work Phone: (306) 343-0099 E-mail: mscissons@sasktel.net</p> |
| <p>Name Jordan A. Cummings Licence Provisional Practice Degree Ph.D. APE No Title</p> | <p>Areas of Practice Children, adolescent, adults; learning disorders/ADHD, mood, anxiety, and trauma</p> <p>Contact Title Assistant Professor</p> | <p>Contact Business Department of Psychology, University of Saskatchewan 9 Campus Drive Saskatoon, SK S7N 5A5</p> <p>Work Phone: (306) 966-7147 Fax: (306) 966-6630 E-mail: jorden.cummings@usaSk.ca</p> |

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| Registered Doctoral Psychologist (Provisional) | | |
| Name Trevor Olson Licence Full Practice Degree Ph.D. APE Yes Title Registered Doctoral Psychologist | Areas of Practice Adult Contact Title Psychologist Clientele Clients who have been in motor vehicle collisions | Contact Business FIT for Active Living 8th Floor, 701 Queen Street Saskatoon, SK S7K 0M7 Work Phone: (306) 655-7935 E-mail: trevor.olson@saskatoonhealthregion.ca |
| Name Laurie Garcea Licence Full Practice Degree M.Ed. APE Yes Title Registered Psychologist | Areas of Practice Contact Title Director of Psychological Services | Contact Business Learning Disabilities Association of Saskatchewan 2221 Hanselman Court, Saskatoon, SK S7L 6A8 Phone: (306) 652-4114 Ext 4 Fax: (306) 652-3220 |
| Name Maggie Phillips Licence Provisional Practice Degree M.Sc. APE No Title Registered Psychologist (Provisional) | Areas of Practice Clinical Psychology, Health Psychology, Rehabilitation Psychology, Forensic Psychology Contact Title Psychologist, R.Psych. (Provisional) Clientele Adults, Families, Couples, Children, Elderly | Contact Business Chartier, Arnold, Brock, Shimp & Associates 1324 College Drive Saskatoon, SK S7N 0W5 Work Phone: (306) 664-6647 Fax: (306) 664-6555 E-mail: mphillips@chartierarnoldbrock.ca Website: www.chartierarnoldbrock.ca |

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| <p>Name Lisa Lejbak Licence Full Practice Degree Ph.D. APE Yes Title Registered Doctoral Psychologist</p> | <p>Areas of Practice Neuropsychology and Clinical Psychology Contact Title Neuropsychologist Clientele Children, Youth, Adults</p> | <p>Contact Business Private Practice, Saskatoon Health Region 305-3301 8th Street East Saskatoon, SK S7H 5K5 Work Phone: (306) 227-5461 Other Phone: (306) 655-1210 Fax: (306) 373-5261 E-mail: lisa.lejbak@usaSk.ca</p> |
| <p>Name Sally Greenough Licence Full Practice Degree Masters APE Yes Title Registered Psychologist</p> | <p>Areas of Practice Assessment of learning disorders (LD/ADHD) in adults Contact Title Educational Psychologist Clientele Adults</p> | <p>Contact Business Saskatchewan Polytechnic P.O. Box 1520 Saskatoon, SK S7K 3R5 Work Phone: (306) 659-4302 Other Phone: (306) 240-4973 Fax: (306) 659-4133</p> |
| <p>Name Kathy Thorpe Licence Full Practice Degree M.Ed. APE Yes Title Registered Psychologist</p> | <p>Areas of Practice Assessment, Counselling Contact Title Clientele School age</p> | <p>Contact Business Prairie Spirit School Division 121 Klassen St, Warman, SK S0K 4S0 Work Phone: (306) 683-2861 Fax: (306) 934-8221</p> |
| <p>Name Cindy Pellerin Licence Full Practice Degree M.Ed. APE No Title Registered</p> | <p>Areas of Practice Individual counselling children & teens, facilitator of Collaborative Problem Solving, school support - intervention & prevention, R.E.T. Contact Title Counsellor</p> | <p>Contact Business Prairie Spirit School Division P.O. Box 809, 121 Klassen Street East Warman, SK S0K 4S0 Work Phone: (306) 683-2800 Fax: (306) 934-8221 E-mail: cindy.pellerin@spiritsd.ca</p> |

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| Psychologist | Clientele Children, Teens, Family | |
| Name Louise McCulloch Licence Full Practice Degree M.Ed. APE Yes Title Registered Psychologist | Areas of Practice Learning Disabilities; Intellectual Disability Clientele Pre-K to Grade 12 | Contact Business Horizon School Division Humboldt Service Centre P.O. Box 40 Humboldt SK, S0K 2A0 Work Phone: (306) 231-4232 Fax: (306) 682-5154 E-mail: louise.mcculloch@hzsd.ca |
| Name Linda Erker Licence Full Practice Degree M.Ed. APE Yes Title Registered Psychologist | Areas of Practice School psychology, Early Childhood Psychology Clientele Children & Adolescents | Contact Business Saskatoon Public Schools 310 - 21st Street East Saskatoon, SK S7K 1M7 Work Phone: (306) 683-8204 |

PSYCHOLOGY ASSOCIATION OF SASKATCHEWAN
List of Practicing Psychologists

| Name | Services | Contact | Location |
|------------------------------------|---|--|--|
| Gina Kempton-Doane, M.Ed., R.Psych | | Phone: (306) 435-6488 E-mail: vivacity.consulting@sasktel.net | Grenfell/ Moosomin *Willing to Travel |
| Cheryl Thacker, M.Ed. | Services Educational and Ability Assessments and Consulting for Children and Adults | Phone: (306) 865-3087 E-mail: familyfromthebay@hotmail.com | Hudson Bay *Willing to Travel |

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| Kristin Bellows, M.Ed., R. Psych. | Consultation, counselling, assessment, and diagnosis of individuals with diverse needs. Individual/group counseling and comprehensive assessments. Kristin uses cognitive behavioural principles; motivational interviewing and solution focused counseling techniques to empower clients and help move them closer to their goals. Her primary focus is on improving client wellness, enhancing coping skills, facilitating healthy adjustment in life transitions, and stress/anger management | Phone: (306) 693-6222 E-mail: kbellows.consulting@gmail.com Website: www.alliancewellnessrehab.ca | Moose Jaw *Willing to Travel |
| Marilee Suurkivi, M.Ed, R. Psych | Additional Qualifications: Certified Canadian Counsellor, Reality Therapy Certified Services Individual, couple and family counselling | Phone: (306) 692-9737 E-mail: suurkivim@sasktel.net Website: www.beaconcounseling.com | Moose Jaw |
| Alexandra Froese, M.Ed., R.Psych | Services Counselling and assessment services for children, adolescents, and adults | Phone: (306) 540-8336 E-mail: froese.alexandra@gmail.com Website: http://www.ehrlo.com/community-services/ehrlo-counselling-services | Regina |
| Allisson Quine, PhD., R.D. Psych. | | Phone: (306) 584-3876 E-mail: office@prairiepsychology.com | Regina |
| Colette Pelletier, M.Ed., R.Psych. | Additional Qualifications: Certified Yoga Instructor Services | Phone: (306) 536-6975 E-mail: colette.pelletier@sasktel.net | Regina |

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| | Individual and/or family counselling for adults and adolescents seeking support for anxiety, depression, eating disorders (including Bariatric), grief, stress, relationships, acquired brain injury rehabilitation, identity challenges, and trauma from an interpersonal and mindfulness approach | | |
| Cristina Dumitrescu, M.Ed., R.Psych. | Services counselling regarding relationship issues, coping with anxiety, depression, stress, chronic pain; experience with geriatric population; mindfulness approach to help clients cope better with life's challenges | Phone: (306) 551-1861 E-mail: psychotherapyinregina@hotmail.com | Regina |
| Dennis Arbutnott, M.A., R. Psych | Additional Qualifications: Clinical Fellow and Approved Supervisor, American Association for Marriage and Family Therapy Services General psychotherapy, couples and family therapy | Phone: (306) 522-1800 E-mail: arbutnott@sasktel.net | Regina |
| Joan D. M. Helmsing, M.Ed., R. Psych. | Additional Qualifications: classroom teacher and special education teacher for 32 years (B.Ed.) Services Psycho-Educational and ADHD Assessment for children, adolescents and adults | Phone: (306) 586-5305 E-mail: helmsing.consulting@sasktel.net Website: helmsingconsulting.com | Regina *Willing to Travel |

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| <p>Judy Wright M.Ed. R. Psych (Provisional)</p> | <p>Additional Qualifications: Trainer Neuro Linguistic Services general practice marriage/couples individual equine assisted therapy</p> | <p>Phone: (306) 545-6121 E-mail: gateways@sasktel.net Website: gateways@sasktel.net</p> | <p>Regina</p> |
| <p>Kathryn Cochran, M.Ed., R.Psych</p> | <p>Additional Qualifications: I.C.C.A.C.</p> <p>Services Addictions: alcohol; drugs; gambling; sex; food; internet; codependency; anxiety; depression; stress; post-trauma; critical incident; grief; anger management workplace conflict; job performance; assertiveness; self-esteem; Marriage & relationship; family; adults, couples, adolescents; cross-culture; Registered Clinical, Counselling, Addictions, Industrial / Organizational Psychologist; C.E.O. Saskatchewan College of Psychologists Registration #622</p> | <p>Phone: (306) 352-0680 E-mail: par.regina@sasktel.net Website: www.parcounsellors.com</p> | <p>Regina *Willing to Travel</p> |
| <p>Katherine Owens, PhD, R. Psych</p> | <p>Additional Qualifications: CACBT-ACTCC Certified in Cognitive Behaviour Therapy Services Clinical psychologist, registered in Saskatchewan with Authorized Practice Endorsements in the areas of Clinical and Neuropsychology. Working in her current private practice since 2009 and with the RQHR</p> | <p>Phone: (306) 584-9840 E-mail: katherine.owens@accesscomm.ca Website: http://www.cbi.ca/web/physio-reginaalbert/our-team</p> | <p>Regina *Willing to Travel</p> |

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| | since 2005. She has specialized training in the use of cognitive-behavioral therapy (particularly with depression, OCD, panic, social anxiety, PTSD and phobias). She also has specialized training in, and offers, neuropsychological assessments | | |
| Kent Klippenstine, Psy.D, R.Psych. | Services Provide psychological assessment of adults and adolescents. Individual therapy for adults | Phone: (306) 737-6566 E-mail: kent.klippenstine@gmail.com | Regina *Willing to Travel |
| Laurel Phillips, MA, R. Psych | Services Children, Youth, and Adult play therapy and psychotherapy | Phone: (306) 537-4430 E-mail:lgphillips@sasktel.net | Regina |
| Lori Markwart, MA, R. Psych. | Services Relationship counselling for individuals and couples | Phone: (306) 530-4663 E-mail: lori.markwart@accesscomm.ca | Regina |
| Marlene Harper, MA. R. Psych. | Services Adult population, differential diagnosis and treatment of mental health problems; including anxiety, depression, PTSD, etc. Assistance with returning to work after stress or health. Pain-management counselling, bereavement and other loss (separation and divorce). Apply and teach relaxation training, self-hypnosis, mindfulness meditation, including Mindfulness Integrated Cognitive Behavioral Therapy (MiCBT). Mental training for athletes. CBT, Solution Focused, Brief | Phone: (306) 584-2731 E-mail: mharper@accesscomm.ca | Regina |

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| | Treatment, Biopsychosocial | | |
| Pamela Clarke, R.D. Psych. | Services Treatment of all psychological disorders in adult populations, with a particular interest in personality disorders and chronic pain issues; Mental health and tertiary rehabilitation assessments (Multi-disciplinary), fitness to work, and substance abuse assessments. I am fully accredited with SGI and WCB for primary and tertiary treatment as well as specialized mental health assessments | Phone: (306) 584-3876 E-mail: beattiepamela@hotmail.com Website: prairiepsychology.com | Regina |
| Sherry Rapley, MA, R.Psych. | Services Adults, adolescents and children, working in both clinical and academic settings. Specializes in providing culturally-sensitive counselling in the areas of trauma, sexual abuse, sexual orientation & gender identity issues, mood disorders, anxiety, self-harm, parent-child relations, grief, and addictions | Phone: (306) 751-2419 E-mail: sherry.rapley@ranchehrlo.ca Website: http://www.ehrlo.com/ecs/counselling/ | Regina |
| Tom Robinson, PhD, RD Psych | Services Individual treatment of adults experiencing anxiety, depression, health concerns, pain management, occupational stress and identity challenges | Phone: (306) 766-5412 E-mail: tom.robinson@rqhealth.ca | Regina |

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| Bette Brazier PhD, R.D. Psych | Services Assessment, Psychotherapy, and Consultation services for adults struggling with mental health issues | Phone: (306) 220-0926 E- mail: bbrazier@sasktel.net | Saskatoon |
| Brendan Newton, M.Ed., R. Psych | Services psychoeducational assessments | Phone: (306) 370-0510 E- mail: brendan@newtonconsultants.ca | Saskatoon *Willing to travel |
| Gail Clark M.Ed. R. Psych. | Services Cognitive assessments, Achievement testing, Learning Disabilities, ADHD. Children, adolescents and adults | Phone: (306) 931-7502 E- mail: gail@clarkeducation.com | Saskatoon |
| Danielle McFadyen, M.C., R. Psych. | Services Counselling services for Youth and adults | Phone: (306) 664-0000 E- mail: office@peopleproblems.ca | Saskatoon |
| Deb Fehr, M.Ed., R. Psych | Services Individual, couple and group counselling | Phone: (306) 292-7930 | Saskatoon *Willing to Travel |
| Heather Brenneman, PhD, R.Psych. | Services Psychotherapy for individual adults who are experiencing or have experienced depression, anxiety, work stress, trauma, relationship issues | Phone: (306) 343-1502 | Saskatoon |
| Jeannette Ambrose, M.Ed., R. Psych | Services Registered Psychologist and Family Therapist: Posttraumatic Stress, Trauma, Loss Holistic treatment of trauma & abuse. | Phone: (306) 249-4244 E-mail: jeannette.ambrose@gmail.com Website: www.restoringconnections.ca | Saskatoon |

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| <p>Judy Pope, M.Ed., R. Psych</p> | <p>Additional Qualifications: Sensorimot or Psychotherapy Level II training, Self-Regulation Therapy at Advanced Levels</p> <p>Services I work with children, Youth, adults and couples. I specialize in trauma, anxiety, depression, relationships issues, and workplace concerns for adults.</p> | <p>Phone: (306) 934-6454</p> | <p>Saskatoon</p> |
| <p>Karen Gilleta, PhD., R.D. Psych.</p> | <p>Services Individual psychotherapy for adults. Presenting issues: mood disorders (depression and bipolar), anxiety disorders (OCD, social phobia, generalized anxiety disorder), relationship issues (traumatic attachment), borderline personality disorder, trauma, disordered eating, self-worth/esteem. Primary therapeutic orientation: psychodynamic, interpersonal process approach; additional therapies are integrated based on client specificity: transference-focused psychotherapy, cognitive behaviour therapy, dialectical behaviour therapy, motivational interviewing, and solution-focused therapy, and exposure and response prevention therapy, mindfulness.</p> | <p>Phone: (306) 974-1747 E-mail: therapy@drscornishgilleta.com Website: www.drscornishgilleta.com</p> | <p>Saskatoon</p> |

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| Kathy Thorpe, M.Ed., R. Psych | | Phone: (306) 281-6926 E-mail: kat306@shaw.ca | Saskatoon *Willing to Travel |
| Lana Shimp, PhD, R.D. Psych. | Additional Qualifications: Authorized Practice Endorsement from the Saskatchewan College of Psychologists. Member of the Canadian Register of Health Service Providers in Psychology. Services Psychological assessment and individual psychotherapy with adults, couple's therapy, consultation, and supervision. Areas of interest include mood problems (depression and bipolar disorder), anxiety (including OCD, panic disorder, social anxiety, and generalized anxiety), relationship problems, stress, addiction issues, and neurofeedback. Primary therapeutic approach is cognitive-behavioural therapy. | Phone: (306) 664-6647 Website: www.chartieraroldbrock.ca | Saskatoon |
| Larry McGuire, M. Ed, R.Psych. | Services Learning Disabilities, Intellectual Disabilities, Visual Impairment | Phone: (306) 280-5269 E-mail: lmcguire11@sasktel.net | Saskatoon |
| Lynn Corbett, Ph.D., RD Psych | Services Individual and Couples therapy for adults; professional consultation and supervision | Phone: (306) 220-1613 E-mail: lynn@corbettmills.ca Website: www.corbettmills.ca | Saskatoon |

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| Lynne Wawryk-Epp, M.Ed., R. Psych. | <p>Additional Qualifications: B.A., B.Ed., PGD Deaf Education, Sign Language</p> <p>Services Psychoeducational assessments with expertise in the area of Specific Learning Disorders. Cogmed Working Memory Training Coach</p> | Phone: (306) 370-4425 E-mail: lwe@sasktel.net | Saskatoon *Willing to Travel |
| Mary E. Vandergoot, R.D.Psych. | <p>Services Psychological Assessment services for Youth and adults in the areas of Developmental Disabilities, Mental Health, Learning Disabilities, ADHD, Parenting Capacity, Personal Injury, Vocational/Educational, Guardianship, and Intellectual Disabilities</p> | Phone: (306) 477-4197 E-mail: mvdgoot2@sasktel.net | Saskatoon *Willing to Travel |
| Mary Scissons, M.Ed., R. Psych. | <p>Qualifications: Special Education Teacher Certificate</p> <p>Services Psycho-educational assessments of learning, social and emotional needs which involves working directly with individuals using formal and informal assessments, observing, interviewing and reviewing educational and medical information, and writing a report which makes formal recommendations on effective interventions and accommodations to support clients' learning and development</p> | Phone: (306) 343-0099 E-mail: mscissons@sasktel.net | Saskatoon *Willing to travel |

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| Mirna Vrbancic Ph.D., R.D. Psych | Services Consultation, Neuropsychological and Psychological assessments | Phone: (306) 955-0850 E- mail: mirna.vrbancic@ou tlook.com | Saskatoon *Willing to Travel |
| Nayyar Javed, M.A., R.Psych. | Additional Qualifications: anti oppressive and discursive psychology | Phone: (306) 373-5421 E- mail: hamidjaved@sask tel.net | Saskatoon *Willing to Travel |
| Paige Gryba, M.Ed., R.Psych. | Additional Qualifications: Somatic Experiencing Practitioner, Independent Adoption Practitioner, trained in CBT Services Therapy for children, adolescents, adults and families; special interest and training in: anxiety, depression, trauma, life transitions, parenting/family challenges, self-harm, self- esteem | Phone: (306) 934-5898 E-mail: pcm@sasktel.net Website: www.grybaphill ipsassociates.com | Saskatoon |
| Philip Carverhill, Ph.D., R.D. Psych. | Services Individual, couple, family and group counselling for adults, adolescents, and older adults. Grief/bereavement, complicated grief, traumatic loss, PTSD, end- of-life issues, workplace stress, infertility, career & life transitions, psychological assessment, anxiety, depression, pain management & rehabilitation psychology and mental health promotion. | Phone: (306) 651-7445 E- mail: dr.phil.carverhill@sh aw.ca Website: carverhillcouns elling.ca | Saskatoon *Willing to Travel |

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| Regan Hart, Ph.D., R.D. Psych. | Services Diagnostic, Medical/Legal, Personality, and Cognitive Assessments. Therapy using CBT, DBT and emotional processing approaches. I see primarily adult clients | Phone: (306) 664-3604 | Saskatoon *Willing to Travel |
| Sarah Hillis, Ph.D., R.D. Psych. | Psychotherapy services for adults. Neuropsychological assessment service | Phone: (306) 241-1505 E-mail: skhillis@shaw.ca | Saskatoon |
| Sue Nadon, PhD, R.D. Psych | | Phone: (306) 220-1059 E-mail: snadon@sasktel.net | Saskatoon *Willing to Travel |
| Bonnie J. Peng, Registered Psychologist (Provisional) | Additional Qualifications: Services in Mandarin Chinese & Japanese are available | Phone: (306) 713-8968 E-mail: n.b.counseling2014@gmail.com Website: facebook.com/n.b.counsellingservices | Saskatoon & Lloydminster *Willing to Travel |
| Conor Barker, M.Ed., R. Psych. | Assessment and Therapy | Phone: (306) 741-1468 E-mail: conor@barkerpsychology.com Website: www.barkerpsychology.com | Swift Current *Willing to Travel |
| Stephanie Fedak, M.Ed., R.Psych | Assessment and Therapy | Phone: (306) 891-9789 E-mail: stlejf@gmail.com Website: www.Fedakcounseling.com | Weyburn |

APPENDIX A.3
ALCOHOLICS ANONYMOUS GROUPS

| Group Name | Day of Week | Start Time | Notes | Address | City |
|---|--------------------|-------------------|--|-----------------------------|--------------------|
| Asquith Group | Friday | 8:00 PM | Asquith School (SW entrance) | Eagle Avenue & Miles Street | Asquith |
| South Country Group | Monday | 8:00 PM | Old Library (Basement) | 110 4th Avenue West | Assiniboia |
| Out of Towner's Group | Saturday | 7:30 PM | United Church | Main Street | Balgonie |
| Soul Sisters Candlelight Group (Women Only) | Tuesday | 5:30 PM | St. George's Anglican Church | 191 24th Street West | Battleford |
| South Town Group | Wednesday | 8:00 PM | St. George's Anglican Church | 191 24th Street West | Battleford |
| Beauval Sipihishk Group | Thursday | 8:00 PM | Beauval Outpatient Center | | Beauval |
| Beauval Sipihishk Group | Thursday | 8:00 PM | Beauval Outpatient Center | | Beauval |
| Bienfait Group | Friday | 8:00 PM | St. Monica's Parish Hall, South side of the highway on Main street | 502 Carbon Ave | Bienfait |
| Back to Basics Group | Thursday | 7:30 PM | Evangelical Church | 200 6th Avenue N | Big River |
| Big River Dry Bones Group | Thursday | 7:30 PM | Station Seniors Center | Main Street | Big River |
| Biggar United Group | Sunday | 8:00 PM | United Church basement | 907 Quebec Street | Biggar |
| Biggar United Group | Wednesday | 8:00 PM | United Church basement; (Open 1st Wed of Month) | 907 Quebec Street | Biggar |
| Gateway Group | Wednesday | 8:00 PM | Blaine Lake Gospel Chapel | Railway Avenue West | Blaine Lake |

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| Broadview Group | Tuesday | 8:00 PM | United Church (basement) (Open 1st Tues of the Month) | 6th Avenue | Broadview |
| Brock Tuesday Nite Group | Tuesday | 8:00 PM | Brock Vesper Club | | Brock |
| Churchill Group | Wednesday | 8:00 PM | St Leo the Great Church | | Buffalo Narrows |
| German A.A. Group | Saturday | 8:00 PM | House (Open Meeting 2nd Sat of the Month) | 1214 Hudson Street | Cadillac |
| Canoe Narrows Group | Wednesday | 7:00 PM | Health Center | | Canoe Narrows |
| Canora Group | Wednesday | 8:00 PM | St. Georges Anglican Church | 133 2nd Avenue West | Canora |
| Carlyle Group | Wednesday | 8:00 PM | Catholic Church (Open Meeting 1st Wed of the Month) | 216 7th Street West | Carlyle |
| Central Border Group | Sunday | 8:00 PM | United Church (basement) | Broadway & Pacific Avenue | Carnduff |
| Carrot River A.A. Group | Tuesday | 8:00 PM | Carrot River Health Centre | | Carrot River |
| Hi 42 Group | Friday | 8:30 PM | Iver Main Place (back door downstairs) | Iver Main Place | Central Butte |
| Lakeshore Group | Sunday | 8:00 PM | Legion Hall (Upstairs) | Highway 263 | Christopher Lake |
| Potashville Group | Tuesday | 8:00 PM | Concordia Lutheran Church (basement); (Open Meeting Last Tues of the Month) | 310 Poplar Cres | Churchbridge |
| Not Alone Group | Friday | 8:00 PM | Prayer Room | | Cigar Lake Mine |
| Cochin A.A. New Beginning | Friday | 8:00 PM | Catholic Church (back | | Cochin |

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| Group | | | door) | | |
| Colonsay AA Group | Monday | 8:00 PM | St. Mary Catholic Church (basement) | | Colonsay |
| Coronach Pioneer Group | Tuesday | 8:00 PM | Legion Hall | Main Street | Coronach |
| Craik Group | Wednesday | 8:00 PM | Craik Health Center | 620 Mary Street | Craik |
| Craven Group | Monday | 8:00 PM | Craven Community Hall | | Craven |
| From the Heart Group | Wednesday | 8:00 PM | United Church | 401 Battle Avenue | Cut Knife |
| Debden Group | Monday | 8:30 PM | Catholic Church (basement) | Main Street | Debden |
| Downtown Delisle Group | Monday | 8:00 PM | United Church (basement) | 3rd Avenue & 1st Street | Delisle |
| Dinsmore Group | Friday | 8:00 PM | United Church | | Dinsmore |
| Eastend Group | Monday | 8:00 PM | Henry's Place | 1/4 mile South on grid 614 | Eastend |
| 19'ers Group | Tuesday | 8:00 PM | Elbow United Church | | Elbow |
| Esterhazy Sunshine Group | Wednesday | 8:00 PM | Baptist Church | 5th Avenue & Babyak Street | Esterhazy |
| Lifeline Group | Sunday | 8:00 PM | Guys & Gals Club 80 | 622 5th Street | Estevan |
| Lignite Serenity Group | Monday | 8:00 PM | Guys & Gals Club 80 | 622 5th Street | Estevan |
| Women's Empowering AA Group | Tuesday | 7:00 PM | Guys and Gals Club 80 (Open Meeting Last Tues of the Month) | 622 5th Street | Estevan |

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| Borderline Group | Tuesday | 8:00 PM | St. Giles Anglican Church (basement) | 317 12th Avenue | Estevan |
| Wednesday Night Group | Wednesday | 8:00 PM | Guys & Gals Club 80 Club House | 622 5th Street | Estevan |
| Torquay Group | Thursday | 8:00 PM | Guys & Gals Club 80 | 622 5th Street | Estevan |
| Saturday Night Do Drop In Group | Saturday | 8:00 PM | Guys & Gals Club 80 Club House | 622 5th Street | Estevan |
| Eston Group | Wednesday | 8:00 PM | United Church | Main Street | Eston |
| New Day AA Group | Thursday | 8:00 PM | 3 miles south of Kylemore; 1/2 mile W House 34 | 3 miles south of Kylemore | Fishing Lake First Nation |
| Floral Discussion Group | Tuesday | 8:00 PM | Floral School; Hwy 11 South to Grasswood, Turn Left, 4 Miles | Floral School | Floral |
| First Things First Group | Wednesday | 8:00 PM | St. Andrews United Church | 194 Bay Avenue | Fort Qu'Appelle |
| Day One Group | Friday | 8:00 PM | St. Andrews United Church | 194 Bay Avenue | Fort Qu'Appelle |
| Glaslyn Group | Thursday | 8:00 PM | United Church (basement) | Main Street | Glaslyn |
| Gravelbourg Group | Tuesday | 8:00 PM | The Cultural Center (basement Rm. 203) | 133 5th Avenue East | Gravelbourg |
| Grenfell Group | Wednesday | 8:00 PM | United Church (Open Meeting Last Wed of the Month) | 513 Anderson Street | Grenfell |
| Gull Lake Group | Wednesday | 8:00 PM | Legion Hall | | Gull Lake |
| Even at Forty | Monday | 8:00 PM | Gospel Fellowship | | Hafford |
| Hodgeville Group | Monday | 8:00 PM | Community Hall | | Hodgeville |

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| Hudson Bay New Hope Group | Tuesday | 8:00 PM | Seniors Building (behind library) | 130 Main Street | Hudson Bay |
| Hudson Bay New Hope Group | Thursday | 8:00 PM | Seniors Building (behind library) | 130 Main Street | Hudson Bay |
| Hudson Bay New Hope Group | Saturday | 8:00 PM | Seniors Building (behind library); (Open meeting) | 130 Main Street | Hudson Bay |
| Open Door Group | Monday | 8:00 PM | Humboldt District Health Centre | 515 14th Avenue | Humboldt |
| Living Sober Group | Tuesday | 7:30 PM | Humboldt District Health Complex | 515 14th Avenue | Humboldt |
| Steps to Freedom Group | Thursday | 8:00 PM | Humboldt District Health Complex | 515 14th Avenue | Humboldt |
| Living Sober Group | Friday | 7:30 PM | Humboldt District Health Complex | 515 14th Avenue | Humboldt |
| Living Sober Group | Saturday | 9:30 AM | Humboldt District Health Complex | 515 14th Avenue | Humboldt |
| Imperial A.A. Group | Tuesday | 7:30 PM | Pentecostal Church (basement) | | Imperial |
| Indian Head Group | Monday | 8:00 PM | United Church (Open Meeting Last Mon of Month) | 801 Buxton Street | Indian Head |
| Ministik Group | Monday | 8:00 PM | Crow Stand Centre | 235 2nd Street | Kamsack |
| Ministik Group | Thursday | 8:00 PM | Crow Stand Centre | 235 2nd Street | Kamsack |
| Kelvington A.A. Group | Wednesday | 8:00 PM | East Elevator Office | Elevator Road | Kelvington |
| Tumble Inn Group | Saturday | 8:00 PM | Tumble Inn Dance Hall; (May to September) | Tumble Inn | Kenosee Park |
| Monday Night Group | Monday | 8:00 PM | Kindersley Legion Hall | 118 2nd Avenue East | Kindersley |

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| Lost & Found Group | Thursday | 8:00 PM | | 303 - 5th Avenue West | Kindersley |
| Kindersley Hospital Group | Friday | 8:00 PM | Lutheran Church | 807 3rd Street West | Kindersley |
| Kipling Group | Monday | 8:00 PM | United Church (basement) | 104 Nelson Avenue | Kipling Station |
| Kisbey Group | Sunday | 8:00 PM | United Church (Basement) | | Kisbey |
| Kuroki Group | Monday | 8:00 PM | Drop In Center | 90 Norman Street | Kuroki |
| Milestone Service Group | Monday | 8:00 PM | Old Town Hall (Downstairs) | | La Ronge |
| Milestone Service Group | Wednesday | 8:00 PM | Old Town Hall (Downstairs) | | La Ronge |
| Milestone Service Group | Friday | 8:00 PM | Old Town Hall (Downstairs) | | La Ronge |
| LaFleche Group | Thursday | 8:00 PM | P.O.P. Complex (Main Entrance); (Open Meeting 2nd Thurs.) | | Lafleche |
| Lake Lenore One Day at a Time Group | Wednesday | 7:30 PM | Office - Shaw Building Movers | Railway Ave | Lake Lenore |
| Stepping Stones Group | Thursday | 8:00 PM | United Church (Basement) | | Langenburg |
| Lanigan It's The individual's Choice Group | Tuesday | 8:00 PM | Lutheran Church (basement) | | Lanigan |
| Friday Night Live Group | Friday | 8:00 PM | Christian Fellowship Church | 58 Mayo Street | Lanigan |
| Leader Group | Tuesday | 8:00 PM | United Church | 1st Street West | Leader |
| Back to Basics Group | Thursday | 8:00 PM | Leipzig Serenity Retreat North Door | | Leipzig |

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| Easy Does It | Thursday | 8:00 PM | | 208 Main Street | Loon Lake |
| Lumsden Valley Group | Thursday | 8:00 PM | Legion Hall | | Lumsden |
| Macklin Group | Friday | 7:30 PM | Grace United Church; 8:30 pm (Winter) | | Macklin |
| Makwa Freedom Group | Tuesday | 8:00 PM | Seniors Center (Behind Co-op Store) | | Makwa |
| Road's End Group | Wednesday | 8:00 PM | Calvary United Church | Corner 4th Street & 1st Avenue | Mankota |
| Cypress Hills Group | Monday | 8:00 PM | Jasper School | Jasper Street | Maple Creek |
| Cypress Hills Group | Wednesday | 12:00 PM | Jasper School | Jasper Street | Maple Creek |
| Cypress Hills Group | Thursday | 8:00 PM | Jasper School | Jasper Street | Maple Creek |
| Martensville Group | Thursday | 8:00 PM | Martensville Library | 66 Main Street | Martensville |
| Monday Night AA Group | Sunday | 9:00 PM | City Hall Basement | 120 1st East | Meadow Lake |
| Pioneer Group | Wednesday | 8:00 PM | City Hall Basement | 120 1st East | Meadow Lake |
| Flying Dust AA Group | Thursday | 8:00 PM | Flying Dust Admin Building | | Meadow Lake |
| New Beginnings Group | Friday | 8:00 PM | City Hall Basement | 120 1st East | Meadow Lake |
| Hi lo Group | Tuesday | 8:00 PM | Legion Hall basement | 101 McLeod East | Melfort |
| Hi lo Group | Friday | 8:00 PM | Legion Hall basement | 101 McLeod East | Melfort |
| Triangle Group | Sunday | 8:00 PM | United Church | 5th Avenue East | Melville |
| West End Group | Monday | 8:00 PM | St. Paul's Lutheran Church | 3rd Avenue East | Melville |

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| | | | (basement) | | |
| Triangle Group | Friday | 8:00 PM | United Church | 5th Avenue East | Melville |
| Come As The individual Are Group | Tuesday | 8:00 PM | United Church (basement) | | Milden |
| Sunday At Nine Group | Sunday | 9:00 AM | Providence Place (Check location at reception) | 100 2nd Avenue NE | Moose Jaw |
| Minto Group | Sunday | 7:30 PM | Minto United Church; (back door downstairs) | 1036 7th Avenue NW | Moose Jaw |
| ABC Group | Monday | 8:00 PM | St. Marks Church (basement) | 80 High Street East | Moose Jaw |
| North Hill Group | Monday | 8:00 PM | River Church (downstairs) | 406 Ominica Street West | Moose Jaw |
| Tues Nite Discussion Group | Tuesday | 8:00 PM | Salvation Army Church; (East side door) | 2 Wintergreen Drive | Moose Jaw |
| Tuesday Night Downtown Group | Tuesday | 8:00 PM | Zion United Church | 423 Main Street North | Moose Jaw |
| Big Book Study Group | Wednesday | 12:00 PM | New Life Center; (back door) | 916 Brown Street | Moose Jaw |
| Southside Welcome Group | Wednesday | 8:00 PM | Trinity United Church; (back door downstairs) | 277 Iroquois Street West | Moose Jaw |
| Megwetch Group | Thursday | 8:00 PM | St. Andrews Church (West entrance) | 60 Athabasca Street East | Moose Jaw |
| Hi, Steppers Group | Friday | 8:00 PM | Moose Jaw Family Service Bureau | 200 Main Street South | Moose Jaw |
| Saturday Off Main Group | Saturday | 8:00 PM | Central Lutheran Church; (back door) | 27 Hochelega Street West | Moose Jaw |

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| Moosomin Group | Tuesday | 8:00 PM | Pipestone Kin-Ability Center | 612 Cook Road | Moosomin |
| Naicam Reach Out Group | Monday | 8:00 PM | Catholic Church (main floor); (Rm. 1 North door on East side) | 401 Park Steet North | Naicam |
| Neilburg Country Roads Group | Tuesday | 7:30 PM | | 20 - 1st Street | Neilburg |
| Nipawin Big Book Group | Tuesday | 8:00 PM | | 209 1st Avenue West | Nipawin |
| Easy Does It Group | Wednesday | 8:00 PM | Salvation Army Church | 714 8th Street West | Nipawin |
| Nipawin Big Book Group | Thursday | 8:00 PM | | 209 1st Avenue West | Nipawin |
| Nipawin Big Book Group | Saturday | 8:00 PM | | 209 1st Avenue West | Nipawin |
| Norquay Group | Thursday | 8:00 PM | United Church Hall | 45 1st Avenue SE | Norquay |
| Sunday Morning Open Group | Sunday | 11:00 AM | Indian and Métis Friendship Center | 960 103rd Street | North Battleford |
| New Sunday Nite Group | Sunday | 8:00 PM | Notre Dame Church (basement) | 1202 104th Street | North Battleford |
| Sunshine Fresh Air Group | Monday | 8:00 PM | Zion Lutheran Church | 10801 Winder Crescent | North Battleford |
| Bar None Group | Tuesday | 8:00 PM | Don Ross Centre | | North Battleford |
| Friendship and Friendship Group | Wednesday | 8:00 PM | Friendship Centre | 96 103rd Street | North Battleford |
| Silver Stream AA Group | Thursday | 8:00 PM | Third Avenue United Church (If door is not open ring the | 1301 102nd Street | North Battleford |

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| | | | buzzer) | | |
| Bar None Group | Friday | 8:00 PM | Don Ross Centre | | North Battleford |
| Outlook Recovery Group | Monday | 8:30 PM | United Church (basement) | | Outlook |
| South East Group | Thursday | 8:00 PM | Oxbow Memorial Hall | Main & Wylie Avenue | Oxbow |
| Pelican Narrows Group | Thursday | 8:00 PM | Angelique Canada Health Centre | | Pelican Narrows |
| Pike Lake Group | Sunday | 8:00 PM | Pike Lake Church | | Pike Lake |
| German A.A. Group | Saturday | 8:00 PM | | 232 2nd Street West | Ponteix |
| Preeceville Group | Friday | 8:00 PM | Preeceville Public Library | 27 Main Street | Preeceville |
| Sunday Breakfast Group | Sunday | 10:00 AM | Double B Clubrooms | 3 - 1501 Olive Diefenbaker Drive | Prince Albert |
| A New Freedom Group | Sunday | 7:30 PM | Holy Trinity Anglican Church | 1321 15th Street West | Prince Albert |
| A New Happiness Group | Monday | 8:00 PM | St. George's Church | 1104 4th Street East | Prince Albert |
| TheyDo The Steps Group | Monday | 8:00 PM | Bay 3 - 406 South Industrial Drive (across from John's Nursery) | 406 South Industrial Drive | Prince Albert |
| Double B Study Group | Tuesday | 12:00 PM | (East of Chicken Chef) | 3 - 3501 28th Street East | Prince Albert |
| Starlight Group | Tuesday | 7:30 PM | St. Joseph's Church (downstairs) | 260 25th Street East | Prince Albert |
| Big Book Fellowship Group | Tuesday | 8:00 PM | Upstairs | 59A 17th Street West | Prince Albert |

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| Double B Study Group | Tuesday | 8:00 PM | (East of Chicken Chef) | 3 - 3501 28th Street East | Prince Albert |
| Pinegrove Group | Tuesday | 8:00 PM | Sacred Heart Cathedral (Basement - North Doors) | 1401 4th Avenue West | Prince Albert |
| Lighthouse Group | Wednesday | 7:30 PM | | 4 3041 Sherman Drive | Prince Albert |
| M.A.C.S.I. Meeting | Wednesday | 7:30 PM | | 3345 19th Street East | Prince Albert |
| New Life Group | Wednesday | 8:00 PM | Redeemer Lutheran Church | 310 27th Street West | Prince Albert |
| Pass It On Group | Wednesday | 8:00 PM | Sacred Heart Cathedral (Basement - North Doors) | 1401 4th Avenue West | Prince Albert |
| Big Book Fellowship Group | Thursday | 8:00 PM | Upstairs | 59A 17th Street West | Prince Albert |
| Double B Study Group | Thursday | 8:00 PM | | 3 1501 Olive Diefenbaker Drive | Prince Albert |
| TheyDo The Steps Group | Thursday | 8:00 PM | Bay 3 - 406 South Industrial Drive (across from John's Nursery) | 406 South Industrial Drive | Prince Albert |
| Double B Study Group | Friday | 12:00 PM | | 3 1501 Olive Diefenbaker Drive | Prince Albert |
| Winner's Circle Group | Friday | 12:00 PM | Marquis Inn | 6th Avenue East & Marquis Road | Prince Albert |
| A New Happiness Group | Friday | 8:00 PM | St. George's Church (Open Meeting Last Fri of the Month) | 1104 4th Street East | Prince Albert |

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| Big Book Fellowship Group | Friday | 8:00 PM | Upstairs | 59A 17th Street West | Prince Albert |
| A New Freedom Group | Saturday | 7:30 PM | Holy Trinity Anglican Church | 1321 15th Street West | Prince Albert |
| Sunday Breakfast Group | Sunday | 10:00 AM | Double B Clubrooms | 3 1501 Olive Diefenbaker Drive | Prince Albert |
| A New Freedom Group | Sunday | 7:30 PM | Holy Trinity Anglican Church | 1321 15th Street West | Prince Albert |
| A New Happiness Group | Monday | 8:00 PM | St. George's Church | 1104 4th Street East | Prince Albert |
| TheyDo The Steps Group | Monday | 8:00 PM | Bay 3 - 406 South Industrial Drive (across from John's Nursery) | 406 South Industrial Drive | Prince Albert |
| Double B Study Group | Tuesday | 12:00 PM | (East of Chicken Chef) | 3 3501 28th Street East | Prince Albert |
| Starlight Group | Tuesday | 7:30 PM | St. Joseph's Church (downstairs) | 260 25th Street East | Prince Albert |
| Big Book Fellowship Group | Tuesday | 8:00 PM | Upstairs | 59A 17th Street West | Prince Albert |
| Double B Study Group | Tuesday | 8:00 PM | (East of Chicken Chef) | 3 3501 28th Street East | Prince Albert |
| Pinegrove Group | Tuesday | 8:00 PM | Sacred Heart Cathedral (Basement - North Doors) | 1401 4th Avenue West | Prince Albert |
| Lighthouse Group | Wednesday | 7:30 PM | | 4 3041 Sherman Drive | Prince Albert |
| M.A.C.S.I. Meeting | Wednesday | 7:30 PM | | 3345 19th Street East | Prince Albert |
| New Life Group | Wednesday | 8:00 PM | Redeemer Lutheran Church | 310 27th Street West | Prince Albert |

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| Pass It On Group | Wednesday | 8:00 PM | Sacred Heart Cathedral (Basement - North Doors) | 1401 4th Avenue West | Prince Albert |
| Big Book Fellowship Group | Thursday | 8:00 PM | Upstairs | 59A 17th Street West | Prince Albert |
| Double B Study Group | Thursday | 8:00 PM | | 3 1501 Olive Diefenbaker Drive | Prince Albert |
| TheyDo The Steps Group | Thursday | 8:00 PM | Bay 3 - 406 South Industrial Drive (across from John's Nursery) | 406 South Industrial Drive | Prince Albert |
| Double B Study Group | Friday | 12:00 PM | | 3 1501 Olive Diefenbaker Drive | Prince Albert |
| Winner's Circle Group | Friday | 12:00 PM | Marquis Inn | 6th Avenue East & Marquis Road | Prince Albert |
| A New Happiness Group | Friday | 8:00 PM | St. George's Church (Open Meeting Last Fri of the Month) | 1104 4th Street East | Prince Albert |
| Big Book Fellowship Group | Friday | 8:00 PM | Upstairs | 59A 17th Street West | Prince Albert |
| A New Freedom Group | Saturday | 7:30 PM | Holy Trinity Anglican Church | 1321 15th Street West | Prince Albert |
| Sunday Breakfast Group | Sunday | 10:00 AM | Double B Clubrooms | 3 1501 Olive Diefenbaker Drive | Prince Albert |
| A New Freedom Group | Sunday | 7:30 PM | Holy Trinity Anglican Church | 1321 15th Street West | Prince Albert |
| A New Happiness Group | Monday | 8:00 PM | St. George's Church | 1104 4th Street East | Prince Albert |

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|---------------------------|-----------|----------|---|--------------------------------|----------------------|
| TheyDo The Steps Group | Monday | 8:00 PM | Bay 3 - 406 South Industrial Drive (across from John's Nursery) | 406 South Industrial Drive | Prince Albert |
| Double B Study Group | Tuesday | 12:00 PM | (East of Chicken Chef) | 3 3501 28th Street East | Prince Albert |
| Starlight Group | Tuesday | 7:30 PM | St. Joseph's Church (downstairs) | 260 25th Street East | Prince Albert |
| Big Book Fellowship Group | Tuesday | 8:00 PM | Upstairs | 59A 17th Street West | Prince Albert |
| Double B Study Group | Tuesday | 8:00 PM | (East of Chicken Chef) | 3 3501 28th Street East | Prince Albert |
| Pinegrove Group | Tuesday | 8:00 PM | Sacred Heart Cathedral (Basement - North Doors) | 1401 4th Avenue West | Prince Albert |
| Lighthouse Group | Wednesday | 7:30 PM | | 4 3041 Sherman Drive | Prince Albert |
| M.A.C.S.I. Meeting | Wednesday | 7:30 PM | | 3345 19th Street East | Prince Albert |
| New Life Group | Wednesday | 8:00 PM | Redeemer Lutheran Church | 310 27th Street West | Prince Albert |
| Pass It On Group | Wednesday | 8:00 PM | Sacred Heart Cathedral (Basement - North Doors) | 1401 4th Avenue West | Prince Albert |
| Big Book Fellowship Group | Thursday | 8:00 PM | Upstairs | 59A 17th Street West | Prince Albert |
| Double B Study Group | Thursday | 8:00 PM | | 3 1501 Olive Diefenbaker Drive | Prince Albert |
| TheyDo The Steps Group | Thursday | 8:00 PM | Bay 3 - 406 South Industrial Drive (across from John's Nursery) | 406 South Industrial Drive | Prince Albert |

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| Double B Study Group | Friday | 12:00 PM | | 3 1501 Olive Diefenbaker Drive | Prince Albert |
| Winner's Circle Group | Friday | 12:00 PM | Marquis Inn | 6th Avenue East & Marquis Road | Prince Albert |
| A New Happiness Group | Friday | 8:00 PM | St. George's Church (Open Meeting Last Fri of the Month) | 1104 4th Street East | Prince Albert |
| Big Book Fellowship Group | Friday | 8:00 PM | Upstairs | 59A 17th Street West | Prince Albert |
| A New Freedom Group | Saturday | 7:30 PM | Holy Trinity Anglican Church | 1321 15th Street West | Prince Albert |
| Rabbit Lake's Sunrise Group | Friday | 8:00 PM | Sunrise Seniors Center | | Rabbit Lake |
| Raymore Group | Sunday | 7:00 PM | United Church Hall (North Door) | Main Street & 3rd Avenue | Raymore |
| Redvers Border Town Group | Monday | 8:00 PM | Knox United Church | 19 Broadway Street | Redvers |
| Sunrise Breakfast Group | Sunday | 10:00 AM | Eureka Club | 1165 Pasqua Street | Regina |
| Fellowship Group | Sunday | 11:00 AM | White Row Building | 2710 10th Avenue | Regina |
| Meeting in the Park Group | Sunday | 11:00 AM | Summer (Jun 1-Sept 30): Totem Pole in Wascana Park; Winter (Oct 1-May 30): CNIB Bldg 2550 Broad St. | 2550 Broad Street | Regina |
| Northside Group | Sunday | 7:30 PM | St. Peters RC Church | 100 Argyle Street North | Regina |

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| Vista Group | Sunday | 7:30 PM | North East Community Centre (Craft Room) | 160 Broad Street | Regina |
| New Hope Group | Sunday | 7:30 PM | Cathedral Neighbourhood Centre | 2900 13th Avenue | Regina |
| Breakfast Group | Monday | 7:00 AM | Seven Oaks Inn | 777 Albert Street | Regina |
| A.A. for Women Group | Monday | 12:00 PM | Sunset United Church | 177 Sunset Drive | Regina |
| Acceptance is the Answer Group | Monday | 12:00 PM | Eureka Club | 1165 Pasqua Street | Regina |
| Happy Hour Group | Monday | 12:00 PM | YWCA - Recreation Room | 1940 McIntyre Street | Regina |
| Out to Lunch Bunch | Monday | 12:00 PM | Seven Oaks Inn | 777 Albert Street | Regina |
| Monday Noon Eastside Group | Monday | 12:15 PM | Holy Child Church | 2636 7th Avenue East | Regina |
| 525 Rolling Home Group | Monday | 5:30 PM | Eureka Club (Meeting Starts at 5:25 PM) | 1165 Pasqua Street | Regina |
| 12 Steps to Recovery | Monday | 8:00 PM | North East Community Centre (Auditorium) | 160 Broad Street North | Regina |
| Harmony Group | Monday | 8:00 PM | Living Spirit Centre | 3018 Doan Drive | Regina |
| Hero Group | Monday | 8:00 PM | Redeemer Reformation Church | 3717 Hill Avenue | Regina |
| Hero Group | Monday | 8:00 PM | Redeemer Reformation Church | 3717 Hill Avenue | Regina |
| Massey Road Group | Monday | 8:00 PM | Whitemore Park United Church | 336 Durham Drive | Regina |
| Regina Novalco Service Group | Monday | 8:00 PM | Our Savior's Lutheran Church | 190 Massey Road | Regina |

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| South Hillsdale Group | Monday | 8:00 PM | Wesley United Church | 3913 Hillsdale Street | Regina |
| Fellowship Group | Monday | 8:30 PM | White Row Building | 2710 10th Avenue | Regina |
| Acceptance is the Answer Group | Tuesday | 12:00 PM | Eureka Club | 1165 Pasqua Street | Regina |
| No Name Group | Tuesday | 12:00 PM | YWCA - Recreation Room | 1940 McIntyre Street | Regina |
| 525 Rolling Home Group | Tuesday | 5:30 PM | Eureka Club (Meeting Starts at 5:25 PM) | 1165 Pasqua Street | Regina |
| Fresh Start Youth Group | Tuesday | 7:30 PM | Wascana Rehab Center Meeting Room 5 - 2nd Floor | 2180 23rd Avenue | Regina |
| Nu Life Group | Tuesday | 7:30 PM | First Presbyterian Church | 14th Avenue & Albert Street | Regina |
| Walsh Acres Group | Tuesday | 7:30 PM | New Hope Lutheran Church | 370 McIntosh Street North | Regina |
| Home Away From Home 12 and 12 Group | Tuesday | 8:00 PM | Westminster United Church | 3025 13th Avenue | Regina |
| Last Chance Group | Tuesday | 8:00 PM | Christ Lutheran Church (back door) | 4825 Dewdney Avenue | Regina |
| Pasqua Group | Tuesday | 8:00 PM | Grace Mennonite Church | Pasqua Street & Kings Road | Regina |
| 4 Aces Group | Tuesday | 8:30 PM | Indian Métis Christian Fellowship (back door) | 3131 Dewdney Avenue | Regina |
| Wednesday Breakfast Meeting | Wednesday | 7:00 AM | Knox Metropolitan United Church | 2340 Victoria Ave | Regina |
| Acceptance is the Answer Group | Wednesday | 12:00 PM | Eureka Club | 1165 Pasqua Street | Regina |

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| Happy Hour Group | Wednesday | 12:00 PM | YWCA - Recreation Room | 1940 McIntyre Street | Regina |
| Out to Lunch Bunch | Wednesday | 12:00 PM | Seven Oaks Inn | 777 Albert Street | Regina |
| 525 Rolling Home Group | Wednesday | 5:30 PM | Eureka Club (Meeting Starts at 5:25 PM) | 1165 Pasqua Street | Regina |
| 449 Group | Wednesday | 7:30 PM | Wascana Rehab Centre Meeting Room 5 (2nd Floor) | 2180 23rd Avenue | Regina |
| Healing Hands Group | Wednesday | 8:00 PM | St. James Anglican Church; (Open Meeting Last Wed of the Month) | 1105 Empress Street | Regina |
| Heartview Group | Wednesday | 8:00 PM | Little Flower Church | 420 College Avenue | Regina |
| Oneway Group | Wednesday | 8:00 PM | St. Mary's Church | Montagu e Street & 15th Avenue | Regina |
| Regina Novalco Service Group | Wednesday | 8:00 PM | Our Savior's Lutheran Church | 190 Massey Road | Regina |
| Acceptance is the Answer Group | Thursday | 12:00 PM | Eureka Club | 1165 Pasqua Street | Regina |
| No Name Group | Thursday | 12:00 PM | YWCA - Recreation Room | 1940 McIntyre Street | Regina |
| 525 Rolling Home Group | Thursday | 5:30 PM | Eureka Club (Meeting Starts at 5:25 PM) | 1165 Pasqua Street | Regina |
| Free Speech Group | Thursday | 8:00 PM | Holy Child Church | 2636 7th Ave East | Regina |
| Northern Lights Group | Thursday | 8:00 PM | Norman Kennedy Presbyterian Church | 5303 Sherwood Drive | Regina |
| Fellowship Group | Thursday | 8:30 PM | White Row Building | 2710 10th Avenue | Regina |

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| Breakfast Group | Friday | 7:00 AM | Seven Oaks Inn | 777 Albert Street | Regina |
| Gratitude Group | Friday | 7:00 AM | Knox Metropolitan United Church | 2340 Victoria Ave | Regina |
| Friday Eureka Luncheon Group | Friday | 12:00 PM | Eureka Club | 1165 Pasqua Street | Regina |
| Happy Hour Group | Friday | 12:00 PM | YWCA - Recreation Room | 1940 McIntyre Street | Regina |
| Out to Lunch Bunch | Friday | 12:00 PM | Seven Oaks Inn | 777 Albert Street | Regina |
| 525 Rolling Home Group | Friday | 5:30 PM | Eureka Club (Meeting Starts at 5:25 PM) | 1165 Pasqua Street | Regina |
| Big Book Focus Group | Friday | 7:30 PM | Wascana Rehab Centre Boardroom - 2nd Floor | 2180 23rd Avenue | Regina |
| Fireside Group | Friday | 7:30 PM | Broadway United Church (Back Door) | 105 Broadway Avenue | Regina |
| Nu Life Group | Friday | 7:30 PM | First Presbyterian Church (Open Last Fri of the Month) | 14th Avenue & Albert Street | Regina |
| Women's B.Y.O. Beverage Group | Friday | 7:30 PM | St. James United Church | 4505 Sherwood Drive | Regina |
| Northgate Group | Friday | 9:00 PM | North East Community Centre (Meeting Room 2) | 160 Broad Street | Regina |
| Saturday at Nine Group | Saturday | 9:00 AM | Eureka Club | 1165 Pasqua Street | Regina |
| 43rd Group | Saturday | 10:00 AM | Knox Metropolitan United Church (Open Meeting Last Sat of the Month) | 2340 Victoria Ave | Regina |

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| Nor West Group | Saturday | 7:30 PM | St. James United Church | 4506 Sherwood Drive | Regina |
| Experience, Strength & Hope Group | Saturday | 7:30 PM | Eureka Club (Open Speakers Meeting 1st Sat of the Month) | 1165 Pasqua Street | Regina |
| Regina Beach A.A. Group | Saturday | 10:00 AM | United Church | | Regina Beach |
| Rocanville Group | Friday | 8:00 PM | St. Paul's United Church | 202 Pelly Street | Rocanville |
| Eye Opener Group | Thursday | 8:00 PM | New Life Church | 303 5th Ave W | Rosetown |
| Rendezvous Group | Sunday | 8:00 PM | Catholic Church (basement) | 343 - 3rd Street | Saint Louis |
| Keep It Simple Group | Friday | 8:30 PM | Bottom Meeting Room RC Rectory | | Sandy Bay |
| Saskatoon Breakfast Group | Sunday | 9:30 AM | Smitty's Restaurant | Market Mall | Saskatoon |
| Airliner Breakfast Group | Sunday | 10:00 AM | Doc Hollandaise Restaurant (Breakfast at 9 am.) | 1301 8th Street E | Saskatoon |
| Upon Awakening | Sunday | 11:00 AM | Confederation Inn Boardroom (Open Meeting Last Sun of the Month) | 3330 Fairlight Drive | Saskatoon |
| Living Sober | Sunday | 12:00 PM | Regent Plaza - Downtown Meeting Room | 115 3rd Avenue South | Saskatoon |
| Neechee Group | Sunday | 7:30 PM | MACSI Centre | 115A 3rd Avenue South | Saskatoon |
| Been There Done That Group | Sunday | 8:00 PM | Grace Westminster Church | 505 10th Street East | Saskatoon |
| Dundonald Group | Sunday | 8:00 PM | Holy Trinity Church | 3572 33rd Street West | Saskatoon |

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| Mustard Seed Group | Sunday | 8:00 PM | Grosvenor Park United Church (Open Meeting 1st Sun of the Month) | 14th Street & Cumberland Avenue | Saskatoon |
| The Gutting Room | Monday | 6:30 AM | Lutheran Campus Centre (Meeting Starts at 6:45 AM) | 1302 College Drive | Saskatoon |
| Drop In Group | Monday | 12:15 PM | Downtown Meeting Room (Side door); (Meeting Starts at 12:12 PM) | 115 3rd Avenue South | Saskatoon |
| Mount Royal Group | Monday | 8:00 PM | Pleasant Hill Mennonite Church | 111 Whitney Avenue North | Saskatoon |
| New Freedom Group | Monday | 8:00 PM | McLure United Church | McLure Avenue & Taylor Street | Saskatoon |
| Pleasant Hill Group | Monday | 8:00 PM | Lutheran Church | 33rd Street West & Latrace Road | Saskatoon |
| Riversdale Group | Monday | 8:00 PM | St. George's Anglican Church | 624 Avenue I South | Saskatoon |
| Veteran's Group | Monday | 8:00 PM | Sherbrook Community Centre (2nd floor conference room) | 401 Acadia Drive | Saskatoon |
| Women of Will | Monday | 8:00 PM | Zion Lutheran Church | 323 4th Avenue South | Saskatoon |
| Pass It On Group | Monday | 8:30 PM | St. Martin's United Church | 2617 Clarence Avenue | Saskatoon |
| Attitude Adjustment Group | Tuesday | 7:00 AM | Regent Plaza - Downtown Meeting Room (Side door); | 115 3rd Avenue South | Saskatoon |

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| | | | (Open Meeting last Tues of the Month) | | |
| Beginning A New Life Group | Tuesday | 12:00 PM | Friendship Inn Centre | 168 Wall Street | Saskatoon |
| Ladies Group | Tuesday | 1:30 PM | Saskatoon Convalescent Home Boardroom (1st Floor) | 101 31st Street West | Saskatoon |
| 12th Hour Group | Tuesday | 7:30 PM | Sutherland Memorial Hall | 1112 Central Avenue | Saskatoon |
| City Park Group | Tuesday | 8:00 PM | Regent Plaza - Downtown Meeting Room (Side door) | 115 3rd Avenue South | Saskatoon |
| Stepping Stones Group | Tuesday | 8:00 PM | Westgate Alliance Church | 3315 Centennial Drive | Saskatoon |
| The individual'ss, Mine & Ours | Tuesday | 8:00 PM | Mayfair United Church (Open Meeting Last Tues of the Month) | 33rd Street West & Avenue 1 North | Saskatoon |
| Dundonald Group | Tuesday | 8:00 PM | Holy Trinity Anglican Church | 3572 33rd Street West | Saskatoon |
| Been There Done That Group | Tuesday | 8:00 PM | Grace Westminister Church | 505 10th Street East | Saskatoon |
| Drop In Group | Wednesday | 12:15 PM | Downtown Meeting Room (Side door); NOTE: Meeting time is actually 12:12 pm | 115 3rd Avenue South | Saskatoon |
| Circle of Choice AA Gay Group | Wednesday | 8:00 PM | Grace Westminster Church | 505 10th Street East | Saskatoon |
| Fresh Air Group | Wednesday | 8:00 PM | St. Paul's Lutheran Church | Taylor Street & Dufferin Avenue | Saskatoon |
| Half Century Group | Wednesday | 8:00 PM | Louise Street Community | 3042 Louise | Saskatoon |

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| Kleen A.A.ir Group | Wednesday | 8:00 PM | Holy Cross Lutheran Church | 1405 31st Street | Saskatoon |
| Westside Group | Wednesday | 8:00 PM | St. Stephen's Anglican Church | 10 Grosvenor Crescent & Taylor Street | Saskatoon |
| Northerners Group | Wednesday | 8:30 PM | St. George's School Gym | 748 Redberry Road | Saskatoon |
| Thursday Morning Men's Group | Thursday | 7:00 AM | Drinkle Bldg. (Alley door) | 115 3rd Avenue South | Saskatoon |
| Beginning A New Life Group | Thursday | 12:00 PM | Friendship Inn Centre | 168 Wall Street | Saskatoon |
| Mayfair Brown Bag Circle Group | Thursday | 12:00 PM | Mayfair United Church | 902 33rd Street West | Saskatoon |
| Serenity Group | Thursday | 8:00 PM | St. Thomas Wesley Church | 802 20th Street West | Saskatoon |
| Shamrock Group | Thursday | 8:00 PM | Eastview Bowl | 2929 Louise Street | Saskatoon |
| Sutherland Group | Thursday | 8:00 PM | St. Paul's Church | Egbert Avenue & 105th Street | Saskatoon |
| Miracle Group | Thursday | 8:30 PM | St. Martin's Church | Clarence Avenue & Wilson Crescent | Saskatoon |
| Attitude Adjustment Group | Friday | 7:00 AM | Regent Plaza - Downtown Meeting Room (Side door) | 115 3rd Avenue South | Saskatoon |
| Beginning A New Life Group | Friday | 12:00 PM | Friendship Inn Centre | 168 Wall Street | Saskatoon |
| Winners Circle Group | Friday | 12:15 PM | Willows Golf Course | 382 Cartwright Street | Saskatoon |

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| 10th Step Group | Friday | 8:00 PM | Holy Cross Lutheran Church | 1405 31st Street West | Saskatoon |
| 49'ers Group | Friday | 8:00 PM | Grace Westminster Church | 505 10th Street East | Saskatoon |
| Life's Good Group | Friday | 8:00 PM | Holy Covenant Church (south side entrance) | 1426 Alexandra Avenue North | Saskatoon |
| Lost and Found Group | Friday | 8:00 PM | Holy Trinity Church | 3572 33rd Street West | Saskatoon |
| Saskatoon Group | Friday | 8:00 PM | Christ Anglican Church | Avenue E North & 28th Street West | Saskatoon |
| Saturday Morning Live Group | Saturday | 10:00 AM | Eastview Bowl | 2929 Louise Street | Saskatoon |
| Rolling Stones Group | Saturday | 1:30 PM | Redeemer Lutheran Church | 812 Preston Avenue | Saskatoon |
| Tea Room Group | Saturday | 3:00 PM | Augustana Lutheran Church (Open Meeting 1st Sat of the Month) | 1201 Broadway Avenue South | Saskatoon |
| Saturday Sunset Group | Saturday | 8:00 PM | St. Mark's Anglican Church | 1406 8th Avenue North | Saskatoon |
| Attitude Adjustment Group | Friday | 7:00 AM | Regent Plaza - Downtown Meeting Room (Side door) | 115 3rd Avenue South | Saskatoon |
| Beginning A New Life Group | Friday | 12:00 PM | Friendship Inn Centre | 168 Wall Street | Saskatoon |
| Winners Circle Group | Friday | 12:15 PM | Willows Golf Course | 382 Cartwright Street | Saskatoon |
| 10th Step Group | Friday | 8:00 PM | Holy Cross Lutheran Church | 1405 31st Street West | Saskatoon |
| 49'ers Group | Friday | 8:00 PM | Grace Westminster Church | 505 10th Street East | Saskatoon |

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| Life's Good Group | Friday | 8:00 PM | Holy Covenant Church (south side entrance) | 1426 Alexandra Avenue North | Saskatoon |
| Lost and Found Group | Friday | 8:00 PM | Holy Trinity Church | 3572 33rd Street West | Saskatoon |
| Saskatoon Group | Friday | 8:00 PM | Christ Anglican Church | Avenue E North & 28th Street West | Saskatoon |
| Saturday Morning Live Group | Saturday | 10:00 AM | Eastview Bowl | 2929 Louise Street | Saskatoon |
| Rolling Stones Group | Saturday | 1:30 PM | Redeemer Lutheran Church | 812 Preston Avenue | Saskatoon |
| Tea Room Group | Saturday | 3:00 PM | Augustana Lutheran Church (Open Meeting 1st Sat of the Month) | 1201 Broadway Avenue South | Saskatoon |
| Saturday Sunset Group | Saturday | 8:00 PM | St. Mark's Anglican Church | 1406 8th Avenue North | Saskatoon |
| Shaunavon Friday Group | Friday | 8:00 PM | United Church (basement) | 6th Avenue & Center Street | Shaunavon |
| Shell Lake Group | Sunday | 7:30 PM | Legion Hall | Main Street | Shell Lake |
| Southey Group | Wednesday | 8:00 PM | Southey Senior Citizens Club (Open Meeting Last Wed of the Month) | Main Street | Southey |
| Spiritwood Group | Wednesday | 8:00 PM | Anglican Church (basement) (Open Meeting Last Wed of the Month) | 1st Street West | Spiritwood |
| Stockholm Group | Sunday | 8:00 PM | Old Town Office (beside the Fire Hall) | Main Street | Stockholm |

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| Sunday Night H.O.W. Group | Sunday | 7:30 PM | Lions Hall (Basement) | 155 3rd Avenue NE | Swift Current |
| Moon Lite Group | Monday | 8:00 PM | Lions Hall (Basement) | 155 3rd Avenue NE | Swift Current |
| Nu Hope Group | Monday | 8:00 PM | Canadian Mental Health (basement) (Open Last Mon of the Month) | 176 4th Avenue NW | Swift Current |
| Ladies Steps to Freedom Group | Tuesday | 12:00 PM | Lions Hall (Basement) | 155 3rd Avenue NE | Swift Current |
| Guiding Light Group | Tuesday | 8:00 PM | First United Church | 233 3rd Avenue NE | Swift Current |
| Wednesday Nooners Group | Wednesday | 12:00 PM | Lions Hall (Basement) | 155 3rd Avenue NE | Swift Current |
| Guideline Group | Wednesday | 8:00 PM | Lions Hall (Basement) (Open Last Wed of the Month) | 155 3rd Avenue NE | Swift Current |
| Thursday Night Serenity Group | Thursday | 8:00 PM | Lions Hall (Basement) | 155 3rd Avenue NE | Swift Current |
| Miracle Group | Friday | 8:00 PM | Lions Hall (Basement) | 155 3rd Avenue NE | Swift Current |
| Saturday Morning Big Book Study Group | Saturday | 10:00 AM | The Center | 55 1st Avenue NE | Swift Current |
| Copps & Robbers Group | Saturday | 8:00 PM | Lions Hall (Basement) (Open 3rd Sat of the Month) | 155 3rd Avenue NE | Swift Current |
| Tisdale Group | Tuesday | 8:00 PM | Presbyterian Church | 100 Street | Tisdale |
| Tisdale Big Book Group | Thursday | 8:00 PM | Community Bible Church | 802 101st Avenue West | Tisdale |
| Turtle Lake Clarity Group | Monday | 8:00 PM | Turtle Lake Mission (Open | | Turtle Lake |

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| | | | Meeting Last Mon of the Month) 1 MI South of Turtle Lake | | |
| Turtle River Group | Tuesday | 8:00 PM | Good Shepherd Anglican Church (Open Meeting Last Tues of the Month) | | Turtleford |
| Unity Group | Monday | 8:00 PM | New Horizons Hall | Main Street | Unity |
| Vibank Group | Tuesday | 8:00 PM | St. Paul's United Church (basement) | | Vibank |
| Wapella Group | Wednesday | 8:00 PM | Community Hall | S Railway Avenue | Wapella |
| Warman Group | Monday | 8:00 PM | St. John's Lutheran Church | Railway Avenue South | Warman |
| AA Group of Warman | Monday | 8:00 PM | St. John's Lutheran Church | Railway Avenue South | Warman |
| Waterhen Group | Monday | 8:00 PM | Waterhen First Nation Band Office | | Waterhen Lake |
| Watrous Group | Thursday | 8:00 PM | Anglican Church Rectory Hall | 101 4th Avenue East | Watrous |
| Watson Group | Thursday | 8:00 PM | United Church | 1st Avenue NE | Watson |
| Wawota Parkland Group | Wednesday | 8:30 PM | United Church | 110 Lionsdale Street | Wawota |
| Weyburn Group | Sunday | 8:00 PM | United Church basement | 210 3rd Street NE | Weyburn |
| Legacy Group | Monday | 8:00 PM | Presbyterian Church (basement) | 136 2nd Street NE | Weyburn |
| Weyburn Group | Tuesday | 10:30 AM | United Church basement | 210 3rd Street NE | Weyburn |

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| Weyburn Group | Wednesday | 8:00 PM | United Church basement | 210 3rd Street NE | Weyburn |
| Legacy Group | Friday | 8:00 PM | Presbyterian Church (basement) | 136 2nd Street NE | Weyburn |
| White Bear Last Stand Group | Tuesday | 8:00 PM | 4 Nations Care Lodge White Bear First Nation | | White Bear |
| Whitewood Group | Thursday | 8:00 PM | Presbyterian Church Hall | 611 N. Railway Street | Whitewood |
| Pleasant Valley Group | Friday | 8:00 PM | Fire Hall | Main Street | Willow Bunch |
| Wynyard Group | Monday | 8:00 PM | United Church (basement) (Open Meeting Last Mon of the Month) | 301 1st Avenue East | Wynyard |
| Wynyard Group | Friday | 8:00 PM | United Church (basement) | 301 1st Avenue East | Wynyard |
| Sunday Morning Breakfast Group | Sunday | 10:30 AM | Dunlop Block | 6-23 2nd Avenue | Yorkton |
| 12 & 12 Group | Sunday | 8:00 PM | Anglican Church Hall | 164 3rd Avenue North | Yorkton |
| Dunlop Group | Monday | 8:00 PM | | 6-23 2nd Avenue | Yorkton |
| Fellowship Group | Monday | 8:00 PM | Westview United Church | 355 Bradbrooke Drive | Yorkton |
| 4 Aces Group | Tuesday | 6:30 PM | | 6-23 2nd Avenue North | Yorkton |
| Split Aces Group | Tuesday | 8:00 PM | Sign Bldg. | 83 North Street | Yorkton |
| 12 & 12 Group | Wednesday | 8:00 PM | Anglican Church Hall | 164 3rd Avenue North | Yorkton |
| Fellowship Group | Thursday | 8:00 PM | Westview United Church | 355 Bradbrooke Drive | Yorkton |

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| 4 Aces Group | Friday | 6:30 PM | | 6-23 2nd Avenue North | Yorkton |
| Dunlop Group | Friday | 8:00 PM | | 6-23 2nd Avenue | Yorkton |
| Zealandia Group | Wednesday | 8:00 PM | | 21 Main Street | Zealandia |

APPENDIX A.4

NARCOTICS ANONYMOUS GROUPS

| Group Name | Day of Week | Start Time | Notes | Address | City |
|---------------------|--------------------|-------------------|--|------------------------------------|-----------------------------|
| Flying Dust | Tuesday | 8:00 PM | Flying Dust First Nation | | Meadow Lake |
| Last Chance | Sunday | 7:00 PM | Melfort Hospital Conference Room # 4 | 510 Broadway Avenue South | Melfort |
| Last Chance | Thursday | 8:00 PM | Melfort Hospital Conference Room # 4 | 510 Broadway Avenue South | Melfort |
| Sharing Recovery | Monday | 8:00 PM | Third Avenue Church | 13 Avenue | North Battleford |
| Sharing Recovery | Thursday | 7:00 PM | Third Avenue Church | 13 Avenue | North Battleford |
| Sharing Recovery | Sunday | 8:00 PM | Third Avenue Church | 13 Avenue | North Battleford |
| Serenity Group | Sunday | 7:00 PM | | 59 A 17th Street West | Prince Albert |
| SWAT | Sunday | 7:30 PM | | 500 24 Street East | Prince Albert |
| SWAT | Tuesday | 7:30 PM | | 500 24 Street East | Prince Albert |
| Serenity Group | Wednesday | 7:00 PM | | 59 A 17th Street West | Prince Albert |
| Freedom | Thursday | 7:30 PM | Cornerstone Free Methodist Church – Back Entrance | 2200 15 Avenue East | Prince Albert |
| SWAT | Friday | 8:00 PM | | 500 24 Street East | Prince Albert |
| Freedom | Saturday | 7:30 PM | Cornerstone Free Methodist Church – Back Entrance | 2200 15 Avenue East | Prince Albert |

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| Eagles Nest | Sunday | 8:00 PM | Preston Ave Community Church | 2216 Preston Avenue South | Saskatoon |
| The Journey Continues | Monday | 7:30 PM | St. Andrew's Church | 436 Spadina Crescent East | Saskatoon |
| Circle of Hope | Monday | 8:00 PM | MACSI Centre | 335 Avenue G South | Saskatoon |
| Easy Does It | Tuesday | 8:00 PM | St. Thomas Wesley United | 808 20 Street West | Saskatoon |
| A New Hope | Wednesday | 8:00 PM | St. Martin's United Church | 2617 Clarence Avenue South | Saskatoon |
| Back To The Basics | Thursday | 7:00 PM | Zion Lutheran Church | 323 4th Avenue South | Saskatoon |
| Forward Bound | Thursday | 8:00 PM | Christ Church | 515 28 Street West | Saskatoon |
| The Freedom Group | Friday | 12:00 NOON | Zion Lutheran Church | 323 4th Avenue South | Saskatoon |
| Just For Today | Friday | 8:00 PM | St. Thomas Wesley United | 808 20 Street West | Saskatoon |
| On The Mend | Saturday | 10:00 AM | St. Matthew's Anglican Church | 135 109 Street | Saskatoon |
| Safe Passage to Recovery | Saturday | 8:00 PM | Grace Westminster United Church | 505 10 Street East | Saskatoon |